

# These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act?

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The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge

Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your

physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

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On Tuesday afternoon, when all the men folk were away from home, one of Mr. George Kerr's young stallions broke se and attacked his big clydesdale Milton Chief, with tooth and hoof. The battle was of tremendous fierceness, but Milton Chief being up in years and fat, was no match for the younger animal in a battle to the death. He put up an argument for a considerable time, but was finally beaten down, when he became an e sy prey and had his ribs driven in by the fore feet of his antagonist. His neck and shoulders were badly torn.
Mrs. Kerr, who was alone at home, was
attracted by the unusual noise, but was helpless in such a struggle and tele-phoned for help. Mr. Richard Orr was the first to arrive, but the fight had ended; old Milton Chief expired after giving a few last kicks. Milton Chief was among the heaviest clydesdales in this section of the country and cost Mr. Kerr a large sum of money a few years ago.-Milverton Sun.

#### Local Doctor Kicked.

Hearing that Dr. Hall had installed a new X ray machine, with which it is possible to see right through the human body, Mr. Robert Trench of Teeswater conceived the idea of bringing his famous race-horse, Paddy R., to town on Monday night for the purpose of having an examination made of the noted trotter's right hind foot which has been going been baffling some expert Vets to aright. After examining the affected pedal of the horse that holds the world's record for one mile on ice, and for which steed Mr. Treneh refused \$6000 at Cleveland a few years ago, the Walkerton doctor, while standing back, conversing with Mr. Trench, was himself badly lamed by the horse letting fly its other hind foot and landing with terrific force on the physi-Dr. Hall, cian's left leg below the knee. who was knocked over by the blow, was while no bones were broken, a nasty bruise had been made. The doctor, who has since been moving around on crutches, expects soon to get off the casualty list.-Herald & Times.

## The Awful Wastage of Bread

An editorial writer on the Cleveland Leader, has been counting the cost of the wastage of bread, and when one reads his figures, estimated on the population of the United States with its twenty million homes, one is led to a line of thought on an economic question that would be a profitable study for the population of the average city. The writer bases his calculations on the was tage of a single slice of bread in the twenty million homes and his figures show the daily throwing away of 875,000 pounds of flour, or enough for over a million pound loaves a day. Count the wastage for a single year, and it amounts to over 1,500,000 barrels of flour-enough to make 365,000,000 one pound loaves. A single slice of bread in a day in each family of the United States would represent the flour from 7,000,000 bushels of wheat, or the crop of some 470,000 acres. The average weight of a slice of bread is about one ounce, and it contains almost three-quarters of an ounce of flour.

The action of Russia in this war has been a heart breaker to the other allies. In conversation with Premier when he was in England, Lloyd George told him the British Government did not know what action Russia might take without 24 hours notice. Kerensky. Korniloff, and other Russian patriots are striving desperately hard at the Moscow Conference to get the Russian soldiery to fight for the nation's existence, and while they are speaking a whole division

Half of Lot 3, Con. 18, Howick. On premises are a first-class barn, concrete stables, strawshed, comfortable house. 30 acres of good bush, and the balance is good workable land. Two good wells and never failing spring creek. Reason for selling, shortage of help.

Geo. Johnston, R. R. 1, Clifford. while they are speaking a whole division at the front bolts. It also looks as though railway transportation in that country would soon be paralyzed, and it has been clearly shown that men in high commands have been in the pay of Germany. Devoid of the patriotic spirit Russia has been given over to anarchy and German gold has been too tempting to officers who have no national senti-

#### New Route To Western Ontario Proves Popular.

On your next trip to Western Canada why not travel over a new route, see the wonderful land opened up in Northern Ontario by the Transcontinental Riilway and gain a glimpse of Temagami, and the Cobaltsilver mining region? You may use two famous trains on your journey without any added expense for railway fare as compared with any other route. The International Limited will carry you to Toronto, where "Th. National" starts on its Westbound flight. "The National" uses the rails of Grand Trunk to North Bay, the Temiskaming & Northern Ontario (Provincial Government line) to Cochrane, and the Canadian Government Railways to Winnipeg where it links up with the Grand Trunk Pacific for all important points in Western Canada.

A pleasant daylight run to Toronto, an evening in the Queen City and "The National" is ready to carry you west-ward. The departure of "The National" from Toronto is at 10 45 P. M. on Tuesdays, Thursdays and Saturdays. North Bay is reached early next morning and there opens up for your admiration al the lakeland beauties of the territory served by the T.& N. O. line. These are followed by a territory of New Ontario, giving the traveller an opportunity of inspecting this fertile region, including the famed clay belt where tens of thousands of settlers will make their homes in the future. The area of New Ontario is lame of late, and which, it seems, has 330,000 square miles, fully four times the size of Old Ontario, and in addition to great expanses of good farming land. It has wonderful resources in timber, minerals, water power, fish and game.

The three railways have combined to make the passenger service over this new road the equal of that offered anywhere on the continent. The smooth, straight and level roadbed embodies all that has been learned in three quarters of a century of railroad building. The greatest travel comfort is assured. Full picked up and assisted into his office, particulars from any Grand Trunk Ticket where an examination revealed that Agent, or C. E. Horning, District Passenger Agent, Toronto.

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## Farm for Sale.

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