Habit

Nujol will give you the healthiest habit in the

Without forcing or irrita-

ting, Nujol softens the food

waste. The many tiny mus-

cles in the intestines can

then easily remove it regu-larly. Absolutely harmless

-try it.

The Modern Metho



Shirriff's FLAVORING EXTRACTS NON ALCOHOLIC

"Flowers of the Valley,"

MABEL HOWARD. OF THE LYRIC.

CHAPTER XVIII. THE NEW SINGER.

dear!" said the other. "Well, he is our and she drew back again. latest sensation, and we are all mad about him!"

with a little yawn. "Well, because he is not at all mad about us, for one and the principal to the corner. reason," said the first, laughing. "But living in a wilderness not to have said. heard of the wealthiest, and, by many degress, hest parti of the season. You ly. see, he has come upon us so suddenly, like-what was the name of the heathare, as I said, half mad about him, and pened to be near the instrument. the tiresome man doesn't care a button for the best of us!"

wonder he is a sensation!"

Her companion laughed. man is sensible who is in love, is he, usual.

"You ought to know!" retorted the

utes: and all the time he is here he With a startled look, he seemed to were pressing forward to the piano to will look around the room as if he awake, and, flushing hotly, shrank catch a glimpse of the tall young lady were searching for something, and if nearer to Iris. you talk to him, he will look over your head or right beyond you, as if he

could see through!" "I'm quite anxious to see your rara | gentleman play again, please? avis!" said the other, laughing. "I expect he will turn out a very ordinary pered Mabel. As she spoke she raised kind of individual, after all! I have her eyes and saw a lady whom she seen so many heroes, my dear!" "Ah!" exclaimed the girl. "He has come! Here he is! Now, then, was I heart sank with dread and foreboding, not right in the instance? Isn't he

"Yes, he is handsome," replied the elder lady, after a moment or two; her head low over the piano as she "and better than handsome; there is played Paul's accompaniment. His sec-

\$**\$\$\$\$**\$ Ends Stubborn Coughs in a Harry ******

You'll never know how quickly a bad cough can be conquered, until you try this famous old home-made remedy. Anyone who has coughed all day and all night, will say that the immediate relief given is almost like magic. It takes but a moment to prepare and really there is nothing better for coughs.

Into a 16-oz. bottle, put 2½ ounces of Pinex; then add plain granulated sugar syrup to make 16 ounces. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, this mixture; saves about two-thirds of the money usually spent for cough preparations, and gives you a more positive, effective remedy. It keeps perfectly, and tastes pleasant—children like it.

all the air passages. It promptly loosens a dry, tight cough, and soon you will notice the phlegm thin out and then lisappear altogether. A day's use will isually break up an ordinary throat or hest cold, and it is also splendid for conchitis, croup, hoarseness, and bronhial asthma.

you said. That young man has got some

secret trouble! "Exactly!" she exclaimed. "I am en chanted at your agreeing with me! Some secret trouble! That is just what say. And see, he is looking round the room exactly as I told you he would do! He scarcely listens to the duchess Do you see the little sensation his entrance has caused? Oh, dear, I wish he'd come up and ask me to share his million or two!" and she heaved a

mock sigh. Iris looked wound the curtain, but the new arrival of whom the girl had "Ah, I forgot you have been away, raved was out of her range of view,

"I give him just ten minutes," said the girl. "Look, he is edging toward "But why?" asked the elder lady, the door already; presently you'll see him disappear!"

At this moment a footman came up "Her grace's compliments, and will really, my dear, you must have been the young gentleman play, please?" he

Paul rose, pale and trembling slight-

Iris had arranged to play the piano accompaniment to him, and she rose, en god who descended on tiptoe? I am and, putting her hand on his arm, so very bad at classies! He only came more to encourage him by her touch, into the money-there are heaps and led him rather than was led into the heaps of it!-quite lately, and in the saloon. The piano stood a few paces most romantic manner! And he is not from where they had sat, and, with only rich, but as handsome as—as—| downcast eyes, she reached it quickly, oh, he is really very good-looking. We and unnoticed, save by those who hap-

"Mabel," whispered poor Paul, as he stood beside her, "I am so nervous "Rich, handsome, and—sensible! No that I can scarcely held the how! Why the man she loved, the man to whom

must use that as my own; it is so very the sound the bey's nerves settled good-'rich, handsome-and sensible!' themselves instantly, and he began to But it isn't quite true, though; for no play as firmly and unhesitatingly as

The crowd was somewhat silent for a second or two, then went on talking other. "But you said just now that he and laughing as hard as ever. But Paul would have nothing to say to any of neither heard nor heeded them. He was deaf and insensible to all but his "Neither will he! That's just it! He beloved music, but presently the powis not in love with any one in our set; er of his genius began to tell. The bling, she saw that he was close at in fact, no one knows who the girl is.

