

went out less, and was less inclined to take pleasure trips, and plunged with redoubled energy into study. Before either his physician or himself had recognized it, I saw that the stomach was not the sole cause of his troubles, but that his intellectual exertions were equally to be blamed, and that the only way of saving him was by frequent change of climate and surroundings. But the worst of it all was that as soon as he felt himself worse he began treating himself with the old drugs. Shortly after Christmas his health broke down altogether, he suffered with frightful headaches and painful vomiting of mucus, for almost four days continuously; after a short omission the same thing again occurred. It was plain that he must leave Basel. (31.)

"It has not been well with me: very frequent sufferings of stomach, head, and eyes." (Do.)

"A bad time behind me and perhaps a worse to come. The stomach could not be conquered even with most ridiculously severe dieting; several days of the most violent headache, returning every few days, hour long vomiting although nothing had been eaten; the machine seemed bound to go to pieces, and I will not deny that I often wished it would. Great exhaustion followed, walking in the street was painful and there was a great sensitiveness to light. Immerman treated for something like a gastric ulcer, and I expected bloody vomiting. For fourteen days I took solutions of lunar caustic,—nothing availed. I am now taking enormous doses of quinin.... I have continued my lectures and readings, interrupted only on the worst days when I was confined to bed.... I have planned a new sketch of my lectures for the next seven years. (Do.)

"For several months in an accursed crisis of stomach troubles which begin to shatter the very foundations of my existence. With difficulty I live from one day to another. Every week or two the physicians try something new. What headaches!... the burden of my special work, of itself enough, becomes doubly oppressive.... As things are I really can write no letters.... My literary work had of course to be given up, I am not able to write a line. (Do.)

"Who can say so definitely that my disease is migraine? Immerman has no such certainty, and himself says that he is only experimenting with the nerves since previous remedies were resultless. If this does not help, something new must be tried. Acidity oppresses me and everything except the tenderest meat, becomes acid: I am therefore convinced that the nerve hypothesis is wrong. Besides, headache in migraine is one-sided, but mine as you know is not so. The torment in and over both eyes is great. God! help Immermann, then will he help me. In the meantime—dubito. (Do.)

"At Steinabad near Bonndorf, with triple modified diet and an experienced old physician.... With the greatest foresight and care, as a whole I am better. The quinin-cure continues. (Do.)

"For weeks in the power of a desperate disease of the stomach and head." (Do.)

"Two severe attacks, sending me to bed. The treatment at the institution was not sufficiently active and specific, as the doctors say. (Do.)

"That I must renounce all writing work for a longer time [than seven years] becomes ever more clear to me." (Do.)

"Like Immermann, Dr. Weil thinks I have a nervous affection of the stomach, which is always a chronic affair." (Do.)

"It is not death that could most frighten me, but only a sickly life, in which one loses the *causa vita*." (Do.)

"Relapses of my gastric disease." (Do.)

"The conviction of the worthlessness of life and the folly of all aims oppresses me so heavily, especially when I am sick abed." (Letter, 1875.)

"The chronic torment seize me two days or longer about every two weeks." (Do.)

"I cannot doubt that I am the victim of a serious cerebral disease and that stomach and eyes suffer only from this central cause. My father died at 36 from cerebral inflammation. I may go even sooner. I have used several-hour long ice-bags upon the head by Immermann's advice and head baths early in the morning and my utter exhaustion and bitter torments are some-