

COLDS, BRONCHITIS

For Cold in the head (coryza), catarrhal cold, grip, bronchitis, non-diphtheritic sore throat, threatened quinsy—all these acute conditions have been found to be due to the presence of poisons in the system, due to germs and various other causes. Generally they produce a paralysis of the digestive functions, and there is more or less accumulation of irritating matter in the bowels.

For the treatment of this condition there is no more active plan than to use a physic that will act promptly, for which we recommend from three to six of Dr. Pierce's Pleasant Pellets. These should be taken immediately upon the first symptoms of the trouble being manifest. Afterwards with them should be taken one of Dr. Pierce's Anuric Tablets. Every two hours the "Anuric Tablets" should be repeated in doses of one or two, with a glass of water, either hot or cold, as may be most agreeable. Hot lemonades are particularly helpful, as the acid of the lemon tends to counteract some of the poisons, and renders more efficient and rapid the beneficial effects of the "Anuric Tablets." They contain certain ingredients that are in use by the profession as the most effective general antiseptics. These agents penetrate thru the blood all the tissues of the body, and their remedial influence is felt in every organ.

We earnestly request that this remedy and treatment be given a trial, feeling satisfied that it will be found most agreeable. During the treatment of a cold the diet should be very light—foods that are easily digested and that agree with the delicate stomach. Draughts should be avoided, and exposure and over-doing should be carefully shunned, also exposure to the air of rooms that are over-crowded. Moderately dry air is best. Hot foot-baths on retiring are beneficial.

This treatment should be kept up several days, so as to not only get rid of all the poisons that are circulating in the system, but also to build up, strengthen and restore the general health and vigor.

INFECTIOUS DISEASES

In all infectious diseases the kidneys are required not only to eliminate the ordinary waste products of the body which usually escape in this way, but, in addition, the increased waste produced by the fever, and the poison produced directly and indirectly by the