Little Acts of Courtesy That Lead 'to Success.

BY T. P. O'CUNNOR, M. P.

there are who try to carry out in their lives from day to day the canons which when compelled, never defends himself they theoretically profess as to the by a mere retort; he has no care for conduct of a gentleman. I am not slander or gossip, is scrupulous in imtalking of the big affairs of life—veracity, integrity in business, discharge of the great social obligations, I am his disputes, never takes unfair adthinking rather of the little things, and vantage, never mistakes personalities I talk of them the more freely because or sharp sayings for arguments, or init is little things that make up most out." of life. I think the safest of rules for a man who wishes to be a gentleman

ed in a man because he had taken cold mutton for dinner. Seriously, it is true that many people are driven to dyspepsia or drink, or even vice, by the fact that they have to take their meals all alone. I am sure that a number of the young provincials — boys and girls—who come into Lôndon in search of fortune go to the dogs from the despair that ioneliness creates in miser-

well-known description of the attributes of a gentleman, and I cannot do better than give that quotation:

"It is almost the definition of a gentleman to say he is one who never inflicts pain. I. He has his eyes on all his company; he is tender toward the bashful, gentle toward the distant, and merciful toward the absurd; he can recollect to whom he is speaking;

Shoop's Restorative. I ask no deposit—no promise. You take no risk—you pay nothing, either now or later. The

the same opportunity as the rich. To one and all I say,

your druggist. He will give you free the full dollar

I want no references-no security. The poor have

I can afford to offer a full dollar's worth free, be-

cause mine is no ordinary remedy. Ordinary remedies

treat symptoms. My remedy treats the causes that pro-

duce the symptoms. Symptom treatment must be kept up

forever-as long as the cause is there. My treatment may be stopped as soon as it has removed the cause, for

There is no mystery — no miracle. I can explain my treatment to you as easily as I can tell you why cold

freezes water, and why heat melts ice. Nor do I claim

that is always the end of trouble

Inside Nerves!

Only one out of every 98 has perfect

health. Of the 97 sick ones, some are bed-

ridden, some are half sick and some are

sickness comes from a common cause.

The nerves are weak. Not the nerves you ordinarily think about—not the nerves

gan-the irregular heart-the disordered liver-the rebellious stomach—the deranged kidneys. They are not to blame. But go back to the nerves that control them. There you will find the seat of the

There is nothing new about this—nothing any physician would dispute. But it remained for Dr. Shoop to apply this knowledge—to put it to practical use. Dr. Shoop's Restorative is the result of a quarter century of endeavor along this year, line. It does not does the crean of

very line. It does not dose the ergan or deaden the pain-but it does go at once to the nerve—the inside nerve—the power nerve—and builds it up, and strengthens it, and makes it well.

For Stomach Troubles

dollar bottle is free to those who have not tried

"Merely write and ask." I will send you an order

<u>වී අත්කාරය කරගත් කරගත</u> I often wonder how many people of favors while he does them, and seems

> TOO MUCH RESERVE. The demands which are made in this

a man who wishes to be a gentleman is to try to make some little sacrifice every day. It may be the bestowal of a gift on a friend or relative who is less blessed by fortune; it may be the visit to the ill or the distressed; it may be the sacrifice of some small pleasure, because by doing so somebody else will be rendered the more content.

WANTING IN COURTESIES.

There are little acts of courtesy, also, which give a certain pleasure, as certain training in good feeling. People who are accustomed to take their meals alone are often wanting in these small courtesies, not from want of heart, but from want of heart, but from want of thought. The lenely meal is the origin of it nature, as well as fintten lift health, and sometimes even of misconduct, in this world. De Quincey, in that weird and affrighting essay of his on "Murder as a Fine Art," makes the grim assertion that the murderous instinct had been aroused in a man because he had taken cold mutton for dinner. Seriously, it is

A Full Dollar's Worth Free!

and merciful toward the absurd; he ficial feelings. I once had to make a of life. can recollect to whom he is speaking; he guards against unreasonable allusions or topics which may irritate; he is selected from prominent in conversation of the Scots shopkeeper. I have exactly the same feeling in Glasgow, which I have visited now often the makes light and the makes light.

Can Any Ailing One Refuse?

can do that.

Many Ailments-One Cause.

