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er of Good Example. ifying illustration of the example came to light re the death of a prominent o, who had been converted faith by her Catholic ser- came so impressed by the servants that she visited the Catholic churches t then began the study of n, receiving instructions ready helper. Before her thful for baptism, the girl sister, taking her place er work as a religious YOUR FACE hile. Don't let your cheeks get your lips chapped, when you can ly prevent it by using. 'S ITALIAN BALM skin fresh and soft, and free from ity present it by using. Co., 176, King Street E. Toronto. iful Easter Postals, Crosses, and your name in gold on ents. Norman Peel Manu- London, Ont.

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CHATS WITH YOUNG MEN.

Catholic Columbian. What is a friend? A man is eager for a public office. He is asked if he is a candidate. He replies: "I am not an active aspirant, but I am in the hands of my friends." What is a friend? A man is offered a big commission to sell a speculative mining-stock. He says: "I'll see what I can do among my friends." What is a friend? A man meets a casual acquaintance named Brown, on the street and as they walk along together, they encounter a third person, and the first man says: "Let me introduce my friend Brown." What is a friend? A man has a pressing debt. He goes to every person he knows who he thinks is able and may be willing to lend him the money, and he returns home without getting a dollar. What is a friend? A man is left a fortune and is generous and prodigal. He says: "Nothing is too good for my friends." While the money lasts, he has many companions. When the last dollar is spent, he is alone. What is a friend? A man gets married. A newspaper, reporting the wedding, said: "The Church was filled with relatives and friends of the happy couple." What is a friend? A man died. A daily journal, in announcing his death, said: "His wide circle of friends will mourn his loss. His widow and children were left unprovided for. They have a hard struggle to make a living. They get no help of any sort—effective sympathy, practical suggestion, opportunity, or direct loan or gift. What is a friend? Some time ago these answers were given to that same question: "The sunshine of calamity." "The essence of pure devotion." "The ripe fruit of acquaintanceship." "One who understands our silence." "Friendship, one soul in two bodies." "A star of hope in the cloud of adversity." "A volume of sympathy found in cloth." "A diamond in the ring of acquaintanceship." "A safe in which one can trust anything." "Friendship is the personification of love and help." "The jewel which shines brightest in the darkness." "One who considers my needs before my deservings." "The link in life's long chain which bears the greatest strain." "A harbor of refuge from the stormy waves of adversity." "The first person who comes in when the whole world has gone out." "One who loves the truth and you, and will tell the truth in spite of you." "One who multiplies joys, divides griefs, and whose honesty is inviolable." "The triple alliance of the three great powers—love, sympathy and help." "A jewel whose luster the strong acids of poverty and disaster cannot dim." "The image of one's self reflected in the mirror of mutual esteem and affection." "One who, having gained the top of the ladder, won't forget you if you remain at the bottom." "A bank of credit on which we can draw supplies of confidence, counsel, sympathy, help and love." "One who smiles on our misfortunes, frowns on our faults, sympathizes with our sorrows, weeps at our bereavements, and is a safe fortress at all times of trouble." "One who, in prosperity does not toady you, in adversity assists you, in sickness nurses you, and after your death marries your widow and provides for your children." These answers do not exhaust the subject: What is a friend? For the best, brightest and wittiest answer received, a book will be given. What is a friend? Which? There had been a disagreement between the two boys on the preceding day—the younger had done or neglected to do something in disregard of the wishes of his older companion, and was in marked disfavor in consequence. He hung about wistfully, and tried to blot out yesterday and establish the old pleasant relations, but all in vain. His questions met the curtest of replies, his remarks and suggestions were received in chilling silence, and his presence was ignored. He went to the window and stood sadly looking out while he pondered the situation. For anyone to keep up such a state of affairs stilling and choose such a frame of mind seemed inexplicable to him, and presently he turned a grievous little face and a pair of earnest eyes upon his friend and asked wonderingly: "George, do you really like that old gronch better than you do me?" It was a question that went straight to the heart of the matter, and was one that it would be wise for many of more mature age to ask. You who are nursing a grievance, who are letting some petty grudge or misunderstanding bar old happy companionship, who are darkening days with gloom and coldness for the sake of manifesting your displeasure and maintaining a fancied dignity—do you really like your temper better than your friend? Are moodiness and resentment such choice possessions that you are willing to sacrifice relations of kindness and good cheer for the sake of enjoying them? Which is really of the more value to you, your grudge or your friend? Who is the Best Man? All useful work is honorable. The best life is that in which the powers of mind and body are most beneficially employed. An indolent life, whether passed in poverty or wealth, is a degraded and degrading life. No man can ordinarily serve God by any other means than by serving his fellow-men. About Debt. I just want to say a word to you about debt. I don't believe that there is much in our box, is there, mother, dear?" asked Jack. "No," the little mother replied, with a sigh; "there is but very little—hard-

