

CHAPTER X.

Throwing the Ball.

THROWING the ball over the head of an opponent by a jerk of the wrist has already been mentioned in the chapter on Running. The same movement may be employed in throwing the ball short distances, but it can hardly be reckoned amongst the "methods" of throwing. We do not intend to divide the chapter into thirteen sections, devoted to as many styles, as the Canadian book before-mentioned does, for we confess we cannot find so many; but there are two or three which require separate description.

The Indians trusted more to throwing and striking the ball to long distances than to running with it. The "white" practice lays more stress upon running, and enjoins