I have called these the inside nerves for simplicity's sake. Their usual name is the "sympathetic" nerves. Physicians

call them by this name because they are so closely allied-because each is in such

this name because they are

close sympathy with the others. The pute of result is that when one branch is allowis true.



TWO EMPERORS.

London shopkeeper.

girls—who come into Löndon in search of rottune go to the dogs from the designed of the content of the content

every ingredient of my medicine is as old as the hills

it grows on. I simply applied the truths and combined

the ingredients into a remedy that is practically certain.

reason and even belief will not cure. Only the remedy

ical practice in the world, and come to you as a stran-

you have proven it for yourself. I offer to give you out-

right a full dollar's worth of Dr. Shoop's Restorative. No

one else has ever tried so hard to remove every possible

cause for doubt. It is the utmost my unbound

is the supreme test of my limitless belief.

But I do not ask you to take a single statement of mine—I do not ask you to believe a word I say until you have tried my medicine in your own home at my expense absolutely. Could I offer you a full dollar's worth free if there were any misrepresentation? Could I let you go to your druggist—whom you know—

and pick out any bottle he has on his shelves of my medicine were it not UNI-FORMLY helpful? Could I AFFORD to do this if I were not reasonably SURE that my medicine will help you?

So now I have made this offer. I disregard the evi

I ask you to believe not one word that I say till

Simply Write Me.

The first free bottle may be enough to effect a cure—but I do not promise that. Nor do I fear a loss of possible profit if

For Heart Trouble

it does. For such a test will sur vince the cured one beyond doubt

me as far more communicative than the man can give you valuable information; when, turning suddenly, with ears about his own particular calling, and that information may turn out to your advantage or your instruction—you never know. The proper study of mankind is spear, he will upset both horse and

Wightman. "You mean a gentleman?" inquired the judge. "Yes, a gent." repeated the witness. "Oh, I see," replied the judge, "that's something short of a gentleman, isn't it?" Which really is Which really is for the palace and another for the hovel!

-Everybody's Magazine.

\$328,000,000 ADDED YEARLY TO SCHEME OF LORD RADSTOCK, THE WORLD'S SUPPLY.

No phase of the financial situation world. Eight years ago this product 254,500,000 in 1900, during the Transvaal blockade; established a "new high record' in 1903, with its \$328,500.000; has certainly exceeded this in 1904, with the \$16,000,000 increase in South on truths so fundamental that none can deny them. And Africa, and will probably expand still further in the approaching year. Leaving aside the general question

of the influence of these new supplies The paragraphs below will show you the reason why. On markets, a highly interesting ques-But my years of patient experiment will avail you tion arises—Where does the new gold Even allowing for the very subyou do not accept my offer. For facts and go? stantial portion used in industry (upwards of \$20,000,000 is thus annually nsumed in the United States alone). dence. I lay aside the fact that mine is the largest med- who gets the rest? In particular, which nations are the beneficiaries? This country gets a reasonable share, During the twelve past months the treasury's figures show that the American stock of gold, in and out of ed confi- the treasury, has increased by \$53,dence can suggest. It is open and frank and fair. It 000,000-nearly one-sixth of the whole world's output. The great European hanking institutions, too, have had their share; nine of them have added \$200,000,000 gold to their reserves during the twelvemonth past, of which increase \$55,000,000 went to the Bank of France, \$95,000,000 to the Imperial Bank of Russia, \$22,000,000 to the Bank pute, or disbelief, that every word I say of Germany, and only \$3,500,000 to the ordinarily think about—not the nerves that govern your movements and your thoughts.

But the nerves lbat, unguided and unknown, night and day, keep your heart in motion—control your digestive appuratus—regalate your liver—operate your kidneys.

These are the nerves that wear out and break down.

It does no good to treat the ailing organ—the irregular heart—the disordered ed kidneys. They are not to blame. But the nerves that control them. There you will find the seat of the large of the defacts of the nerves that control them. There you will find the seat of the large of the cause?

