

SAWYERS, BOX MAKERS & LABORERS WANTED
FIRSTBROOK BROS., Limited
283 King Street East, Toronto

New Spring Models

It has been a matter of conjecture whether coat suits would return to fashion with the spring, or whether the coats by which women have stood so steadfast all through the winter would continue to follow their wonted course.

These patterns may be obtained from your local McCall dealer or from the McCall Company, 70 Bond St., Toronto, Ont. Dept. W.

It would naturally conclude that suit in spring would be welcomed most by the heavy-wintered. But the question to be settled. In all probability there will be as many coat suits as there were in the winter.

Some very jaunty and smart suits are made of silk touches of embroidery some contrasting color, generally midway between the waist and the knees in length. There is no doubt that these suits are smart, and there is no doubt that they are smart, and there is no doubt that they are smart.

Great Britain is now turning out more heavy shells every forty-eight hours than she did in the first whole year of the war, and is manufacturing guns at a correspondingly rapid rate. This gives a hint of the power which will be behind the next offensive at all fronts.

World's Rarest Plant. The world's rarest plant is the silver-cholla, a species of cactus that grows only on the most inaccessible slopes of volcanoes in Hawaii.

Minard's Liniment Co., Limited. Have used MINARD'S LINIMENT for a group; found nothing equal to it; sure cure. CHAS. E. SHARP, Hawkshaw, N. B., Sept. 1st, 1905.

Garden Planning. Planning the garden consists of more than in measuring of the available space and laying it out in rows so many for this, that and the other thing, with a path here and there. It is when planning the vegetable garden that the fine art of growing two or three crops in the same place is achieved. This is called intensive cropping, but it is not nearly so great an undertaking as it would appear to be.

Instant Postum. There's no caffeine nor anything harmful in this delightful, pure food-drink—just the nourishing goodness of wheat. Postum has put thousands of former tea and coffee drinkers on the Road to Wellville. "There's a Reason"

smart costume. The coat is twice belted, part of the lower belt forming straps at the top of the large patch pockets. The belts extend around the sides only and leave a panel effect at the back, which is pleated like the front.

These patterns may be obtained from your local McCall dealer or from the McCall Company, 70 Bond St., Toronto, Ont. Dept. W.

NERVOUS CHILDREN

The Trouble is Often Really St. Vitus Dance—Do Not Neglect It.

Many a child has been called awkward, has been punished in school for not keeping still or for dropping things when the trouble was really St. Vitus Dance. This disease may appear at any age, but is most common between the ages of six and fourteen years. It is caused by thin blood which fails to carry sufficient nourishment to the nerves, and the child becomes restless and twitching of the muscles and jerking of the limbs and body follow. In severe cases the child is unable to hold any thing or feed itself. St. Vitus Dance is cured by building up the blood. The most successful treatment is to remove the child from all mental excitement, stop school work and give Dr. Williams' Pink Pills. These pills renew the blood supply, strengthen the nerves, and restore the child to perfect health. Here is proof of their power to cure.

Mrs. S. Sharpe, Oakville, Ont., says: "When my daughter was nine years old she was attacked with St. Vitus Dance. She remained for nine weeks, without any benefit. Indeed when we brought her home she was as helpless as a baby. I got a supply of Dr. Williams' Pink Pills and continued giving her half a pill after each meal for several months, when she had fully recovered and has never had a symptom of the trouble since."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Now And Then. Great Britain is now turning out more heavy shells every forty-eight hours than she did in the first whole year of the war, and is manufacturing guns at a correspondingly rapid rate. This gives a hint of the power which will be behind the next offensive at all fronts.

After the Movies. Two Eyes for a Lifetime. Care for Them. You Cannot Buy New Eyes!

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SHIPS OF STONE.

Ferro-Concrete Extensively Used for Barge-Building.

Concrete holds its own in the construction of our houses, our public buildings, our bridges, our monuments and now even in our ships. Harbored safely in Norwegian waters is an enormous thousand-ton barge, built entirely of concrete; a seventy-year-old skiff of stone floats merrily on the waters of the River Seine, while a concrete barge is daily towed up and down a certain portion of our own River Thames, says London Answers.

