

# Scouts

that the Boy Scout movement would be greatly advanced if more meetings of the different troops could be arranged.

## ANNUAL MEETING OF PROVINCIAL ASSOCIATION

The annual meeting of the Provincial Association of Boy Scouts was held Wednesday afternoon in the Y.M.C.A. For the first part of the proceedings Lt. Col. F. V. Wedderburn occupied the chair and was supported by His Honor Lt. Gov. Wood, J. P. Robertson, Professor Stiles, Frederickson, F. R. Perrott, Ottawa; Rev. H. A. Cody, A. C. Skelton, J. H. Harris, Moncton; Quartermaster Sergt. Hamilton, L. H. Bliss, Fredericton, and F. J. Leach.

After F. R. Perrott had been appointed secretary for the meeting, the provincial secretary and treasurer gave full reports, which showed that although there was much to be desired further, the association was on a steady financial basis. F. R. Perrott then told of the success of the camp held during the summer at Chipman.

The election of officers was as follows: Patron, His Honor Lt. Gov. Wood; provincial commissioner, H. H. Bliss; president, Prof. Stiles; vice-presidents, Rev. H. A. Cody, J. H. Harris, A. Munhall and G. H. King. The arrangement for a secretary-treasurer was left in the hands of His Honor and the president. Lt. Col. Wedderburn was elected honorary president.

Following the suggestion conveyed by F. R. Perrott from the Canadian General Council, that a paid secretary be appointed to the Maritime Provinces and as a result of the various opinions which were forthcoming, many interesting facts were revealed.

Mr. Perrott stated that within 48 hours of war being declared 1,800 scouts were on duty in England and that there were now some 900 men who had been officers in the movement, overseas.

The whole meeting was unanimous in their belief that the Boy Scout movement must go steadily on as it was the finest in the world. Many of the men who are now in the front lines would never have passed had they not received training physically when Boy Scouts. The continued strength and security of the whole empire depended upon the training of the younger generation.

## Silver Watch won by City Kiddie.

First Prize—Silver Watch, Ethel Thompson, 260 Charlotte St., City.

Second Prize—Story Book, Elsie Saunders, Yarmouth, N. S.

Certificate of Merit, Hazen Holder, Cambridge, Queens Co.; Florence Holder, Cambridge; Louis Dakin, Digby, N. S.

Special Mention, Austin Fowler, Bellefleur St., Kings Co.; Willie Sharp, Mouth of James; Jack Knowlton, 154 Sydney St., City; Muriel Murray, Chipman Co., Kings Co., N. S.

## Members of the Red Cross Helpers League.

The following kiddies, are anxious to do work on behalf of the Red Cross Society, and have joined the "Red Cross Helpers League, in connection with the Corner. I shall be glad to hear of others who will endeavor to make face cloth, cheese cloth handkerchiefs, linen handkerchiefs, pillow cases, crutch pads, slings, rolled bandages, etc. More detailed particulars will be published next week, as the space is somewhat limited this week.

Geraldine Corey, Gagetown; Kathryn Wilson, Sackville; Myrtle Cox, Young's Cove; Olive Case, Wickham; Thelma Kaye, Avonmore; Kelsie McNeill, Sussex; Rilda Chowne, Milltown.

## Birthday Greetings.

Uncle Dick wishes many happy returns to the following kiddies, whose birthdays will take place during the coming week.

HILDERED RATHBURN, Rothesay; MAYE S. THURBURN, Freepoint N. S.

## Baden Powell's Weekly Message.

Our Hut and Ambulance Fund. Thanks to the splendid work done by Scoutmasters and Scouts, this fund has mounted up to a very big sum—over \$12,500.

So I have been able to return to France with enough to supply our second ambulance for the wounded, and two soldiers' institutes in the front line, and a new one at the base, together with money in hand to meet unexpected expenses.

All Scouts may well be proud of their work.

## A Cheery Soldier.

What a cheery lot our Tommies are! When I was last at the Front, I went aboard one of the hospital boats that run down the canal.

One fine great, sunburnt, healthy looking fellow was lying there, raising his head from time to time to see how the others were getting on.

I could not help remarking, "You look well enough—what is the matter with you?"

"Well, sir, I was shot yesterday, I was fighting. I was only carrying gas, sir, and they shot me through the liver!"

