



the employment of Dr. Marshall Hall's Method of Inducing Respiration.



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III.

proceed to
feet; raise
placed under
elastic band
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s.

TO IMITATE THE MOVEMENTS OF BREATHING—Standing at the Patient's head, grasp the arms just above the elbows, and draw the arms gently and steadily upwards above the head, and keep them stretched upwards for two seconds. (*By this means air is drawn into the lungs.*) Then turn down the Patient's arms, and press them gently and firmly for two seconds against the sides of the chest. (*By this means air is pressed out of the lungs.*)

Repeat these measures alternately, deliberately, and perseveringly, about fifteen times in a minute, until a spontaneous effort to respire is perceived, immediately upon which cease to imitate the movements of breathing, and proceed to INDUCE CIRCULATION AND WARMTH.

2.—EXPIRATION.



the employment of Dr. Silvester's Method of Inducing Respiration.

NATURAL BREATHING HAS BEEN RESTORED.

If the Patient has been carried to a house after respiration has been restored, be careful to let the air play freely about the room.

On the restoration of life, a teaspoonful of warm water should be given; and then, if the power of swallowing have returned, small quantities of wine, warm brandy and water, or coffee, should be administered. The Patient should be kept in bed, and a disposition to sleep encouraged.

as it is an erroneous opinion that persons are irrecoverable because life does not soon make its appearance, in restored after persevering for many hours.

WHICH GENERALLY ACCOMPANY DEATH.

the pupils dilated; the jaws clenched; the fingers semi-contracted; the tongue approaches to the under lip, and is covered with a frothy mucus. Coldness and pallor of surface increase.

CAUTIONS.

Under no circumstances hold the body up by the Feet.

On no account place the body in a warm bath, unless under medical direction, and even then it should only be employed as a momentary excitant.

By order of the Committee,

RICHARD LEWIS, Secretary.