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Halls Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces. Halls Catarrh Cure is not a quack medicine. It is endorsed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best three ingredients—the best blood purifier acting directly on the mucous surfaces. The perfect combinations of the two ingredients in what produces such wonderful results in curing Catarrh. Send for testimonials free. F. J. CHENEY, & CO. Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation. ly more than twenty-five cents, I believe." "Ah, that's too bad! But I'll tell you what: I'll use my old skates the rest of the winter. You know I had just saved money enough for a new pair. That will be a whole dollar-and-a-half for me to give." And he looked as happy and excited as though somebody had made him the offer of a dollar-and-a-half for himself. She had not hesitated to give up the new dress which she really needed, though she had said no word of her intention to Jack; but she lovingly left the skates that the boy himself. However, she said nothing to discourage him, and tried to smile brightly and put away the wish that he might have had his skates; and took the money which he presently poured into her hands, but dropped it all in her lap the next instant to pull him down into her arms as she whispered, "My brave little lad!" And so the money for the skates and the money for the dress was laid in "the box," as Jack called the little safe where they kept money saved for such purposes, ready for the offering on Sunday; and the two were as happy over it as people generally are who have given an immediate signal for a drop all along the line. Every one knows how students are affected by the position of their bodies. Children in schools and students in higher institutions or at home can not do nearly as good work while sitting in a lounging or stooping position as when sitting erect. When they take an upright position, the mind is vigorous, active and concentrated, and all the mental faculties are on the alert; but the moment a student slips down in his seat and assumes an easy, lounging posture, the signal is given to all the faculties to leave their strenuous post of duty and go to play.

OUR BOYS AND GIRLS

JACK'S SOWING. "I'll give you five dollars for that dog," Jack squared his sturdy shoulders and flashed a glance of indignation at the speaker. But in a moment he remembered that Mr. Jackson could not possibly know what Nap was to him, and so he said, quite respectfully: "Thank you, sir, but I could never think of selling Nap. My father gave him to me not long before he died, you see," he went on, in that lovable manner of his; "and so, of course, I love him dearly," and the boy stooped and petted the little creature's head, and the dog looked up into his young master's face with his intelligent brown eyes full of confidence and affection. "All right," said the man carelessly; "only, if you ever change your mind, the offer holds good. He'd be just what I want—a dog to keep in the house to warn of tramps." "Thank you," said Jack politely; but if the offer had been fifty, instead of five dollars, he would have been no more tempted to accept it. Money to him meant candy, and tops, and balls, and fish-hooks; and could all the bats and balls, and candy, and tops, and fish-hooks in the world make up to him for Nap? He had gone up to the farm on the hill-side for eggs, as he did generally, two or three times a week, but it seemed to him that he could hardly breathe the freely till the place was warm and bright, and Nap trotting on ahead, glancing back now and then, with his cute little head on one side, to see if his master was following. "Just think, mother, dear, of his asking me to sell Nap!" the boy exclaimed when, as they sat together for supper that evening, he told her of Mr. Jackson's offer. "Nothing in the world, and you wouldn't let me, even if I wanted to," she replied, looking over at the manly little face opposite her, all flushed now with excitement; "no I cannot imagine you ever doing such a thing as to sell Nap. But, Jack, dear, if for any reason you had wished to do so, I should not have said a word. He is yours—quite all yours—to do with as you choose. I have no more to do with him than Mr. Jackson has." "No," said Jack, with a long breath, "for I'd never do such a thing." It was a few weeks later that a missionary, who had been living for many years in Alaska, came to preach in the little church which Jack and his mother attended; and he told such sad stories of the ignorance of the people there, and the dangers and hardships which attended the lives of the missionaries, and yet of the fine work which was being done in spite of that, and of the still better work which might be done were more means provided, that the little boy's heart was all aglow with interest and enthusiasm, as well as the hearts of a good many of the people. And it was decided that a collection should be taken on the Sunday following, and the service should try to tell present and future of the people that everyone who had not been there, that the offering might be as large as possible. Both Jack and his mother felt that they must do all that they possibly could for the good cause; and so they had one of their confidential talks over the fire that night, as they always did when any matter of importance was to be decided. "I don't believe that there is much in our box, is there, mother, dear?" asked Jack. "No," the little mother replied, with a sigh; "there is but very little—hard-

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The Catholic Confessional

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The Catholic Press Defined.

In an editorial on the subject, the Tablet of Brooklyn thus defined the Catholic press as: "An eternal bond of unity. A channel of communication between the Bishops and clergy and the faithful people. The builder of Catholic thought and Catholic opinion on every question affecting Catholic interests. An organ of appeal and defense. The readiest exponent and defender of the Church's doctrines and practices. The medium of warning and consolation. The voice that summons the Catholic people to protect their rights. The mirror of Catholic life. The powerful auxiliary of the pulpit and the complement of the parish school. The consecration of the great modern invention to the service of the Church. The antidote to the poison of the secular press. The destroyer of non-Catholic calumnies and prejudices. The blessing of clean, wholesome, Christian reading for the home." Where Christ Would Be Unwelcome. It was many years ago that Mr. Stead of London wrote his famous book, "If Christ Came to Chicago." The book stimulated a varied lot of writers to speculate on the welcome the Master might receive in other places and from a host of different persons. We join the ranks of the speculators and wonder much as to the possible experience of our Lord did He decide to walk up the imitation-marble stairway of the Y. M. C. A. home of some of the up-to-date and virile Catholics referred to by Mr. Fr. B. Smith. His crown of thorns would be of thorns, and His scepter only a pipe. He would have neither scrip nor purse, so could neither write nor distribute largesse. His robe would be rent and torn and blood-stained and the badge of a fool. His face would be marked with buffets and lined with the signs of His fastings. Would His welcome be the scorn of the secretary, a request for His ticket and shouts from the tank in the bath depart-

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