

A PAGE OF GENERAL INTEREST TO WOMEN READERS

Sunlight Soap

There is pleasure at every stage in the use of Sunlight. In the washing—for the work is greatly lightened. In the ironing—for the clothes have such a fresh, sweet air of newness. In the wearing—for the clothes have inherited the exquisite purity of Sunlight itself—and are clean indeed.



A \$5,000 guarantee attests the purity of Sunlight Soap. All grocers sell it.

5c

ECONOMY is the Cal For Christmas Present Buying This Year

YOU CAN PRACTICE ECONOMY IN YOUR BUYING OF CHRISTMAS PRESENTS AT THIS NEW STORE.

We carry a splendid assortment of Bead Bags, Hand Bags, Fancy Combs in new designs; also Jewelry of all kinds, and best makes of Watches for ladies and gentlemen, at prices which cannot be equalled in town, because our rent is low and expenses light.

We also have a brand new stock of Trunks, Suitcases, Club Bags and Hand Bags at correspondingly low prices. You can positively save money on your Christmas Buying here. Low expenses mean low prices.

Majestic Jewelry and Leather Store

245 DUNDAS STREET.

NEXT DOOR TO CHAPMAN'S.

GIFTS SENT FROM RESERVE. MUNCIEY, Dec. 10.—The ladies of the Oneida Patriotic League recently shipped the following goods to the Indian boys of the reserve who have gone overseas: Twenty-eight shirts, 54 towels, also chocolate and gum. A general was held in aid of the work, the proceeds of which amounted to \$24.60.

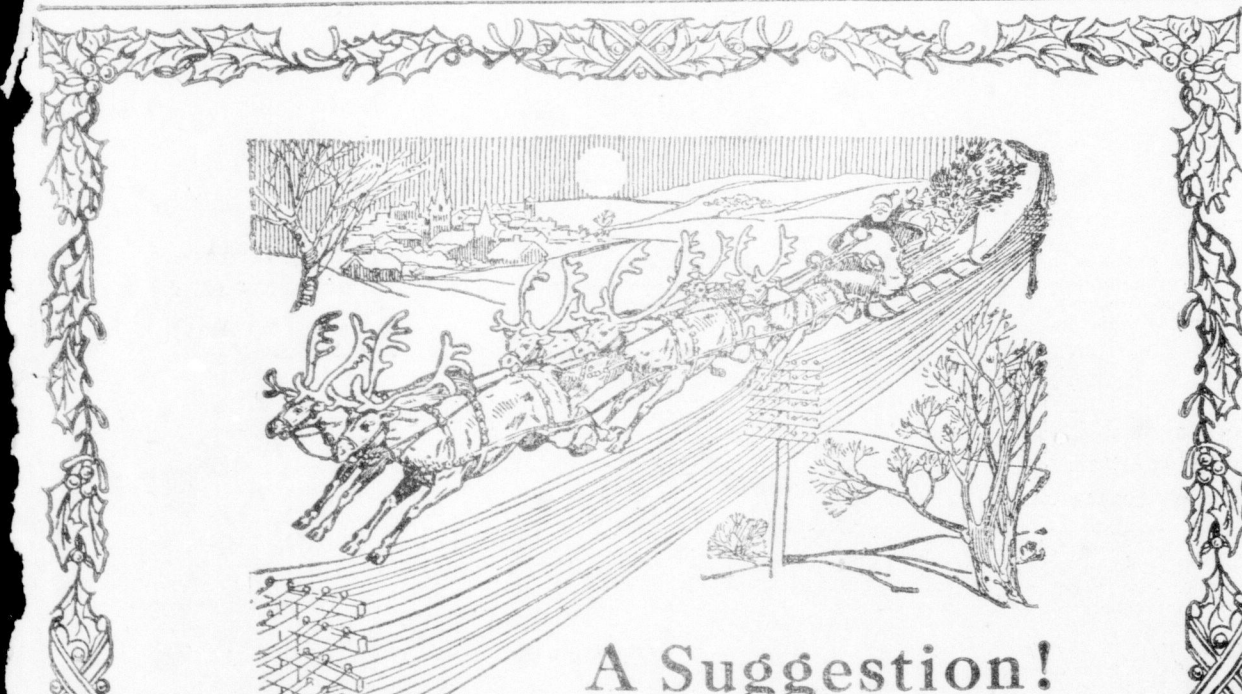
A coffee that satisfies the taste—always

Rideau Hall Coffee

No chaff No dust

Sold by all leading grocers. 45c per pound; small tins 25c. Tins only

Gorman, Eckert & Co., Limited
London and Winnipeg



A Suggestion!

