### **His Mirror Told Him** of Exhausted Condition

Mr. R. Paulin, Toutes Aides, Man., writes: "I became so run down and weak that my heart became affected, and I would sometimes have to remain in bed for several days.



Some one advised me to use Dr. Chase's Nerve Food, so I did, and soon began to gain in weight and feel better. I have taken a great many boxes of these wonderful pills, and am feeling ten years younger. Dr. Chase's Medicines, as well as his Receipt Book, are a great help to us, for we live 40 miles from doctors and railroads."

Yours sincerely,

He laughed merrily, concluding:

When Melville came back, he saw

"Well," he said, "has Lady Clare

"She does not desire my immediate

power to drag you to town at once?"

presence, Melville; but I intend set-

at the same time. This question of

my marriage shall be solved within

"My dear fellow," Melville cried, de-

lightedly, "you have taken a load off

Before Locksley could reply, he was

shaking him warmly by the hand; and

say no more to his friend upon the

"Now, this Morden inquiry," the vis-

count proceeded, "I find that the

"Then he lives?" demanded Locks-

"He lives; in fact, I met him in

present Lord Morden made an im-

For years he lived under an assumed

identity from his wife. Finally this

led to misunderstandings, and they

parted. There is a painful story

forty-eight hours."

my mind, by Jove!"

subject at present.

ley, sharply.

present Lord Morden-"

ting her mind at rest, and my father's

that Locksley was smiling serenely.

I five feet!"

CLARE MONCRIEFF.

Dr. Chase's Nerve Food 60 cts. a box of 60 pills, Edmanson, Bates & Co., Ltd., Teronto

GERALD S. DOYLE, Distributor.

### LORD MORDEN'S DAUGHTER } - OR -

THE TRAGEDY OF THE CEDARS

He half turned, then said, in con-, an hour. And while he was so en-

"In the meantime I will find out all on the piazza below, alternately thinktime By the way you have not told me the name of the old sea captain and Lady Clare," he mused, "if other usually placid countenance, and he whose injuries you attended to at people will keep their fingers out of

"I saw no necessity for mentioning picked up her ladyship's letter again. gentleman's name was Deene, sir- has requested me to bring you to the

ture of astonishment and perplexity.

suffed with manuscripts and papers you candidly

of all kinds, and read as follows:-My Dear Melville:-The news you to a jolly run with the Hawkhurst have gathered has quite unmanned hounds next month. By the way, do me, and I shall never forgive myself you remember little Ensign Tomkins? to my dying day. Come back to the The noodle proposed to me last Mon-"Cedars" without delay, if you have day, and I boxed his ears! Love, intouches him so closely, and I believe feel like it. that it will be best to tell him all. but will do nothing incompatibe with your wishes One of the conditions should be his consent to wed Lady ed: Clare Moncrieff, and a definite date fixed for the ceremony. This dillydallying has been going on to long able to raise a flutter in your breast. already I wonder that Lady Clare is You will find it out some day. I would think that there was a woman sible for us to tell what was wrong drink a beverage fit for the gods.

NORMAN LOCKSLEY.

Your grateful friend.

Melville read every line thoughtfully, then he paced the floor for half

#### One Bottle of Carnol relieved his weakness Three bottles of Carnol re-

stored him to perfect health Don't let yourself get run down When you do, your system is weak-ened and you are likely to take any-thing that is going. If you feel tired, depressed, weak, nervous, watch yourself. These are the warnmay follow. It's at a time like this that you need a tonic,-something which will tone up your system, lins feit before he took Carwas in a run down For six months, I was ed all kinds of drugs r stating to him had taken without lie told me i Then I purchased ances. After taking three be just the blessings of health, which I formerly enjoyed, were again restored to me. As a builder and uplifter when weakening conditions exist, there is nothing equal to Carnol. I can boast of my health now. I cannot express or find words now. I cannot express or find words to praise Carnol for all the good it has done for me. I have proof of what it can do and advise all suffering under such conditions to give Carnol the first trial. A trial will convince you and if continued will bring permanent relief. It will bring back to you the lost health you once enjoyed."—Mr. R. G. Collins, 130 Richmond Street, Sydney, N.S. 2-2-24

"Perhaps you mean a shameful tory," interpolated Locksley, excit-

"No, my dear fellow, no. I am sure there was not, for Lord Morden is a high-minded, honorable man. The relatives on both sides caused the trouble, through some mistaken notion, and unhappy circumstances lent color to suggestions and insinuations that had no real foundations, two people being made thereby uselessly unhappy. That is all that I can tell you, my dear fellow."

