

Women As Brave As the Men

THEIR STRUGGLE SHOWS A REMARKABLE SPIRIT.

Talk of the bravery of men, but where can you find a finer spirit than among the half-sick women who are fighting and struggling to do their duty against the terrible odds of ill-health, and who will not give up.

One woman in every three is struggling against weakness. Most of them are not exactly sick, but oh, how miserable!

The burden and misery of it all has its foundation in the blood which is thin and watery. The red cells are too few. The few streams of life is reduced in vitality. Weakness and inevitable ill-health are the certain result.

Every ailing or weak woman can quickly regain her health in this very simple way. By filling the system with the nutrition that comes from rich red blood, a quick change for the better will result. To accomplish this, take two chocolate-coated Ferrozine Tablets after each meal. You'll feel better immediately for the simple reason that Ferrozine renews the blood. It gives you vim, vigor, endurance, restores a tired, worn-out system very quickly.

You'll feel like new all over once you get Ferrozine working through your blood. It puts the color into faded cheeks, brightens the eye, quickens the step, brings back that wonderful feeling of youth.

One of the finest things Ferrozine does is to make you eat lots and digest it as well. With keen appetite, sound sleep, strong nerves and lots of nourishing blood you're bound to regain robust health. Any sickly girl or ailing woman that Ferrozine won't make well must be incurable. There is a secret power in Ferrozine and it is worth a trial at all events. Fifty cents per box, six for \$2.50. At all dealers in medicine or by mail from The Catarrhozine Co., Kingston, Ont.

ANCIENT FLOATING PALACE.

The Wonderful Ship Built for Hiero, King of Syracuse.

The antiquity of ships may not be gauged, for in Genesis it is recorded that ships were even old on the Mediterranean in the days of Jacob. Fully 1830 years before Christ, Amon built long and tall ships with sails, on the Red sea. Ninety years later the ship Argo was built, "the first Greek vessel which ventured to pass through the sea without sight of land, being guided only by the stars."

The wonderful vessel built for Hiero, King of Syracuse, excited curiosity and wonder. The craft was constructed under the direction of the celebrated mathematician, Archimedes, by a ship-builder at Corinth, from wood cut on Mount Etna. Her decks were paved with small and odd tiles, on which were depicted with wonderful art scenes from Homer's "Iliad."

Bradstreet's Trade Review

Toronto—Underlying conditions of trade are prosperous. Factories and foundries are active. The buying power of the public continues good. The wholesale trade is better than at this time a year ago. In some lines of dry goods the season has been disappointing. The earlier cool weather impaired the sale of washed goods. Business has been good in light underwear. In some lines of dry goods deliveries to wholesalers have improved. The movement of print goods from wholesalers has been heavy. The grocery trade is just fair for the time. Prices of hardware are still on the upward incline. In raw materials, however, the tone of the market remains easier. Collections in most branches of trade are satisfactory, in some cases exceptionally prompt.

Montral business concerns are passing through a period of seasonable dullness. In dry goods houses, however, sorting orders have been of fairly large volume, and substantial fall orders are coming to hand. Cotton mills have more than they can do to meet demands on them. Boot and shoe firms continue busy, some houses showing well ahead of last year. The grocery trade is quiet, but prices are steady. A moderate hardware trade is passing. The purchase of building materials improves. Remittances average fairly good. Money remains steady.

Winnipeg—The promise of a great yield is higher than ever. The country's best authorities state that conditions never were better, thus far.

DRS. SOPER & WHITE



SPECIALISTS Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases. Call or send history for free advice. Medicines furnished in tablet form. Hours—10 a.m. to 1 p.m. and 2 to 5 p.m. Sundays—10 a.m. to 1 p.m. Consultation Free. DR. SOPER & WHITE, 23 Toronto St., Toronto, Ont.

Please Mention This Paper.

Firms that make and handle agricultural implements state that the growth of their business this year over last has been enormous. A brisk demand comes for boots and shoes and all leather goods. The grocery situation remains about the same.

Calgary—Business is good, with retailers buying freely in the chief western cities, such as Calgary, Edmonton, Saskatoon and Regina.

Vancouver—The wholesale trade is fairly active. The industries are busy. Hamilton—Business keeps ahead of last year at this time and in the big industries apace with every month this year. Wholesalers have had a good season. Outside business is on the increase.

London—Trade conditions are healthy. Most branches of the wholesale trade are doing well. Sorting orders in dry goods houses have been fairly liberal and placing orders satisfactory.

Quebec—In the city retail dry goods report a good demand for seasonable wear. Groceries and provisions report a quietness. Hardware and building trades are fairly busy. Industrial conditions are thriving, manufacturers in all lines have orders ahead. Crop reports continue favorable and an abundance of fruit is reported. In some quarters collections are on the slow side.

