

Headaches—nausea—indigestion—muddy complexion—pimples—bad breath—these are some of the effects of constipation. The mild, sensible, reliable remedy is

## NA-DRU-CO LAXATIVES

They contain the latest discovered and best evacuant known, which empties the bowels without the slightest discomfort and without disturbing the rest of the system. Constantly increased doses are not necessary. 25c. a box. If your druggist has not yet stocked them, send 25c. and we will mail them. 25 National Drug and Chemical Company of Canada, Limited, Montreal.

### CHOP STUFF.

Wm. Porter, of Dutton, was assessed \$2 and \$4.85 costs for cutting down a shade tree without authority in front of his place on Main street.

The dwelling of Richard Wilson, on 2nd con. of Bosanquet, was completely destroyed by fire on Monday. The dwelling was occupied by James Regan, tenant, formerly of Grand Bend.

Last fall a party at Port Frank pitted his potatoes with a good supply of straw and at least two feet of earth over them. The other day he opened the pit to find that every potato had been frozen. Some frost.

The late Robert Rae, who died in Sarnia last week was one of the oldest magistrates in Ontario. He was appointed a Justice of the Peace during the McDonald administration, previous to confederation.

Nothing looks more ugly than to see a person whose hands are covered over with warts. They have these disfigurements on your person when a sure remover of all warts, corns, etc., can be found in Holloway's Corn Cure.

The books of the Dresden Public Library have been boxed up for nearly three years and a correspondent is urging in The Times the revival of the library before the books are confiscated by the Educational Dept.

Alexander Williamson, one of Lambton County's oldest citizens, died in Sarnia Thursday at the age of 92 years and 10 months. Mr. Williamson was formerly a farmer, had been living a retired life there for more than 20 years.

If your children moan and are restless during sleep, coupled, when awake, with a loss of appetite, pale countenance, picking of the nose, etc., you may depend upon it that the primary cause of the trouble is worms. Mother Graves' Worm Exterminator effectually removes these pests, at once relieving the little sufferers.

"Oh, Henry, how could you stay out so late! You've broken your promise to me." "That comes of goin' without rubbers. I must have broken it when I fell down on the ice at foot of steps."

One day—last week two men near

Leamington were conveying a wagon loaded with seven milk cows and one calf to Blytheswood, and while going through a drift, the snow gave way under one side of the wagon, and the large rack turned on its side, leaving the cattle hanging by their necks. Help was called and in a few minutes all were chopped loose, when it was found that one of the best cows was dead. It was also a narrow escape for the drivers, who were thrown under the load.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Wm. D. Mitchell*

## NORTH END BAKERY.

We keep everything to be found in a first-class Bakery.

We sell the best makes of leading confectioners.

We get up Wedding Cakes equal to any.

### Delicious Ice Cream

by the dish or in bulk.

Summer Beverages of all kinds.

All the Leading Brands of Cigars.

Southern Fruits in Season.

Let Us Serve You.

**S. H. MITCHELL,**  
North End Bakery.

### Origin of the Cat.

In Arabian legends the cat is traced back as far as Noah and the ark. It is one of the animals that came off the ark, but did not go in. Puss's origin is accounted for in this way: During the time the ark was floating about over the tall mountains mice and rats became an intolerable nuisance to the people on the great vessel, and they complained to Noah that everything was being literally devoured by the pesky vermin. That august personage forthwith called the male lion to his side and began to stroke his back, whereupon the great beast sneezed, and, lo, a full sized cat was blown from his nostrils!

### A Monkey and a Knot.

The monkey's intelligence has never been able to arrive at a point which enables that animal to achieve the untying of a knot. You may tie a monkey with a cord fastened with the simplest form of common knot, and unless the beast can break the string or gnaw it in two he will never get loose. To untie the knot requires observation and reasoning power, and though a monkey may possess both, he has neither in a sufficient degree to enable him to overcome the difficulty.

### Wife Beaters in Germany.

Wife beaters in Germany are not sent to jail, but are arrested on leaving work on Saturdays and detained in prison till the time for resumption of labor on Mondays. While the offender is thus serving his time his earnings are handed to his wife and family.

### Cause of the Quietness.

"That new cook I secured is certainly quiet," said Mr. Dubbs happily. "One would never know she is about the place."

"She isn't," chimed in Mrs. Dubbs. "She left this morning."

## Lambton's Centre

—OF—  
**BUSINESS EDUCATION**

We invite you to investigate the advantages which we have to offer in training young people for responsible positions in the commercial world. Individual instruction; competent teachers; modern equipments; best system of Actual Business Practice; famous Smith System of Touch Typewriting. Catalogues, rates, information on request.

**PETROLEA BUSINESS COLLEGE**  
Petrolea. - Lancy Block.

## THE LAZY ORIENT.

Leisure and Languor Dominate Life In the Far East.

