



Daint Points

A ROCKET
1945-19115
what a little
paint will add
to the appearance
and the value of a home
place. It is what paint
is for different surfaces.
Write today for free copy of
Paint Points. A touch of
The Sherwin-Williams Family Paint
will keep baseboards, brackets, boxes,
benches, flower stands and all the little
things about the house bright and
attractive. Ready to use—anyone can
use it. All colors.
Over 1000 dealers sell The Sherwin-Williams Paints. Different paints for
different surfaces—not one for all.
Best paints manufactured.

THE SHERWIN-WILLIAMS CO.
CLEVELAND CHICAGO NEW YORK BOSTON
ADDRESSES FOR ROULETTE
17 St. Antoine St., Montreal.
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WHISTON & FRAZEE'S.

TEACHERS who would like, during the summer vacation, to extend their knowledge of Book-keeping, or learn Shorthand or Typewriting, or both, are hereby notified that we will, beginning July 5th, give a six weeks' course covering these branches. Write for particulars to—

A. B. WHISTON, Commercial College,
95 Barrington St., Halifax, N. S.

PUTTNER'S Is the best of EMULSION all the

preparations of Cod Liver Oil. It is pure palatable and effectual. Readily taken by children.

Always get PUTTNER'S
It is the Original and Best.

HOTEL CENTRAL,

WOLFVILLE, N. S.
J. W. SKELFRIDGE, PROPRIETOR.
Situated in the central part of this beautiful town.
Repaired and newly refitted with all modern improvements.
Guests conveyed to and from Station free of charge.
Excellent Livery Stable (owned by W. J. Balcom) in connection.
First-class accommodation. Terms very moderate.

What a Man Eats

How important that the Constituents of our Food should be Pure.
Bad Pastry brings Indigestion and its ills.
Avoid these by using—

WOODILL'S German Baking Powder.

FAVORABLY KNOWN SINCE 1826. PUREST BEST. HAVE PURCHASED 25,000 LBS. OF WOODILL'S BAKING POWDER. G. M. BERRY & CO. 150 QUEEN ST. WEST, TROY, N. Y. CATALOGUE & PRICES FREE.

The Home

Lullaby.

Bedtime's come fu' little boys,
Po' little lamb,
Too tiahed out to make a noise,
Po' little lamb,
You gwine t' have to-morrow sho' ?
Yes, you tole me dat befo',
Don't you fool me, chile, no mo',
Po' little lamb.

You been bad de livelong day,
Po' little lamb,
Th'owin' stones an' runnin' 'way,
Po' little lamb,
My, but you's a runnin' wild,
Look jes' lak some po' folks chile;
Mam' gwine whup you atter while,
Po' little lamb.

Come hyeah ! you mos' tiahed to def,
Po' little lamb,
Played yo'se'f clean out o' brel,
Po' little lamb,
See dem han's now—sich a sight !
Would you evah b'lieved dey's white !
Stan' still ! twell I wash dem right,
Po' little lamb.

Jes' caint hol' yo' haid up straight,
Po' little lamb,
Hadh't oughter played so late,
Po' little lamb,
Mammy do' know what she'd do,
If de chillun's all lak you ;
You's a caution now fu' true,
Po' little lamb.

Lay yo' haid down in my lap,
Po' little lamb,
Y'ought to have a right good slap,
Po' little lamb,
You been runnin' roun' a heap,
Shiet dem eyes and don't you peep,
Dah now, dah now, go to sleep,
Po' little lamb.

—Paul Lawrence Dunbar, in The Bookman.

Corner Seats.

A very attractive seat may be arranged across the corner of the sitting-room in the following manner. Extend first a balustrade about fourteen inches deep, formed of some attractive patterns in fretwork, from the ceiling across the corner as far out as you intend the corner seat shall extend. Finish the bottom of the fretwork with a shelf and protect the edge of the shelf with a small balustrade not over two inches high. Arrange picturesque blue china or any effective ornamental pieces of colored porcelain or stone ware on this shelf. Extend a pole for draperies directly beneath the shelf. Let the carpenters build a seat of the same depth as the space curtained off. Upholster this seat of the same picturesque English or American stuff. Many of these pretty artistic tapestries are quite inexpensive, and at this season of the year remnants may often be secured which are veritable bargains.

