

rather fine you know, and the English women are real bricks."

"There are surely some Canadian heroines over there," I suggested.

"Well, I should rather guess so!" was his forceful reply. "When they wake up they are the real thing. All I am saying is that you don't find many of them here, and that is why I wouldn't mind going back. After passing through a thing like this war, a fellow hasn't much time or use for superficialities. It's the real people he wants to know, and," he added, "I'll admit that it makes me rather sore to see the other people neglecting to do their bit."

With that he rose, the car having reached his corner, and the last I saw of him he was swinging down the street with that pathetic empty sleeve of his draped across his breast telling the world that regardless of the cost he at least had done his duty.

THE I. O. D. E. DANCE

The Valentine Dance given by the O. A. C. Chapter of the I. O. D. E. was one of the most successful events of the season. Mrs. Fuller and the officers of the Society received the guests as they came in. The gymnasium was artistically decorated with hearts, flags and the I. O. D. E. shield. The music, which was furnished by a five-piece orchestra from Guelph, played an important part in the enjoyment and success of the evening. In addition to the O. A. C. and Mac Hall students, there were several ex-students and out-of-town guests present.

The net proceeds amounted to one hundred and thirty dollars, the greater part of which is to be given to the Red Cross Society in Guelph, the rest to be used to furnish supplies for the Red Cross work which is being carried on by the I. O. D. E. in the Hall.

This first attempt of our newly-

organized chapter to raise funds in this manner has proved such a decided success that we trust it will be the first of many other such joyous occasions.

The following interesting article was received by one of our girls from a member of Class '15 who is somewhere in France. We are taking the liberty of placing it in the Mac Hall columns as it would seem to have special bearing on subjects that might be learned at the Hall. In our April number we will publish a companion article, "More Rabbit Stew" which will give fuller information regarding the place of these household pets in the rations of both soldiers and peasants in France and Belgium.—Editor.

TOMMY' RABBIT STEW

The scale of rations authorized for the B. A. in France is more liberal in its allowance of animal protein than would meet with the approval of the dietitians who rule intelligent opinion at Macdonald Institute. Thomas Atkins' "Field Ration," as balanced by G. H. Q., includes two ounces of cheese and four ounces of bacon besides a meat ration of one pound of frozen meat (usually Argentine beef or New Zealand mutton) or an equivalent of nine ounces of preserved meat (civvy "corned beef," army "bully," or "Fray Bentos," when the cook feels pleased with himself). An authorized substitute for this frozen or preserved meat ration is rabbit when available, one one-ninth pounds (including allowance for skins).

During the four last months of the year, when cool weather permits shipments, great numbers (no figures are available) of English Wild Rabbits are supplied to the troops on the Western Front. Whether or not this is an economical meat ration substitute it serves the useful purpose of assisting to vary a diet that is apt to become unin-