LET THE MEN TALK POLITICS!

We Know that the WOMEN WILL VOTE that

Our Stock of Wall Papers for Fall 1919 Cannot Be Beaten

Now opened: 204615 Pieces American Job Wall Papers.

We don't know who will win the Government, but we do know that our WALL PAPERS will "Carry the Day" in every district.

Prices--20c, 22c, 24c, 27c and 30c. **Special Prices to the Wholesale Trade.**

SATURDAY: Our Special Sale Day. Sweeping Reductions in every Deparfment.

Marshall Bros

Side Talks by Ruth Cameron

SOMETHING ELSE TO RELAX.

Relaxation is a much used word these days.

We over-tense Americans are constantly being commanded, on penalty of that which most of us dread worse than death, to relax our taut muscles and nerves. And rightly.

But don't we need to be taught something more than this relaxation of the body?

Don't we need also to learn relaxation of the soul?

There was a little passage in Booth Tarkington's latest novel which pleased me so much that I copied it. Here it is:

What Puts the Lines on Faces.

"Which is it puts the lines on faces? Amberson asked, Is it age or trouble?

"I'll tell you what puts the lines Everett Eugene said. "Age puts some and trouble puts some, but the deepest are carved by lack of faith.

The serenest brow is the one that believes the most."

I love that last sentence.

We all know that when we take a long journey in an automobile, if we hold ourselves taut we will be twice as tired when we have reached the journey's end as we will if we relax our body to the motion of the machine.

Now what is faith if not a sort of relaxation of the soul to the rhythm of the universe?

Do Your Best And Don't Fret.

This does not mean that you cease to try to do your share toward world betterment, or that you cease to feel that you are your neighbor's keeper, or that you stop trying to do your best in ever way. It means that having tried to do your best, you cease to fret about the rest.

It is not possible to imagine such a man as Abraham Lincoln fretting about anything, is it?

Nor is it possible to imagine such a man as Abraham Lincoln ceasing to do everything in his power for every good cause. He managed to keep his sanity and his poise through everything because he had the basic serenity which comes to those who can relax their souls. One has only to look at his face to know that. And one had only to look at it to know what a beautiful quality such serenity is.

When Lincoln Relaxed His Soul.

No man was ever in a tighter place than Abraham Lincoln. Again and again he knew not which way to turn, and from his own statement you know what he did when that happened. He relaxed his soul in that exercise of faith in which men of all creeds have relaxed their souls since the world began.

One of the first exercises in the relaxation of the soul might be to look at one of the portraits of Lincoln, or some man like him, until one feels some of its serenity descending upon one.

A second might be to repeat those familiar four lines:

"What's this, your little light gone out,
And all the world in darkness for a minute?
Why even so, the stars still shine no doubt,
Enough to strike a match by,—and God's in it!"

Cashin Will Come Back.

What is Phoratone?

Phoratone is a preparation manufactured by **Dr. F. Stafford & Son** for all kinds of **Coughs, Colds, Bronchitis, Asthma** and **various Lung Troubles.** It is the result of 25 years' experience and thousands of bottles are being sold every year. At the present time quite a large number of people are suffering from **Sore Throats, Coughs and Colds,** etc., and if you will only try a bottle of this **Phoratone** you will be surprised with results. You can purchase same at **Stafford's Drug Store,** Theatre Hill, for **30c. a bottle.** Postage 10c. extra.

Dr. F. Stafford & Son,

Wholesale & Retail Chemists,
St. John's, Newfoundland.

GRAVENSTEIN APPLES!

Now due per S. S. Graciana from Halifax:

400 brls. Domestic Gravenstein Apples.
100 barrels No. 2 Gravenstein Apples.
357 barrels No. 1 Gravenstein Apples.

Orders now booking for wholesale lots. Not any other shipments of Gravensteins this season.

Soper & Moore

Wholesale Grocers.
'PHONE 480.

THE SURE CURE.

Some grand old truths are everlasting; one is that industry is good; amid the yawping and dodgasting, remember that, and saw your wood. Too many talkers spring their wheezes, too many make the welkin ring; and as a cure for our diseases work is the sane and proper thing. Too many orators are climbing on stumps and kegs to show their curves; and even as I do this rhyming a braying windsmith jars my nerves. The puzzling knots we will unravel, and get things going right once more, when we quit pawing up the gravel and get down to the useful chore. There's nothing like some honest sweating to drive the fantods from our brains, and help us to the prompt forgetting of all our penalties and pains. When I am idle I start brooding, and entertain the saddest views, and I have nightmares, vain, deluding, and I see snakes and kangaroos. But I am cheerful when I'm busy, I sing sweet songs in dulcet tones; the Russian stuff seems punk and dizzy to one who's earning honest bones. And when we all get down to toiling said Russian stuff will see a slump; and fervid language will be spoiling, with other rubbish, at the dump.