He grinned while he spoke of it just as if carrying a gas cylinder in the firing line were not fighting; and he apparently seemed to think it wasn't playing fair to shoot him through the liver while doing so.



## THE SIGNIFICANCE OF VALENTINE'S DAY

Mystery Shrouds reason for his selection—story of his tragic end—how the custom was changed.

Exactly why St. Valentine should have been elected the patron saint of lovers the world over, has never been fully determined. The feast of Valentine occurs at the beginning of a season of the year in which young man's fancy is supposed to turn to thoughts of love, however, and it has been conjectured, on that account, that the saint has been chosen as one to whom lovers would naturally turn for help, protection and consolation.

Concerning St. Valentine himself, very little is known. He was a priest put to death under Claudius II, on the 14 Feb. in 270 A. D. The fate of St. Valentine was not sentimental, in fact, it was tragic. He was first beaten to death with clubs and then his head cut off. All that was left of him was buried in the Church of St. Praxedis in Rome, says Eastern Daily Argus.

It was the practice of ancient Rome during the greater part of the month of February to celebrate a feast in honor of Pan and Juno. On this occasion amidst a variety of ceremonies, the names of young women were put into a box from which they were drawn by the men, as chance directed. The pastors of the early Christian church who, by every possible means endeavored to wipe out the vestiges of pagan superstitions, substituted the names of particular saints instead of the names of the women, and as this feast came about the middle of February, they appear to have chosen St. Valentine. The labels containing the names, drawn from the box, were worn conspicuously on the lapels of the dress togas of the winners, and these became the written and printed Valentines of later days.

In ancient Persia this day, the 14th of February, was one time in the year that the fair sex.

Enjoyed Absolute Power. The husbands obeyed all the commands of the wives, and the maidens without offence to delicacy, were allowed to pay their attention to whom they pleased.

Valentines in England, about 1850, took the form of valuable presents, such as expensive clothing, or cumbersome household furniture. The heroine's name always remained a secret.

## Hints for Housewives.

To cut an ice cake without crumbling it, dip the knife for a few seconds in hot water.

To keep cheese from molding, wrap it in a piece of cloth, wet in vinegar, and it will remain fresh for weeks.

To prevent suet from becoming sticky, when chopping, sprinkle it with flour and chop it in a cold place.

Biscuits and doughnuts may be freshened by putting them in a paper bag, sprinkling in a few drops of water, folding the end of the bag till it is tightly closed, then putting it in a hot oven for a few minutes.

When making puddings and sauces, mix the flour (or cornstarch) and sugar, together, and avoid lumps.

A wire stand, such as is used for putting under tea or coffee pots, may be kept near the oven, and will be found useful to place under a cake or pudding that is baking too quickly on the bottom.

If corks are found too large for bottles, soak them in hot water, they will go into the bottles easily, leaving no room for air.

A dish of water placed in a hot oven where pies, cakes, or puddings are being baked, will prevent them from scorching.

When making pastry, add the juice of a lemon to the water for mixing. It will make the pastry lighter and dispel the taste of lard.

When frying fish of any kind, sprinkle a little salt on the bottom of the pan, when it is hot, the fish can then be easily turned without breaking.

When putting a layer cake together with icing, and layers, slide off one side. Insert one or two tooth picks around the outer edge and leave until the icing is set when they may be easily removed.

To remove a scorch from linen cut an onion in half and rub the scorched part with it and then soak it in cold water.

Put a little salt in the starch and it will not "freeze out" the clothes when they are hung out to dry in cold weather.

When the cream is too thin to whip add the unbeaten white of an egg. You will have no trouble whipping the cream.

To prevent the under crust of a pie from soaking the fruit, brush it over with partly beaten white of an egg before putting in the filling.

A pinch of soda added to a berry pie before the upper crust is put on, will keep it from running over.—Sent in by Mrs. John D. McLean.

When brushing a velvet hat slightly dampen the brush first, and the hat will come off twice as quickly.—Sent in by "A Reader."

Amphor will remove fruit stains from stable linen. Before the linen goes into the wash go over the spots

## WOMEN'S REALM

We are always pleased to receive any new or tried recipes, or any fashion notes, etc., which may be of interest to our readers, and we will publish same when suitable. All communications for these columns to have name and address (not for publication) and be addressed to the Editor, Women's Realm, "The Standard," St. John, N. B.

