WOMAN

By Mrs E. Day MacPherson

[illegible] a woman who has [illegible] a woman's *silent* patience [illegible] a woman struggle on just [illegible] or get discouraged for [illegible] timely hint or advice that [illegible] right

[illegible] analysts say that the [illegible] means a larger per centage of [illegible] than any other fruit or [illegible] A good ripe apple can be [illegible] minutes

[illegible] CHANT lately said [illegible] daily to God that His will [illegible] done upon earth and spend [illegible] in behalf of that will being [illegible] to the heathen, but when it [illegible] making an effort to secure the [illegible] the will of God in the Houses [illegible] you call it the mire of [illegible] and the things of the world."

[illegible] of inflammation apply a bag [illegible] as it can be borne, and [illegible] until the pain is gone. It will [illegible] to act like magic in neural [illegible] headache and all such ills of the [illegible] In nervous headache apply to the centre of the nerves which is at the base of the brain, and in colic or [illegible] to the pit of the stomach.

[illegible] a delicate question to decide at times, whether a person is really conscious or actually lazy, but by the application of one test this can always be proved The lazy individual accepts [illegible] life and sits in idle resignation, [illegible] contented soul welcomes Providence under whatsoever guise it may [illegible] to appear, but, for all his contentment, he ceases not his labors, be they great or small.—*Detroit Free Press.*

MRS JOSEPHINE K. HENRY, when [illegible] at the National-American Woman Suffrage Convention as the [illegible] Kentucky lady who had received [illegible] enormously large vote for Clerk of the Court of Appeals said that the best [illegible] about it had not been told. Her husband and son went to the polls on election day and both voted for her, the son who was just twenty-one, casting his first vote for his mother. Mrs Henry said she was prouder of those two votes than of all the thousands of other votes she received in the State. [illegible]

Mr [illegible] will do [illegible] the work done by women in giving intelligent attention to our street paving A large share of the sanitary welfare of a city depends upon the atmosphere, which is the natural outcome of the condition of its streets. The comfort of its citizens is greatly augmented by perfect means of transportation. The profits of the business man and the risks of the householder find a nicer balance of adjustment when these conditions are favorably fulfilled. All this recently points to the fact that women will do as well to make this matter a subject of study and discussion in their clubs as some of the more popular topics of the day

For ages, in Eastern countries, woman has been regarded from a physical not from a moral nor primary intellectual point of view. She has been looked upon as a convenience—not as a companion. And now that the reformers have unlocked the doors of that ancient prison, the Zenana, there is yet such embarrassment in giving women their rightful position Mussendar himself makes this humiliating confession "Our men," he says "by a long course of training in [illegible] ideas about the other sex, are so [illegible] that not to be allowed to [illegible] with women, because they know [illegible] how to accord to the manly and [illegible] treatment so natural with a [illegible] many Christian people."—*Mrs. [illegible] Cook*

[illegible] Ladies' National Health Protective Association has been incorporated at Washington, D C. The directors for the first year are Clara Barton, [illegible] H Spofford, Alice C. Fletcher, [illegible] Emily L Sherwood, of the District of Columbia, Margaret W. Haverhill, [illegible] J Helmuth, and M. Louise Thomas, of New York. The objects of the association are to protect the health of the people of the United States by taking such action from time to time as may secure the enforcement of existing sanitary laws and regulations by inviting the attention of the proper authorities to any violation thereof, and to procure the amendment of such laws and regulations when they shall be found inefficient for the prevention of acts injurious to the public health, and to co-operate with the health officials of the United States and the various States and cities.