For durability and absolute safety, ferro-concrete—to give it its proper name—is without rival. It is also economical, now that steel is such a vital question to the European Powers. And steel, of course, has hitherto figured largely in shipbuilding of this nature.

A particularly interesting invention recently submitted to the Admiralty suggested a floating ferro-concrete dock for torpedo-destroyers. This same idea has already been taken up by the French, M. Hennebique, of Paris, having designed and completed a similar structure of two storeys, fifty feet in height, seventy-seven feet long, and forty-five wide, the walls being six inches thick.

It was built on a slipway, floated, towed into position in the sea, and sunk to its permanent station. For purposes of instruction, torpedoes are fired from it under water.

In our own colonies, concrete is employed very extensively for barge-building. These barges travel for thousands of miles on the Central African lakes. The expense of steel barges would be very heavy, but concrete barges are quite cheap, and are easily made and moved.

CONSTIPATED CHILDREN

Constipation is one of the most common ailments of childhood and the child suffering from it cannot thrive. To keep the little one well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. Concerning them Mrs. Romani Poirier, Mizonette, N. B., says: "My baby suffered from constipation but thanks to Baby's Own Tablets he is perfectly well again."

A Contented City. Interesting Features of Adelaide, Large Australian City. Adelaide's unusual plan—a business section surrounded by a zone of 20,000 acres of park lands, beyond which are the residential sections—seems designed to put business, cars, recreation and quiet home life in separate compartments. The organization of city life to allow for leisure—a feeling more prevalent in Adelaide than in Melbourne, or even in Sydney, and almost unknown in American cities—is responsible for the universal impression among visitors that Adelaide ranks high in general culture.

Both climate and the high quality of the South Australian pioneers are also factors which have helped to make Adelaide such a desirable place of residence. Those who are attracted by the climate, people and manner of life of the foothills cities of Southern California, who care for out-of-door life and flowers, and fruit, and wish to spend week-ends in nearby mountains or at the seashore, would feel at home in Adelaide.

Most writers on Australia profess to see differences in types and manners in the three leading cities of the Commonwealth, and the natives feel sure that differences exist. Melbourne is "hustling," Sydney is "easy-going," Adelaide is "solid" and "contented." On the basis of short acquaintance these characterizations seem as unreal as "dear" Philadelphia or "provincial" Boston would to an Australian traveler. In the American sense, no Australian city is hustling; all are easy-going, and contented; all are doing much business in an orderly, efficient manner. As places for residence they have few competitors among the cities of the United States.—National Geographic Magazine.

WITH THE FINGERS! SAYS CORNS LIFT OUT WITHOUT ANY PAIN. Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freezone, says a Cincinnati authority. At little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain or soreness or the danger of infection. This new drug is an ether compound, and dries the moment it is applied and does not inflame or even irritate the surrounding tissue. Just think! You can lift off your corns and calluses now without a bit of pain or soreness. If your druggist hasn't freezone he can easily get a small bottle for you from his wholesale drug house.

The Biggest Problems in most homes are fuel and service.

When the servant leaves and the fuel is low, happy is the housewife who knows Shredded Wheat Biscuit, the whole wheat food that is ready-cooked and ready to eat. With these crisp little loaves of baked whole wheat the housewife may prepare in a few moments a delicious, nourishing meal at lowest cost.



Made in Canada.

From the Ocean Shore

BITS OF NEWS FROM THE MARITIME PROVINCES.

Items of Interest From Places Lapped By Waves of the Atlantic.

The woodworking plant of P. N. Leblanc of Moncton was damaged by fire to the extent of \$4,000.

The Workmen's Compensation Act in Nova Scotia is making good. The act came into operation Jan. 1.

At the County Council in Fredericton it was decided to assess for deficiency in the Patriotic Fund occurring last year.

April 8th is to be self-denial day in St. John. The proceeds will go to supply the needs of the homeless, starving Belgians.