But there is somebody, for certain!

You would think he had lost a fortune instead of having just come in fer one, and he is as absent and precedured as a prince: indeed, people occupied as a prince: indeed, people greater than all of them put together. occupied as a prince; indeed, people greater than all of them put together. say it is as difficult to get When he had finished, and the longhim as it is the prince himself, sustained harmony of the last note I'll be bound, if he comes here floated away, a murmur of applause this afternoon, he won't stay ten min- and gratification rose and reached him. plause ran through the room; people

> "Bravo, Paul!" she whispered A footman came up. Her grace's

compliments, and would the young "You must play again, Paul!" whisknew quite well standing near her. She turned and looked at her, and Iris' but the lady's eye gave no sign of re-

cognition, and she passed on. Iris drew a breath of relief, and held something of the prince about him, as ond piece drew forth a sharp, sudden burst of applause, and, as he shrank

back, he whispered: "Sing now, Mabel, while they are in he humor; don't wait."

Iris scarcely knew whether she ought to do so without being commanded, but. longing to get the thing over and escape, she played the prelude of Paul's song and began to

The people had begun to talk again, and there was so much noice that the first notes were swallowed up in the chatter; but presently those near the piano grew silent. Others followed their example, and, in a stillness that was even more intense than that which had been accorded Paul, Iris' exquisite voice rose and filled the saloon.

Paul, a musician, had been surpris ed at her singing, but the crowd of fashionable butterflies was astounded "Who is it?" ran from lip to lip. "Miss Alfrede?" "Nonsense, that's not Miss Alfrede, I know her well, the Lyric singer! That is not Miss Alfrede! Who can she be?" "What a at cold, and it is manifest coup, hoarseness, and brown an alasthma.

Pinex is a most valuable concentrated ampound of genuine Norway pine extent, the most reliable remedy for hroat and chest ailments.

To avoid disappointment ask your druggist for "2½ ounces of Pinex" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money rafunded. The Pinex faction or money rafunded. magnificent voice!" "By Jove, the

"Thank you very much," she said; "that was a very charming song, beau tifully sung." "It was composed by Mr. Paul Fos-

ter," said Iris, quickly. The duchess looked at Paul.

"Yes? He is very young to comp o admirably," she said. "Mozart was young, your grace,"

said Iris, in a low voice The duchess looked at her curious ly, for, in her eagerness to befriend Paul, Iris has forgotten her assumed role, and spoke as to an equal. "That is true," said the duchess

Your young friend has a great future before him, Miss Alfrede, and you, also, unless I am very much mistaken," and she smiled graciously. "You have set all my friends talking about you. will you sing again, please?" Iris went back to the piano, and

"Oh, Mahel," he whispered, "such a success! If you could only hear them! Let them wait a minute or two-play long prelude, Oh, Mabel, Mabel, I am so happy!"

Paul placed the song on the rack for

Tris smiled at him gratefully, and touched the keys with her fingers softv. As she did so she heard the duchcss say to some one who had just come

"I am so stad you have deme ime. Beautiful voice, has she not? am doubly fortugate this afternoon.' The gentleman made some response and the duchess, as she moved away, said: "The best testimony to the excel-

he fixed them on her beautiful face.

She was so absorbed that she had

of recognition, and she was in the mid-

dle of the last verse, her eyes uprais

Almost unconsciously Iris' eyes fol

died upon her lips, and she sat strick-

en dumb, and white as death. For he-

fore her, so close that by stretching out

ed to break her heart, she summoned

all her strength, and, before the audi-

dismay at her breakdown, she took

CHAPTER XIX.

AN ARTISTIC TRIUMPH.