Minard's Liniment Relieves Neuralgia.

Fortunes in Farthings.

It is well known that shopkeepers make pounds by ignoring farthings or by giving something for them that is worth far less than a farthing, but where shopkeepers make the pounds, banks and the English Government make their hundreds of pounds. If a farthing is due from you in taxes you are charged one penny. On the other hand, you are never paid one penny for a farthing.

The same principle is applied to fractions of pounds. Banks in reckoning interest for themselves call any part of £1 a full pound, whereas in reckoning interest for your odd shillings are left out of account. Thus for a deposit of £99 9s. 11d. you would receive interest on £99 only.

It is amazing how the state profits by not paying fractions of pence. The Government has a special fund in which are placed the fractions of pence withheld in paying dividends on Government stock. This fund amounted to more than £150,000 in ten years before being used for other purposes. As far as the Government is concerned, farthings mean a lot.—London Answers.

GOOD DIGESTION A SOURCE OF HEALTH

When the Stomach is Out of Order the Whole System Suffers.

Indigestion is one of the most distressing maladies afflicting mankind. When the stomach is unable to perform the work nature calls for, the result is severe pains after eating, nausea, heartburn, fluttering of the heart, sick headache, and often a loathing for food, though the sufferer is really half starved. People with poor digestion, too, frequently try all sorts of experiments to aid the process of digestion, but there is only one way in which the trouble can actually be cured, that is through the blood. That is why the tonic treatment with Dr. Williams' Pink Pills cures even the most obstinate cases of indigestion. They make rich, red blood that strengthens the stomach and the nerves, thus enabling it to do its work. The process is simple, but the result means good appetite and increased health and pleasure in life.

In proof of these statements, Mrs. Albert Hall, Sonya, Ont., says: "I have used Dr. Williams' Pink Pills with wonderful results. For two years I was a great sufferer from indigestion, which almost made me a physical wreck. At times my sufferings were so great that I was unable to attend to my household duties. I had smothering spells at times and was afraid to lie down to rest. After every meal, no matter how sparingly I ate, I suffered great distress. I tried several doctors, but their medicine was of no avail. I saw Dr. Williams' Pink Pills advertised to cure this trouble and decided to try them. I had not been taking them long when I felt somewhat improved. This improvement continued, and after taking ten boxes I could eat and digest all kinds of food and felt better than I had done for years. You may be sure I am very grateful for the wonderful relief these pills have given me. I know they are also a cure for anaemic sufferers, as an intimate friend of mine was badly affected with this trouble, and after taking several boxes she was entirely cured."

You can get these pills through any dealer in medicine or by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

Buildings.

Buildings are contrivances which surround trouble, despair, pleasure, entertainment, business, indolence and plumbing.

Buildings are built with brick, mortar, cement, wood, steel and mortgages. It also takes sand to build buildings, but they should not be built on sand.

Some buildings are public and some are private. Public buildings are usually very imposing, and usually the public has been imposed upon to build them. Private buildings are frequently private in name only, especially if occupied by several inquisitive women. Such buildings are made up of a large number of stories and most of them are without foundation.

Rats, mice, fires, earthquakes and rent collectors are buildings' worst enemies.

Gray—How are you getting along in the stock market? Green—Well, I'll tell you. I traded a lot of money for experience, and now I'm trying to reverse the process.—Boston Transcript.

1 BOY AND 10 HOGS MADE \$350 AT OUR 1915 SHOW The Same Chance for a Bright Boy at the SEVENTH ANNUAL TORONTO FAT STOCK SHOW UNION STOCK YARDS, TORONTO December 8th and 9th, 1916 Premium List With Many New Classes Now Ready C. F. TOPPING, Secretary Union Stock Yards, Toronto

THE FAMOUS PRODUCTIONS OF FLORENCE AND ROME ARE REPRODUCED IN THE NEW ART STONEWARE NOW ON VIEW AT ROBERT JUNOR'S 62 King St. East HAMILTON, ONT. OUR REAL NATURE. True Instinct of the Human Race is to Loaf.

