

# CANADIAN OUT-DOOR LIFE.

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A MAGAZINE devoted to the gospel of out-door life in the treatment of tuberculosis and the value of fresh air and hygienic living for everyone.

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- - - TORONTO, CAN.

## INTERESTING THE SCHOOL CHILDREN

MONTREAL has moved intelligently and with more promptness than most other places in taking steps to interest the children in the study of tuberculosis. The Montreal League for the Prevention of Tuberculosis is to be credited for its activity in this direction. The special aim of this League, during the four years of its existence, has been, as far as possible, to place incurable cases in institutions, where they may be properly cared for and where there is no danger of transmitting the disease to the uninfected: and in the earlier stages of the malady to arrest and stamp it out by teaching the patient how to protect himself.

This educational work is to be extended in the manner we have just indicated.

School children are often an excellent medium through which to reach the family.

The Montreal plan is this, that a short, intelligent and readable catechism be compiled for use in junior schools, to consist of not more than 3,200 words, in the form of simple questions and answers, dealing in concise, clear, direct and non-technical

terms with the subject of hygiene in its relation especially to the prevention and cure of consumption.

A prize competition has been inaugurated, where a prize of \$25.00 will be given to the most complete, intelligent and satisfactory catechism, to be written either in French or English.

The following is a suggestion as to the form which might be followed:

- Q. Is health the most valuable thing in the world?
- Q. How can you preserve your health?
- Q. Why is consumption called the white plague?
- Q. Is it a preventable disease?
- Q. How can you escape consumption?
- Q. What precautions should you take when visiting a consumptive?
- Q. How is the disease spread?
- Q. What precautions should a consumptive take?

There is no reason why this work should be confined to Montreal. We pass on the suggestion to Toronto, Hamilton, London and the community as a whole.

*Sound Health is Like True Friendship, the Value of it is Seldom Known Until it be Lost.*