Tesuft is that when one branch is allowed to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to become impaired, the others weaken. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one kind of sick, need to another. That is why one that is why one kind of sick, need to another. That is why one Bank of England. When allowance is made for use by foreign refiners and for the large amounts of gold which in European communities, pass hand-to-hand circulation, the balance, unaccounted for of perhaps \$80,000,000 in the annual output, is not excessive,

But the flow of this new gold from nation to nation is more peculiar, Eng land owns the Transvaal mines, which have produced about \$78,000,000 gold these twelve past months; yet the Bank of England added only twentieth of this sum to its gold reserve. The past year's gold output in the United States was not far from \$80,000,000; yet scarcely one-third as much was added to our home circulation, despite a large additional gold import. On the other hand Russia, whose own yearly gold product is barely \$23,000,000, has been able to add four times that sum to the Imperial Bank's reserve, while France, which produces no gold at all, stands second to Russia in the amount of gold added to its gold reserve.-New York Post.

Courage of a Wild Boar.

The stomach is controlled by a delicate nerve called the solar plexus. Prize fighters know that a blow over the stomach as olar plexus blow—means a sure knock. The third is called the renal plexus is weak or irregular or two solar plexus is only one of the great inside nerve—the power nerve. It is one of the master nerves. The stomach is its slave. Practically all stomach is its slave. Practically all stomach is its slave. Practically all stomach trouble is nerve trouble—inside nerve trouble—solar plexus is only one way to reach stomach trouble is nerve trouble—flat is through the inside nerves—the power of the stomach trouble disappears.

The kidneys are the blood filters. They sand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats more than ten thousand times a day. And every heart beats may here beads more than ten thousand times a day. And every heart beats may here the heads and times a day. And every heart beats may here the here to here the head time the thousand times a day. And every heart beats may here the here the here the heads and times a day. And every heart beats may here the here the here the heads and times a day. And every heart beats may here the here t

WHERE THE NEW GOLD WORKING GIRLS' HOTEL; GOES TO EXPLAINED LIVING, 25C A WEEK

that she and her ladies might compare the two texts. Her majesty evidently

THE PHILANTHROPIST.

Lord Radstock, a wealthy relative has attracted more attention, in the of the Duke of Manchester, has opened forecasts of the coming year, than in Southwest London a hotel for work the increased gold output of the increased. The hotel is comfortable ing girls. The hotel is comfortable even luxurious, and the prices for footed up a trifle over \$200,000,000; in even luxurious, and the prices for 1899 it rose to \$306,700,000; sank to board and lodging are so small that they will make working girls here gasp with astonishment. The hotel is a commedious one-story building surrounded with ivy-clad walls and approached by a long carriage drive. An immense marble-hned skating rink, on which 5,000 people would find ample standing room, is one of the features of the hotel. Swing and gymnastic apparatus will be put up and the giris provided with roller

> Bright, well furnished sitting rooms and class rooms, a workroom for sewbedrooms are light, airy and comfortable, and hot water and baths are

The inclusive charge is 85 cents per week-12 cents a night. Lord Radstock has solved the problem of how to live on 25 cents a day. For 85 cents a week's board is provided-at a pinch For an extra quarter the matron will undertake to feed her boardeds royal-A pot of tea costs two cents. A hree-course dinner consisting of soup, steak, pudding and fruit pie can be obtained for 8 cents. Roast beef or pork, two vegetables and plum pudding costs only 12 cents. Irish stew is four cents and all puddings two cents. Lord Radstock allows his girl boarders plenty of liberty. The rules are few and not irksome. Lights are out at 10:30, but permission to stay out later can be obtained from the matron. Visitors are permitted, male guests are received in the hall. There is no age limit for the boarders.

LOSS OF APPETITE.

Are You Troubled in This Way?

Why can't you eat as you used to? Simply because your liver doesn't do its work properly. Its business is to take bile out of the blood, which acts as Nature's cathartic, but blood, which acts as Nature's Capatric, but
your liver is sluggish and the bile accumulates
too fast, and you feel worn out, tired and lifeless, and each succeeding day brings no relief.
The use of Smith's Pineapple and Butternut
Pills will change at this. Try them and you
will be convinced that these little pills are inlead a topic and stimulant to the functions of eed a tonic and stimulant to the functions of the liver. Then your brain will be active, your mind clear, and health conditions again established and you can eat anything. Get your liver right. Smith's Pincapple and Butternut Pills act gently but surely on the liver, and cura headache, constipation and biliouses in car a pight. liver, and cure headache, constipation and bil- Afore the smokestacks fell-iousness in one night. Price only 25 cents at And Bludso's ghost went up

druggists. All genuine signed W. F. Smith.

