


Stephens' FLOOR PAINT



Buy a can or two of Stephens Floor Paint and a flat bristle brush—and waterproof your floors. Stephens Floor Paint sinks into the pores of the wood, hardens the floor, and makes it moisture-proof. Soap and water soon soften and discolor an unprotected floor—but only improve the appearance of a Stephens protected floor. And you can realize how much easier it is to mop off the smooth, hard, durable, painted floor than to scrub a soft, rough, splintery, unpainted one. Write us for descriptive booklet No. 17 and handsome color cards. Progressive hardware dealers will fill your orders for Stephens Floor Paint.

G. F. STEPHENS & CO., LIMITED, WINNIPEG, CANADA.
PAINT AND VARNISH MAKERS

I CAN MAKE A MAN OF YOU



Why should any man be weak, puny and debilitated, when it is easy to be as big and husky as any man you see on the streets?

Men with small, flabby muscles, thin-chested, dull-eyed, short of breath, without endurance, courage, ambition, sand or grit in their make up, are WEAK MEN. If they were not born weak I can make physical giants of them.

I am not performing miracles. I have only discovered that what makes all this strength, this steam, this PORCE in a man, is his Animal Electricity. That is what makes muscles and heart strong. When I find a man who has lost that power and feels only half a man, I want to give it back to him, and I can do it, for I have done it for thousands.

There are men in every town in this country now who thank me for making them feel once more like the greatest of God's creatures—MAN, YOU RUN NO RISK IN USING MY BELT. I TAKE ALL CHANCES.

Any man or woman who will give me reasonable security I will send them the Belt with all the necessary attachments suitable for their case, and they can

PAY WHEN CURED

Dear Sir,—I now write you and do what I should have done before. I never found anything to do as much good before as your Belt did for me, and I think there is nothing can do any better. I have gained ten pounds in two months, and I think every man should have one of your Belts. I give your Belt the very best of praise for the good it has done me, and I will recommend it wherever and whenever I can.

JAMES H. FERGUSON, Box 84, Neepawa, Man.

Dr. McLaughlin's Electric-Belt Cures

Varicocele, Rheumatism, Kidney Trouble, Lame Back, Sciatica, Stomach Troubles, Nervous Debility, Lost Vitality and every indication that you are breaking down physically. Business transacted by mail or at offices only. No agents.

CALL OR SEND FOR THIS BOOK TO-DAY

If you can't call, cut out this coupon, and mail it to me to-day. I will send you my 84-page book, together with price list, prepaid free. Advice and consultation free. Call if you can.

Office hours—9 a.m. to 5:30 p.m. Wed. and Sat. to 8:30 p.m.

Dr. M. D. McLaughlin
112 Yonge St., Toronto, Can.
Please send me your Book, free.

NAME.....
ADDRESS.....

The Advocate is the best advertising medium

MISCELLANEOUS

"One day," related Denny to his friend Jerry, "when Oi had wandered too far inland on me shore, Oi suddenly found that there was a great big haythen, tin feet tall, chasin' me wid a knife as long as yer arm. Oi took to me heels an' for fifty miles along the road we had it nip an' tuck. Thin Oi turned into the woods an' we run for one hundred an' twinty miles more, wid him gainin' on me steadily, owin' to his knowledge of the country. Finally, just as Oi could feel his hot breath burnin' on the back of me neck, we came to a big lake. Wid one great leap Oi landed safe on the opposite shore, leavin' me pursurer confounded and impotent wid rage."

"Faith an' that was no great jump," commented Jerry, "considerin' the runnin' start ye had."

The debating society of a Lancashire border town was discussing the career of R. L. Stevenson. There seemed to be a consensus of opinion amongst the hard-headed members that Stevenson made a great mistake in giving up the family occupation of lighthouse construction for such a trivial literary career. As one debater put it, 'engineering has more money in it than authoring.' But a lady member came to the rescue: 'Do you know that Mr. Crockett has praised Stevenson's books?' she asked. And the meeting felt that at all events they must make allowances.

The Honorable and Reverend James Smilax was an austere man, and as such was accepted by Miss MacSimpson. But he was once known to make a joke.

He was learning Italian preparatory to his honeymoon in Venice.

'Suppose,' said his instructress and wife-elect, 'you were asked, "Where is your luggage?" What would you say?'

'Well, my dear,' he replied, 'if I was in France I suppose I should say "Voila!" But in Italy—really I don't know.'

'Ecco! would be the correct answer,' said the lady.

'To be sure,' rejoined the Honorable and Reverend gentleman, 'I should have remembered that Echo answers where.'—E. G. G., in the 'Westminster Gazette.'