The boatmen at the Capes went on strike early in February, demanding an increase of 25 per cent. in wages. Car ferries carried the mails.

At the College Anti-Suffrage League meeting, held at St. John, Mrs. Annie Riley Hale of Washington, D.C., made a plea for the "New Woman."

Messrs. Donald MacGregor of Amherst, and Thane Alex Campbell, of P. E. I., both students of Dalhousie University, have been awarded Rhodes Scholarships.

After 37 years' service, Mr. J. A. McLeod of St. John, chief superintendent of branches of the Bank of Nova Scotia, will succeed Mr. D. Waters as assistant general manager of that institution.

St. John's Board of Trade received a communication from the consular agent for Italy, stating that shippers of fish to Italy must include among their shipping documents certificates of health and origin.

IF FOOD DISAGREES DRINK HOT WATER

When food does not agree in the stomach and you have that uncomfortable, distended feeling, it is because of insufficient blood supply to the stomach. In such cases try the plan now followed in many hospitals and advised by many eminent physicians of taking a teaspoonful of pure bisulphate of magnesia in half a glass of water, as hot as you can comfortably drink it. The hot water draws the blood to the stomach and the bisulphate magnesia, as any physician can tell you, instantly neutralizes the acid and stops the food fermentation. Try this simple plan and you will be astonished at the immediate feeling of relief and comfort that always follows the restoration of the normal process of digestion. People who find it inconvenient at times to secure hot water and travelers who are frequently obliged to take heavy meals poorly prepared, should always take two or three five-grain tablets of Bisulphate Magnesia after meals to prevent fermentation and neutralize the acid in their stomach.

An Ear For Music. A little girl five years old was on her way to the beach for the first time. Her numberless questions as to the ocean, the fish, ships, sailors, etc., had embarrassed her mother and amused the passengers. The train finally neared the wharf where we were to take a steamer, and as we glided along very near the shore for a short distance we could plainly hear the swish of the waves. The little girl turned from the window with a beaming face. "Listen!" she exclaimed, "I think I hear the fishes!"

Minard's Liniment for sale everywhere. No Peace for Him. Willie was out walking with his mother when she thought she saw a boy on the other side of the street making faces at her darling. "Willie," asked mother, "is that horrid boy making faces at you?" "He is," replied Willie, giving his coat a tug. "Now, mother, don't start any peace talk—you just hold my coat for about five minutes."

The banyan of India, an ornamental fig, throws out aerial roots from the branches; these reach the soil, take root, and form new trunks, and eventually become almost a forest of sometimes thousands of trunks, covering many acres of ground and some of them 15 feet in diameter.

Minard's Liniment Relieves Neuralgia.

The Wonder Boy.

He wonders that the little birds know how to build a nest; And why the sun always goes from the East unto the West.

He often wonders why his name is Harold and not Ned; Or any other one, and why He has a curly head.

He wonders where the nice moon goes When missing from the sky; And every hour of every day He asks us, Why and why? But, when inventions are in point, His elders join him there In wondering at many things Of sea and earth and air.

He wonders how 'twill seem to be A man as big as dad, And why it's hard work to be good, And easy to be bad. The world is very full to-day Of little Wonder-boys, And grown-ups marvel how they can Make such a lot of noise.

Teacher Has Not Lost One Day In A Year

Mrs. Roger Gives Credit to Dodd's Kidney Pills.

Before that She Suffered from Sciatica, Neuralgia, Nervousness and Other Troubles Coming from Sick Kidneys, Which Dodd's Kidney Pills Cured.

Elm Tree, Gloucester Co., N. B., Mar. 10th (Special).—Mrs. Jos. Roger, the popular teacher here, is fully recovered from a long siege of sciatica, neuralgia, and other troubles resulting from diseased kidneys and has made a statement in which she gives Dodd's Kidney Pills all the credit for her cure.

"My trouble came from a strain," Mrs. Roger states, "and I suffered for thirteen months. Backache, heart flutterings, sciatica, neuralgia, dizziness and failing memory were among my symptoms. When the doctor I consulted failed to do me any lasting good I decided that my kidneys were the root of my troubles and decided to try Dodd's Kidney Pills. I took twelve boxes in all and you may judge of the results when I tell you that I have not lost a day's work as teacher in the last year."

