

THIS IS THE TIME TO PUT
OUR SHOULDERS TO THE
WHEEL IN VERY TRUTH.
WE ARE ON THE BROW OF
THE HILL—LET US MAKE
THE SUPREME EFFORT.
BUY VICTORY BONDS TO
THE LIMIT OF YOUR PURSE
THEN BORROW AND BUY MORE.

SPACE AND POSITION DEDICATED TO THE
CAUSE BY THE SALADA TEA COMPANY

The Double-Walled Secret

By Edwin Baird

CHAPTER IV

The Eye of Toto

"I just had to see you," repeated Keiley, smiling up into her piquant, serious face.

On any other girl of his acquaintance Keiley could have foreseen the effect of his pointed words. He would have known beforehand exactly how she would act and almost exactly what she would say. But Bonnie was different. He believed she would do the unexpected thing—and he was not mistaken.

"In that case," and she spoke coldly and distinctly, "I see no reason why we should continue our acquaintance."

"I've a very good reason why we should," said he.

She looked down at him casually and leaned forward to speak to the convict, who turned as she touched him, and glanced at them over his shoulder.

"Wait!" said Keiley, sharply. "Don't go yet. I know as well as you that you don't really want to get rid of me."

For an instant she was startled and confused. The bullet-headed man continued to regard her inquiringly, and, speaking briefly in his native tongue, she bade him wait.

"Well?" she asked, resuming her chilly manner.

"I can easily see," said Keiley, "that you are in serious trouble, and I want to help you. Won't you let me help you?"

She looked away from him wistfully and he saw that her fingers were nervously picking at her dress.

"I am in great trouble," she said in a low voice, "but you can not help me. Nobody can."

"Don't be too sure of it," he encouraged. "I generally accomplish the things I set out to do."

Renew it at Parker's

The clothes you were so proud of when new—can be made to appear new again. Fabrics that are dirty, shabby or spotted will be restored to their former beauty by sending them to Parker's.

CLEANING and DYEING

Is properly done at Parker's

Send articles by post or express. We pay carriage one way and our charges are reasonable. Drop us a card for our booklet on household helps that save money.

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Ingram's Milkweed Cream

Two Sizes—50c and \$1

For 32 years Canadian women have found Ingram's Milkweed Cream the most efficient toilet preparation on the market for keeping the complexion clear and colorful, preventing windburn and pimples, keeping the hands soft and white even when in dishwater daily, and warding off hang nails from the fingers. It has therapeutic qualities no other emollient possesses.

Always have a box of Ingram's Velveteen Souverain Face Powder (50c) in the house. A mere touch and oiliness and perspiration disappear. It covers up blemishes and gives you a clear, flawless complexion. It stays on. At your druggist's there is a complete line of Ingram's toilet products including Zedipia for the teeth (50c).

A Picture with Each Purchase

Each time you buy a package of Ingram's Toilet aids or Perfume your druggist will give you, without charge, a large portrait of a world-famous non-fiction picture actress. Each time you get a different portrait so you make a collection for your home. Ask your druggist.

F. F. Ingram Co., Windsor, Ont.

certainly that surrounded her. The little that he knew made the rest seem horrible. His imagination ran riot. He was convinced by this time that her father was a madman, who fancied himself a duke of society, but as to what form his madness would take he could only conjecture.

Of one thing he was positive: there was some underlying motive in her there's self-imposed exile which she needed to reveal. It was also patent at times she approved of her father's secret, whatever it was.

As a fool to keep chasing after her, thought Keiley savagely.

As yet when he swooped to earth that day, and saw her waiting for him in the automobile, there was no such thought in his mind. He was conscious only of a thrilling delight that she was there to meet him—alone.

CHAPTER VII

The Web of the Mystery

"I'm glad you came," she said, when he stood before her, and he saw that her face was a little paler, a little more wan, than usual. There were purple shadows beneath her eyes, and her body seemed to droop in every slender line. Only her hair, stained its virility. It seemed as if her roots had soaked all of her glowing youth.

"Because," she went on, as he started to speak, "this is to be our last meeting."

"No!" he declared, holding her hand. "It will take more than six rifles to keep me away."

She did not smile, but looked over her shoulder, back along the road, as if fearing pursuit.

"You don't understand," she said, withdrawing her hand. "It is really good-bye this time."

He stepped into the automobile and sat beside her on the front seat. "We'll park this car in that lane yonder," he said easily, "and then perhaps we can talk without keeping our eyes open for interruptions." To his surprise she made only a feeble protest, and as he guided the motor into the lane ahead she scarcely spoke. Her spirit was low indeed that day. She was too apathetic, too listless, to object to anything.

