

THE BLESSING OF MOTHERHOOD

Healthy Mothers and Children Make Happy Homes

Motherhood is woman's highest sphere in life. It is the fruition of her dearest hopes and greatest desires; yet thousands of noble women through some derangement have been denied this blessing. In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong. This is evidenced by the following letters which are genuine and truthful:

London, Ont.—"I wish to thank you for the benefit I received by taking your famous medicine, Lydia E. Pinkham's Vegetable Compound. Before my baby was born I was so ill I could not stand long or walk any distance. I had to lie down nearly all the time. After I took your medicine I felt like a new woman. I could work from morning till night and was happy and well. I certainly think it relieves pain at childbirth and recommend it to every woman who is pregnant. You may use this testimonial if you like. It may help some other woman."—Mrs. FRANK CORBIN, 132 Adelaide St., London, Ont.

Brooklyn, N.Y.—"I was ailing all the time and did not know what the matter was. I wanted a baby but my health would not permit it. I was nervous, my side ached and I was all run down. I heard that Lydia E. Pinkham's Vegetable Compound was good and took the medicine. I have now a beautiful baby and your Compound has helped me in every way."—Mrs. J. J. STEWART, 239 Humboldt St., Brooklyn, N.Y.

Guide-Advocate

Watford, Ont.
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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
WATFORD, MARCH 28, 1913.

NOTE AND COMMENT.

If Dr. Freidmann really can cure consumption with his new serum he need not mind all the mean things the medical fraternity in the United States are saying about him.

Capt. Amundsen, the explorer, says that the high cost of living might be solved if people would take to eating dog meat. Not while poodles are quoted in Toronto at \$500.

The Presbyterians are in the ascendancy just now in the United States. President Wilson, Vice-president Marshall and Secretary of State Bryan are Presbyterian elders, the orthodox kind who believe in the doctrine of election and stand for an unbridled confession of faith.

Mr. Godfrey has introduced a bill in the Legislature to amend the marriage act and provide that "if any minister, clergyman or any person solemnizes a marriage while either of the parties thereto is under the influence of liquor, or if he has reason to believe that either of the said parties is an idiot or insane, he shall incur a penalty of \$500, and

Every Woman
is interested and should know of the wonderful
MARVEL Whirling Spray
The new Vaginal Spray. Not
—Not conventional. It cleans
—Instantly. It does not
—It does not
If you cannot employ the
MARVEL, except to other
—Send stamp for literature
—Not needed. It gives full partic-
—where and directions, invaluable to ladies.
WINDSOR SUPPLY CO.
Windsor, Ont. General Agents for Canada.

shall also, in the discretion of the court, be liable to imprisonment for any period not exceeding twelve months." There is also a clause in the bill that "every issuer of marriage licenses, on receiving an application for a license, shall cause a notice containing the names and addresses of the parties to the proposed marriage to be posted up in a conspicuous place in the office of the clerk of the municipality, and it shall be the duty of the clerk to keep the said notice posted up in his office for a period of three weeks. The license applied for shall not be issued until the expiration of three weeks from the day on which the notice is posted up."

About Your Wife or Your Motor

It isn't the initial cost; it's the upkeep that counts. Every man thinks his own the best—or pretends he does. There's something about having one that makes a man feel mighty important.

When the country hotelkeepers see you coming with one they put up the price of everything. Lots of people think second hand ones are just as good.

Anybody can get one, but it takes a master hand to manage one the right way. Of course it's not a cheap venture, anyway you look at it, but the best economy is to get a good one.

When a man gets a new one he can't talk about anything else. "No, I don't want a fast one; what I want is reliability."

Often they're efficient and dependable on a level road; its the uphill times that count.

There is no education like adversity. Success requires patience coupled with intelligence. Keep your troubles to yourself and they will not expand.

A novel lie attracts more notice than commonplace truth. Accident has played the least part in the history of achievement.

A real man is loyal to his friend and guards his reputation as his own. Many a man who is calling loudly for justice would be in jail, if he got it.

A real man never hunts danger, and never dodges it when he ought to meet it. Those who are much together grow singularly alike as time goes on.

The circle of human duties is only complete by the union of those of man and woman. Memories of what we learn through bitterness and sorrow may not always be held in regret.