SMITHS BUCHU LITHIA PILLS A POSITIVE CUIRE FOR RIBERATION AND ALL FORMS OF RIDREY AND BLADDER ILLS.
ATALL DEALERS AS COURS.
A CURE AT THE PROPLES PROSE

Red Rose

Because it is absolutely guaranteed.

Buy a pound or half-pound package from your grocer, and use about one-quarter of it.

Then, if you do not consider it better value than any tea you have ever used before at the same price, return the balance to your grocer and he will refund you the full price of the package.

I know just how good the tea is, and if you will accept my offer and try it, you will not be surprised that I am willing to guarantee every package.

T. H. ESTABROOKS, St. John, N. B. BRANCHES: TORONTO, WINNIPEG.

FOR BUILDINGS .- TO ORDER.

The Canada Metal Company, Toronto

& K K&K&K K&K K&K K&K K&Z YOU CAN PAY WHEN CURED.

19" NO NAMES USED WITHOUT WRITTEN CONSENT. STRICTURE AND KIDNEY DISEASE CURED.



"I had stricture for eleven years. It finally brought on Bright's Disease of the Kidneys. I had an uncoinfortable sheeting pain in the groin and feeling as though something was in the urethra. My back was weak and I could scarcely stoop over. Urine was full of sediment. Had a desire to urinate frequently Family doctors, so-called specialists, patent medicines, electric bolts, all failed. I was discouraged. I had spent hundreds of dollars in vain. Finally I consulted Drs. Kennedy & Kergan as the last resort. I had heard a great deal about them and concluded from the fact that they had been established over 25 years that they understood their business. I am delighted with the results. In one week I felt better and in a few weeks was entirely cured. Have gained sixteen pounds in weight."

G. E. WRIGHT, Lancing.

ESTABLISHED 28 YEARS. CURES GUARANTEED OR NO PAY. has your blood been diseased?

BLOOD POISONS are the most prevalent and most serious diseases. They say the very life blood of the victim and unless entirely stadicated from the system will cause serious complications. Beware of Mercury. It only suppresses the symptoms—our NEW METHOD positively cures all blood diseases forever.

YOUNG OR MIDDLE-ACED MEM. — Improdent acts or later excesses have broken down your system. You feel the symptoms stealing over you. Mentally, physically and sexually you are not the man you used to be or should be. READER Are you a victim? Have you lest hope? Are you intending to marry? Has your blood been diseased? Have you any weakness? Our New Method Treatment will cure you. What it has done for others it will do for you. CONSULTATION FREE. No matter who has treated you, write for an honest opinion Free of Charge. Charges reasonable. BOOKS FREE—"The Golden Monitor" (illustrated), on Diseases of Men. Scaled Book on "Diseases of Women" Free

NO NAMES USED WITHOUT WRITTEN CONSENT. Everything Confidential. Question List for Home Treatment Free

DRS.KENNEDY & KERGAN Cor. Michigan Ave. and Shelby St., Detroit, Mich. CH SK KAK KAK KAK KEK

ONE OF HAY'S HEROES: THE REAL "JIM BLUDSO

THE PIKE COUNTY BALLADS ARE CLASSED AS CLASSICS.

In last Sunday's issue of the Memphis Scimitar this question is finally from Secretary Hay is given, and it runs to this effect:

Department of State. Washington, Dec. 21, 1904.

My Dear Sir,—I have just received your letter of the 18th of December. Your suggestion was correct. The name f the boat was the "Fashion," and the ame of the engineer was Oliver Fairing and a laundry are provided. The child. I used the name of "Bludso" because they were a family of rivermen whom I knew. I had the story from Oliver Fairchild's son, Henry Fairchild, who was some years ago a cotton broker in New Orleans. I do not know whether he is yet alive. Yours very truly, JOHN HAY.

William A. McNeill, Esquire, 43½ Madison Street, Memphis, Tennessee.