A loud murmur of curiosity and ap-

whose voice had thrilled and moved

the languid crowd of fashion as it was

mured, almost inaudibly. lence of the music is the fact that it has kept you from running away." Then Iris began to sing. Paul had chosen Sullivan's "Will He Come?" and pleaded. the people listened spellbound as the

and the Knighton millions.

plaintive melody rose and floated only for a second, she said, in a low through the room. It was a favorite voice: song of Iris', and she sang it with all "That is not my name. My name the expression which only a woman of

toward him and caught Paul's arm.

Mabel Howard!" culture, who has suffered and can sym-A quick flush suffused his face. pathize with suffering, can give to a song. The tears stood in Paul's eyes, isen to me!" and his voice sounded and, turning his back to the audience, almost harsh and stern in its intensity. came up, and, after glancing at Lord forgotten everything, even her dread

Coverdale rather curiously, said: "Oh, Miss Alfrede, are you going? was about to ask you if you would ed, when one person of the great crowd favor us with another song; we are Oh, splendid he this unknown that i all so charmed with your beautiful gone, all so charmed with your beautiful America, on such high embassage. moved slowly and gently behind the will second my entreaties." lowed him, and in an instant the note

He remained silent and bent his eyes on the ground. "I-please excuse me." murmured Iris, pale and trembling. "I am very she sailed on the Metagama will "go

tired!' She gave him a steady, encouraging she had surrendered her old home, the wealth and place she had thought hers we well as the place of the place she had thought here. request, and, though her grace of Ross dale was one of the most good-naturbut it seemed an age to her!-their ed of women, she was rather surpris eyes met, and silence locked her lips; ed and a little taken aback at getting Autos With then, with a mighty effort, which seema polite refusal from an actress, as she thought Iris, to so natural a request. (To be continued) ence could scarcely feel the thrill of

For Best Results

DYES

The kind Professionla Dyers use-

of Pembroke was appointed Protector

of the realm and guardian of the king,

but he died in the second year of the

regency, and was succeeded by Hu-

bert de Burgh, the chief-justice, or

judge, who, with the aid of Langton

the primate, set himself vigorously to

curb the feudal barons, and to restore

order in the country. Henry was de-

clared of age at seventeen, and then

began to reign in person. His sym-

pathies were entirely with the party

at Court, which desired the restora-

tion of English influence in France.

He married Eleanor of Provence, and

Provencals flocked into England to

the ill-concealed disgust of the Eng-

lish barons. His desertion of his royal

brother-in-law, together with his fond-

ness for foreign favourites, added to

troubles with the Church, shook the

throne, and raised the hopes of its

enemies. At last a civil war was kind-

led, and riot, the pillage of foreign

merchants, and the murder of unhappy

Jews followed. But when this was

over, and Edward, his son, had joined

the Crusade of St. Louis, Henry died

at Bury St. Edmunds on November 16.

Confessor's chapel, in Westminster

Abbey. He was worn out, it is said, by

the troubles of his long reign (56

years) the longest in history except

Stafford's Liniments for sale at Knowling's Stores, East, West and Central.—nov14,tf

oct12.15i.w.s A Worn-Out King.

Could Not Eat

Constipation is caused by torpid condition of the liver. Dos ing with salts, castor oil, etc., to move the bowels, cannot afford more than temporary relief.

If you are to rid yourself of this ailment and the scores of annoying symptoms and diseases which come in its wake, it is necessary to get the liver right by such treatment as is suggested in

Mrs. Alvin Richards, R. R. No. 1, Seeley's Bay, Ont., writes "For two years I was afflicted with indigestion, and in the morning when I got up my breath was bad. I had a poor appetite, and just felt like eating certain foods. I used many different medicines as a laxative without benefit, and the doctor's medicine did not help me at all. Finally I tried Dr. Chase's Kidney-Liver Pills, and found them better than anything I had ever tried, I can highly recommend them to any-

At All Dealers. Distributor:

GERALD S. DOYLE.

A Beautiful Tribute.