SHILOH

quickly stops coughs, cures colds, and heals the throat and lungs. 22¢ 25¢ cents.

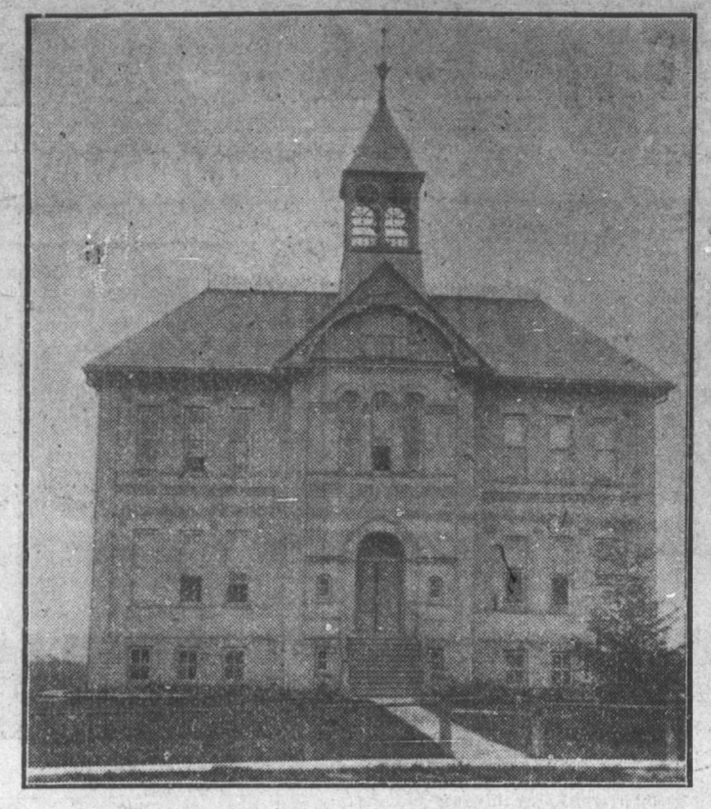
The model housekeeper of to-day who is cultured and refined, and yet enjoys domestic life, who knows how to care for the money brought into the home by the husband, how to use it wisely and well for the comfort of her family, certainly understands domestic economy and should be an object lesson held up for study in the town in which she lives.

When a mother detects from the writhings and fretting of a child that worms are troubling it, she can procure no better remedy than Miller's Worm Powders, which are guaranteed to totally expel worms from the system. They may cause vomiting, but this need cause no anxiety, because it is but a manifestation of their thorough work. No worms can long exist where these Powders are used.

A colored woman was on trial before a magistrate, charged with inhuman treatment of her child. Evidence was clear that she had severely beaten the youngster, aged some 9 years, who was in court to exhibit his battered condition. Before imposing sentence his honor asked the woman whether she had anything to say. "Kin I ask yo' honah a question?" inquired the prisoner. "Go ahead," said the judge, and the court-room listened. "Well, then, yo' honah, I'd like to ask yo' whether yo' was ever the parent of a perfectly wuthless culled chile?"

Mike came to the doctor about nine o'clock with the information that their month old baby would not sleep a wink. The doctor gave Mike sleeping powders for the baby. The next day he met Mike on the street. "Well, how did the powders work?" asked the doctor. "Them powders, Doc," answered Mike, "sure did the trick." "Made the baby sleep, did they?" "No, that they didn't, Doc. We gave the darlint a dose, just as you told me, but it wouldn't sleep at all, at all. So we just took a dose o' them ourselves, we did, and went right off to sleep, and never the darlint cried one bit any more."

ASTHMA VICTIMS. The man or woman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this broad land.



WATFORD HIGH SCHOOL—By request of several students.

DAMES AND DAUGHTERS.

Helen Gould's fortune is said to exceed \$30,000,000. Eva Rosenbaum, aged fifteen, of Kansas City, fluently speaks Russian, Hebrew, French, German and English. She is a night school student.

Mrs. E. G. Reakirt of St. Louis is rearing her son, now five years old, in ignorance of the fact that at twenty-one he is to inherit \$1,000,000.

Miss Mary Gray Peck has given up her position on the faculty of a university to become press chairman of the Woman Suffrage State association in Ohio.