The Turk in spring will sit on the hillside and smoke and dream for ten minutes at a time, sometimes for hours. They call it making "kef." When you have a Turkish student, who makes "kef" in class he is hopeless. No part of the lessons sinks into his mind. He speaks when you call on him and tries to answer your questions, but his thoughts are far away.

I have stood leaning against our terrace wall in the beauty of spring and gazed for fifteen minutes at a time at certain shrubs and flowers which were bright with sunshine until my thoughts seemed to soar away beyond the confines of space and of time. It is as easy to be mystic in the east as it is to be practical in the west. The difference between east and the west, in a word, is this: Here we do not like to sit down; there they do not like to get up. Here leisure is a sin; there it is a virtue.

Our habit of crowding every moment of seeking recreation in violent and exciting forms, is the result of our climate. It is hard to sit still and relax and desire nothing, not even amusement. Such a life, feverish in its activity, does not make one really happy and is bound to lead at last to a breakdown.

In the east one does not have to do something in order to be happy. One does not have to plan theatre parties, games, crowded excursions, in order to be happy. One is happy merely to exist. One can sit down and be happy. Repose is as natural as activity is to us.

For this reason I have often thought that the east may in time become our great sanitarium. Just as the orientals who come to our country learn to work and to hustle, so Anglo-Saxons who go to the east learn to repose. A few years there will change one's restless, nervous habits into calm and poise. You cease to worry about things. Desire, which is the chief source of our anxieties, falls from you. If you can't do a thing you have planned on you say: "Never mind. It is not important." If there is something you need, but cannot get, you say, "Well, I can do without it." If there is a play you want to see, but cannot; a trip you want to make, a friend you want to visit, and things stand in the way, you say, "Some other time." Thus the east creeps in upon you with its laziness, its repose and its feeling of resignation, and you grow fat and healthy and forget that you have nerves.

Reader, if you want to know what paradise is on this earth visit Constantinople and the Bosphorus in the month of May.

### Finest Food For Horses.

It is stated that, no matter what class of animal is brought to Jerez de la Frontera, Spain, in two generations is acquired remarkable toughness and endurance. This is attributed partly to the climate, but principally to its feeding on a rich wild clover called "zulla," found only in the Province of Cadiz, which people there say is the finest food in the world for horses. The zulla is very rich in sustenance and grows to three or four feet in height and with more luxuriance in chalky, clayey soil, such as is found here in the vineyards which produce the famous Jerez wine or sherry. It is never sown or cultivated, as it seems to grow best wild.—London Spectator.

### Crude Mining Methods.

Mica mining in the Nellore district, India, though a highly profitable industry, is carried on practically as it was by the natives a hundred years ago. The mica vein is followed up by underhand stoping which results in the production of tortuous, worm-like holes sometimes extending to a depth of 300 feet below the surface. The mica excavated is brought to the surface by a string of coolies working hand over hand on rudely constructed bamboo ladders. On account of the accumulation of water during the night when work ceases all sinking operations are delayed each morning for an hour or more while the water is being dipped out with buckets by coolies.

### AFTER GRIP

Look Out for Trouble  
The after-effects of the Grip are apt to be serious, but a normal healthy condition may be restored in a surprisingly short time by Vinol.

Watertown, Wis.—"After a severe attack of the Grip my system was in a very weakened, nervous and run-down condition. I began taking Vinol with the very best results, and in a short time I began to feel like an entirely different person, and I am better and stronger than I have been for years." Adelaide Gamm. (We guarantee this testimonial to be genuine.)

We have never sold in our store such a valuable strength creator and health restorer for the convalescent, the weak and run-down, as Vinol, and we ask people in this vicinity to try a bottle of Vinol, with the understanding that their money will be returned if it does not do all we claim for it.

T. B. Taylor & Sons, Druggists, Watford

## Catarrh and Bronchitis

The Bane of Thousands, and has Hitherto Baffled the Skill of Medical Science.

## Catarrhozone

Dry air treatment is the one treatment that will cure these diseases. What stomach medicine has ever been known to cure Catarrh or Bronchitis?

Catarrhozone is not a stomach medicine, but an air medicine, that carries to the remotest parts of the throat, lungs, and air cells little drops of healing so curative that whenever it touches germ life it kills and eradicates them from the system.

Thousands of doctors and patients have been disappointed by using stomach medicines for coughs and colds. Have you not found it a rather roundabout way to reach the diseased portion of the throat and lungs?

Why not use Catarrhozone, which is breathed to the very root of the disease and heals so quickly and perfectly that every spot is rebuilt with new healthy tissue?

Catarrhozone is the only medicine that will cure. Thousands have testified.

Think for a moment. Is it not sense? Little drops of healing—the air carries them just where disease exists. That is why

### Catarrhozone Cures

Price, 25c, 50c, and \$1.00, at all druggists, or by mail postpaid from The Catarrhozone Co., Buffalo, N.Y., and Kingston, Ont.