He jumped to the ground as he brought the car to a standstill and, frowning, said happily: "Now for a stroll in Arcadia! Come, Bonnie, with a wave of his hand, 'let's explore that woods over there.' She stood up, looking down at him pensively, then stepped out and stood beside him.

"It's Toto," she said, and Keiley, remembering the evil eye of the hideous little hunchback, felt all at once alarmed, not for himself, but for her. He feared what might befall her should she be found with him.

"I'll be here at this hour to-morrow," he breathed, and pressing her hand in parting, returned and sped toward his biplane. But before he could mount into the air Toto saw him.

As Keiley expected, she did not meet him the following day. Instead, her father and five of his henchmen, all armed with rifles, came to meet him. But he had also expected this, and, having avoided their ambush, he kept beyond the range of their bullets.

Tiring at last of the sport, he sailed away toward home, feeling rather spiritless and sick at heart. It was nearly a week before he went back again, and in the meantime he had been harassed by doubts and fears and, above all, by the mystery and uncertainty that surrounded her.

He was in deadly earnest and for several moments was unable to speak. After a little silence he said quietly: "In that event, I shall have to persuade you not to go."

Keiley prided himself on knowing her variable moods rather well by this time, but he was totally unprepared for what followed. In a flare of passion, she whirled upon him, her arms outflung, small white fists tightly clenched, her body shaken from head to foot with the emotion that surged through her, and he saw that she was not to be trifled with.

"You can't—you can't! To-night everything ends! I've got to go. We've all got to go. And you—oh, I almost wish you had never come!"

And then Keiley was never quite sure how it happened, but he was in his arms and he was holding her closely and she was sobbing—sobbing—sobbing, as though her heart would really break.

"You're not going away," he said, gently. "Do you really love me enough to—die with me, Tom?"

He smiled down into her earnest, upturned face, then bent and kissed her on the lips. He felt her arms tighten convulsively on his neck and when he lifted his head he saw that her eyes were again wet with tears.

"If we stay here, and her lips were quivering, "it will mean—death for both of us."

He saw she was verging on another collapse and he knew it would be folly to reason with her or to try to get at the meaning of her singular words; so he caressed her and honored her strange mood, much as if she were a child. And all the while, in the back of his brain, he was pondering upon the mystery which appeared to be drawing its web about them both.

Presently he said: "Have you ever been up in an airplane?" She shook her head.

"Then here's where you begin," he led her through the meadow to his biplane and started the motor. The girl hesitated. But he took her hand and helped her into the seat, and his eyes so plainly said: "Courage—trust me!" that her fear departed.

Special Notice

Fathers and Mothers, you can invest in

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Easy monthly payments secures them. Write at once for explanatory Booklet and state how much you want to invest for each child.

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Home-Made Bread With Substitutes

Recipes prepared by Miss Alice M. Purdy, Flour-Testing Branch, Department of Chemistry, Ontario Agricultural College, Guelph, followed.

The use of substitutes has presented new problems to the woman who bakes her own bread but all difficulties may be obviated if a few simple rules are kept in mind in baking a home-made loaf:

(1) The sponge should be made in the usual way, using all standard flour. The wheat substitute should be added to the dough stage, allowing it less time to rise from then on, because the substitutes are deficient in strength.

(2) A strong, healthy fermentation in the sponge stage where all standard flour is used and a shortening of the time in the dough stage after the wheat substitute has been added are two factors that tend to insure a light, palatable loaf of good texture.

(3) Because of the absence of gluten in all the substitutes, with the exception of rye, the dough should not get too much kneading—but just enough to give it a smooth consistency.

(4) Potato water and a little mashed potato (cooked) in the sponge furnish good yeast food. They take the place of yeast in war-time wheat substitute breads.

(5) Honey, molasses, corn or maple syrup are satisfactory substitutes for sugar in the preparation of these breads. If added to the dough in small quantities they improve the flavor of the bread without importing too sweet a taste.

(6) More yeast should be used with substitutes than with all wheat flour.

(7) The sponge or dough should not be chilled or over heated at any stage.

Sponge: General proportions—any multiple of this amount may be used:—

1 cup scalded and cooled sweet milk, 1 cup lukewarm potato water containing from 1/4 to 1-3 of a cup of cooked mashed potatoes, 1 teaspoon salt.

