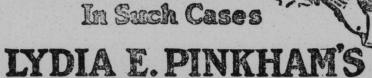
Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, 0.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydis E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. Godden, 223 Napoleon St., Fremont, Ohio.

North Haven, Conn.—"Lyūis E. Finkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."
—Mrs. Florence Isella, Eox 167, North Haven, Conn.



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VEGETABLE COMPOUND

Co-Operative Live Stock Marketing



To get better and quicker results from any inclustry or calling it is generally necessary to have some external or internal stimulation. No matter how favorable the soil and how high the quality of the seed, the plant does not reach its best possible growth unless care has been given to the cultivation of the soil. It was with this principle in mind that the Government of Saskatchewan five years ago established a branch of its department of agriculture to foster among the farmers of the province the idea of cooperative marketing of their products. Natural conditions in the province have always been favorable to the development of balanced farming, but the stimulation given to the farmers in providing markets by means of cooperative organization in the sale of their products has been responsible for the development of many phases of farming—which were hitherto.—comparatively speaking, almost negligible. development of many phases of farming—which were hitherto, comparatively speaking, almost negligible. Dairying, sheep-raising and beef production have all grown to a point of considerable importance in a province which has earned its reputation for grain growing, and the end is not yet reached, though the yearly revenue from the farmer is gradually catching up to the latter.

One of the first steps undertaken by this branch of the Provincial Government was the organization of a co-

by this branch of the Provincial Government was the organization of a cooperative system of live stock marketing, which would effminate all needless middlemen, and secure for both the smaller and the larger producers the benefits of competitive bidding obtainable on central markets. A bulletin explaining these benefits to farmers was compiled in 1914, and sent to farmers in the frovince. As a result nine co-operative stock marketing associations were formed the fellowing year.

builting traylating these bendix at a result in the cooperative stock marketing associations were formed the fellowing year.

During the first year thirty care of stock of a value of \$1,433,000. This does not show the whole growth of the movement, however, for its success in duced the Grain Grower's associations and proved of the movement, however, for its success in duced the Grain Grower's associations in the province have realized by farmers who have sold show the whole growth of the movement, however, for its success in duced the Grain Grower's associations in the province have realized by farmers who have sold should be Grain Grower's associations in the province have realized by farmers who have sold should be Grain Grower's associations in the province have realized by farmers who have sold should be grain the growth of the movement has a first success in the contact of the province with the included in the figures quoted.

When stock is delivered, the surface of the province with the farmers and dearly and quality. Cuttle and sheep are wountly busined, so that each farmer in the formation of these societies, the beginning find it necessary to elect an its part of the province with the first surface and force an association, which is its command of the surface and force an association, which is its command the province with the surface of the surface of surface and force an association, which is the vines, called the Agricultural Associations and protect the interests of the procession of the surface and force an association, the which grower is a sportagistion is required to submit a statement annual ty to the severament of the procession of the surface and force an association should be submit a statement annual to the surface and the procession of the surface and force an association should be submit a statement surface and force an association should be submit as statement annual submit of the surface and the procession of the surface and force an association should be submit as statement surface and



Warm Praise From Britain

Something that should have an im portant bearing on trade relations etween the Motherland and Canada whose opportuneness the Canadian Trade Commission impresses upor ur business community, is the British pullids warm appreciation of what was done by the Dominion in the war. The very name of Canada appears to strike a chord of sympathy, and to arouse a desire for closer association. It would be putting a emewhat ignoble and mercenary con struction on this to state that it simply opens a new era for business con curious is the Anglo-Saxon race to which we belong that it is exactly this feature which would appeal most to the practical British mind the only consistent form in which the national sentiment could be ex pressed. More foodstuffs and still could be sent to Great Britain where the consuming public learned in war time to know that in times of stress food from under "the Old Flag" may lways be relied upon. On their part they are doing all possible by grant ing a government preference as well s fostering private predilection for all goods from within the Empire If proof were wanted it would be ecently published broadcast in Eng

lish and Scottish newspapers of the British Food Controller, the Right Honorable George H. Roberts, M. P. by the way, one of the finest types of the democratic, self-made labo men in the British Parliament) Mr toberts, after remarking that Canada had not found it necessary to adopt ompulsory rationing in its food con

trol methods said:
"The personal said of the conserve to increase production and conserve lood, combined with the fact that the British Government was able to keep the sea route clear, made it possible overcome what was their greatest nemy, insufficiency of food. In 1918 food became as important a problem is that of munitions. For example in December 1917 France held supplies of wheat and flour sufficient on ly to meet the needs of its civilian pulation for about three days. It has been my privilege to becom equainted with the measures adopt ed by Canada, particularly during the last two years of the war, and I snow the difficulties that had to be encountered and the remarkable efficiency achieved. Production was horoughly organized, and having re gard to its enormous territory, its diverse conditions of climate, the few rowded towns and the sparse settlenents, the achievements of Canada in furnishing food supplies at the for the Dominion an admission of deep and profound appreciation."

An instance of the readiness and effectiveness of Canadian assistance Mr. Roberts added, was in regard to outter. When the stock in Great Britain fell abnormally and it was impossible to maintain the small weekly ration of one ounce a head, the Food Ministry was able to secure the whole butter output of Canadian creameries for six weeks; which meant the addit on of 61/2 million lbs. to available supplies.

"Although the Canadian Govern nent did not hesitate to apply com pulsory powers where necessary, it is interesting to observe that a great part of the splendid results ensued from propagandist appeals to the patriotism of the people. Producers were thereby stimulated to greater to adopt voluntary rationing and so increase the surpluses available for

Mr. Roberts said in conclusion: 'The record of the Food Board, though its machinery was necessarily hastily improvised, shows wonderful esults which contributed substantial ly to allay the sceptre of privation in Great Britain, and so assisted in prese ving the moral of car people and their determination to persist in a victorious prosecution of the war until the enemy was compelled to ac knowledge defeat.
The Rt. Hon. J. R. Clynes, who pre-

eded me as Food Minister, our a knowledgments of the splendid as-sistance rendered and our appreciagiven I would only add that since I have been Food Controller I have efforts of Canada and I affirm that if they were known to all our people they would develop a profounder understanding of the meaning of Empire and if properly recorded would show to future generations that Canadians and moral issues involved in the war, were as quick as the Home people to perceive the tremendous democratic and moral issues involved in the war, and to realize that no sacrifice was too grant a subside the purpose which it was undertaken."

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Leave Chatham for Newcastle,

Leave Newcastle for Chatham.

12.45 p. m. Leave Chatham for Newcastle,

Leave Newcastle for Chatham, Leave Chatham for Newcastle 3 00

Leave Newcastle for Rebank, 4 p.

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