Thus the plain truth is that though we are indebted to Augustine and his companions for the conversion of the Jutes and for the laying of the foundation-stone, in the kingdom of Kent, of the English Church, we certainly are not indebted to him and his fellow-labourers for the conversion of six of the Anglo-Saxon kingdoms.

The large-mindedness and large-heartedness of Gregory in his cherished conceptions and plans for the conversion of the people of the Angles to the Christian cannot be Faith exaggerated. The English people owe him a debt of boundless gratitude; but as for Augustine, he utterly failed to give practical expression, in the shape of actual Missionary work, to Gregory's high ideals of a Mission to the Angle people in Britain.

What, then, is the result? It is this.

The founding of the Church of England in all the heathen Anglo-Saxon kingdoms was not the exclusive outcome or result of Augustine's Mission from Rome, nor of the Mission of Bishop Felix to East Angha, nor of the Mission of Bishop Birinus to Wessex, nor of the Mission of Aidan to Northumbria, nor of the Home Missions of converted native Anglians to Northumbria, Mercia, and Sussex-but it was the result of the combined efforts of all these Missions; so that the Church of England, from her very beginning, was the product of various contributive agencies and influences, which left their impress upon her, an impress which she still retains to this day, as a unique national Church, which in her beginning, subsequent history, and characteristic independence, has no parallel in Christendom.

> Average Cost.

## HOMELY COOKERY.

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## BY M. RAE, Certificated Teacher of Cookery.

## Hominy.

|                        |   |   |   |   |   |   |   |   | d   |
|------------------------|---|---|---|---|---|---|---|---|-----|
| 1 lb. hominy .         | • |   | • | • |   |   |   |   | ł   |
|                        | • | • | • | • | • | • | • | • | 1   |
| 2 tablespoonfuls sugar | • | • | • | • |   | • | • | • | 7   |
|                        |   |   |   |   |   |   |   |   | 2d. |

ASH the hominy in cold water, and soak all night in a pint of cold water. When wanted, allow two hours and a half for cooking. Put it into a saucepan with the milk, and boil very gently two hours; stir often, to keep

from burning. When soft, add sugar and pour into a greased pic-dish, and bake till brown. Serve with golden syrup. Hominy is prepared from maize, bulled and crushed, and is very nourishing, but is not so generally used as its good qualities deserve. If cooked as above described, with a little salt instead of sugar, when cold it can be cut in slices and fried in boiling fat, with satisfactory results. Children like it in this form, and have even been heard to compare it to fried sole.

## 4++

WATCH FOR OPPORTUNITIES.—Henry Martyn, with all his zeal, says he lost, through inat-tention, the best opportunity for usefulness which he had for many months in India. "Othat our heads were wa ers," exclaimed Cotton Mather, "because they have been so dry of all thoughts to do good! O that our eyes were a fountain of tears, because they have looked so little for occasions to do good!"

How HARD IT IS TO BE CONTENT!-A laundress, who was employed in the family of a Governor of one of the Colonics, said to him with a sigh,-"Only think, your Excellency, how small a sum of money would make me happy!" "How little, madam?" said the Governor. "Only dear sire twenty nounder would make me perfectly how "

"Oh! dear sir, twenty pounds would make me perfectly happy." "If that is all, you shall have it." And he immediately gave it to her. She looked at it with joy and thankfulness—and, before the Governor was cut of hearing, exclaimed, "I wish I had said forty!"

THE TONGUE.—There is a world of meaning in the following, from an old scrap-book :-

"If thou wishest to be wise, Keep these words before thine eyes: What thou speak'st, and how, beware : Of whom, to whom, when, and where."