Six hundred British mothers volunerican soldier. Of these, 200 had lost stove. two sons and 400 had lost one son. The Mix left-over cauliflower with an-woman who was chosen for the honor other vegetable and bake in scallop is Mrs. Amelia Emma McuCdden, who shells. lost three sons, a son-in-law and two nephews in the war and whose hus- bottle and keep milk in bottle until band was accidentally killed at the used. very time the Armistice ended the A delicious filling for tea sandwiches fighting. She arrived in Washington on is honey mixed with chopped nut Monday, having landed at Quebec from meats. tery, where the unknown soldier is or firewood, sleeping, the wreath which is the tribute of British mothers. Before sail- supply of cinnamon sugar is kept on

ing Mrs. McCudden said: "The wreath I bring is built of flowers from every part of the British Emnire. It will be laid on the grave of ver jewelry; but one American lad—the American Unknow-but it is intended to repre- tion with when making a cocoaseldom thrilled or moved. But Iris sent the heartfelt desire of every Brit- nut cake. neither saw nor heard any one but ish mother to place a token of hom- Pure glycerine will remove a coffee the man at her side—the man to whom she had surrendered Knighton Revels can mother's son who gave his su- cream. preme all." Other persons also were looking at

him, for his handsome face had gone and contains "roses for England, blue corner, very pale, and there was an anxious, violets and forget-me-nots for Wales, eager look in his eyes which was at heather for Scotland, shamrock for tracting attention. Iris turned her back Ireland and white chrysanthemums cling to them. for the overseas Dominions." With the "Let us go now, Paul," she murwreath is a chest carved out of a great bleck of seasoned oak from the old Then Lord Coverdale bent forward. British three-decker frigate Impregn "Miss Knighton," he said, in a low, able. The chest contains a parchment unsteady voice, "will you let me speak bearing the signatures of thousands of to you a moment—one word only?" he bereaved British mothers, and on its silver cover are engraved the follow Forcing her eyes to meet his, though ing lines by Arthur Newberry Cloyne

There were no leagues so weary but he came, This son of thine; nor any seas too wide.

Let men remember it and how he died "Call yourself what you please, but Lo! such as this lay down by Marathon; And now he keeps their souls prou-Before she could reply the duchess | And brings the brave the fragrance of

Who tells somewhere how liberty lives Cries one seal more on Liberty's fat

page

Commenting on the "beautiful sentiment" which inspired Mrs. McCudden's mission, the New York Herald says that the simple words she spoke before straight to the heart of every war Now, duchesses are not accustomed stricken American mother. They will erican, man or woman, worthy of the name."-Acadian Recorder

Special Bodies

Are Used to Smuggle Liquor in The United States-Limousines Carrying Handsomely Dressed Women Were Also Utilised.

New York, Nov. 7 .- (By Canadian Press)—Prohibition conditions along the Canadian-United States boundary line were discussed at length in Washington last Saturday night by Edward 34, 36, 38, 40, 42, 44 and 46 inches bust measure, The Dress 3793 is cut in 2 Sizes: 34, 36, 38, 40, 42, 44, 44, 46 Taylor, Canadian Commissioner of in 3 Sizes: 34, 36, 38, 40, 42, 44, and 48 inches bust measure. ited States national prohibition Com-missioner Roy C. Haynes, with a specicheck the evil.

In formation obtainable was that up this style for a 38 inch size, requires 2% yards of 36 inch material over the 150 roads leading into Vermont across the Canadian border highpowered limousiness, oftentimes carry-Henry III. was only ten years old ing handsomely dressed women, are arate patterns which will be mailed to when, in 1216 he became king on the constantly bringing liquor into the Undeath of his father, John. He was ited States. In some cases, it was said, crowned at Gloucester, with a plain these automobiles are equipped with a gold circlet, for the crown had been special body and tank so designed as lost in the waters of the Wash, and all to attract no attention from casual obtrue Englishmen were at the time com- servers, yet arranged for carrying a manded to wear around the head, for a large quantity of liquor. Even spare month, a white fillet, in honour of the tires of the machine, it was said, are coronation. The brave and wise Earl often filled with liquor.

MOTHER!

Your Child's Bowels Need "California Fig Syrup"



Hurty mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrov 1872, and was interred in Edward the If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is member a good cleansing of the little bowels is often all that isnecessary. Ask your druggist for genuine hose of George III, and Queen Vic-"California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

VETERINARIES.

Household Notes.

Rice is delicious baked with grated ered to bring to the United States cheese and served with tomato sauce. the British wreath which is to be plac-ed on the grave of an unknown Am-ed each morning to cleaning the oil

Always wash the outside of the milk

Canadian steamship, the Metagama, A little express wagon is a great and will take to the Arlington come- convenience for carrying in vegetables Cinnamon toast is quickly made if a

> hand. One tablespoonful of ammonia to a quart of water will clean gold or sil-Use the cocoanut milk in combina-

age on the tomb of every brave Ameri- stain, even though the coffee contained

If a lamp is placed so as to reflect The wreath is six feet in diameter, properly, a mirror will light up a dark Avoid putting wet leaves of lettuce in a salad, as the dressing will not

Fashion Plates.