"And I am more than satisfied. Melville." said Locksley, gratefully, his eyes shining with some powerful emotion that he carefully shielded from his friend "Yes, I am more than satisfied and promise to run down your hobby-horse again."

"I do not see that there is any reason for you to take the information to Captain Deene," observed Melville. "I think that he would prefer to have it carefully written out; at least, I should, under the same circumstan-

"What do you know of the circum-

to-morrow, and I shall certainly keep gaged, Edmund sat puffing at a cigar the promise. Why, Melville, old man, licious taste

tonishment, and again that startled. uneasy expression passed over his you may get an imitation fig syrup. "It will be all right between me

"I wish that I could be there, too. our pie." He frowned a little, and I feel that there is mischief in the

The afternoon dragged through its Darling Edmund:-Your dear papa

nature to love like this," he thought. took a letter from a small, strongly-1 tates of custom A woman on the when I tell her! Oh, how glad I am ing at what distance the heart beats tains from 6 to 7 pounds of Sugar, and bound leather handbag, which was shelf is a nonentity, or I should tell that I have pleasant news to tell my could be detected.

fer to be free. I am looking forward as he whispered her name. "Dora! Dora!"

no further inquiries to make, and in- deed! Why, anybody with an atom Dora, and he heard in fancy the sweet duce my son to return with you. It of sense knows that is all stuff a song that he had been forced to inter- into another room in the studio and of the best is Lantic Brown Sugar. is only natural that he should be mere evidence of incipient insanity. rupt so rudely. The refrain rang in listened at a loud speaker. annoyed with me for maintaining so The way he rolled his eyes was a his ears unpleasantly now, and he long a silence upon a subject which caution. Drop me a line when you awakened with a chill of terrer at his

Locksley groaned, but quickly add-Viscount Melville good-by, saying: "I shall not be back until eight or

nine o'clock. Don't wait dinner for "She's a brick! Ah! my Lady Clare, love is not nonsense because I am un- me" so patient with him. Keep me alive shouldn't be surprised to hear that in the case! Had he not given me this. The heart beats in the case of the to your movements, as I feel alto- you are finally subjugated by a little positive assurance that he will gether unfit for any more surprises. meek fellow whose height is less than promptly settle matters with Lady perimented were not at all times ex- and tasty. Children like it on bread.

Clare, I would follow him!" Deal by train, and arrived there fully were good. "I will have a quiet half-hour with Lady Clare, and end the matter once an hour earlier than was needful. and for all I know that it will be a

(To be continued.)

should attract attention.

# **NERVOUS BREAK-DOWN**

Pains in Back and Legs Relieved by Lydia E. Pinkham's Vegetable Compound

Ford, Ontario.—"I had a nervous break-down, as it is called, with severe pains in my back and legs, and with fainting spells which left me very weak. I was nervous and could not sleep nor eat as I should and spent much time in bed. I was in this state, more or less, for over two years, before Lydia E. Pinkham's Vegetable Compound was recommended to me by my neighbor. Before I had taken five doses I was sitting up in bed, and when the first bottle was taken I was out of bed and able to walk around the house. During my sickness I had been obliged to get some one to look after my home for me, but thanks to the Vegetable Compound I am now able to look after it myself. I have taken Lydia E. Pinkham's Blood Medicine in turn with the Vegetable Compound, and I certainly recommend these medicines to any one who is not enjoying good health. I amquite willing for you to use these facts as a testimonial."—Mrs. J. Shepphend, 130 Jos. Janisse Avenue, Ford, Ontario.

Nervousness, irritability, painful times run down feelings and weakupon second thought, he decided to France a year since I find that the Nervousness, irritability, painful times, run-down feelings and weakness are symptoms to be noted. Women suffering from these troubles, which they so often have, should give Lydia E. Pinkham's Vegetable Com-

Watch Child's Tongue "California Fig Syrup" is Children's Harmless



When your child is constipated, bil-"Oh, nothing but what you have tongue, or diarrhea, a teaspoonful of told me, of course," stammered Mel- genuine "California Fig Syrup" sweet- And a healthy boy on his little bed: ens the stomach and promptly cleans In spite of the news which their the bowels of poisons, gases, bile, mother writes
"No, I promised to call at the "Firs" souring food and waste. Never cramps I haven't had faith for the lonely or over-acts. Contains no narcotics or

I would not break it for worlds!"