The upholstery should harmonize with the hangings but it is just as well for it not to match them as the effect when both are the same material is likely to be too monotonous. Pile the corner of the seat with sofa pillows, some in plain colors, repeating the colors of the upholstery and hangings, and some in figured patterns, but harmonious colors. It will need three or four pillows or even five is not too many, if they are decorative and add a needed touch to color.

Pleasant to Live With.

"Jane is a very pleasant person to live with," said Mrs. Horton, speaking of her sister-in-law.

I listened to information believingly, for I knew something of Jane myself. But at the same time, I felt sure that if she were really pleasant to live with it was because she exercised good sense and sound reason in her efforts to live agreeably with others. I had noticed that Jane seldom omitted

her daily walk. These outings, doubtless, had great power in keeping her temper serene and her feelings fresh and happy. A happy person is a pleasant person to live with. But one can not be happy who is weary, bored, exhausted. In such a state the tendency is to be "difficult," jealous, easily injured. Sometimes Jane went by my house in the morning with a little satchel on her arm. Once I went out to give her a bunch of sweet peas. She told me that she was going for a little excursion.

"I didn't really feel much like it," she said, "but I find that if I do not break up the monotony of life by frequent changes, I get cross."

Wise Miss Jane! As she went gayly down the street sniffing at her flowers, I resolved to follow her example.

I more than half guessed at another of Jane's ways. I felt sure that she conscientiously refrained from criticizing her housemates. They were not perfect, but they were the persons with whom she spent her days, bound up with her in one social body. One would not purposely injure one's own hand or foot, yet in the body of the family the injury of one is the injury of all. An unkind remark is sure to react upon him who makes it, while at the same time it involves all in the pain that follows.

I have no doubt whatever that one reason of Jane's pleasantness was her good health. But in order to have good health at her age one must not overtax one's nervous energies. Though the road might be enticing, I was sure that Jane did not walk so far as to tire herself out. I believed that she did not read at night till her eyes gave out, that she did not sacrifice a week's pleasantness in order that some piece of work might be done at the exact minute determined upon.

One especial and fragrant pleasantness I must not omit. Jane was given to praising her friends—not unduly, not flatteringly, but their kindness or their cleverness was sure of appreciation from her. Life has many clouds at the best. Deserved praise is natural and necessary sunshine.—Congregationalist.

Lemon Jelly.—One-half box of gelatine soaked ten minutes in one-half pint of gold water; then add one-third pint of boiling water, and stir till the gelatine is dissolved; when nearly cool add one and one-quarter cups of sugar, and juice of four lemons. Strain into a mould, and let stand several hours in a cool place before serving.

How to Make Cheese Cream-Toast.—Toast the slices, and cover them slightly with grated cheese. Make a cream for five slices out of half a pint of milk and a tablespoonful of flour. The milk should be boiling, and the flour mixed in a little cold water before stirring in. When the cream is nicely cooked, season with a small half teaspoonful of salt and one of butter, set the toast and cheese in the oven for four minutes, then pour the cream over them.

Loaf Chocolate Cake.—One cupful of granulated sugar and one-half cupful of butter, beaten together. Add the yolk of four eggs, one-half cupful of cold strong coffee, one and one-half cupfuls of flour measured before sifting, two teaspoonfuls of baking powder sifted with the flour. (Flavor with vanilla if one-half cupful of milk is used instead of the coffee.) When ready for the oven stir in one and one-half squares of chocolate which have been shaved, and set in a dish to melt.

Leg of Mutton a La Cipolata.—Procure a leg of mutton about eight pounds, trim it and three parts roast it, then place it in a tin with some onions, carrots and celery cut into slices, add a quart of stock, some seasoning and a glass of vinegar; cover the mutton with buttered paper, and bake one hour in a hot oven, occasionally turning it in the liquor; when cooked strain off the gravy into a stewpan, thicken it with a little roux, add a little soy and let boil one minute, place the leg of mutton on a very hot dish, pour the sauce round, serve very hot.

RADWAY'S READY RELIEF

No matter how violent or excruciating the pain the Rheumatic, Bedridden, Infirm, Crippled, Nervous, Neuralgic, or prostrated with disease may suffer,

Radway's Ready Relief
WILL AFFORD INSTANT EASE.

Instantly stops the most excruciating pains, allays inflammation, and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or mucous membranes.

Moberly, Mo., Jan. 21, 1896.