As everybody knows, Mr. Hay's 'Pike County Ballads" are classics. They deal with American character as distinctly as Homer's Iliad deals with they record achievements quite as heroic, inspired by much more noble for fame in the mining world, motives. It was nothing but a steam- SOME PERSONS are more susceptible boat race, to be sure—nothing high and mighty, like an invading army sent to desolate a nation and reclaims sent to desolate a nation and reclaims. an eloping wife—just a homely, per-haps stupid, tragedy, in which the ac-tors were rude river men, who did not inflammation of the lungs. It will effect an eloping wife-just a homely, perknow how to defy the lightning and a cure, no matter how severe the cold were incapable of sulking in a tent or any other place of habitation. But best. there are people in the world quite dull enough to think that Jim Bludso, when he held "that nozzle ag'in the bank," and sacrificed himself for locality in the United States. During others, was as fine a fellow as ever the winter of 1903-1904, hundreds of fought for Menelaus and Priam, not robins, bluebirds and turtle doves made

than to have stolen a false adulteress, creatures. Think of it: "The fire burst out as she cl'ared the bar And burnt a hole in the night, And quick as a flash she turned and made For that willer bank on the right. There was runnin' and cursin', but Jim yelled out. Over all the infernal roar: 'I'll hold her nozzle ag'in the bank

Till the last galoot's ashore. Through the hot, black breath of the burnin' boat Jim Bludso's voice was heard,

And they all had trust in his cussedness.
And knowed he would keep his word.
And sure's you're born, they all got off In the smoke of the Prairie Belle

'He weren't no saint, but at jedgment I'd run my chance with Jim.

'Longside of some pious gentlemen
That wouldn't shake hands with him.
He seen his duty, a dead sure thing,
And went for it there and then; And Christ ain't a-going to be too hard On a man that died for men."

Maybe it's wicked to say such things -still worse to think them-but if were a question of camping out and bunking with Jim Bludso or with Ajax, with Tennessee's Partner or

Brian de Bois-Guilbert, we'd take the American every time and think our-selves ennobled by the choice. Moreover, it seems to us that heroism as conceived by John Hay has advantages over the type one finds in Homer.-Washington Post.

IT HEALS THE LUNGS

When Catarrhozone is inhaled it spreads through the breathing organs, set at rest. The photograph of a note carrying healing to the sore spots. An irritable throat is cured in five minutes, bronchitis it soothes from the first breath. Nothing so certain for catarrh and colds. Catarrhozone brings new health throat, nose and lungs. Very pleasant and harmless. "I caught a severe cold which developed into catarrh, and finally settled on my lungs," Mr. A. Northrup, of Bedford. Catarrhozone relieved quickly and cured me. recommend Catarrhozone highly. complete outfit gives two months' treatment and is guaranteed to cure: price one dollar; sample size twentyfive cents. Get Catarrhozone from your druggist today.

Great interest has been aroused in Pueblo, Colorado, over the announcement that a gold mine has been discovered almost within the city limits. turing city, being called the "Pitts-Greek character, and in our opinion Pueblo is noted as a great manufacburg of the West," and now is bidding

For a winter climate Canon City. Col., has a reputation second to no excepting Agamemnon himself, and their homes in that vicinity, and there who believe that it was nobler to save was no weather during the whole seathe passengers, of the Prairie Belle son so severe as to harm the feathered

The One Cure for Catarrh Japanese Catarrh Cure

Just reason it out for yourself. You can't cure Catarrh of the nose by taking medicine that goes into the stomach. Japanese Catarrh Cure goes up the nostrils. It is a powerful antiseptic, aromatic and pleasant. When the pomade is in the nose, every breath you take carries the healing, soothing medication to every part of the diseased membrane. Now, isn't that the logical treatment? And Japanese Catarrh Cure proves the logic by never failing to cure catarrh, even in its worst form. "I was troubled with catarrh for years. My "I was troubled with catarrh for years. My head ached, my nose was stopped up; there was a constant dropping in my throat. I was forever hawking and spitting. I used everything—powders, washes, etc., but Japanese Catarrh Cure is the only remedy that ever gave me more than temporary relief, and has absolutely cured me."—R. D. ATKINSON, Advocates Harbor N. S.

Harbor, N. S.

It is without an equal, and stands to-day as the or'y cure for Catarrh in Canada. At all druggists, 50c.

The Griffiths & Maspherson Co., Ltd., Torente, Can.

Dr. Shoop's Restorative about three-quarters of a mile. He begins with flight, shifts to cunning, and finally stands to the first with magnificent courage, facing any odds. As, riding upon him, you are about to plant your spear, he will dart—"jink." as they call it in India—to one side, repeating the performance several times until he finds he cannot shake you,

For Kidney Troubles