## MEN LET US CURE YOU

If you suffer from Kidney or Bladder Troubles, or if you have Veins, Blood Diseases, Rheumatism, Gout, Ulcers, Sores, Skin Diseases, Nervousness, Run-down Condition, Dropsy, Piles, or any kind of Chronic or Acute Disease, COME TO US—The best is always the cheapest. A little advice may be all you need—it is free for the asking.

OUR MOTTO: Small Fees, Quick Results, Easy Terms. Don't let money matters hold you back. No one is too poor to receive the full benefit of our best efforts. Call or write in strict confidence. Consultation free. Special Factor for Privacy.

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## SOCIETIES.

### ASSESSMENT SYSTEM.

## CANADIAN ORDER OF FORESTERS

Organized and Incorporated 1879  
Head Office: Brantford, Ont.

Purely Canadian.  
Insurance at a Minimum Cost.  
Death Rate in 1911, 5.95 per 1000.  
Average in 32 years 5.23.

Interest on Reserve Fund paid 150  
Death Claims of \$1000 each last year.

RESERVE FUND, DEC. 31, 1911.  
Insurance \$3,609,249.06  
Sick and Funeral Ben't 245,683.43

Total \$3,854,932.49  
MEMBERSHIP OVER 82,000.

Court Lorne, No. 17, Watford,  
meets second and fourth Monday in each month. Visiting Brethren Invited.

J. E. Collier, F. Sec. J. H. Hume, R. Sec.  
Ben. Smith, C. Ranger.

### FARM FOR SALE

100 ACRES, BEING WEST HALF LOT 12, CON. 2, Con. 2, Township of Plympton, The land is good rich soil, good orchard, 20 acres of good bush, beach, maple and elm. On the premises are a new two story brick cottage, main building 20x25, kitchen 12x15, concrete cellar under all the house, 6 rooms, 2 closets, electric bell telephone in the house. Good barn 40x58 and other outbuildings. 2 wells, (one flowing), 8 acres of fall wheat in. All fall plowing done. For further particulars apply on the premises.

THOS. BORESTINE,  
Box 291, Watford.

### FARM FOR SALE.

100 ACRES, BEING WEST HALF OF LOT 24, Con. 2, Township of Plympton, The land is good rich soil, good orchard, 20 acres of good bush, beach, maple and elm. On the premises are a new two story brick cottage, main building 20x25, kitchen 12x15, concrete cellar under all the house, 6 rooms, 2 closets, electric bell telephone in the house. Good barn 40x58 and other outbuildings. 2 wells, (one flowing), 8 acres of fall wheat in. All fall plowing done. For further particulars apply on the premises.

MRS. FRANK ALEXANDER,  
Box 33, Wastead P.O.,  
Plympton, Jan. 6th, 1912.

### FARM FOR SALE

900 ACRES, GOOD FERTILE LAND, ONE 200 mile from B. & O. R. R. station; stores, church, graded school, grist mill, nice roomy house, not in very good repair, but in a good steady place; bank barn 60x60, horse barn 30x40, out of repair; extra good water, 100 apple trees, and plenty of small fruit for family use; 200 sugar trees, some other timber (as beech and elm). Now there is very little waste land on this farm. The soil is sandy loam. This land is capable of caring for 25 head of cattle. If sold soon, \$40,000.

m22-1m C. E. SWITZER, Chardon, Ohio.



## A MESSAGE from MINERVA



The dictates of Wisdom induce us to buy the best, for it is always cheaper in the end, and this is particularly true in reference to such an every-day necessity as Paint. And Paint is a necessity, for it is the only thing that will preserve from decay the lumber which is ever becoming increasingly costly. It also improves the appearance of your building and adds to its saleable value. The many articles about the house are improved by painting, which makes them more sanitary and the home bright and cheery.

For exterior and interior work, the best painting material that brains and money can produce is

## MINERVA PURE READY PREPARED PAINT.

It covers better, wears and retains its appearance longer than the so-called Mixed Paints or the hand-mixed lead and oil. It is the most economical painting material made.

Since 1834, Pinchin, Johnson & Co. have been piling up knowledge and experience as to the best materials for producing durable Paints, specially adapted to specific uses. There are numerous specialties designed for special purposes. Whatever you have to paint there is a "MINERVA" Paint Specialty for the purpose. Be sure to get MINERVA PAINT for your work.

Look for the MINERVA Head on every can. It is your guarantee of quality. Every can contains Full Imperial Measure. Prominent dealers at all points sell MINERVA PAINTS, including

**ESTATE OF N. B. HOWDEN,**  
Hardware, Paints, Etc., Watford.

Ask the MINERVA Agency for Color Folders and information.

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Established in England in 1834

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