

Preserved & sold only in

**Sealed air-tight packets
to preserve its native
goodness.**

AD A

An illustration of a tea canister and a tea box. The canister is cylindrical with a label that reads "Dr. Lord's" and "R. CHARLES". The box is rectangular and has "TEA" written on it. The background is dark and textured.

For Every Morning's Breakfast—

Your favorite cereal and

Borden's
ST. CHARLES MILK

Rich as cream with a
distinct zestful flavor all its

own. You'll look forward
daily to breakfast hour.

Try it to-morrow.

The BORDEN COMPANY Limited
MONTREAL 12-920

**Cocoanut Oil Fine
For Washing Hair**

If you want to keep your hair in good condition, be careful what you wash with.

Don't use prepared shampoos or anything else, that contains too much

kali. This dries the scalp, makes the hair brittle, and is very harmful. Japan's plain mulished cocoanut oil (which is pure and entirely greaseless), is much better than anything else you can get for shampooing, as this can't possibly injure the hair.

Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanses the scalp and scalp thoroughly. The lather runs

out easily and removes every part of dust, dirt, dandruff and excessive The hair dries quickly and evenly it leaves it fine and silky, bright, and easy to manage.

You can get multised ecocount of most any drug store. It is very cheap and a few ounces is enough to everyone in the family for months.

GRAND TRUNK RAILWAY SYSTEM

CHANGE OF SCHEDULE

WILL BE MADE ON

**OCTOBER 3,
1920**

Information Now in Agents' Hands.

S. 28, 36, O. 1, 2.

Cashier
TRADE MARK
Winged Wheel
WATCH CASES

WATCH CASES

Don't imagine your watch case is unimportant.

Upon it largely depends the accuracy, dependability and long life of your watch mechanism.

A "Cashier" case gives your time-piece absolute protection from dust

There is a "Cashier" extra quality gold filled case for every movement.

**The
American Watch Case Co.
of Toronto, Limited**

**Largest Makers of Watch Cases
in the British Empire**

BY (BUD) FISHER



INSECT!

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