## The Daily Fashion Hint.



One of the new taffeta suits, made very full, yet defining the figure. The skirt has three rows of piping. This short coat is slipped at the waist and two cords and clasps in front with steel discs.

with camphor.—Sent in by Mrs. McKay.

Any woman who owns a sterling or German silver purse will be glad to know that common soda will clean it in a few minutes. That is what most jewelers use. Just take plenty of soda and a little water and wash between the hands or with a brush. Rinse and dry.—Sent in by M. Watson.

To clean a sewing machine take out the screw that holds the footplate, remove it, and you will be surprised at the dirt accumulated there. Clean the little grooves and under the plate with a penknife. The needle must be taken out before the work has begun. You will often find this is the only cause of the machine running hard.—Sent in by Mrs. Dixon.

Rub finger marks from doors with a clean piece of flannel dipped in paraffin oil. Afterwards wipe with a clean cloth wrung out in hot water to take away the smell. This is better than using soap and water, as it does not destroy paint.—Sent in by "a contributor."

A hint for the tired housewife when there's no time for napping, lie flat on the floor—a bed or couch won't do—for fifteen minutes.

Exhale and continue to relax, and when the time is up you will feel altogether different. Do not put a pillow or anything else under the head.—Sent in by Mrs. Smith.

## Reliable Recipes.

### Veal Loaf.

Three pounds lean veal, 1-4 pound salt pork, 2 eggs well beaten, 3 soda crackers, rolled fine, 1 teaspoonful of salt, 1 of pepper, 3 tablespoonful of cream, 2 teaspoonful of boiling water. Chop the veal and pork fine, then add the salt and pepper, cracker and crumbs, well beaten eggs, cream and hot water, mix all together. Very

delicious.

Fill a jelly mold with any favorite gelatin. When partly cool mix in bananas, peaches, oranges and walnuts, cut in small pieces. Chill and serve with whipped cream.

As it was an afternoon event, afternoon types of dress were seen. Quick to respond to all that makes a new impression on the senses, a number of women in the audience had already donned new costumes, and hats were evidently derived from Russian peasant dress contours.

Among them was a charming toque of tulle worn by a Russian princess and made of billow clouds of tulle through which the hair showed transparently. In front a flat plaque was posed on the forehead; the toque was well drawn down over the hair.

Such head dresses are new and milliners who are artistic are quick to take advantage of the fact. Several new hats have already been designed on this order. One for Mile Flore Revalles, of the Russian Ballet, consists of a small, low, rather close cap of dark blue silk. About this caplet crown run two upstanding pleated taffeta ruffles, low on one side and rising very high toward the other, so that the low crown is hidden at one side. A snood of pink ribbon encircles this, tying in simple knot, and ends in the back.

At the first evening performance of the New York season of the Russian ballet at the Century Theatre, some of the head dresses worn were Russian in character, and the coloring of the ballet on the stage. A number of head bands of tulle effect were posed on the forehead instead of up on the hair. One head band, about four inches wide, worn about the forehead like a flat band, was of margenta silk with a dull blue faille ribbon running through the centres. About four inches apart flat ornaments, made like a curled ostrich tip in outline, were placed on this band so that the upper

part seemed to curl over the blue centre band. These motifs were covered with dark blue bird's plumage. Among the latest dress importations taffeta stands out most prominently. Taffeta and tulle are combined to make charming spring afternoon gowns. The corsage has always a fitted appearance, with transparent bouffant sleeves, and the skirt spreads out into exaggerated yet graceful curves with the help of invisible distenders and full taffeta decorative ruffles.

Mile Revalles, seen in a box at one of the matinee performances, wore a dark blue taffeta dress of this style covered with tulle of the same shade. The skirt was encircled with decorative ruffles of the taffeta overbound with silver ribbons. Long silver streamers fell from a corsage flower—a small pinkish red rose made of tiny round beads. This matched the color of the Russian toque, a transparent blue bird's plumage, and a pinkish red plaque was posed in the front, which was exactly

the color of the rose on her dress. The Russian effect is also seen in the new beach and sport coats. A Chanel jersey coat with the new cape effect is of double thickness. The outside is of cream white jersey cloth, the lining of beet root red. The plaques are of the red jersey and the cape white, with wedge shaped pieces of the red applied at alternating intervals.