The viscount regarded him in asages, plainly printed on bottle. Mo-You must say "California" or

# Heart Beat by Wireless

HEARD BY DOCTORS MILES AWAY.

The heart heats of three men were weary length, and after dinner Ed- sent a mile by telephone to the B.B.G. beach, he went for a long stroll under experiment to discover whether it nose the illness of a patient by wireless. The experiment was a remark-

An appeal was made to doctors in South Wales to the West of England to listen with the object of ascertain- for about 90 cents to one dollar, con-

One of the men whose heart beat A hot thrill shot through his veins were broadcast was in perfect health, but the other two suffered from heart agent is more expensive than sugar. disease. A special microphone was strapped over the heart of each pa- found much better and cheaper than A pretty name, but not balf so tient, and each microphone was con- molasses for use in cakes, puddings, nected to a twelve-valve amplifier. | sweet bread, etc. Twelve ounces of mained in the room to superintend the patients while the other two went

#### Startling Results.

The twelve-valve amplifier was cents per gallon. connected with the telephone wire, After breakfast, he made a careful which carried the sounds to the transtoilet, and at eleven o'clock wished mitting station a mile away. From grade coffee to each cup of water. there the beats were transmited by bring to boiling point, then strain. wireless back to the B.B.C. studio, (use same quantities in your percolaand were heard by the two docors.

"By Jove!" thought Melville. "One creased amplification it became pos- en with Lantic Brown Sugar and young man upon whom we first ex- cakes, puddings, etc., it is wholesome tinguishable, but with the men suf- Don't forget, sugar is a real food. Meanwhile, Locksley went on to fering from heart disease the results

lent results of scientific value will be in refining,-mar10,tu,th,tf From Deal he intended walking to obtained through the medium of wire-Captain Deene's house, lest a vehicle less telephony. We have been much impressed, and hope to experiment again shortly."

THE HANDY MAN.



Dave Dingbat is a handy man, he does all kinds of chores: I have him grease my pink sedan, and paint the cellar doors. And he can chop, and he can plow, and make a wall of brick; he comes

WALT MATCH and nurses my dun cow when she is lying sick. He is so handy one would think he'd dwell in Easy Street, and have rich ginger ale to drink, and costly things to eat. I ponder, as I watch his smoke, upon his sad estate: this gifted man is always broke, with bailiffs at his gate. He travels with the futile mob of men who cut no ice; he never gets the first class job for which men pay the price. When my dun cow had mumps of crout, or other trifling ill, I let Dave feed her pills and soup, and pay his modest bill. But when her anguish brings out sweat, and racks her till she moans, I call in haste the licensel vet, who charges seven bones. Why my old car is needing grease so bad she shrieks laments, I call in Dave to bring her peace, and pay him fifty cents. But when the bus begins to choo, an expert workman comes, and spends three hours, or maybe two, and charges frightful sums. And thus the van gifted handy man gets all the dinky e finds himself an also-ran, ach corrective

and wrings his hands and sobs. Far better play a cheap-john lyre, and play that lyre so well that passing strangers will admire, and wave their hats

### 04040404040404040404040404 Just Folks.

By EDGAR GUEST. \$101010101010101010101010101 THE FAITH OF THE TRAVELLING MAN.

Since I've been a bit of a travelling My heart goes out to the drummer-For 1 ve learned a lot which I didn't In my younger days, as I watched them go.

cheque

lebruaru

CONFEDERATIONLIFE

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May

June

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C NOQUE

Confederation of Association Cheque

to ride Over the country and far and wide; But I've lost the lure of a leather grip,
And I live in fear of another trip,
And I've shaped my life to a different For I haven't the faith of a travelling

When I enview them and their chance

haven't that faith which can keep me strong
When I'm outward bound and the can laugh and jest till the day is But I can't keep up on a letter or two. ous, has colic, feverish-breath, coated- And I long for the sight of a tousled

soothing drugs. Children love its de- I frequently doubt what the letters Ask your druggist for genuine "Cali- And I long to see them to know they're

> But a travelling man must travel He cannot go to their rooms at night And see for himself that they are all

He must live by faith at the long day's He must think them well, but he never knows! He must cure himself when his thoughts grow black. And that is the sort of high faith I

lack. "Don't worry! We're well!" she may write to me. But I've got to be with them where

