

Prof. Shortt Addresses  
Women's Canadian Club  
on High Cost of Living.

# WHAT EVERY WOMAN WANTS TO KNOW

Recital of Music Club.  
Fashion and Home Tips.  
Read Katherine Leslie.

## KATHERINE LESLIE'S HOME CHAT



### THE CHEF AND THE PINK LUNCHEON.

Women who are fond of giving luncheons or dinners in which there is a predominant single color scheme will be interested to hear what a chef has to say on this subject. Quite recently in London a man wished to give a dinner in honor of a lady whose favorite color is pink. He sought a chef who would design a menu for him in which all the dishes should be predominantly pink. Those to whom he applied declared that such a thing was impossible and declined the order. Finally one was found who undertook to do as the gentleman wished. But even he was doubtful as to the result. "The luncheon," said he, "will be harmonious and as monotonous as an opera sung the way through an unison. If you are confined in your choice of dishes by an arbitrary color scheme, you cannot exercise to the full your talent in selecting the complementary or contrasting dishes to make up the perfect menu. Of course, you could if you were sufficient of a Philistine, have a purple dinner or a blue luncheon by using artificial coloring materials, but I shall use none. You could have a green dinner or a



except white, green, and pink." It is evident that the chef regards a luncheon or dinner limited to any one color as an extravagant monstrosity.

## FEWER AMUSEMENTS, PLAINER FOOD WOULD MINIMIZE THE HIGH COST OF LIVING

Prof. Adam Shortt Addresses Women's Canadian Club.

It was a very comprehensive and logical address on conditions affecting the high cost of living, that Professor Adam Shortt, of Ottawa, delivered before members of the Women's Canadian Club in St. Peter's Parish Hall yesterday afternoon.

His special plea to those present was less extravagance in the family life, and less effort "to keep up" with other people in the matters of food, dress and furnishings.

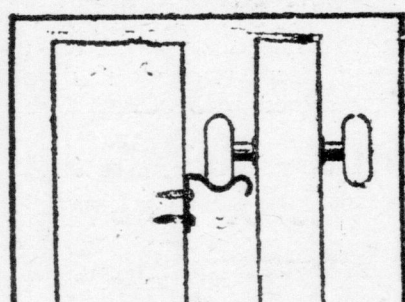
"The total production is not equal to our total demands, and our total demands are heading for destruction and higher cost of living unless we are willing to cut down on the unnecessary demands and devote more of our time and attention to lines of amusement and living that will lessen the cost of existence," stated Professor Shortt in urging members of the Canadian Club to take a stand along this line. "The trouble is, we are afraid of other people's opinions. We believe they are accustomed to a certain style of living, and that if we do not provide these they will consider us miserably, miserably, or perhaps, poor."

Other conditions, too, were responsible for the increased cost of food-stuffs, the speaker said. One was that while the production was no less, but rather more, than in time past, in Canada at least, an enormous number of people had been brought in, all of whom consumed without contributing directly to the production themselves. The hundreds of laborers employed in construction work along the great railway lines of Northwestern Canada, the many who were engaged in building houses, banks, churches, and schools, all through the western provinces—these with many others, all required clothing, fuel and food, but did nothing in the work of actually supplying these commodities.

On the other hand, regard to the farmer, whose work today is no longer performed by hand, attention was drawn to the thousands of implements for farm labor that have to be turned out each year to meet the demand. Hundreds of men are engaged in the manufacture of these reapers, binders, steam plows, and traction engines, and thus a great part of the actual work of the land is actually done by people of the cities. No benefit could be reached by driving these men out of the machine "shop" back to the land, and while, in one point of view the city is growing richer, the rural population, it is not at the expense of the products of the land.

"Many people claim that the cold storage plants are responsible for the high cost of living, but I do not think this is so," Professor Shortt affirmed, pointing out that while the cold storage people purchased at comparatively

### TO HOLD DOOR OPEN.



An excellent door stop can be made with a piece of metal bent as shown in the sketch. The metal is fastened to the wall against which the door swings, and the end bent so that the door knob fits it and prevents it from striking the wall.

### Frills of Fashion

The long Moujik blouse is a captivating fashion worn by a woman who is tall and slender.

Red, combined with gray, makes a fascinating color scheme for an evening wrap.