Miss Ilse Bulford, daughter of the jockey, Harry S. Bulford, made her appearance as the first female jockey in Austria-Hungary on the Rakos Palota race course, near Budapest, a short time ago.

Miss Vera Holme, said to be the only liveried girl chauffeur in London, has driven a car in that city for several years. She is able to make all the necessary repairs when a breakdown occurs, having taken a mechanical course in a London school prior to engaging in the business.

Parcel Post Don'ts.

Don't seal your package. Wrap and tie the securely. Don't forget the name of the sender must be on the outside of the package. Don't forget to buy an insurance stamp for 10 cents. It insures up to \$50.

Don't forget to mark your package "Fragile" when it contains breakable articles. Don't forget to mark your package "Perishable" when the contents are perishable.

Don't try to use ordinary stamps. The distinctive parcel post stamps must be used. Don't try to send a package weighing over eleven pounds or measuring more than seventy-two inches in combined length and girth.—Chicago Inter Ocean.

For Tangled Hair.

Many a beautiful head of hair has been cruelly and needlessly sacrificed when a long and serious illness has left it in a seemingly hopeless mat through which no fingers, however patient, can push their way. Then comes the tearful demand for scissors. Instead spread a towel smoothly over the pillow, lay the patient on her side, have at hand a bottle of best alcohol, take the matted hair and saturate thoroughly with the alcohol, then gently draw this way and that, and presently it will yield and admit your fingers. Keep the hair thoroughly wet, and in a few minutes the long strands will be straightened out. Don't fear cold. The spirits will have evaporated too quickly for that. Cologne will not serve.

Game For the Sewing Circle.

A workbasket as the first prize and a few accessories were the rewards in a parlor game played at a recent gathering of a sewing circle. The game was called, "my lady's workbasket." Each of the ladies was given a card with a list of words, mostly nonsensical, printed thereon. The idea was to trace the letters of each word to form a word designating something belonging to a workbasket, a half hour being devoted to the pastime.

COMFORT IN TEA GOWN.

Easy Matter to Convert Party Frock into This Costume. The word "negligee" covers a multitude of frilly, intimate costumes. There is, first, the tea gown, so named because it was the comfortable, informal costume the Englishwoman slipped on to her return from a day's sport when she joined the men again for tea. The English type of tea gown however, has been glorified by many French touches until today it is a thing of great beauty. Many women wear these tea gowns to informal dinners in their own homes and often at that jolly function the Sunday night supper. It is very difficult, even for the initiated, to describe the difference between the tea gown and the dinner frock, a difficulty often increased by the fact that the tea gown has been evolved from a dinner dress which had

A man entered a shop one bitter cold day and bought a woollen muffler. When he opened the muffler he found inside it the photograph of a beautiful girl, together with a note saying: "If you are single please write to me." A name and address followed and the man smiled. He was single, and he put the photograph on his sitting room mantel. There every evening looking up from his book, he beheld it. It was very beautiful, and in a week he had fallen head over heels in love. So he wrote the girl. Another week passed, a week of anxious, nerve-racking suspense. Then the love-sick man received this crushing letter: "Sir—The Mary Smith to whom you wrote was my grandmother. She died nine years ago, aged 86. Yours truly. Our heart-broken bachelor, on looking into this strange matter found that he had foolishly bought the muffler from a dealer who didn't advertise.—Pittsburg Dispatch."



TEA GOWN OF THE SIMPLE VARIETY.

begun to show the signs of wear and tear. It is the simplest matter imaginable to take the foundation of the dinner frock and drape over it an overdress of chiffon or lace, as the fancy may dictate. The tea gown in the sketch shows the possibilities of this idea. The first requisite of any negligee, whether the more formal tea gown or the simplest bodice robe, is comfort. It must be a garment so loose and roomy that it can be worn without corsets, and for this reason the high waist line is generally more becoming than the normal one. The fullness of the gown hanging from this raised waist line hides the fact that the support of the corset has been withdrawn. The simple little tea gown pictured is of pale blue albatross, with deep cuffs and shawl collar of white albatross dotted with blue. Lingerie beading run with blue ribbon holds the high empire waist in place.

