

WRITE FOR THE BOOKLET

We have a staff of as thoroughly experienced and competent Hair Artists as is employed on the continent. Our American patronage which comes from all parts of the western U. S. more than justifies this claim, besides our enormous Canadian connection in all corners of this country.

We have two very interesting booklets on hair matters which we are sending to interested parties. They're free for the asking and contain everything you want to know. Just address

MANITOBA HAIR GOODS CO., MAIL ORDER DEPT.
301 Portage Ave.
WINNIPEG

Natural Wavy Switch, 20 inches long, \$4.00.

PIANOS AND ORGANS

To You Direct at
Factory Prices

One Price to all—the lowest.

Only reliable goods sold and all are fully guaranteed

Easy Payments accepted from any responsible party; regular discounts allowed for cash.

Shipped on Approval. Instruments sent to any part of Canada, and freight paid both ways if not satisfactory.

We take no Money until you have thoroughly tested your Piano or Organ for Ten Days' Free Trial.

Descriptive Catalogue and personal letter explaining all will be sent gratis on application.

LAYTON BROS.

1144 Peel Street,
Montreal, - - Que.

Theory & Music

Harmony, Counterpoint, Canon,
Fugue, Instrumentation,
Acoustics, Musical
Form

Taught by Correspondence

Terms \$10 for Ten Weekly Lessons.

For further particulars write to

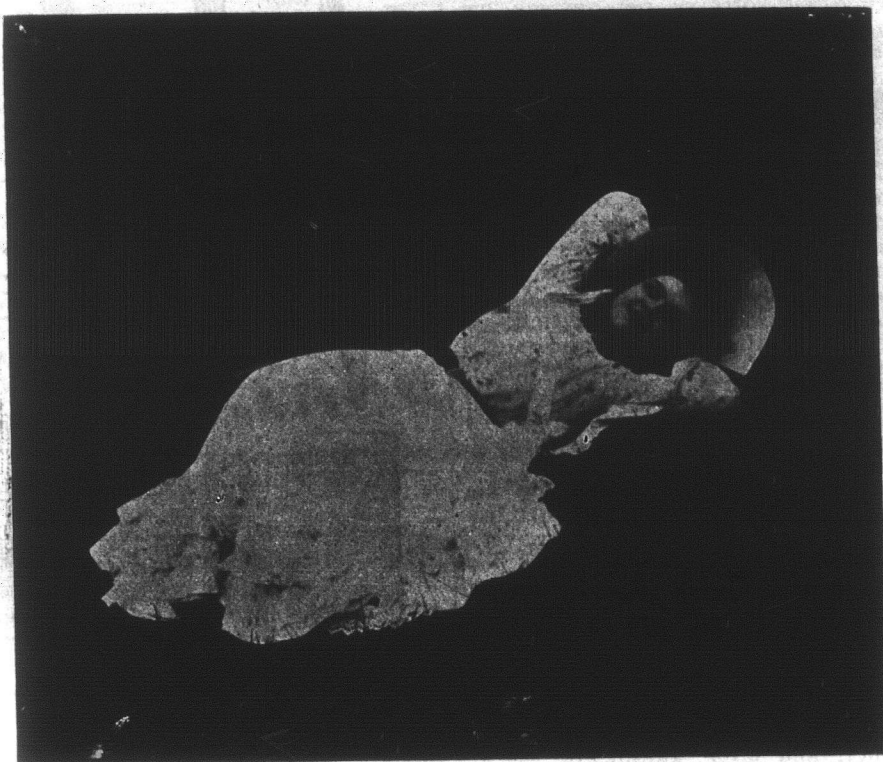
W. E. Martin, Mus. Bac. T.U.T.

Graduate of The Ontario School of Pedagogy,
IRVINE P.O., ASSA.

all over the country. With the fair just closed it is time to consider the fair for next year, because now the faults and failings of the past one are fresh in all minds. I had the pleasure of judging the women's work at one of the larger local fairs and have attended several others and I would like to offer a suggestion. The prize lists for the women's sections of all our fairs (Winnipeg Industrial included) want a sharp revision. There is too large a list of varieties of work and too small prizes for any and every variety. The prizes are offered in a much too indefinite a manner; there is absolutely no guide for the judge. Here are two taken at random: "Prize for best suit of lady's underwear." Absolutely no stipulation as to what materials it should be made of, whether hand or machine made and whether the decoration should be hand work or machine made. It was my misfortune to encounter no less than six suits all made of different materials (one was a gaudy suit of knitted combinations)—some were handsome, some partly hand and partly machine, some all machine work, and in passing let me say there was only one of the six that had decently worked button-holes. One suit of white flannelette was profusely embroidered in cream silk, the embroidery being beautifully executed, but the making of the gar-

sent to all the fair boards so that it would serve as a guide to modify or adapt for their particular district.

