

class develops into the most ardent believers and staunch adherents.

Apart from theorizing (which is mostly done when we are well, and have no need for medicine) the principal concern of most mortals in sickness is the getting of relief from their pains and aches in the quickest and easiest manner possible. In the accomplishment of such ends, lies homœopathy's greatest claim for recognition, proving indisputably to those most interested the absolute truth of the law of similars. The effect of the properly prescribed drug being magical in the swiftness of its action, gives a reason for the "why of homœopathy" that no amount of specious argument can overthrow, and brings as answer to quasi science's declaration of its being all moonshine "I was sick, I am well; give me more moonshine, if so you term it."

HINTS.

A few doses of Arsenicum will, it is said, prevent the grippe, acting as a prophylactic.

Snuffing a little Hamamelis extract up the nose will stop nose bleed.

When any ailment has very marked periodicity, coming on regularly at a fixed time, Cedron is probably the remedy needed.

"What will cure a wen?" Benzoic acid 3x internally and anoint with Benzoic acid ointment or cerate. Baryta Carb 6 internally has also been recommended. Also, by Dr. Stacy Jones, paint the wen with Collodion.

Headache from over-work, frontal, Pulsatilla.

Neuralgia, with twitching, Nux vomica.

Pain, burning and itching in the anus is frequently relieved by Ratanhia internally, and the same externally in suppositories or ointment. Try internally first.

Headache, worse from stooping or motion, sour, bitter stomach, may find relief in Bryonia.

Chronic headache, chilly, cold, damp feet, Calcarea carb.

"Sugar of milk in doses of from forty to sixty grains sometimes proves an excellent diuretic in suppression of urine in infants."—Cleveland Med. Gazette.

Thuja, according to Burnett, is the best remedy for ill-health following vaccination. Weight and oppression in the stomach, Calcarea carb.

"Tartar emetic. This remedy has been found to greatly ameliorate the disease, small-pox. It reduces the fever, and the pustules run their course, leaving scarcely a mark behind."—Johnson.

Pulsatilla is the remedy for styes on the upper lid. For frequently recurring styes, edges of lids, dry, Staphisagria.—Hom. Envoy.

SICK ROOM ODORS.

In a recent case of illness in which a trained nurse was employed, the pleasant air of the sick room was noticeable.

When comment was made the nurse explained how it was managed. A few pieces of brown paper had been soaked in saltpetre water and allowed to dry.

When occasion required a piece of this was laid in a tin pan kept for the purpose (the coal scuttle would do as well) a handful of dried lavender flowers laid upon it and a match applied. The aroma was particularly refreshing and agreeable. Another suggestion in the same line applies to the use of lavender in another form.

A few drops of oil of lavender poured into a glass of very hot water will purify the air of a room almost instantly. This bit of knowledge is useful to the hostess whose dinner must be served in a small dining-room near the kitchen. If the mixture is made just before dinner is announced, by the time the company enters the room will be filled with a faint, intangible, but thoroughly acceptable odor of freshness, and all disagreeable stuffiness removed.

SALT AS A MEDICINE.

We are very apt to seek some far-fetched cure for our bodily ailments, and to overlook the simpler remedies, quite as effective it may be, which are to be found even in the humblest homes.

Common salt is one of the specifics for various diseases, which many lose the