Radway & Co.,

Dear Sirs,—I have been keeping in the house your Radway's Ready Relief for the last six years. I have used it in every way, and found it to be the best on earth. Six years ago I was sick; I tried all kinds of medicines, but they did me no good. My father saw the advertisement in the paper; he told me to try a bottle. I did so, and by using it three days I was able to be out. I have kept it on hand ever since, and I have told my neighbors about it. My wife had been troubled with toothache. I gave a trial of the medicine and it cured her pain instantly. I was gathering corn and got my hand caught between the wagon-bed and standard, and mashed it badly. I ran to the house and poured on a lot of Radway's Ready Relief and had no more pain. I tied my hand up with a piece of flannel, poured on more Radway's Ready Relief, and in an hour I was ready to take hold of my work again. I cannot be thankful enough. I could write a great deal more, but this paper would not hold half of what I could write. Yours truly,

JACOB J. KAPPLER.

April 10, 1897.
Dr. Radway & Co.: I have been a sufferer from rheumatism for more than six months; I could not raise my hands to my head nor put my hands behind me, nor even take off my own shirt. Before I had finished three-fourths of a bottle of Radway's Ready Relief I could use my arms as well as ever. You can see why I have such great faith in your Ready Relief. Yours truly,

W. C. BAKER,
Engineer at A. Mantelano's Boot and Shoe Factory, 896 Julia St., New Orleans, La.

RADWAY'S READY RELIEF USED ALSO INTERNALLY.—A half to a teaspoonful in half a tumbler of water will in a few minutes cure cramps, spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Sick Headache, Diarrhea, Colic, Flatulency and all internal pains. Malaria in its various forms cured and prevented.

There is not a remedial agent in the world that will cure Fever and Ague and all other fevers (aided by RADWAY'S PILLS) so quickly as RADWAY'S READY RELIEF.

PREVENTION OF CHILLS AND FEVER.

Hudson River Brk Mfg. Co.,
Verplanck Point, N. Y.
Dr. Radway: My family are in the habit of trusting entirely to your Ready Relief and Pills as our household medicine, rarely requiring any other remedial aid. I myself, follow closely your directions in taking the Ready Relief as a preventive for Chills and Fever, say a teaspoonful in some water before my breakfast on an empty stomach when I visit my yard, as I am accustomed to do at that time. The result is a perfect success, so I never take the fever, although I am located in a most malarious district, in which few of the residents escape malarious attacks, particularly of Chills and Fever.

My men and those who have come from Mr. Frost's yard experience the same beneficial effects by following a like practice as myself. Very truly yours,

JOHN MORTON, Proprietor.

Radway's Ready Relief
For the Cure of Pain, Congestion and Inflammation. Price 25 cents a bottle.

RADWAY'S SARSAPARILLIAN RESOLVENT
For the Blood and Chronic Diseases. Price \$1.00 a bottle.

RADWAY'S PILLS
Purely vegetable, mild and reliable. Price 25 cents a box (at Druggists or by mail).
Sold by all Druggists.

Be sure to get "Radway's," and see that the name is on what you buy.

Book of advice sent on application to

RADWAY & CO.,

No. 7 St. Helen Street, Montreal, Canada.

CANADIAN PACIFIC RY.

B.Y.P.U.

at Chatanooga, Tenn.

JULY 15-18, 1897.

Return tickets will be sold to Chattanooga July 12 and 13 good to return until July 24th at the following rates: St. John, \$26.15; Montreal, \$30.15; Amherst, \$37.00; Trois, \$39.00; Halifax, \$40.75; Pictou, \$40.00; New Glasgow, \$40.45; Summerside, \$38.00; Charlottetown, \$30.45. An extension of time till August 15th will be granted to those who deposit their tickets with agent of line in Chattanooga before July 15th. Route is Canadian Pacific, St. John to Detroit; Big Four to Cincinnati; Louis, and Nash. to Washville, and Chat. Nash. and St. L. to Chattanooga returning same way. Further particulars of Ticket Agents or of D. MCNICOLL, A. H. NORMAN, Passer, Traffic Mgr. Dis. Passer Agent, Montreal. St. John, N. B.



Coleman's SALT
CELEBRATED
DAIRY, HOUSEHOLD
AND FARM
PROMPT SHIPMENT GUARANTEED
CANADA SALT ASSOCIATION
CLINTON, ONT.

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