There is a suede waistcoat, soft and easy fitting, to wear under the motor coat.

A surprising combination is green satin, akum fur and pink and gold embroidery. This is for a semi-evening frock.

If you have a hat edged with fur it can be lightened delightfully by putting maline frills on it in place of the fur.

Blouses are getting more gay in color. There are deep pinks, yellows and reds among the crepe de Chine models.

Miles of ribbon are being used for the fashionable ribbon flowers and

flower trails that are being used for frocks and hats.

Evening dresses are mostly skirt, the bodice being only of chiffon, and of sleeves there are none. Shoulder straps support the bodice.

Closely drawn face veils are most fashionable these days of bulky choker fur collars for the floating veil will not float gracefully over a cumbersome collar of fur. A fine hexagon mesh with dainty, straggling vine pattern is most correct.

Golf socks are of Scotch plaid wool in rich color combination and heather mixtures. The socks are drawn on over ordinary silk hose and their ribbed tops keep them in place at the top. Below short sport skirts they are very smart indeed, and are a most sensible addition to the cold weather sport costume.

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## TOOK THE ADVICE OF HIS FRIEND

Stomach Trouble and Rheumatism Relieved By "Fruit-a-tives"

thoroughly grease an earthenware pan and bake the mixture together pressing it down firmly. Cover and bake in a moderate oven 1 hour, on cover and bake half an hour or longer. Serve either hot or cold.—Sent in by Mrs. Beach.

## Baked Stuffed Heart.

One beef heart or 2 calves hearts, 2 cupful of bread crumbs, 1 tablespoonful of chopped parsley, 1 tablespoonful of butter, salt and pepper to taste. Carefully remove all membranes and veins from the inside of the heart and let it stand on its base in salted water for half an hour. To draw out the blood, then wipe it dry and stuff it. Melt the butter and add it to the bread crumbs with the parsley salt, pepper and two tablespoonfuls of water. Stuff the heart and tie a bread crust across the top to keep in the stuffing. Bake often with melted butter, and bake in moderate oven. Calves hearts will require 1-2 hours. Beef heart 2 hours. Make a gravy with the drippings in the pan, this is good hot or cold.—Sent in by Mrs. Hackey.

## Walnut Wafers.

Roll chilled pie crust very thin, strew ground walnuts and a fine sifted of salt over and press down with rolling pin, then cut into small strips or diamonds and bake in hot oven.

## Brown Bread.

One cup of rye meal, one cup of boiled Indian meal, one-half cup of flour, one cup of molasses, one teaspoon of soda. Mix with the molasses to let it foam, little salt, mix to mix soft like cake. Steam 3-4 hours.

## Graham Gems.

Mix and sift 1 cup Graham flour, 1 cup pastry flour, 1-4 cup sugar, 4 level teaspoons baking powder and 1 teaspoon salt. Add 1 cup milk gradually stirring constantly, then 1 egg well beaten and 2 tablespoons melted butter. Fill buttered gem pans two-thirds full of the mixture and bake in a hot oven 25 minutes.

## Cinnamon Toast.

Cut stale bread in slices, remove crusts and cut each slice in thirds crosswise. Toast, spread evenly with butter and sprinkle generously with sugar mixed with cinnamon, using 3 parts sugar to 1 of cinnamon.

## Water Lily Salad.

Cut the whites of 6 hard boiled eggs into long petals. Arrange the pieces in "lilies" on lettuce, and fill the centres with the yolks well mixed with salad dressing.

## To Salad Greens.

Here is an idea from Pictorial Review: Select any greens, desired—young beets, Swiss chard, or spinach. Wash them thoroughly. Have ready a large receptacle, a wooden one being best, although a large storage crock may be used successfully. In the bottom of the vessel sprinkle a layer of salt, then a layer of greens, and continue until the jar is full. Then put on a wooden cover and weight it. When desired for use, soak the greens over night; they will be found delicious.

## Fruit Pudding.

Fill a jelly mold with any favorite gelatin. When partly cool mix in bananas, peaches, oranges and walnuts, cut in small pieces. Chill and serve with whipped cream.

## The Russian Note in Fashion

Direct results of the much talked of representations of the Russian Ballet in Paris are already felt in the latest imported modes. The opening performance in Paris brought out an audience swarmed, for the first time since the war, with true French elegance.

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