"I can say that Dodd's Kidney Pills have done all for me that was claimed for them."

Others of Mrs. Roger's symptoms were nervousness, that tired feeling, irritability and a dry harsh skin that itched and burned at night. They all came from diseased kidneys and all vanished when she used Dodd's Kidney Pills.

Music in Siam.

Musical instruments of western types have not yet become popular in Siam. The piano and the small portable organ may be seen occasionally in the homes of the Siamese and Chinese, but they are kept for ornamental rather than musical use.

MONEY ORDERS.

BUY your out-of-town supplies with Dominion Express Money Orders. Five dollars costs three cents.

Of English invention is a new lubricant for cutting screw threads in aluminum more satisfactorily than heretofore possible.

Minard's Liniment Cures Dandruff. Get any hay that is stacked outdoors into the barn now, that is, if it is to go in at all.



GUARANTEED. The guarantee of a Dominion-wide industry backs EUREKA HARNESS OIL. It makes all black leather blacker, softer, wear longer. Dealers everywhere. THE IMPERIAL OIL COMPANY, Limited. Branches Throughout Canada.

FOR PINK EYE. DISTEMPER, CATARRHAL FEVER AND ALL NOSE AND THROAT DISEASES. Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy. Sold by all druggists. Booklet, "Distemper, Cause and Cure" Free. SPOHN MEDICAL CO. Chemists and Bacteriologists. Goshen, Ind., U. S. A.



Don't Rub It On. Bruises or Sore Muscles. Sloan's Liniment quickly penetrates and soothes without rubbing. Cleaner than musky plasters or ointments, does not stain the skin. Have a bottle handy for emergency, rheumatic aches and pains, neuralgia, lumbago, gout, strains, sprains and lame back, yield to Sloan's Liniment. At all druggists, 25c, 50c. and \$1.00. Sloan's Liniment KILLS PAIN.



MADE IN CANADA. ROYAL YEAST. IMPRESSING.

First Chauffeur—Bill got the sack for taking out his boss's car without permission. Second Chauffeur—But how did his boss know he took it? First Chauffeur—Because Bill ran over him.

Minard's Liniment Cures Burns, Etc. No one goes any higher than his own level, and he climbs up only as he sees visions, and aspires.

FOR SALE. FOR SALE CHEAP—GOOD BOARDING HOUSE in Owen Sound, in good repair, good location. Near Boarding Factories. Apply R. McGrath, Excutor, Truro, Ont.

NEWSPAPERS FOR SALE. PROFIT-MAKING NEWS AND JOB OFFICES for sale in good Ontario town. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS. BICYCLES, NEW AND SECOND HAND. \$12.00 up. Send for special price list. Variety Cycle Works, 413 Spadina Ave., Toronto.

CANCER, TUMORS, LUMPS, ETC. Internal and external cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

BOOK ON DOG DISEASES AND How to Feed. Mailed free to any address by the Author. H. CLAY GLOVER CO., Inc., 118 West 31st Street, New York.

When buying your Piano insist on having an "OTTO HIGEL" PIANO ACTION.

PAINTS AND PAINTING. Book "Paint Protection" Free. BABCOCK & SONS. Formerly Patent Office Building, 187 1/2 St. James St., Montreal. Branches: Ottawa and Washington.

FOR CANTON TO TA. Bog Spain or Thoroughpin but you can clean them off promptly with WABSCORNE.

and you work the horse same time. Does not blister or remove the hair. \$2.00 per bottle, delivered. Write for more if you write. Book 4 M Free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Varicose Veins, Ruptured Muscles or Ligaments, Enlarged Glands, Wounds, Cuts, Abscesses, etc. Price 25c and 50c a bottle at druggists or ordered. Made in the U.S.A. by W. F. SPOHN, P.O. F., 616 Lennox Bldg., Montreal, Can. Absorbine and Absorbine, Jr. are made in Canada.

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