

January, 1906

USED UP AND TIRED OUT

**MEN AT THE OFFICE
WOMEN IN THE HOME
CHILDREN AT SCHOOL**

Every day in the week and every week in the year men, women and children feel all used up and tired out. The strain of business, the cares of home and social life and the task of study cause terrible suffering from heart and nerve troubles. The efforts put forth to keep up to the modern "high pressure" mode of life in this age soon wears out the strongest system, shatters the nerves and weakens the heart. Thousands find life a burden and others an early grave. The strain on the system causes nervousness, palpitation of the heart, nervous prostration, sleeplessness, faint and dizzy spells, skip beats, weak and irregular pulse, smothering and sinking spells, etc. The blood becomes weak and watery and eventually causes decline.

Milburn's Heart and Nerve Pills

are indicated for all diseases arising from a weak and debilitated condition of the heart or of the nerve centres. Mrs. Thos. Hall, Kelson, Ont., writes: "For the past two or three years I have been troubled with nervousness and heart failure, and the doctors failed to give me any relief. I decided at last to give Milburn's Heart and Nerve Pills a trial, and I would not now be without them if they cost twice as much. I have recommended them to my neighbors and friends."

Milburn's Heart and Nerve Pills 50 cts. per box or 3 for \$1.25, all dealers, or The T. Milburn Co., Limited, Toronto, Ont.

Have you seen the handsome Catalogue of



If not, you are not yet familiar with the work being done in Canada's Greatest Commercial School.

370 students placed last year.

HOME COURSES IN BOOK-KEEPING, SHORTHAND or PENMANSHIP for those who cannot attend at Chatham.

If you wish the home training, write for Catalogue E. If you wish to attend at Chatham, write for Catalogue F.

Mention this paper when you write, addressing D. McLACHLAN & Co., CANADA BUSINESS COLLEGE, CHATHAM, ONT.

Made for Boys.



"Dominion Brand" STOCKINGS

are made of the strongest, toughest British Yarns—and are strongest and toughest where the wear is hardest.

We guarantee the wear of every pair bearing this label.



TOWN OF WINNIPEGOSIS, LOOKING WEST.

woman's fault. It is marvelous how much ingenuity some men display to conceal the real state of their finances. As one such said when remonstrated with upon his extravagance, "A fellow must cut some sort of a figure with the girl he is in love with." It simply never occurred to him that the extravagance was actual deception on his part. He had not the courage to own his poverty. He would not acknowledge it, of course, but he was really afraid that the girl would think less of him if she knew the small amount of his salary.

Lovers often act this deceptive part quite unconsciously of sheer love. They think nothing too good for their adored, and are extravagant without thought, saving for the present moment. It simply never occurs to them that the woman whom they accustom to receive such costly attentions will look forward to their continuance. The lover who acts the part to his finance of a man with \$5,000 a year, and who marries upon \$1,000, will not find the course of his life and love run as smoothly as he possibly expects. It is merely common prudence which exacts that each of a couple should know precisely upon how much money they can count after marriage. It is also important that every couple should know what they got engaged upon.

No one will dispute that it is a laudable impulse of any lover to be lavish of his best where the woman whom he loves is concerned; but the best he can bestow upon her is the home which he has asked her to share with him, and any unnecessary expense or extravagance which defers their marriage is not a proof of love, but of selfish improvidence.

It is unreasonable to expect that a woman should always be looking the gift horse in the mouth; neither is it her place to remind her lover that it is his duty, if he wishes to marry her within reasonable time, to look to the condition of his purse. Even if she has cause to suspect that he is wasting his money it is by no means an easy matter for her to check his extravagance. She has no right to assume that he is spending more than he can afford. It would seem most

ungracious on her part to qualify her attitude for a handsome gift by expressing her doubts as to his ability to pay for it. The lover ought never to be mean; still, it is his bounden duty to look ahead a little. The beloved woman should not be ungracious, but it behooves her to take care that her lover is not her slave either in person or in purse.

If any of our readers are hunters or sportsmen they have, no doubt, wished they knew the art of taxidermy, so they could mount and preserve the fine birds and animals which they secure. We are glad to say that all can now learn this valuable art. The Northwestern School of Taxidermy, Omaha, Nebr., teaches taxidermy by mail.

If you are interested in the subject we would recommend that you send to them at once for their new catalogue and a copy of the Taxidermy Magazine.

The attention of women readers is directed to the advertisement of Madam Waitee Manufacturing Co., Dundee, Que. Madam Waitee is the manufacturer of a hose supporter belt which is meeting with popular favor everywhere. Any lady giving this hose supporter a trial would not think of wearing any other. It is the most healthful and comfortable hose supporter in the market, and they are sold on most reasonable terms.

Just read her ad, then address a post-card to her address for descriptive circular, or send money for a pair on the conditions set forth in the advertisement.