A superstitious farmer, opening his farm paper, noticed that a spider had been crushed to death between the pages. He wrote in some alarm to the editor, inquiring whether the incident betokened good or bad luck, for he was a confirmed believer in signs. The editor replied that the finding of a dead spider, in the paper could not be regarded by the farmer as a sign at all, that the circumstances of the fatality, indicated that the insect had not an untimely death, and the only deduction possible was that the spider had been scanning the advertising columns of the paper to find out who wasn't advertising, in order to get next to some dead business house, spin his web across its door and live in peace forever after.

A notable housekeeper writes to the New York 'Observer,' saying:

I have used the following method of washing under flannels and blankets for twenty years and always have white, unshrunken flannels. I thought some of your readers would be interested in my rule: Wash them in cold water. In winter use water as cold as the hands can bear. Wash thoroughly in soapy water on both sides, put them through the wringer and rinse in clear cold water and hang out of doors to dry. If they freeze, do not bring them in till nearly dry. Never press them.

Flannelette tragedies are said to be rendered completely avoidable by the use of a new substance, the invention of Mr. Levene, of Townley Castle, Ramsgate. It takes the form of a solution or wash, in which the goods that are to be rendered non-flammable are immersed. The invention has been submitted to Manchester cotton experts, who are said to view it with considerable interest.

DR. WOOD'S NORWAY PINE SYRUP

Is A Remedy Without An Equal For COUGHS, COLDS, And All Affections Of The THROAT and LUNGS.

Coughs and Colds do not call for a minute recital of symptoms as they are known to everyone, but their dangers are not understood so well. All the most serious affections of the throat, the lungs and the bronchial tubes, are, in the beginning, but coughs and colds.

Too much stress cannot be laid upon the admonition to all persons affected by the insidious earlier stages of throat and lung disease, as failure to take hold at once will cause many years of suffering, and in the end that terrible scourge of "Consumption."

Dr. Wood's Norway Pine Syrup is not Sold as a Cure for Consumption

but for affections tributary to, and that result in, that disease. It combines all the lung healing virtues of the Norway pine tree with other absorbent, expectorant and soothing medicines of recognized worth, and is absolutely harmless, prompt and safe. So great has been the success of this wonderful remedy, it is only natural that numerous persons have tried to imitate it. Don't be humbugged into taking anything but "Dr. Woods." Put up in a yellow wrapper; three pine trees the trade mark; price 25 cents.

ANTI-NICOTINE PIPE

THIS FINE IMPORTED FANCY CARVED ANTI-NICOTINE SCOTCH PIPE

Get the Pleasure Without the Poison (Trade Mark Reg.)

35c 3 FOR \$1.00

Sent prepaid anywhere. Looks and colors like Meerschaum. Absorbs the Nicotine and keeps on tasting sweet. You never had such an enjoyable smoke. Money back if not satisfactory. Order 3 Today.

H. MENCEE
363 N. 7th St., St. Louis, Mo.

Bone Spavin

No matter how old the blemish, how lame the horse, or how many doctors have tried and failed, use

Fleming's Spavin and Ringbone Paste

Use it under our guarantee—your money refunded if it doesn't make the horse go sound. Most cases cured by a single 45-minute application—occasionally two required. Cures Bone Spavin, Ringbone and Sidebone, new and old cases alike. Write for detailed information and a free copy of

Fleming's Vest-Pocket Veterinary Adviser

Ninety-six pages, durably bound, indexed and illustrated. Covers over one-hundred veterinary subjects. Read this book before you treat any kind of lameness in horses.

FLEMING BROS., Chemists
48 Church St., Toronto, Ontario

Football FREE

For selling Picture Post Cards and Collar Buttons.

This "Favorite" Football given free for selling \$2.75 worth of our fast-selling, gold-plated Collar Buttons or our Picture Post Cards, giving views of Canada, England and other countries. Collar Buttons sell at 10c for set of 4. Post Cards, 6 for 10c. Send your name and address and we will mail you whichever you wish to sell, \$2.75 to-day. A post card will do.

THE RELIABLE PREMIUM CO.
Dept. H. Waterloo, Ont.

Fence Frie

Every buyer of Peerless comes a friend of ours because less fence saves him trouble and time. PEERLESS Wire Fence is made of all No. 9 well galvanized PEERLESS requires very few posts, all money on the net cost of 1

PEERLESS

The Fence That Saves

One of the reasons why I Woven Wire Fence is better fences is because of the lock. It holds securely and vaging the wire, yet there is elasticity to prevent snapping shocks, changes in temperature any other cause. Block through it—under it or over it so many advantages in buying LESS Fence in preference to we have not room in this ad to tell you of them.

Your name on a postal brings new printed matter, containing useful information in regard to fencing. Write for it today.

The Banwell Hoxie Wire Fence Co. Ltd.,
Dept. M
Hamilton, Ont. Winnipeg, Man.

WAL

NO MO

Ask your dealer

MANITOBA

SALES

To sell our I

We

MANITOBA, S

START NOW at BEST

W

STOI

Oldest and largest

TORONT