☐ If Santa Claus brings your household an Extension Telephone costing \$8, \$10 or \$12 a year, stair-climbing to answer or make a telephone call will be abolished—your wife and family will be saved thousands of needless steps.

☐ No installation charge is made—only the above small annual rental, payable quarterly.

☐ Order now and we will have it placed for Christmas. Call "Contract Department" to-day.

The Bell Telephone Company
of Canada

Cynthia Grey's Mail-Box

A Good Writer.
Dear Miss Grey,—I am 11 years old and am in the senior third class at school. What do you think of my writing?
2. Is there a doll's hospital in London? If so, where is it?
3. I am 4 feet 5 inches. What do you think of my height for 11 years?
SNOOKUMS.

Ans.—1. Your writing is unusually good for a girl of your age.
2. So far as I know, there is not. I have the address of one in Toronto, but you must send stamp and envelope for it.
3. It is very good.

A Small Percentage.

Dear Miss Grey,—Looking over your valuable column, I noticed a letter from "One of Bunny's Fifteeners," and I must say she cannot renew what she is talking about. Does she know the population of London? Well, it is over \$8,000, and only 3,000 have donated the khaki. Does she think the remaining \$5,000 are all old men, women and children? And again, does she think the law would allow children to attend the dance halls and pool rooms by the thousands every night? Well, "Bunny," I wish you would take a walk up town some evening and see if the men on the street are all under age. Why, of course not. Ninety per cent of London's men are of military age. What about the fellows going to school, working in offices, clerking in stores, etc.? Are they all under age? If so, take particular notice when going around town.

Thanking you very much, Miss Grey, and hoping "Bunny" has altered her mind.

LAMBTON'S DRUMMER GIRL.

A Triple Loss.
Dear Miss Grey,—I write again to thank you kindly for your letter of advice and sympathy, which I appreciated very much. I noticed a letter in your column the other day which advised you to print "no more hard-time war letters." Judging from the tone of that letter, it is quite evident the writer has no one in this awful struggle to grieve for, and may never have had any sorrow. How many can be cheerful when the entire Dominion is in mourning? And how many more are on their way over there to take the places of those already gone to the Great Beyond. I am quite sure some readers would rather see hard-time war letters than ones with no sense to them. And then there are so many different natures—some are so sensitive, others are heartless, shallow and selfish. Frankly speaking, that is what I thought of the writer of that letter. Still, I may be jumping at conclusions. And then it would not do for everyone to be like me; what a wretched world it would be. I would not want to put anyone in my place, even though it were possible. However, there is a reason in all this.

I may ask how are people going to show love and respect for their dear ones if they do not grieve for them? As a certain person remarked that she could not understand how we could even smile after losing three boys inside of thirteen months. It is awful hard, but then we have got to put up with it. Three splendid characters they were, Miss Grey, all in their twenties. I am sure if you had known them you would agree with me. The first one died at home last August, the second fell in that awful battle of June 13, when so many Canadians met their death; the last one we had was killed in September. We miss them so much, because they were never away from home before, and never caused us any trouble or shame. And now, do you wonder at my despondency? However, I will write no more hard-time war letters, but keep my trouble to myself; I feel as if it were the best way. I know my letter was not printed, but maybe it was your answer this person referred to. If "Kandy Kid" is now happy, I hope he or she will always be that way. Two years ago I was by the nickname of "Happy." Time has changed since that. With kindest regards,

MISERY.
Ans.—I am quite sure it was not your letter that "K. K." referred to, but either some of the farmer-city-high-wives-poor-crope letters. If, as you say, "K. K." or any other of our readers has not had a personal loss in this terrible time, he or she will soon realize what it must mean to be bereaved of three. As I said before, my ear aches for you, "Misery," and I am sure all our readers sympathize, but words do seem so empty and so barren

Advertiser Patterns



A Smart, Attractive Gown.
1809—Serge, taffeta, poplin, repp, linen, lawn and batiste are lovely for this style. One could omit the cape collar, which is very fashionable at present. The skirt is a three-piece model, with fullness over the hips that may be plaited or gathered. The pattern is cut in six sizes, 34, 35, 36, 40, 42 and 44 inches, bust measure. It requires 7½ yards of 44-inch material for a 36-inch size. The skirt measures about 3½ yards at its lower edge.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern as per directions given below, to:

Name.....
Town.....
Province.....
Age (if child's or misses' pattern).....