A white crepe de chine blouse just out has a lay-down collar which can be laced high at the throat or turned low, just as the wearer desires.

Back in style is the long, tight-fitting sleeve with a frill of plaited tulle falling over the shoulder.

Huge bows of sapphire blue velvet make a striking trimming for a luxurious scarf and muff of ermine.

Mary Garden bags of black satin are very handsome, embroidered in cut steel beads, with slip rings of steel.

Much hemstitching is being used on tailored and lingerie blouses.

Red in all shades is a popular color this season for street costumes. It comes in the wine colorings, brick, geranium and mulberry, but should only be used in dull, rough-faced materials, such as ratine, velour de laine.

Crystal beaded nets and chiffons are again favored for tunics and draperies.

Heated Carriages. Closed, heated carriages for all occasions, Palace Livery, Phone 838, Ross & Boss, proprietors.

## PLEASING PROGRAM BY LOCAL TALENT

Women's Music Club Recital Very Successful.

A most interesting program, consisting of the work of French composers, was rendered yesterday afternoon at the forthrightly recital of the Women's Music Club in the Normal school. Miss Helen Levy arranged the numbers, and each was most excellent. Mr. Habbeshaw's solo being especially appreciated. Following the program:

1—Piano Solo—"Arlequin" (Chamade) Solo—Mrs. W. L. Steeves  
2—Vocal Solo—"Vive le Roi" (Gounod), from Romeo and Juliet.  
3—Vocal Solo—"Dodo Simcox" (Sachs) (a) Reverie de Solr, (b) Marche Militaire.  
4—Vocal Solo—"All Hail Our Dwell" (Gounod), from Faust; "Cavatina" (Gounod) Solo—Mrs. Robert Habbeshaw  
5—Vocal Solo—"Gondolier" (F. (David) Solo—Mrs. Grant-Harris

## Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

**Has a Spinning Wheel.**  
Dear Miss Grey: I have a spinning wheel I am advertising for sale. What price do you think I might reasonably expect for it? It is in first-class condition, and is the style with the large wheel.  
A.—Personally, I fear I have no knowledge of what would be a fair price. If any of our readers can make any suggestion, I should be glad, indeed.

**A Fortunate Year.**  
Dear Miss Grey: Will you kindly publish the birthday calendar for July 1912, and oblige.  
A.—"Except for accidents you will have a fortunate year. Bear in mind that accidents usually can be prevented by taking care. If it employ you may expect promotion."  
Those born today will be thoughtless when young and many falls and bumps will happen. They will have good minds and will be inclined to mechanical pursuits, always seeking the beautiful in such occupations as architecture and manufacture.

**New Spring Frock.**  
Dear Miss Grey: This is the first time I have written to you, will you please answer these?  
1. I have dark hair and brown eyes and intend getting a new dress this spring. What color do you advise me to get?  
2. How long should a young couple be engaged before they are married?  
3. What is a nice name for a baby boy?  
Thanking you in advance,  
EVELINE.

A.—1. One or two new shades of gray promise to be popular for spring wear, and black and white effects also will be much worn. Corduroy, bedford cord and wool sponge bid fair to be favorites for dress materials.  
2. Six months or one year is about the usual time for an engagement, but the period is more lengthy in some cases owing, perhaps, to financial circumstances.  
3. Edward, Jerome, Philip, Norman, Victor, Archibald, Leland and Basil.

**Removing White Spots.**  
Dear Miss Grey: Having seen so many readers helped by your advice, I thought I would ask you to help me out.

1. What causes the white spots on the finger nails?  
2. Do you know of any remedy to remove them?  
3. What do you think of my writing?  
A.—1. They are usually supposed to be caused by bruising the nail.  
2. A nightly application of this paste is said to be very effective for removing the white spots: Equal parts of refined pitch and myrrh melted and mixed together. Remove in the morning by rubbing with olive oil or cold cream and then washing in warm water.  
3. It is very neat but has the appearance of being drawn, rather than written. It shows very little freedom of motion.

**Has Been Benefited.**  
Dear Miss Grey: Here I come bothering you again, but you helped me before:

1. Could you please give me a reliable recipe for ginger bread? Also Scotch short cakes?  
2. What sort of ties are worn with soft collars? Are the small bow ties stylish?  
3. Is drinking hot water a good help to cure obesity, or does it injure the stomach?  
Thanking you in advance,  
LEILA.