Bear Island, Aug. 26, 1903.
Minard's Liniment Co., Limited.

Dear Sirs,—Your traveler is here to-day and we are getting a large quantity of your MINARD'S LINIMENT. We find it the best Liniment on the market making no exception. We have been in business 13 years and have handled all kinds, but have dropped them all but yours; that sells itself; the others have to be pushed to get rid of.

W. A. HAGERMAN.

PUBLIC NOTICE.

Tenders will be received at this office until Noon on Friday, the 24th October, 1919, for a suitable Steamer for the Mail Service in the District of Fortune Bay.

The steamer must be from 80 to 100 tons net measurement, fitted with all modern improvements, and to have accommodation for about 20 Cabin and 20 Steerage Passengers. This service, which will commence at a date to be arranged with Contractor, will consist of one round trip each week and will be continuous throughout the whole of each year.

The steamer is to class X 100 A1 at Lloyd's (England), and to have a speed of at least ten knots. The contract to be for a term of ten years, to be computed from the date of commencement of the service. Tenders to specify the rate per round trip at which such service will be performed, which rate must include the board of the Government mail officer. Envelope to be marked "Tenders for Fortune Bay Mail Service."

Further particulars may be obtained on application at this Department.

The Government do not bind themselves to accept the lowest or any tender.

J. R. BENNETT,
Colonial Secretary.
Dept. of the Colonial Sec'y.
St. John's, Newfoundland,
25th September, 1919.
sep26,29,oct2,7,11,15

Just Folks by Edgar A. Guest

THE BOY'S WORLD.

I wish the world were only what that rascal thinks it is—
A place for him to romp in and a playground for his fun;
I wish that he might never lose his dreams, but cling forever
To the happiness of waking when his nights of sleep are done.

Oh, his eyes are wide with wonder at the sights that he is seeing,
And there's nothing round about him but was fashioned for his joy!
He loves the world each minute, and he's glad that he is in it,
And I watch his radiant visage and I wish I were a boy.

Every growing thing is lovely and I wish that it would stay so,
His eyes have not discovered any trace of human care;
He has yet to find the badness in the world or feel its sadness,
For to him it is a garden that is gorgeous everywhere.

I wish the world were only what my laddie thinks it is—
A place for his amazement and a playground all his own.
But I pray he'll cling to laughter, through the years that follow after,
And not lose the joy of living when life's care and grief are known.

Rod and Gun.

The cover painting on the October issue of 'Rod and Gun in Canada' is bound to evoke the admiration of all lovers of the great out of doors who have seen a partridge in its native haunts. To accompany this wonderful painting, F. V. Williams the artist has written a graphic story entitled, "When Leaves Turn Brown," a beautiful nature story. "Under Canvas with Moses," by J. Livingston, tells of Moses Missabi, an Objibway guide in the Timagami Reserve and his cheerful Indian philosophy. "Coyoteo and Coy" is the title of H. Mortimer Batten's latest tale of the prairie foothills. Other interesting stories and articles in this issue are "The Kejimikijuk Monster", by Phil. H. Moore; "The Sea Serpent," written by A. E. Jay; "Dredging Within the One Hundred Fathom Line," by Bonnycastle Dale, and "Wild Life Sanctuaries," by J. B. Harkin, Commissioner of Dominion Parks. "Rod and Gun in Canada" is published by W. J. Taylor, Limited, Woodstock, Ont.

When you want something in a hurry for tea, go to ELLIS'—Head Cheese, Ox Tongue, Boiled Ham, Cooked Corned Beef, Bologna Sausage.

Fall Styles—The First Showing.

A limited quantity of very smart frocks for Fall and Winter were opened by us on Friday last, and are to-day on view in our Showrooms.

These are exclusive French and American models, no two alike. Among the selection may be seen:—

1. Black Satin Sonple, heavily piped on sleeves and overdress.
2. Black Plain Silk Jersey, round neck, self buttons, side fastening, loose girdle. (An ideal model, giving long slender lines.)
3. Navy Ribbed Silk Jersey, round neck, and Russian Blouse effect.
4. Navy Serge, trimmed Military braid, Sand Jersey Vest and Cuffs.

This showing includes some beautiful models in Serge and Satin, Serge and Fur and Serge and Military Braid.

U.S. Picture & Portrait Co.,

The Home of Fashion.

To Our Customers and Friends!

Having made satisfactory arrangements with the Dominion Coal Co., we have this day dropped the price of Coal to

$15.00 Per Ton.

Now landing ex S.S. Corunna:

BEST QUALITY SCREENED COAL.

CROSBIE & Company

aug11,2i

TWELVE O'CLOCK AND EVERYTHING'S PRETTY GOOD.