#### Sugar or Molasses

A gallon of Molasses which retails at one dollar per gallon, the sugar therefore molasses as a sweetening A good quality of soft sugar will be One of the three doctors present re- soft sugar equals one pint of molasses. It must be borne in mind that all

soft sugars are not equally good. One This excellent sugar is sold out of bulk at 8 cents per pound, and at this price it equals molasses at about 50

If you like coffee try it this way --Use a tablespoon measure of any high "The sounds were weak at first," to use. Now take a half cup of the cofsaid one of the doctors, "but after in- | fee liquor fill up with hot milk, sweet-

Lantic Brown Sugar is practically good molasses refined and solidified. "We hope, before long, that excel- the water and impurities are removed

#### Falling Person Retains Senses

Two army aviators did hazardous aerial gymnastics several thousand feet above the flying field of the United States army air station at Mitchel Field, Long Island, Sunday, to disprove an old belief that a person falling from a great height loses consciousness. They leaped from an aeroplane 3,000 feet in the air and let themselves drop 1,000 feet before opening their parachutes, thrilling a crowd of several hundred persons

## Upset Stomach Gas, Indigestion Chew a few Pleasant Tablets.



So pleasant, so inexpensive, so quick to settle an upset stomach. The mo-ment "Pape's Diapepsin" reaches the stomach all pain and distress from in-

prove their contention. Staff Sergeant Randle L. Bose and Corporal Arthur Bergo went aloft in a Martin bombing plane. When the machine had reached the 3,000-foot level they jumped. Down they plunged with their parachutes closed. The crowd gasped as the men shot through the air. After descending a short distance the aviators twisted,

twirled and somersaulted. field like hirds

(**9.540.460**)[17.2][6.2][6.7] fite Ass'n Cheque PERMANENTLY Disabled Under the very liberal terms of Confederation Life Policies containing the New Total and Permanent DISABILITY BENEFIT with the "THREE MONTHS' CLAUSE" ASSOCIATION CONCESSION it is provided that if the insured shall become totally and September DURING DISABILITY 1. He will receive a guaranteed monthly incom 2. All premiums on his policy will be paid by Association and the policy kept in full force. The full sum insured, payable at death or ma ity, will not be reduced by reason of any paym Detober. made under the disability benefit. 4. Disability will be presumed to be permanent with the insured has proved that he has been to disabled for Three Consecutive Months, but permanent total disability can be proved be ONEFTERATION DEF three months, the guaranteed income l November

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Colin Campbell, Ltd.

commandant of the post, to let them

The visitors on the field ran toward the spot where they thought the men would fall in a heap. When the pair reached the 2,000-foot level they pullend the rip cords of the parachutes which opened, and they sailed to the

Before the crowd could question hem about the sensations of the 1,000 foot dive, Bose and Bergo went up

who had gathered on the field to peat the test. This time Bose pulled by the opening parachute the rip cord at 800 feet and Bergo Major Hensley said that the tel The test grew out of a discussion dropped only 400 feet, inadvertently showed that a person in normal phy of an article in a newspaper con- opening his parachute. After they sical condition, jumping from the cerning a man who had jumped off had reached the field both said that Woolworth building tower, would rethe Brooklyn Bridge. The parachute at no time had they lost control of tain his senses until he reached the experts contended that a falling per- themselves. They said that they pavement son retained his senses, and prevail- breathed easily, but experienced a

ed on Major William N. Hensley, thrill when their flights were sudden-



And the first of t

S. Africa Tariffing Co Premi ously

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THE FI Requiremen he League o avors or exe clearly her i frontiers of akia before will sign wi pact, will be French repl security offer

SOUTH AFRI CAF British tra ly disturbed present Sou British good \*bolished in

ntroduced lament Wee ively state Board of T guide the M Budget Spee preference t tries recipr and higher ported Holl among "mos

HUNGER AND It is not the last thre McPhail, M.P. Cape Breton that has caus ness everyw irregular w past. This worse in the following th the company community people have as far as for years b ford the fare reds among iority were said, asking gular incom

EIGHT MINI NEW Clutching the roof of are trapped liery, at Scol ternoon. T the pit when red, but all man who water was escaped. PRESENT

Hon. J. A Finance, an Commons thi of the Gov new dumpin in the budg cussion wit ment, it ha dumping cl satisfactor GENERAL

The Gover a date for far as I am not been King in the

THE Senator H the Finance

SYDNEY A stern