Sift and add standard flour to these ingredients until you get the consistency of pancake batter. If your flour is cold be sure to warm it before you start making bread. Add your favorite yeast to the batter, prepared as required, just before starting to beat. The amount of yeast used depends upon the length of time the sponge is to be allowed to rise. Over night will require much less than day-time or five-hour bread. Beat the sponge until smooth and elastic. Cover and

set aside in a warm, draught-free place until light and foamy.

N.B.—Directions for preparation of various kinds of yeast:—

(1) Compressed yeast should be dissolved in lukewarm water.

(2) Dry yeast (Royal Yeast) should be dissolved and fermented according to the directions on the yeast cake box.

(3) Home-made yeast should be warmed in a dish of warm water.

Dough Stage:—1 tablespoon warm-shortening, 1 tablespoon sweetening (honey or syrup), 1 teaspoon salt.

Add these ingredients to the risen sponge and mix in sufficient wheat and substitute flour to make the dough stiff enough not to stick to the hands or board but just sufficiently slack to handle without stickiness. Knead lightly until smooth and well mixed. Place in a warm, lightly greased dish, cover and put in a draught-free place to rise until practically double in bulk. Be careful not to let it rise too high. Knead down in the dish and put it aside to rise again, using the same precaution in seeing that it does not over rise. Remove from the dish. Knead just enough to remove the air bubbles. Portion and shape for well greased bake pans, filling them about two-thirds full. When it has risen to about two-thirds its original size, bake in a moderate oven for at least an hour. Keep the dough warm by avoiding draughts and have it sufficiently moist to prevent a dry crust forming on the top—covered box or a cupboard with a dish of steaming water answers this purpose well.

N.B.—The wheat and substitute flour may be mixed in the proportion desired. If 20 per cent. substitution with rye, barley, oat, corn or other substitute is aimed at, the flour used in making the dough should be blended so as to take into account the wheat flour used in making the sponge. The point of this is to have one part of substitute flour for every four parts of wheat flour—one cup to four.

Real Living Room.

In many country homes the big dining-room is the real living-room. It is a combination of parlor, library, sewing-room and music-room, and, to be complete, must be fitted as far as possible with the paraphernalia of each. Sometimes it is dining-room as well. A writing desk, a sewing machine, a set of sectional book cases, a piano, and even a dining-table, are not incongruous furnishings for such a room, with their accompaniment of suitable chairs and a good lighting equipment. A separ-

Use more soup

Put in plenty of vegetables and rice or barley. Even with poor stock delicious soups can be made by adding a dash of

BOVRIL

Canada Food Board, Licence No. 12-112

ate grouping of the furniture belonging to each interest should be observed as far as possible, giving to each person a more or less individual share in certain portions of the room. As to choice of the room to be used in this manner, it should occupy the most desirable part of the house from the standpoint of exposure to sun and view.

War on the U-Boat.



Substituting fish of all varieties for meat.

Substituting economy for waste. Substituting basket marketing for telephoning and delivering.

Substituting knowledge of sea food prices for gossip about profits.

Substituting co-operation for criticism.

Substituting common sense for common gossip.

Substituting encouragement of the fish dealer for abuse of the fish dealer.

Lucky Slips.

It is surprising how many useful things come into general use simply by some slip or inadvertency. Blotting paper, for instance, was the result of a workman's spoiling of a batch into which he had forgotten to put any sizing material. Nobel discovered dynamite by a slip, and the first day-onet was a result of a soldier's suggestion that, as the powder was done, they should fix their long knives into the barrels of their guns and charge.

Save Sugar

Canada is receiving only just enough sugar for her actual needs! There is no surplus for wastage.

First, all waste of sugar must cease; second, wherever possible, Corn Syrup must be used as an alternative for sugar.

Use Corn Syrup

Here are a few suggested ways to use CROWN BRAND or LILY WHITE Corn Syrup to give to dishes a finer flavour than sugar gives:

Use CROWN BRAND Corn Syrup as a Sauce on Puddings.

Use LILY WHITE instead of Sugar in Cakes.

Use either brand in Coconut or other Puddings.

Use LILY WHITE in making Marmalades, Jams and in all Stewed Fruits.

The Brand is Important!

Real Corn Syrup is GOOD—very good! If your experience tells you otherwise it is because you have not tasted the genuine, which is produced from the most nutritious part of the Corn by wholesome and scientific processes.

Remember the Brands, LILY WHITE and CROWN BRAND, and insist on getting them, for purity, economy and flavor.