RECIPES. A good wash day dinner in the summer time, where there are hungry men and not too much help, is a modification of the old-time boiled dinner. Take stewing veal or breast of lamb in proportion to the size of your household, cut it up into medium-sized pieces and put it on in a plentiful supply of cold water. Let it come to a boil and set back where it will simmer gently all the morning. Half an hour before you want to serve, add to the gravy as many new potatoes as will allow for a good serving for each person, and 20 minutes before dinner time small carrots and large green onions in the proportion of half as many carrots and onions as you have potatoes. If the gravy has boiled away add a little more water, but there should be an abundance of gravy. Just before serving take up the potatoes, carrots and onions and arrange them round the sides of a large platter that should be very hot, thicken the gravy with flour rubbed smooth in a good piece of butter and season with pepper and salt. As soon as the gravy boils up, lift the pieces of meat, pile them in the centre of your platter and pour the hot gravy



Noon Day Rest.

ments was hand sewing that any child of seven should be ashamed to put in a dish towel. Another suit was of fine lawn, decorated with good lace, but it was entirely machine work; a third suit was of fine cotton entirely handmade, the needlework exquisite and the button holes beautifully worked. I gave this first prize and was severely criticized for so doing, but it was really the only suit offered that to me was suitable for "a lady to wear." Now, if a prize had been offered for the best suit of lady's underwear to be handmade and hand decorated, material lawn or fine cotton, the judge would have known exactly where she was at. And the prize for such work ought to be at least \$5.00 instead of \$1.00, as it was in the case in point. Another item was "best table centre." There were 35 entries and they covered everything—hand-painting, Hardanger work, Mount Mellick, open work, eyelet embroidery, and heaven knows what besides. How is it possible to judge in such matters? It is high time that better prizes and more of them were offered for fine hand sewing, that this most womanly of all the arts die not among the rising generation. There should be good prizes also for the making of dresses by amateurs. A good plan would be to ask Deputy Minister Black to have a committee of capable women make up a suitable prize list for the province and copies of it be

over all. It is a dish that looks well because of the contrast of the yellow carrots and white and green onions and the potatoes; and if you have cooked it right, it will taste fit for a king. Only one pot is required on the fire and the cooking requires very little attention.

Live it Down.

Has your life been bitter sorrow?
Live it down.
Think about a bright to-morrow,
Live it down.
You will find it never pays
Just to sit wet-eyed and gaze
On the grave of vanished days;
Live it down.

Is disgrace your galling burden?
Live it down.
You can win a brave heart's guerdon;
Live it down.
Make your life so free from blame
That the lustre of your fame
Shall hide all the olden shame;
Live it down.

Has your heart a secret trouble?
Live it down.
Useless griefs will make it double,
Live it down.
Do not water it with tears—
Do not feed it with your fears—
Do not nurse it through the years—
Live it down.

Have you made some awful error?
Live it down.
Do not hide your face in terror;
Live it down.
Look the world square in the eyes;
Go ahead as one who tries
To be honored ere he dies;
Live it down.

WHEN WRITING ADVERTISERS PLEASE MENTION THE WESTERN HOME MONTHLY.

Can Eat Anything Now.

How many Dyspeptics can say that?
Or perhaps you are dyspeptic and don't know it.

Have you any of these symptoms?

Variable appetite, a faint gnawing feeling at the pit of the stomach, unsatisfied hunger, a loathing of food, rising and souring of food, a painful load at the pit of the stomach, constipation, or are you gloomy and miserable? Then you are a dyspeptic. The cure is careful diet; avoid stimulants and narcotics, do not drink at meals, keep regular habits, and regulate the stomach and bowels with

BURDOCK BLOOD BITTERS.

Nature's specific for Dyspepsia.

Miss Laura Chicoine, Belle Anse, Que., says of its wonderful curative powers:—"Last winter I was very thin, and was fast losing flesh owing to the run-down state of my system. I suffered from Dyspepsia, loss of appetite and bad blood. I tried everything I could get, but to no purpose; then finally started to use Burdock Blood Bitters. From the first day I felt the good effect of the medicine, and am now feeling strong and well again. I can eat anything now without any ill after-effects. It gives me great pleasure to recommend Burdock Blood Bitters, for I feel it saved my life."

JULES & CHARLES LEADING HAIR GOODS

As supplied to the elite of Canada—Highest awards—London, Paris and New York styles



Parisian Knot

Biggest Stock of Switches

Natural Wavy from \$3, and Straight from \$2, according to size and shade.

Gent's Toupees and Wigs

Superior quality—Satisfaction guaranteed—From \$10, according to size and quality. Use Armand's Famous Gray Hair Restorer—8 different shades—One box \$3, two boxes \$5 Catalogues, 1906, free—write, Mail Orders prompt anywhere.

431 YONGE STREET, COR. ANN ST. TORONTO, ONTARIO

When writing advertisers, please mention The Western Home Monthly.



Open Your Eyes

Life is full of opportunities for the man who KNOWS. The keenest competition is at the bottom. You can better yourself for a better position IN YOUR SPARE TIME and at small expense, by taking a study course AT HOME. Cut this out and mail it to us with your name and address, marking which line of work you prefer.

() Commercial () University &
() Agricultural () Mechanical

CANADIAN CORRESPONDENCE COLLEGE, LIMITED
161 Bay St., Toronto, Ont.