Measurements: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is returned you need only mark 32, 34 or whatever it may be. When in waist, measure, 22, 24, 25 or waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

of comfort. Our thoughts will often be with you, and you really must write again.

Just a Helper.

Dear Miss Grey,—Inclosed please find 25 cents for the prisoners' fund. Saw lately where someone was inquiring for devil's cake recipe. It is in the one, and much cheaper than most of them, which means something in these days of high prices.

Put a dish over the tea kettle, butter the size of a walnut, and four heaping teaspoons of cocoa, or half cake unsweetened chocolate; mix together one cup sugar, one egg, one cup milk, one teaspoon soda, half teaspoon cream tartar, 1½ cups of flour, one teaspoon vanilla; put two mixtures together, beat well and bake in rather slow oven.

Will you kindly reprint the tonic given a short time ago to prevent hair from falling out? Sincerely yours,

ANS—HOW LOVELY TO BE WHAT YOU HAVE SIGNED YOURSELF.

"Just a Helping Hand." It would be lovely to be what you signed yourself, and never hindered folks' happiness or well-being, mentally or morally.

Wonder if this was the formula: Bay rum, 1 ounce; tincture of cantharides, ¼ ounce; olive oil, 1 ounce; glycerine, 1 ounce. Apply to roots of the hair each night.

Thank you for the quarter, and that delicious-sounding cake recipe.

One In Need.

Dear Miss Grey,—Is there a place in London where they give instructions for knitting on the knitting machine?

2. Has the government bought the Hotel Santa in Chatham, to be used as a hospital for returned invalid soldiers?

3. Can you tell me anything about the X-ray? Is it a painful operation to have a photograph of any part of the body taken, or is it entirely painless?

Lastly, would very much like a tried and true recipe for tapioca and rice puddings. Thanking you in advance,

ONE IN NEED.

Ans.—1. I know of no such place in the city.

2. Understand that the Government has purchased the resort for this purpose.

3. The X-ray treatment is not painful. I am informed, except that a burning sensation may be felt for a time.

4. For tapioca custard allow one-quarter cup tapioca, one cup milk, one egg, scant half cup sugar; wash the tapioca and place in the double boiler with hot water to cover well; when the grains become clear and soft, add sugar, egg yolk and milk; let cook until thick and creamy; beat up white of egg and

stir into the pudding; it makes it beautifully light and foamy. For apple tapioca, partially cook it in water, then pare apples and cut in quarters, place in baking dish, add sugar and spice, and pour the tapioca milk; bake until the apples are thoroughly done. Serve with cream.

Rice Pudding.—Wash the rice (one cup) in cold water, place in a double boiler with a cup of water; when soft add sugar to sweeten, quarter cup raisins, a little salt and nutmeg, and about one cup of sweet milk. Some also add a beaten egg to the pudding.

Magazine for C. A.

Dear Miss Grey.—Can you give me the name of a magazine for chartered accountants, also where published? Yours truly,

ANS.—I have no personal knowledge of the preparation.

2. For the war, saturate them two or three times a day with olive or castor oil. In time they will soften and disappear. It is said.

3. I know of nothing. You are evidently just a girl, judging by your writing, so honestly, I advise you not to lose sleep over the wrinkles. They're no disgrace, anyway.

4. You can help the dandruff by rubbing in at the roots of the hair a little vasoline and sulphur mixed.

5. Every second or third night, on the alternate nights massaging the scalp and brushing. Wash the hair at the end of ten days.

6. Opposite each other.

7. He might go out and sit on the door-step, but as this course would perchance lead to a cold in his head, I see nothing else for it but for him to remain in the house.

8. He should walk at the outside of the walk.

9. "Thanks, you are very kind," would be suitable.

The British Government.

Dear Miss Grey.—Would you please publish in your column the side of Government in power at home in England? Is it the Liberals or is it the Conservatives? Are the Conservatives Reform and the Liberals Free Trade, or is it the other way about?

ANS.—Britain, after more than a year of coalition government, between Liberal and Unionist (Conservative) parties, has just adopted a form of government under Lloyd George, which is perhaps best described as National

How many parents realize the strain which going to school means to the child who is naturally nervous and of delicate health?

You see them come from the schools daily with pale faces, many wearing of colds and looking tired and worn. At home they are irritable, do not sleep well at nights, and are upset by a little extra excitement.