MEATLESS DINNERS. A Few Mid-Summer Menus With Well-Balanced Food Values. During the hot summer months it would be better for all of us, writes Lunne Cleaves in Mother's Magazine, if we ate less meat, but the prospect of providing a satisfying meal without meat is a burden to most cooks. Here are some simple menus with well-balanced food values are giving below: Egg and Cheese Canapes, Cream and Almond Soup, Fish Cutlets, Cucumbers, Lima Beans, Lettuce Salad, Toasted Wafers, Pimento Cheese, Angel Cake, Ice Cream. Still another nourishing menu is this: Sardine Canapes, Cream of Mushroom Trimables, Scalloped Tomatoes, Asparagus Salad, Tapioca Cream, Mint Sauce, Mushroom Canapes, Cream of Asparagus Soup, Cornish Buns, Summer Squash with Green Peas, Celery Hearts, String Bean Salad, Chilled Chicken, Herb and Potato Salad, Cream of Celery Soup, Hollandaise, Boiled Artichokes, Scalloped Potatoes, Endive Salad with Russian Dressing, Prune and Nut Souffle with Whipped Cream. Minard's Liniment for sale everywhere. A Deadly Industry. One of the most deadly callings, and one of which very little is known, is that of the workers in champagne cellars. The work, which is light, and without any obvious elements of risk to health, consists of turning over the bottles of champagne so that the wine may be clear and transparent and absolutely free from sediment. The men who do this work spend eight or ten hours a day in the dark wine cellars turning over bottles by the thousand. This monotonous duty they discharge day after day in semi-darkness, in a high temperature, unhealthy atmosphere, and absolute solitude. These combined conditions affect the nerves and health of the workers so seriously that few of them can continue at their posts until middle age.

SWAYED BY THE WEATHER. Some Persons Are Greatly Influenced by Climatic Conditions. Weather influences on man may be roughly divide into two classes—viz., those which are direct and obvious and those which are the more or less indirect and obscure. The influences belonging to the second class have been during the past decade or so the subject of immense research. Some persons are pronounced "meteoropaths," abnormally subject to "weather neuroses." Friedrich Nietzsche was one par excellence. Such persons, as a rule, are more especially "cyclonopaths." The passage of cyclonic depressions accompanied by certain characteristic types of weather is reflected in their sensation and in the mode of operation of their bodily and mental functions. The gross change of barometric pressure pertaining to a cyclone, or "low," is not in itself an important factor in producing these manifestations since it never exceeds that experienced in the ascent (without the effort of climbing) of a good-sized hill. Indeed, many "lows" do not expose us to greater pressure of changes in the course of twenty-four hours than we experience in a couple of minutes in riding to the top of an average office building.

Sore Corns Go! Absolutely Painless. No cutting, no plasters or pads to press the sore spot. Putnam's Extractor makes the corn go without pain. Takes out the sting overnight. Never falls—Putnam's Corn Extractor to-day. ARTIFICIAL MILK. Free From All Disadvantages of Cow's Milk and Quite Wholesome. Synthetic milk, containing all things needful, is the latest product of the laboratory. The discovery, which is expected to be of great interest to mothers, is a process of manufacturing a pure and wholesome milk of high nutritive value, possessing all of the virtues of the natural product, none of its many dangers. It can be made up in proportions desired; that is, with more or less casein, fat, sugar, or salts, and thus can be supplied to children and invalids according to a medical prescription. The discovery originated many years ago as the result of the ingenuity of a Chinese, who saw a possible substitute for milk in the native drink prepared from the soya bean. His efforts, however, met with only partial success, owing to the fact that the fluid prepared by him had an exceedingly penetrating and—disagreeable taste. It was left to a German chemist, to lay the foundations of the present synthetic milk by suggesting a composite fluid made up of all the ingredients of cow's milk in correct proportion. The fluid, as far as its appearance is concerned, is indistinguishable from rich cow's milk. It is delightfully smooth to the palate. On the other hand, the taste seems to some persons slightly different from that of ordinary milk. It is said that even this slight "taste" can be removed at will. The advantages of the new milk are obvious. It is, of course, free from all suspicion of being contaminated with "milk borne" disease, like tuberculosis, scarlet fever or diphtheria. She—How did they ever come to marry? He—Oh, it's the same old story. Started out to be good friends, you know, and later on changed their minds.—Fall Mall Gazette.

THE JOY OF A VACATION may be turned to the sorrow that comes from indigestion. The battle with hotel menus is a losing one for the man with a weak stomach. Happy is the man who listens to the call of the wild—who goes fishing, hunting and canoeing—who takes with him Triscuit, the Shredded Whole Wheat wafer. Triscuit is made of the whole wheat, steam-cooked, shredded and baked. A tasty Summer snack, supplying the greatest amount of nutriment in smallest bulk. Delicious with butter, soft cheese or marmalades. Made in Canada.

DRS. SOPER & WHITE. Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases. Call or send history for free advice. Medicines furnished in tablet form. Hours—10 a.m. to 1 p.m. and 2 to 5 p.m. Sundays—10 a.m. to 1 p.m. Consultation Free. DR. SOPER & WHITE, 23 Toronto St., Toronto, Ont. Please Mention This Paper.

