

HOW I CURED MY CATARRH TOLD IN A SIMPLE WAY

Without Apparatus, Inhalers, Salves,
Lotions, Harmful Drugs, Smoke
or Electricity,

HEALS DAY AND NIGHT

It is a new way. It is something
absolutely different. No lotions, sprays

Nothing to smoke or inhale. No steam-
ing or rubbing or injections. No elec-
tricity or vibration or massage. No
powder, no plasters, no keeping in
the house. Nothing of that kind at all.

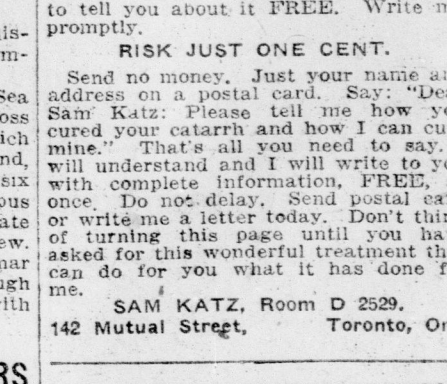


Something new and different, something
delightful and healthful, something in-
stantly successful. You do not have to
wait, and linger and pay out a lot of
money. You can stop it overnight,
and I will gladly tell you how—FREE!

I AM FREE—YOU CAN BE FREE

My catarrh was filthy and loathsome. It made me ill. It dulled my mind, undermined my health and weakened my will. The hawking, coughing, spitting made me obnoxious to all, and

my foul breath and disgusting habits made even my loved ones avoid me secretly. My delight in life was duller and my faculties impaired. I knew that in time it would bring me to an untimely grave, because every moment of the day and night it was slowly but surely sapping my vitality.



DON'T TAKE CALOMEL

Instead of dangerous, salivating Calomel to liven your liver when bilious, headachy or constipated get a 10-cent

FRY'S
COCOA

armaments both on land and sea, and the establishment of an international police force.

ACTURED
CE=

course for Ice is cooling the

the goods placed therein.
the Purest Ice to cool the
d you eat.

ICE NEXT SEASON.

ce Supply Co.
 TRIBUTORS.
OFFICE: 19 YORK STREET
 DALY, Manager

My Free Offer

of ill-health, and feel unfit for household duties, social pleasures, or daily employment, write and tell me just how you suffer, and ask for my free ten day trial of a home treatment suited to your needs; with references to Canadian ladies who gladly tell how they have regained health, strength, and happiness by

use. I want to tell you all about this successful method of home treatment yourself, my reader, for your daughter, your sister, or your mother. I want to show you how to cure yourselves at home at trifling cost, and without aid from anyone. Men cannot understand women's sufferings; what we women know from experience, we know better than any doctor.

and thousands have proved there is hope even for the hopeless in my method of home treatment. If you suffer from pain of weight and dragging-down sensations, organs, bladder irritation with frequent urination, pain in the sides regularly or irregularly, catarrhal conditions, dyspepsia, extreme nervousness, desire to cry, fear of something, the spine, palpitation, hot flashes,

under the eyes, pain in the left breast or a g
ing, I invite you to send today for my comp
postpaid, to prove to yourself tha' these
suffered at your own home, without the exp
ers of an operation. Women everywhere
wing of my simple method of home treatme
I shall only ask you to pass the good w
home treatment is for all—young or old.

Remember it costs you nothing to give me ten days' trial, and if you wish to continue to do so, and it does not interfere with your work or? Then accept my generous offer, write to me, and I will send it in plain wrapper without this offer, mark the place where you want it.

Write and ask for the free treatment today.
Address: WINDSOR, ONTARIO