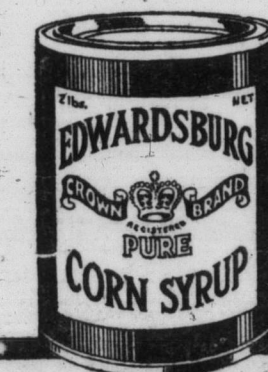
Write to the Canada Food Board, Ottawa, for Bulletin on Corn Syrup.

A great many recipes are improved by using half sugar and half Corn Syrup.

Buy a can of LILY WHITE or CROWN BRAND Corn Syrup to-day and become acquainted with their great possibilities.

Sold by grocers everywhere in 2, 5, 10 and 20 lb. tins.

Canada Starch Co., Limited MONTREAL.



NEWS FROM ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE

Occurrences in the Land That Reigns Supreme in the Commercial World.

Owing to the scarcity of supplies the London and Northwestern Railway will no longer provide soap and towels in train lavatories.

George Rabey has been made a life governor of London Hospital in recognition of services rendered that institution.

At a recent medical inspection of the Woodgreen schools only 673 children out of a total of 2,185 were normal in all respects.

Two residents of Englefield, Surrey, from 350 tomato plants raised over a ton of tomatoes for the military hospital.

A diamond necklace was sold at Johnson's Auction Rooms, London, for £330, the money to be devoted to work among sailors.

It is estimated that there are over one million four hundred thousand allotment holders in England and Wales.

The Postmaster-General has reminded that public that no matches may be transmitted by post to any place in the United Kingdom.

Captain Charles Lambert, senior tugmaster of the Dover Harbor Board, and one of the best-known tug captains on the southeast coast, died recently.

E. G. Hutchinson, of Carlisle, has been appointed manager and engineer of the Richmond Gas Company.

E. J. A. Croft is retiring as postmaster at Windsor, after forty-six years of service in the post office.

Lieut. Knox and Corp. Beesley have been presented with the freedom of Nuneaton in honor of their having won the Victoria Cross.

The death is announced of Alfred John Mason, Imperial Service Order, formerly superintendent of the Local Government Board.

The Bishop of Southwell has suggested the holding of short Thanksgiving services in the market places on market days.

A Hampshire lady who recently celebrated her 100th birthday sent her usual annual subscription to the Royal Hospital, Putney Heath.

Gotha and Victoria streets, Hackney, have been incorporated under the name of Warfield street in honor of a British airman who destroyed a Zeppelin.

Fire destroyed seven stacks, a threshing mill and other machinery at Pinckney March, near Spaulding.

A social Australian Y.M.C.A. rendezvous for officers and men of the Australian forces has been opened at Weymouth.

Mr. Clean, formerly postmaster at Deal, has been appointed to succeed E. J. Arcott as postmaster at Windsor.

OLD-TIME NEWSPAPERS

First London "Daily" Appeared in 1769.

The first newspaper came into existence when written accounts of the Imperial armies of Rome were sent to the generals in command in all parts of the provinces.

In 1666 the first official news-sheets were published in Venice. They were written by hand and exhibited in public places, people paying the small coin of a gazetta to read them. Hence the name.

The Church, averse to all diffusing of knowledge, tried to impede this source of education, and Pope Gregory even prosecuted the editors.

The oldest form of newspaper in England was in the beginning of the reign of James II., the so-called "News-Letters," written by hand and sent by post to subscribers in the country. In 1709 the first daily paper, the Daily Courant, was issued.

The oldest of the London daily papers, the Morning Chronicle, appeared in 1769, edited by the famous Woodfall. The Morning Post is the oldest of the existing morning papers. It was founded in 1772, followed about 1788 by the first daily evening paper, the Star.

The Times first appeared in 1788 as a continuation of the Daily Universal Register, and its originator and owner, Mr. John Walter, succeeded in 1844 in printing the Times by steam power.

In 1845 the Daily News was founded with the help of Dickens, and it was the first paper to lower its price from 6d. to 3d.

Cooling a Hospital Ward.

A cheap and ready method of cooling the wards in military hospitals is to stretch vertically across the room a wide sheet of muslin suspended from a horizontal pipe near the ceiling. The pipe, arranged to carry water, is punched with many small holes, through which the water drips down upon the sheet, keeping it always wet.

The water evaporates rapidly from the sheet, and thus produces coolness. Indeed, by this means the temperature of a hospital ward can be lowered ten or more degrees in hot weather, and kept there.

The surplus water that drips from the sheet is caught in a tin-lined trough hung beneath its lower edge and suspended by wires from the pipe overhead.