THE CHARGE OF THE "LIMB" BRIGADE. Half an inch, half an inch, Half an inch shorter, Whether the skirts are for Mother or daughter, Easier the dress is sewn, Fuller the ripples now, While whisking glimpses show More than they oughter. Forward the dress parade, Is there a man displayed, No—from the sight displayed, None could be sundered. Theirs not to make remark, Clergymen, clubman, clerk, Gaping from noon till dark At the Four Haudrig.

OLD DUTCH cleanser. In cleaning earthenware crocks and bowls Old Dutch saves a lot of work. Definition of an Ohm. An ohm, as defined by the International congress on electrical units and standards, is the resistance offered to the passage of an electric current by a column of mercury of uniform cross section having a mass of 223,0248 grains and a height of 41,8505 inches at the temperature of melting ice. In the bureau of standards at Washington are four standard ohms so perfectly made and kept that when tested recently their average deviation from their mean value was less than .00001 ohm.

HELP WANTED. WANTED—GIRLS TO WORK ON knit underwear—seamers and finished stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmerman Manufacturing Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont. WANTED—HOUSEMAIDS AND waitresses. Previous experience not necessary. Apply, "The Welland", St. Catharines, Ontario. MISCELLANEOUS. WANTED—GIRLS OF GOOD EDUCATION to train for nurses. Apply, Welland Hospital, St. Catharines, Ont. PERSONAL. \$25.00 REWARD WILL BE PAID conditionally, where Creola fails to prevent Appendicitis. Positive cure for Indigestion, Constipation, Dyspepsia. Write for particulars and testimonials, John Galbraith, 91 Cronyn Ave., Toronto.

GIRLS WANTED. Experienced knitters and loopers, also young girls to learn. Clean work and highest wages. CHIPMAN-HOLTON KNITTING CO., LIMITED, HAMILTON, ONTARIO.

WANTED. Platen and Cylinder Press Feeders. Steady Work; Union Wages. APPLY: TIMES JOB DEPARTMENT Hamilton, Ont.

FOR SALE. A HIGH BRED, SOUND BAY HACKNEY. Well broken, thoroughly reliable, a lady can drive; also complete outfit, including phaeton and runabout. Apply, J. M. EASTWOOD, Times Office, Hamilton. RABBITS FOR SALE. RUFUS RED BELGIAN HARES; Grey Flemish Giants. Fully pedigreed. All ages. D. C. Waters, 176 Jackson street west, Hamilton, Ont.

TORONTO FAT STOCK SHOW. The prize list of the seventh annual Toronto Fat Stock Show is now out and contains many new classes with attractive prizes. Among these is the boys' steer feeding competition, open to the boys entered in the intercounty baby beef competition, conducted by the Department of Agriculture. The management are offering a good prize and this class should be a popular one. The Charge of the "Limb" Brigade. Half an inch, half an inch, Half an inch shorter, Whether the skirts are for Mother or daughter, Easier the dress is sewn, Fuller the ripples now, While whisking glimpses show More than they oughter. Forward the dress parade, Is there a man displayed, No—from the sight displayed, None could be sundered. Theirs not to make remark, Clergymen, clubman, clerk, Gaping from noon till dark At the Four Haudrig. Short skirts to right of them, Shorter to left of them, Shorter in front of them, Flaunted and flirited— In hose of strips and plaid Hued most exceedingly glad, Sporting in speckled run mad, Come the short-skirted. Flashed all their ankles there, Flashed as they turned in air— What will not women dare? "Though the exhibits show Some of them blundered," All sorts of shoes and pegs, Broombsticks, piano legs, Here and there fairy shanes, Just built to walk on eggs, Come by the hundred. When can their glory fade, O—the wild show they made, All the world wondered, Grand dame and demoiselle, Shop girl and Bowery Belle— Four Hundred, H'm, Oh well, Any old hundred. —ANON, in "The Clausman" official paper of the 173rd Highland Battalion, C. E. F., of Hamilton. Self-esteem is a poor life-preserver, many a man has been carried under by the weight of his own dingy.

OLD DUTCH cleanser. In cleaning earthenware crocks and bowls Old Dutch saves a lot of work. Definition of an Ohm. An ohm, as defined by the International congress on electrical units and standards, is the resistance offered to the passage of an electric current by a column of mercury of uniform cross section having a mass of 223,0248 grains and a height of 41,8505 inches at the temperature of melting ice. In the bureau of standards at Washington are four standard ohms so perfectly made and kept that when tested recently their average deviation from their mean value was less than .00001 ohm.