

THE RATIONALE AND DETAILS OF DR. HALL'S
TREATMENT.

PART I.

IN approaching this important subject and attempting to explain my hygienic discovery and the treatment in pursuance thereof in as brief a space as possible, I find it by no means an easy task. I will try, however, so to word my explanation as to adapt it to every condition of life and education where its benefits may be sought or desired. And in this very first paragraph, I earnestly beg of the reader, however his curiosity may be excited, not to skip one line or sentence, but rather to read sentences and paragraphs twice over, and even study them if they do not seem clear or important at first glance. The pamphlet is small, and the reader can not afford to lose its perfect continuity to gratify a desire for the denouement. If the reader will so examine these introductory and essential ideas, and study them as here suggested, we will almost guarantee that before he gets through with PART I. he will himself have made the same discovery from its apparent necessity and without even a hint as to its nature and details. Let each reader, therefore, test his own original ability to discover and invent, especially after the possibility of a discovery or invention is fore shadowed and assured as will here be done.

And first, I have to say, that much as I dislike to write about myself or refer to the details of my personal experience, it becomes a matter of necessity in the present case, if the hygienic advantages to result from the discovery here unfolded shall ever be placed in their best light before the public.

The duty I owe the world in thus placing permanently on record the history of facts and circumstances which led to my present physical, and as I believe largely to my