If they are to grow to healthy manhood and womanhood, their systems must have attention now. Such treatment as Dr. Chase's Nerve Food does wonders for children in this condition. We are constantly receiving letters from grateful parents telling what the Nerve Food has done for their children. This one is a fair sample:

Mrs. Stephen Hartman, Italy Cross, Lunenburg County, N. S., writes: "My little sister at eleven years of age became nervous, irritable and seemed all tired out. She had no appetite, was



Let us remind you there are only 11 more shopping days till Christmas.

Gray's

THE STORE OF USEFUL AND PRETTY GIFTS

Women's Fine Handkerchiefs In Great Variety

Ladies' Hemstitched Pure Linen Handkerchiefs, with dainty embroidery in corner. At..... 25c, 35c and 50c
Dainty Handkerchiefs, with fine guipure lace edge, in great variety. Priced from..... 25c to \$1.50
Ladies' Fine Handkerchiefs with fancy colored embroidered edge and corner. At..... 35c and 50c
Pure Linen Handkerchiefs, bordered with deep hand-made Maltese lace; very dainty are these. Ranging in price from..... 75c to \$2.00

Ladies' Initialed Linen Handkerchiefs, with hemstitched borders. At..... 25c each
Half dozen, put up in fancy boxes, for... \$1.50
Plain Hemstitched Linen Handkerchiefs, at..... 15c, 20c, 25c and 35c

Pretty Handkerchiefs with fancy embroidered corners, with dainty lace edge or hemstitched borders, each in a fancy little box. Price, 25c
Colored Crepe de Chine Handkerchiefs, with hemstitched edge, in sky, rose, paddy, Nile, maize, grey and saxe. Price..... 25c

GENTLEMEN'S HANDKERCHIEFS

Initialed Hemstitched Linen Handkerchiefs, at..... 25c each, or half-dozen in box for \$1.50
Plain Hemstitched Linen Handkerchiefs, at..... 15c, 20c, 25c and 35c
Gentlemen's Fine Lawn Handkerchiefs, hemstitched border. Price..... 10c, 3 for 25c
Hemstitched Excelada Handkerchiefs, with colored borders. Price 2 for 25c
Khaki Handkerchiefs, with hem-stitched borders..... 3 for 25c

The Daintiest Net Collars Priced at 50c and 75c Each

Deep Sailor Collar of fine net with hemstitched borders and frilled edges, in white and ecru. Price..... 50c
White Net Cape Collars, with frilled edge. Price..... 50c
Round Cape Collars of fine net, with deep pleated edge. Price..... 75c

Winter Number Home Book of Fashions

now on sale at Pattern Counter. Price 25c copy, including free pattern.
Ladies' Home Journal Patterns still selling at..... 10c and 15c each

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Phone 115, 116.

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NUXATED IRON

Increases strength of debilitated and run-down people 200 per cent in ten days
\$100.00 FORFEIT

Standard Drug Company, Limited, always carry it in stock.

For Your Christmas

Make a selection from our window display of Florists' Art Pottery.

West Floral Co.

Government, endeavoring to enlist the support of all parties, and, apparently, succeeding. The Liberals are the free-trade party; the Unionists, while protectionist in desire, now have no pronounced fiscal policy. However, all parties seem agreed on some form of preferential trade among the Allied nations after the war.

FIRE EXTINGUISHER.

A bottle containing the following mixture should be kept at hand in case of fire: Three pounds of salt are dissolved in a gallon of water, and to this is added a pound and a half of sal ammoniac. This poured on the beginning of the flame will extinguish it.

Child Was Nervous, Irritable, Tired Out

She Had No Appetite, and Her Complexion Was Pale and Sallow.

How many parents realize the strain which going to school means to the child who is naturally nervous and of delicate health?

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lifeless and drowsy and her complexion grew pale and sallow. Finally she had to keep her bed and have somebody with her all the time. She was afraid of everything, would get excited and tremble till the bed would shake. As she seemed to be getting worse under the doctor's treatment, mother decided to try Dr. Chase's Nerve Food. After she had used about four boxes, improvement was noticeable and it was wonderful to see how much brighter and stronger she grew week by week. She used ten boxes altogether, and they cured her. She got fat and rosy and went to school every day with an ambition that she never seemed to have before. I do not hesitate to recommend Dr. Chase's Nerve Food to anyone, for it was indeed wonderful what it did for her."

Dr. Chase's Nerve Food, 50c a box, 6 for \$2.50, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

Gifts for Christmas

Your lady friends will all appreciate the gift of "Dent's Gloves"—and you have the satisfaction of knowing that your gift is the best of its kind and sure to please. Look for the name.

INSIST ON DENT'S

DENT'S GLOVES

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Butter: Head, 20c; eos, 10c

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