A.—1. Gingerbread: One cup of molasses, half cup butter, half cup brown sugar, half cup sour milk, two eggs, two cups flour, salt and ginger to taste, 1 teaspoonful soda. Beat all thoroughly, and bake in one loaf. Yesterday an "eggless" recipe appeared on this page, which you may have noted.  
2. Scotch short cakes: Take one-half pound of slightly salted butter, and 1 pound flour, add 4 ounces loaf sugar and work all into a smooth ball; roll out until it is an inch thick, sprinkle with bits of citron peel rolling it in; then cut into fancy shapes and bake in a moderate oven at least twenty minutes.  
3. The small "bow" ties may be worn, or the long crocheted, or silk ties which pass around the neck, and are looped into a "four-in-hand" knot.

3. As far as I know the water does no harm to the stomach. Have you tried squeezing the juice of half a lemon into the hot water? It should be taken about half an hour before breakfast.

**Mrs. Winslow's Soothing Syrup** has been used for over SIXTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEETHING, with PERFECT SUCCESS. IT SOOTHES THE CHILD, SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for diarrhoea. Sold all over the world.

## THIS EXQUISITE GOWN FOR FORMAL WEAR—A RIOT OF CASH AND BEAUTY

This costume was made by Worth to be worn at the farewell reception given by President Taft to the diplomatic corps. Worth, of all the Parisian designers, is considered by many to be the best able to make gowns of the utmost formality.

This gown is of very light oyster gray brocade chiffon velvet over a soft white satin petticoat. The long pointed court train is caught in the back with a magnificent scarf of Venetian lace. The back of the bodice and one side of the front are of white chiffon draped with the lace, which makes one sleeve entirely of lace and the other capped with the brocade. This style of making one side and sleeve of a bodice different from the other obtains in many other Paris houses besides that of Worth and it is seen in many afternoon frocks as well as evening gowns.

A touch of extreme elegance is the graduated fringe that finishes the bottom of the brocade skirt where it is pulled up at the side to show the satin petticoat. This gown is perhaps the handsomest that has been brought over to this country, and to a woman of fashion it speaks its cost as loudly, if more elegantly, as though it were made of dollar bills. Only a woman who could wear ropes of pearls and diamond and egret feather hair ornaments should wear a gown of this magnificence. But given the time, the place and the circumstances it is the acme of luxurious good taste.

## A PALM BEACH FREAK HAT.



This freaky looking hat, made by Worth, of Paris, and imported for a Boston society woman, is being worn at Palm Beach, Fla., on damp days. It is made of gray English maline, with a garniture of wide ribbon and aigrettes, and is said to be waterproof.

## New Ideas For Fancywork

Centrepieces of linen, with motifs of flit or cluny lace, forming a border, are especially pretty.

A piece of linen twenty inches square is used for a charming centrepiece, and in each corner is set a square motif of Arabian lace in an animal or flower design. Finish the edge by crocheting a narrow picot lace around it.

Oblong sofa cushions are enjoying an enviable popularity. Ecu mercerized poplin is much used in combination with strips or motifs of flit lace.

Purchase two bands of insertion to enclose the width of the pillow and join them to a band of poplin with an inch-wide hemstitched hem down each side. Use linen fringe to finish the ends.

Pin cushion tops can be made by using the small motifs in combination with squares of eyelet embroidery, to form a square or an oblong strip. Join these motifs by whipping the two edges together, and when the top is completed attach it to the bottom of linen. Border this with a scant ruffle with flit or cluny lace. Small pin cushions are fashioned from a single square of lace with an edging showing fullness only where the corners are turned.

Flit lace launders beautifully and wears for ages, therefore it is thoroughly practical to use for decorating the home.

The exquisite bedspreads, window

## Come Friday and Saturday Dress Goods Sale

A sale of goods taken from Kingsmill's regular stocks. High quality, fashionable fabrics reduced to "quick clearance prices" to lower the yardage before stock-taking. Come Friday and Saturday.

50c YARD RED CASHMERE, 39c.

44-inch excellent quality, good shade for children's dresses.

\$1.25 SATIN CLOTHS, 90c

Navy, slate, tan and gray, also black, fine satin finish, unspotable; 46-inch.

4 PIECES CASHMERE TO CLEAR AT 50c YARD.

44-inch, very fine quality, red, alic blue, sky and cream.