CHIC AND CHARMING DESIGN.



3801-3793-Here is a very popular variation of the jumper dress and a pretty guimpe to wear with it. As ortrayed, wool jersey embroidered in floss was used. pongee with self frills and hemstitching for trimming. In duvetyn or

al campaign to be mapped out to as for mature figures. The dress front is cut with fulness beneath the voke extension of the back. To make for the Guimpe, and 3% yards for the Dress, of 40 inch materia

This illustration calls for TWO sep-EACH pattern in silver or stamps.

PRACTICAL SET OF "SHORT CLOTHES."



Pattern 3441 is here portrayed. It is cut in 5 Sizes: 6 mos., 1, 2, 3 and ears. A 2 year size will requi 1% yard for the Slip, and 1 yard for the Drawers. Muslin, cambric or nainsook, would

be good for slip and drawers. The dress may be of silk, voile, lawn, batiste, dimity, chambrey or gingham. A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

NOTE:—Owing to the continual advance in price of paper, wages, etc. we are compelled to advance the price of patterns to 15c, each. MINARD'S LINIMENT USED BY MINARD'S LINIMENT FOR GARGET

ELLIS MAKE CLOTHES

ARE LIGHT IN FIT, STYLE AND FINISH



FALL AND WINTER OVERCOATINGS

in Tweed, Cheviot, Nap, Melton and All-Wool materials now on display. Our New Fall and Winter Suitings due to arrive by next steamer from England. Indigo Blue Serge always in stock.

CHAS. J. ELLIS, 302 Water St.

NEW MUSIC!

All the latest hits, including-Love Nest.

Peggy O'Neill. Humming. Margie. Feather Your Nest. Old Fashioned Garden. My Mammy. Jicky.

Fancies.

Nestle in Your Daddy's Arms. Whispering. Ain't We Got Fun? Love Birds. Poor Me. Where the Lazy Missis-

sippi Flows. Hold Me.

HUTTON'S The Oldest and Most Up-to-the-minute Music Store

in Newfoundland. P. O. Box 1167.

Cash Sale!

THIS WEEK'S SPECIAL IS

HEAVY FL'ETTE UNDERSKIRTS, 74 cts. each

And numerous other Bargains. BON MARCHE,

268 Water Street (opp. Bowring Bros.) OPEN AT NIGHT.

P.E.I. Potatoes

JUST IN:

800 half sax P. E. I. POTATOES. 150 cases VALENCIA ONIONS. 100 cases CALIFORNIA ORANGES. 50 boxes O. K. RED APPLES: Wolles Nes. 1, 2 and 3 KING APPLES. and moti Nos. 1, 2 and 3 WAGNER APPLES. 50 kegs GREEN GRAPES.aust" blas na-AT LOWEST PRICES.

GEORGE NEAL, Ltd.

Phone 264

Forty-Two Years in the Public Service--The Evening Telegram

A can of s will serve twice as m people who combined Knox Gela

Write for

"Where For further

mmercial Cha

Techn

-Balf Empi

Admira

cogni

TECHNICAL COM WASI At the close of ion of the Comm rmaments. Secr an official comp ub-committee. chnical adviser owers, was conmediate adviser by the American on or naval ar port to the commitme, the progres tions. The subposed as follo cosevelt, Assista can Navy; Admir miral Debon, Vice

Vice Admiral Ka

of substituting fo

BRITAIN AND .

WASH

In union, the Britain, France. day, accepted Hu itation of n spirit and princ servation for the ations of deta erring to the far ritish Empire sa tand why it is of the British here he lives, n is by sea powe thout it he he battleships a lfour, "we this tween the vari eptable. We thin iament is reas should be acc roughly, it Balfour sugge tonnage might d that possibly ge submarines Suggestions osals, Mr. Bal use, would not ucture proposed tes. When Mr he full, loyal and ion of the British tary Hughes' plan nd applauded for h to, speaking for as no desire for ited States or G

ourned to meet GRATULATION GEO

ready to proceed

propose a few

ited States plan

on in naval arr

WASHI