

## Recipe for New Year's punch



Take yourself.

Peel off layers of egotism and self-pity;

Cut out seeds of unkind thoughts and unhappy emotions;

Remove all prejudices and worries.

To this, add:

One firm belief that life's worth living.

Mix well with one practical idea that you are somebody;

Season with a sense of humour and optimism.

Sweeten with love.

Then add one strong determination to live

At your highest, every hour of the day,

Come what may.

Let effervesce for 365 days.

Garnish with smiles and pleasant words.

Serve with gentleness and courage.

Note the effect.

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## News briefs

Western Forest Products Limited of Vancouver will spend at least \$300 million in the next five years to modernize its British Columbia plants and increase its forestry staff by at least 25 per cent, president James Buttar says. The announcement follows the recent sale of Western Forest Products — formerly Rayonier Canada Limited — to British Columbia Forest Products and Whonnock Industries Limited, both of Vancouver, and Doman Industries Limited of Duncan, British Columbia.

Alberta's Energy Resources Conservation Board has given its approval to a \$255-million methanol plant proposed by Celanese Canada Limited on the outskirts of Edmonton. The board has recommended Celanese be granted a two-year permit to use 800 million cubic metres of natural gas a year to make 700,000 tonnes of methanol.

Paul J. Cotter, resident vice-president and senior representative, Bank of Montreal, was recently elected president of the Câmara de Comércio Brasil-Canadá (Brazil-Canada Chamber of Commerce) in São Paulo. He succeeds Sergio Ruiz Cavalcanti de Albuquerque, vice-president finance, Alcan Alumínio do Brasil S.A., who remains on the Câmara slate of officers as first vice-president. The Câmara has a corporate membership of more than 200.

The Solicitor General of Canada Bob Kaplan has announced that an additional 128 RCMP man-years will be committed to provincial, territorial and municipal policing. The RCMP provides policing services to all provinces except Ontario and Quebec, as well as providing the police forces in the territories and 193 municipalities, where the costs are shared between the respective levels of government.

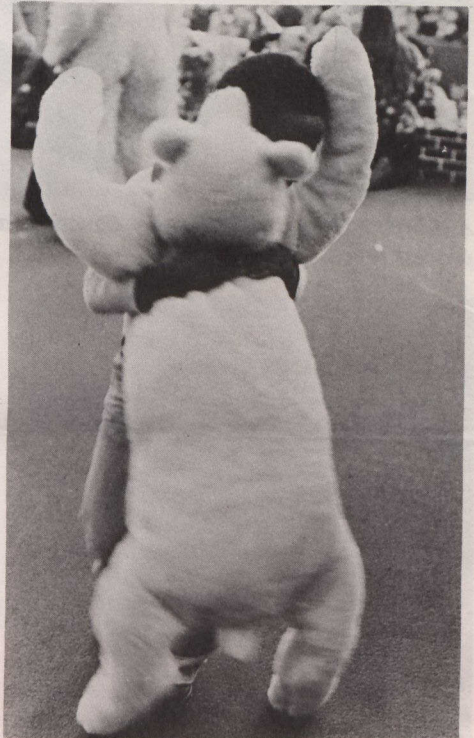
Canadian nuclear scientist Harry G. Thode has been presented with the Arthur L. Day Medal by the Geological Society of America. The medal, recognizing outstanding achievement and inspiration to others, was presented to Dr. Thode, a chemistry professor at McMaster University in Hamilton.

The Board of Directors of the Export Development Corporation (EDC) has approved loans of \$234 million and insurance and related guarantees of \$33.2 million to support prospective export sales and investments in 12 countries:

Algeria, Cameroun, Chile, Czechoslovakia, Egypt, Mexico, Morocco, Peru, Thailand, Uruguay, U.S.A. and U.S.S.R. The transactions involve such goods and services as automotive parts, engineering services, a rural power distribution system and aircraft.

Bombardier Incorporated of Montreal has received a \$4-million contract from Belgium's Ministry of Defence to supply 611 motorcycles along with spare parts. The cycles, which are designed for both road and off-road use, will be delivered to the Belgian Army in the first half of 1981.

Clyde Gray, considered one of Canada's premier boxers during the last decade, has retired from the sport to become boxing supervisor for the Ontario Athletic Commission. Gray, Canadian and Commonwealth welter-weight champion, will assume responsibilities for sanctioning bouts, as well as licensing fighters, judges and referees.



"All right, all right, I give in!," this big teddy bear seems to be saying to the little boy who has the tables turned and has him in the bear hug. The National Museum of Natural Sciences in Ottawa, again this year, has invited children not only to visit the museum's display of teddy bears this Christmas but also to participate by entering their own teddy bears in the exhibit.