

the arm. You can't get good results that way. Use a full swing of the forearm to deliver the ball.

Speed is not essential. A slow rolling ball, perfectly aimed, will brush aside the pins just as effectively as one rolled with cannonball speed. Many of the best bowlers of the country use a slow ball, which is most effective, because of the accuracy with which it is rolled. The beginner should put aside the idea of speed at the start. Accuracy is what he is after, and this cannot be gained when the ball is rolling down the alley in a helter-skelter fashion. If you want to use a speedy ball that will come to you naturally after you have practised a while. Be careful of the ball until it leaves the hand. Many bowlers spoil the chance for a good shot right at the last fraction of a second. They do it by jerking the hand just as it is about to let loose of the ball. What the ball is going to do under the circumstances is uncertain, except that it will not roll true. Let the ball glide away from the hand smoothly without any frills or jerks.

A curve ball is one upon which the aspirations of a great many beginners are wrecked. It is nice to look at, but almost impossible for the average bowler to master thoroughly. It is used by a large number of bowlers, and even those who have used it for years often find it unreliable. Of course, it can be mastered to a certain degree, but it has no place in the beginner's vocabulary. He should wait until he has mastered all other points before he delves into the fancy stunts. The beginner should take things easy in the start. Don't worry about not making big scores. Of course, they are desirable, but they cannot be made without practice. They will come later if you stick to it.

The standing to date is as follows:—

High single, A. N. Payne 265
 High cross alley, Joe Howe ... 589
 High cross alley, Percy Foster... 589

Leaders Brunswick Ball competition:—1, Blair, 3085; 2, Birtch, 3033; 3, Hutton (5), 2485; 4, Mann, 2892; 5, Stewart, 2888; 6, Connolly, 2864.

Leaders high average:—Birtch, 12, 496.1; Blair, 12, 485.6; Hutton, 16, 477.7; Stewart, 18, 474; Shea, 12, 462; Howe, 17, 461.6; Lindsay, 18, 461.3.

Team standing and averages to March 8, 1909:—

Audit... ..	5—13	2427.7
Bureau	12— 6	2611.
Customs	14— 5	2640.
Statistics	3—17	2516.5
Geog.	7—13	2456.5
Interior	11— 6	2646.
East Block	5—14	2414.2
Militia and Mint ...	16— 1	2645.4
P. O. D.	7—13	2430.8
P. W. and Agr.	15— 3	2623.4
Railways... ..	9— 9	2558.8
Topog.	7—11	2533.5

The president of the C.A.A.U. has issued a statement wherein he unofficially withdraws alley-bowling from the list of athletic games coming under the jurisdiction of the union. There is not much doubt but that in the course of a few days the union will definitely and officially abandon a game which is somewhat outside of the sphere of their government.

THE VISION OF TOOLAN.

(A St. Patrick's Day Dream.)

BY BOURGEOIS

On the siventeenth day av the thurd munth, which accordin' to the custum av me forefathers oi always kape howly, havin' laid asoid me hod, put on me long black coat and loighted me poipe, oi sat me down in me arrum-chair to spind a few momints in quiet miditation.