Causes Much Disease

Advice about Stomach Troubles and how to relieve them. Don't neglect indigestion, for it may lead to all sorts of ills and complications. An eminent physician once said that ninety-five per cent of all ills have their origin in a disordered stomach.

Our experience with Rexall Dyspepsia Tablets leads us to believe them to be one of the most dependable remedies known for indigestion and chronic dyspepsia. Their ingredients are soothing to the inflamed membranes of the stomach. Rich in Pepsin and Bismuth, two of the greatest digestive aids known to medicine, the relief they afford is very prompt. Used persistently and regularly for a short time, they tend to relieve pains caused by stomach disorders.

Rexall Dyspepsia Tablets help insure healthy appetite, aid digestion, and promote nutrition. As evidence of our faith in them, we ask you to try them at our risk. If they do not give entire satisfaction, we will return the money you paid us without question or formality. Three sizes, 25 cents, 50 cents, and \$1.00. You can buy Rexall Dyspepsia Tablets in this community only at our store.

J. W. McLAREN.
Watford The Rexall Store Ontario
There is a Rexall Store in nearly every town and city in the United States, Canada and Great Britain. There is a different Rexall Remedy for nearly every ordinary human ill—each especially designed for the particular ill for which it is recommended. The Rexall Stores are America's Greatest Drug Stores.

Poor Fellow!

A man entered a shop one bitter cold day and bought a woollen muffler. When he opened the muffler he found inside it the photograph of a beautiful girl, together with a note saying: "If you are single please write to me." A name and address followed and the man smiled. He was single, and he put the photograph on his sitting room mantel. There every evening looking up from his book, he beheld it. It was very beautiful, and in a week he had fallen head over heels in love. So he wrote the girl. Another week passed, a week of anxious, nerve-racking suspense. Then the love-sick man received this crushing letter: "Sir—The Mary Smith to whom you wrote was my grandmother. She died nine years ago, aged 86. Yours truly. Our heart-broken bachelor, on looking into this strange matter found that he had foolishly bought the muffler from a dealer who didn't advertise.—Pittsburg Dispatch."

MUSCULAR RHEUMATISM SUBDUED.—When one is a sufferer from muscular rheumatism he cannot do better than to have the region rubbed with Dr. Thomas' Electric Oil. There is no oil that so speedily shows its effect in subduing pain. Let the rubbing be brisk and continue until ease is secured. There is more virtue in a bottle of it than can be fully estimated.

A Sweet Voice

"Oh, father, I wish I could sing! It's so nice to give pleasure to people. Florence sang at the club today, and we all enjoyed it so much. She sings every night to her father, too. I'd give anything if I could. But there's no use wishing; there isn't any music in me." "Is that so?" asked the father, taking her wistful face between his hands. "Well, perhaps you can't sing; but don't tell me your voice has no music in it. To me it is full of music." "Why, father, how can you say so?" "Almost every evening," answered the father, "when I come home, the first thing I hear is a merry laugh, and it rests me, no matter how tired I am. Yesterday I heard that voice saying, 'Don't cry, Buddie; sister'll mend it for you.' Sometimes I hear it reading to grandmother. Last week I heard it telling Mary, 'I'm sorry your head aches; I'll do the dishes tonight.' That is the kind of music I like best. Don't tell me my little daughter hasn't a sweet voice!"

Old folks who need something of the kind, find

NA-DRU-CO LAXATIVES

most effective without any discomfort. Increased doses not needed. 25c. a box at your druggist's.

National Drug and Chemical Co., of Canada, Limited.

Eczema Curable

It is usually very costly to consult a specialist in any disease, but for 25¢ on a special offer, we can now give those suffering from eczema or any form of skin disease absolutely instant relief with prospect of an early cure. A special trial size bottle of Oil of W. tergreen, Thymol and Glycerine, etc. compounded in the Laboratories of D.D.D. Company, may be had in

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YOU can choose from our l
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vehicle needed.
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highest quality. They give y
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Here is some
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Seeders
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Drag Harrows
Cultivators
Corn Cultivators
Fishes
Hayloaders
Mowers
Binders
Manure Spreaders
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FLOWS—Every
kind of Sulky,
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CARRIAGE
STOVE
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Sewing Machines,
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A full stock of Edison Rec
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Repairs kept in stock for all I
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