

sports

Swimmers ready after mid-winter break

by John Yip

The Dalhousie Tigers jumped into the thick of AUAA swimming competition last weekend as they hosted Mount Allison and the University of New Brunswick.

On Saturday, both the men's and women's teams dominated the pool by defeating Mt. A. with a combined score of 145 to 60.

The women's team, led by Sarah Woodworth, won the 100 metre and the 200m freestyle. Woodworth's victories earned her the Swimmer of the Meet honours.

Donna Phelan touched out the competition, winning the 50m free while Carla McDougall took 400m individual medley. Newcastle, New Brunswick, native Kristen Matthews

stroked her to victory in the 100m back with a comfortable margin. Rookie Maura Strapps rounded out the individual wins by taking the 100m breaststroke in a convincing time of 1:22:96.

The women's team also took both relays to complete an impressive sweep of the day's races.

The depth and talent of the rookies on the men's squad was evident against Mt. A. Eddie Stewart, a first-year swimmer from Cape Breton, started things on the right foot for the Dal Tigers by leading the 4X100m medley to victory. First-year swimmers Curt Punchard and Brent Purdy captured the 200m freestyle and the 100m breaststroke, respectively.

Freshman Mike Ritcey took the 400 individual medley and the 100m

backstroke while Francois Anctil won the 100m butterfly. Anctil narrowly missed qualifying for the CIAU standard by a mere 7/100ths of a second and earned the Swimmer of the Meet for his effort.

Veteran John Yip won the 100m freestyle and fourth-year Commerce student Jason Jardine took home two golds in the 50m and 800m freestyle.

On Sunday, the visiting UNB men's and women's squads outpaced the Tigers.

The women lost by just four points (55-51) to the Fredericton team.

Donna Phelan won the 100m free in 1:01:43. Katherine Dunn, on the road to recovery from injuries sustained earlier this season won the 200m back in 2:27.07. The women's 4x100 medley relay with Phelan,

Dunn, Strapps and McDougall won the event handily.

Unfortunately the men suffered a similar fate as their female teammates as UNB outscored them 73 to 38. Seb Stochowiak won the 800m free in 9:25.26. Ian Jackson and Mike Ritcey finished 1 and 2 in the 200 m breaststroke.

"We didn't have a full team this weekend. Many of our key swimmers were either ill or injured," Kemp said. "This had an adverse affect on team performance. Despite the circumstances, the team used this as a building block for next weekend's AUAA Invitational and to the championships in February."

The Invitationals will be hosted by Dalhousie. It starts Friday and finishes Sunday.

The Tigers prepared for the meet with a holiday-season training camp in balmy Barbados.

The 20 team members accompanied by coaches Nigel Kemp and David Fry, spent 8 days in 30 degree weather. Although the team enjoyed the tropical temperatures, the swimmers engaged in 14 straight practices, each two hours long in duration.

Over 80,000 metres were logged which included a set of 30 x 300 metres. To bring in the New Year, the team spent two and a half hours completing a set of 94 x 100m.

"The team took on the daily grind of training head on with spectacular results," commented coach Kemp.

A six-hour bus tour of the island, beachcombing along the Bajan coast, flying fish sandwiches and celebrating New Year's Eve at the Hilton capped the team's social agenda. The trip was funded by summer swim camps as well as the annual citrus sale.

Volleyball and swimming highlight busy week

Dal sports fans will have their fill of varsity sports this week.

In fact there is so much going on that it's almost a shame to mention one before the other.

But there are two events which move above the others and both are three-day events.

Beginning Friday there is the Lawton Men's and Women's Volleyball Classic. The other event is the

AUAA Invitational Swim meet which also begins Friday and ends Sunday.

The hockey team host a pair of New Brunswick teams this weekend. Saturday night they entertain the Mount Allison Mounties. That game starts at 7 pm Sunday, at 3 pm, they meet the University of New Brunswick.

If fans can survive that then they

can catch the men's and women's basketball teams which host Saint Francis Xavier on Tuesday. The action starts at 6 pm.

Sorry about the lack of women's basketball and men's and women's volleyball. There will be more of that next week.

Any complaints or information call Frank at 494-2507 (Gazette) or 422-4469 (home).

Dalhousie Athletes of the Week

* CAROLYN WARES *

Jan. 10 - 17/94

Carolyn led the Dal Women's Basketball Team to two strong AUAA performances this past week. In a tough overtime defeat to SFX, Carolyn had 18 pts. and 9 rebounds. In their win against UCCB, Carolyn had 16 points and 18 rebounds. This Calgary native is in her first year of the Bachelor of Arts program.

Follow the Tigers

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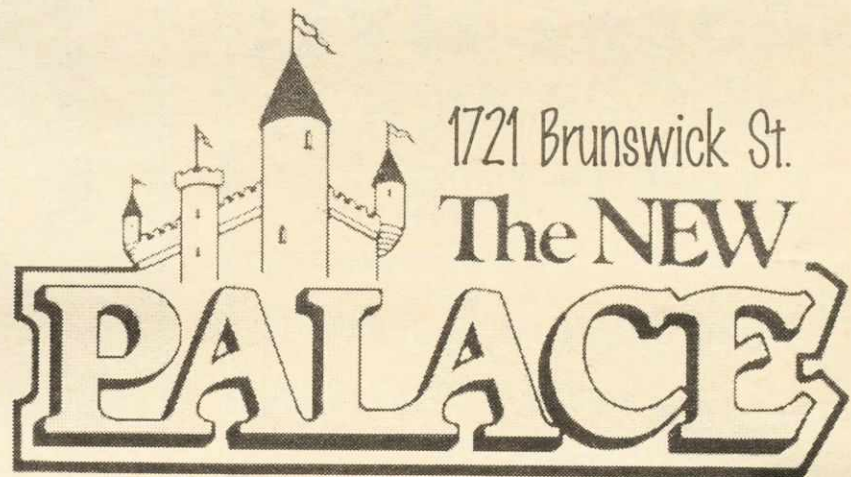
PRESENTS



JIMMY FLYNN

THURSDAY, January 20 • 9:00 pm 'til closing

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