### Selected Recipes.

CREAM OR WHITE SAUCE .- One tablespoon of butter, one tablespoon of flour, one cup hot milk or cream, one-third teaspoon of salt. Melt the butter; when it bubbles put in the flour and rub till smooth; then put in the hot milk, a little at a time, and stir and cook without boiling till the sauce is perfectly smooth and free from lumps. For what is called thick white sauce use two tablespoons of flour and two of butter and a cup of milk.—Selected.

CHEESE STRIPS .- Good cheese strips can be made from the scraps of pie crust by rolling the pastry very thin and dividing into equal parts. Cream two tablespoonfuls of equal parts. Cream two tablespoonfuls of butter, add the beaten yolks of two eggs with the white of one, four tablespoonfuls of grated cheese and a dash of red pepper with salt to taste. Lay one piece of the pastry on a greased baking tin, spread the cheese mixture over it smoothly and cover with the remaining pastry, marking the lines for dividing. Bake in a very quick oven for about ten minutes.—The 'Pilgrim.'

FOR FRYING FRITTERS.— Fritters are various doughs and batters fried in boiling fat, and eaten warm with sugar or sweet sauce. The hot fat gives a puffy lightners and a delicious crisp crust. Lard is most generally used, but cooking oil is better, and even beef fat is good. The fat must be smoking hot to prevent its soaking into the dough. For the same reason batters so cooked must contain more egg than if they were to be baked. The fritter may be rolled out and cut in shapes, or dropped in spoonfuls or tun through a furnel, being, of course, mixed a different consistency for each method. Bread fitters are very good made as follows: Trim the crust from sliced bread, cut in nice shapes and soak soft, but not till they break, in a cup of milk to which has been added one beaten egg and some flavoring, as cinnamon, lemon, etc. Drip in batter and fry.

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### Religious Notes.

The Belgian Parliament has almost unanimously approved the law forbidding the sale and manufacture of absinthe in Belgium. A movement has also been started in France to introduce a similar law there.

In Madagascar some Welsh missionaries were moved, by reading of the work in their own land, to give themselves to prayer for a like blessing in the great island. Special meetings followed, and 1.500 souls were won.—The 'Record of Christian Work.'

The language of Korea is mixed. The educated class use Chinese as much as possible in conversation, but it is a form of Chinese used a thousand years ago, and differs completely in pronunciation from Chinese as now spoken in China.

The spot where David Livingstone upon his knees, near Lake Bengweola, is at length to be marked by a noble monument to that great and good man in the form of a permanent missionary station. form of a permanent missionary station. The name of the station is Chitambo, about two hundred and fifty miles west of Lake Nyassa. It is under the auspices of the United Free Church of Scotland, and 18 known as the Livingstonia Mission. It will be under the charge of Mr. Malco'm Morfat, grandson of the distinguished Robert Moffat, of South Africa. He is also a nephew of David Livingstone. There is already a successful mission station at Mirango, in the same region, with a church of over three thousand members.

A distinguished Russian is at present in the United States in the interests of the religious revival in Russia. In a recent conversation with him, Baron Waldemar Uxkull informed the writer that the recent imperial decrees in favor of religious toleration are really enforced, and that it is now practicable to send missionaries to all parts of Russia, provided that they go in the name of some recognized religious denomination. The Russian government is suspicious of societies, because of their affording possible disguises for political agitators; but will allow any minister of the regular Protestant denominations to preach the gospel in any part of the empire. This is a great opportunity, and for which many have been long praying. For some years the Baptists have had a very successful movement in Russia, and Baron Uxkull is an officer of the Baptist Union, of Russia. But other denominations are now free to enter this open door. The most neglected mission field of the world is Siberia. Let there be much prayer and wise and liberal planning on the part of those who are watching the providence of God and working for the preparation of the world for the Master's coming, in view of this great opening. Master's coming, in view of this great open-

The chief feature of the present revival wave that is rolling steadily, if not rapidly, over the world, is its close connection with the Christian conscience. In the stories that come to us from week to week from

the mission fields where this deep spiritual movement is growing apace, the invariable manifestation of the Spirit's presence and power is the confession of sin and the deep anguish and humiliation which it brings. This has been peculiarly marked all over India, spontaneously and with singular uniformity in every place. The natives become prostrated with a spirit of conviction and penitence and all preaching gives vay to a complete breaking up and a tide of conression and prayer followed at length by intense joy in the sense of forgiveness and great zeal in working for the salvation of other souls. These confessions usually lead to the revelation of sin on the part of others who have not been convicted themselves, and the result in many of the mission fields is a wholesome and widespread discipline and the cleansing of their whole noral and spiritual tone. Surely in this land and throughout Christendom with the fearrul outbreak of shameless wickedness which we see on every side there is nothing for which we should so much pray as an awakening of conscience and a revival of conviction and repentance. viction and repentance.

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