NOT A NAUSEATING PILL.—The recipient of a pill is the substance which enfolds the ingredients and makes up the pill mass. That of Parmelee's Vegetable Pills is so compounded as to preserve their moisture, and they can be carried into any latitude without impairing their strength. Many pills, in order to keep them from adhering, are rolled in powders, which prove nauseating to the taste. Parmelee's Vegetable Pills are so prepared that they are agreeable to the most delicate.



BEHM BROS.' THRESHING OUTFIT, WETASKIWIN, ALTA.

Liquor and Tobacco Habits

A. McTAGGART, M.D., C.M.

79, Yonge St. Toronto, Canada.

References as to Dr. McTaggart's professional standing and personal integrity permitted by: Sir R. W. Meredith, Chief Justice; Hon. G. W. Ross, ex-Premier of Ontario; Rev. John Potts, D.D., Victoria College; Dr. McTaggart's vegetable remedies for the liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections, no publicity, no loss of time from business, and a certainty of cure. Consultation or correspondence invited.

PERFECT BEAUTY FOR A FEW CENTS.

DON'T PAY DOLLARS

For worthless complexion powders and lotions containing poisons and other injurious substances. If your face is disfigured with blackheads, pimples and flesh-worms, or your skin is red, rough and oily, we can send you a recipe that is a positive cure. It is absolutely harmless, and you can prepare it yourself at a cost of 10 cents. It draws and tightens the skin, forcing out all impurities, closing the apertures left by blackheads and pimples, prevents wrinkles, and leaves the skin in a healthy and clear condition. Recipe and full directions, 25c.

GRAY HAIR MADE DARK.

If your hair is gray, or turning gray, and you wish it brown, dark brown, or black, we have a formula for a preparation that will positively restore the gray hairs to their natural color. It is absolutely harmless to hair, scalp, or general health. Will also make the hair grow and give it a soft, glossy and fresh looking appearance. It contains no sulphur, sugar of lead, nitrate silver, copperas or poisons of any kind. It will not rub off, is not sticky, dirty or gummy, and will not stain the scalp. You can prepare it yourself at cost of a few cents. Recipe and full directions for 25 cents.

FACE BLEACH.

For 25 cents, we will send the formula for a face bleach that sells prepared in drug stores for \$2.00. We can guarantee it to remove freckles, tan and all discolorations from the skin. Can prepare it yourself at one-tenth the cost of advertised face bleaches.

HAIR GROWER.

The simplest thing on earth. Makes it grow at once. Stops its falling out. Cures dandruff. Helps to keep the hair in crisp or curl. Prevents baldness, and will make the hair grow most luxuriantly. Perfectly pure and harmless. No drugs. Can prepare it yourself at home for a few cents. Will positively grow hair on a bald head. Recipe and full directions, 25 cents.

WRINKLES REMOVED.

We have a preparation that is an infallible Wrinkle Remover. Easy to use, perfectly harmless and inexpensive. It nourishes the skin, causing it to fill out and become smooth, soft and white. Cures chapped hands and lips, and roughness resulting from cold winds and impure soap. For 25 cents we will send directions for making and using this preparation. Can prepare it yourself, at small cost.

SUPERFLUOUS HAIR.

On face, neck, arms, or any part of person, quickly dissolved and removed without pain, discoloration or injury to the skin. Absolute removal in less than 8 minutes. Recipe and full directions for 25 cents. Harmless and sure.

EXCESSIVE PERSPIRATION

Of the feet and armpits positively cured without closing pores of the skin or injury to the body. Ladies who suffer with excessive perspiration of the armpits will find this preparation a permanent cure. Gives immediate relief to tender, sweaty, odorous feet. Send 25 cents for recipe. Only costs a few cents to prepare it.

Recipes sent in plain sealed envelopes. Price, 25 cents each; 2 for 60 cents, all for \$1.00. These recipes are simple and harmless, but will do all we claim for them.

All druggists sell the ingredients of our recipes, and you do not have to send to us for them. Address

YORK TOILET CO.,

Dept. 22.

New York, N. Y.

VALUABLE RING AND GOLD WATCH FREE

All we ask you to do is to sell 15 sets of the Post Cards at 10c, a set of 4 lovely Cards in every set. Over a million sold in three weeks. When sold return the money and we will promptly send you this beautiful Ring finished in 14k. Gold and set with large magnificent Pearls and sparkling imitation Diamonds that can hardly be told from the real stones. If you write at once for the Post Cards we will give you an opportunity to get an elegant Gold finished double Hunting Case Watch, Lady's or Gentleman's style, free, in addition to the Ring. Address at once THE GEM NOVELTY COMPANY, Department 3119 Toronto.

WHEN WRITING ADVERTISERS PLEASE MENTION THE WESTERN HOME MONTHLY