\$1.00 GRAY WORSTED DRESS GOODS, 75c YARD.

44 inches wide, light or dark gray, all pure wool. Fine quality which will wear well.

75c YARD TWEEDS 50c.

54 inches wide; colors are navy, gray, green and brown. Just the weight for spring suits or for dresses.

75c YARD WHIPCORD 55c

Just two pieces, one a dark green, one a pretty navy. Excellent value at 75c yard. Clearing at only 55c

44-INCH NAVY SERGES, 50c YARD.

Choice of light or dark navy, excellent quality. Come early for these.

54-INCH SERGES, \$1.00 A YARD VALUE, 70c.

Two shades of navy, tan, green and black, all wool, fast colors, 1½ yards wide.

\$1.25 AND \$1.50 YARD TWEEDS, 75c.

16 pieces, almost all shades. The weight for tweed suits. 54 inches wide.

75c YARD FABRIC SILKS 35c.

40 inches wide, tan, cream, champagne, grays, mauve, sky. Will wash perfectly.

MAIL AND PHONE ORDERS FILLED—As the quantities are limited, we cannot promise samples. Better leave it to our mail order buyer. Satisfaction guaranteed.

WHITE SALE **Kingsmill's** EMBROIDERY SALE NOW ON. NOW ON.

## It Pays to Think

Our advertising is not done to sell drugs and medicines to you—and no more.

We advertise merely to bring you to our stores, where you can see and examine and think for yourself.

We rely on the judgment of our patrons to decide for themselves whether or not they get value for their money.

P. 344 PERCIVAL, Richmond Street, Phone 1261. L. 400 LISTER, Wortley Road, Cor. Craig, Phone 1920. O. 468 OMOND, Dundas St. Phone 1429.

THE PROGRESSIVE DRUGGISTS.

## Head and Foot-Gear Up-to-Date

The most important article of attire is the hat. One is made or marred by a hat much more than by anything else that can be worn. A simple dress or suit with a smart-looking hat will be infinitely more effective than an elaborate costume with a hat that just misses being what it should be.

The poise of the hat upon the head is of much importance. Few hats are placed squarely upon the head, with the front in front and the back at the back. Here the Frenchwoman certainly excels, for she has the natural instinct of placing her hat upon her head in the most effective and fetching manner.

She turns the front just a bit to the side, then tilts it, oh, ever so little, beside, then tilts it, oh, ever so little, behind. Here the Frenchwoman certainly excels, for she has the natural instinct of placing her hat upon her head in the most effective and fetching manner.

A face with a large nose and features heavily powdered, is a mistake. Women with large noses should powder them very lightly, just enough to remove the objectionable shine. An objectionable feature should never be brought into prominence. The good points should be carefully studied and accentuated; the will divert the attention from the others. So a small nose can carry its weight of powder to better advantage.

**Stylish Footwear.**  
The next best thing to having an attractive face is having attractive feet. White and colored top shoes should never be put on a large foot or ankle. They call attention to a foot that is best unseen. Slashed skirts are not the latest fashion, either. The dainty little foot and ankle may be half revealed by the slashing; but the large foot must be wholly concealed and the attention directed elsewhere.

A white-topped shoe on a shapely foot is attractive. But white-topped shoes have a place of their own, and ought not to be worn indiscriminately. They are the result of the prevalence of white gowns and suits. Black shoes and stockings with a white gown and no white rather too startling, and yet with these costumes white shoes are not at all times practical and require a very dainty foot. The white-topped shoe

## The Martin-Orme Player-Piano

Is a very human instrument. That automatic, mechanical, expressionless apology for music is conspicuous by its absence. If your player-piano is a MARTIN-ORME, it will play for you according to your temperament.

Drop in and hear for yourself. You will be surprised at the "feeling" this piano-player is capable of giving to good music.

Another thing about the MARTIN-ORME Player Piano is that the price is right and the terms easy.

Callaghan's  
613 Wellington Street  
N.E. Cor. of Victoria Park.

## The Birthday Calendar



IF THIS IS YOUR BIRTHDAY  
Take no risks and do not depend on the strength of others, for though willing, they may be unable to bear the responsibility.

Those born today will be attractive and of social affairs, where they will be great favorites. They will have many talents and will excel as artists, comedians and in the lighter sciences.