WOMEN IN EASTERN THIBET

In the agricultural districts of Eastern Thibet the women play the most important *role* in every household No buying or selling is done in any family except with the wife's consent and approval. The women are greater in the opinion of the men in public life. The custom of polyandry is common among them. Its existence and the influential position held by women in Thibet date back to remote periods. Anterior to the 7th century of the Christian Era one of the principalities of Eastern Thibet was ruled over by a queen, and men had nothing to do with the government of the state, but only fought the country's wars and cultivated the soil This was the Ali Kno the country of women *Exa.*

GETTING VERSUS PUNISHMENT

A BRIGHT young children like all young animals—are intensely susceptible to the mood of the parent A constant remembrance of this fact will greatly help in the use of either of the above forms of government The mother whose whole nature is ruled by the power of real love is constantly actuated by the impulses it creates. She will be able to transfuse into the heart of even the most rebellious child its vital, transforming force Merely by living in the atmosphere of peace which such a mother creates around herself, a child can grow into harmony and beauty of nature. How impossible for it to attain to this under the influence of a woman who is full of unrest, discontent and selfishness. She cannot help but distil those noxious mental vapors which breed in the child an irritable peevishness that poisons his whole nature. Neither petting nor punishment can effect a cure for faults until the cause that produced them is removed or transformed. Of course there are some children who seem born to do evil and in whom the most whole some conditions seem powerless to effect a change There are a few such but the world is full of those eager little souls whose moral natures expand and bloom in the sunshine of love or grow twisted and dwarfed in the gloom of its absence. The world would be a different place if every mother realized this truth and made use of the power for good which such knowledge creates. Little need would there be, then, for the writhings and distortions of the Giant of Social Reform in his struggle to help humanity to break away from under the load that evil has placed upon it For the home life is typical of the world life and Love conquers all things. In the home where it reigns supreme is found the only perfect form of government. If this government [illegible] there would at once be created a Heaven in place of the Hell of To-day.

THE IMPERISHABLE DELIGHT OF FREEDOM."

THE above sentence gives voice to one of the strongest forces of human nature And yet how much misunderstanding there is of what constitutes real freedom. One may enjoy unlimited opportunities for following out every impulse of the heart. But one may still be bound in slavery to some habit of mind or body that will so effectively limit any progress in self development as imprisonment in the most hopeless dungeon. For true freedom lies in the ability to transmute the knowledge which is inherent in the spiritual nature into that vital power that shall make the well being of the whole man. The slaves of to-day do not know this, or, knowing it, do not care for release. For ignorance and sloth forge the chain that is wound around so many. Its links have cruel names—envy, hatred, malice, greed, jealousy, selfishness. The heart grows sick in recalling these, and cries out for help to rid the world of its great curse. But each true lover of his kind realizes that very little can be done in help to others. Each man must find the strength from within to rend asunder this horrible chain, and to come away into true freedom of living The power to use this strength is acquired by each one investigating for himself the nature and power of the human soul and spirit Experiment should be directed with our utmost ingenuity towards the constant use of the knowledge thus gained in transforming the evil we find into good. Each change thus wrought in the spiritual nature will find itself reflected by the physical nature as faithfully as a mirror reflects wit[illegible] ual fidelity the grinning mask o[illegible] leprous idiot or the grandly noble features of the Friend of Humanity Thus the one who feels the lock of his chain to tear the seal of jealousy can die it open only with the tool of unselfish love dipped in the cleansing acid of moral purity. In fact it is only through Love that any man or woman may succeed in finding that knowledge that is needed for a full regeneration It purifies the whole moral nature, reaches the inmost heart, and lets the spirit out into perfect freedom for action. This spirit, acting thus, will result in bringing the whole body and soul into an entirely healthy and vigorous life. Happy indeed is the one who is wise enough to know this, and find through the heart, happiness and goodness it brings the way to a life of true freedom

WHAT WOMAN'S GREAT INFLUENCE IS

My dear women, can't you learn that it is the great influence of your sex is the only irresistible one you have What the mischief does one shrewd woman want to spoil her complexion and temper in study conventions for when she can sit at home in a good sun light among her flowers and control from two to five hundred voles, by some irresistible spell of its duty or amiability, but by that of right feeling and sound sense which men will heat and bow to, whether from pulpit, priest workman or woman holding the force of truth, which comes not of self seeking and paltry ambitious or desire to rule?

Convention leaders cannot hold in more utter contempt than I the beauty worship which makes a cult of cosmetics and by it seeks empire over man

It is only in stories that the pretty woman wins by a walk over every time, and turns the heads of statesmen, brave men and boys by a look One may somewhat accurately appraise the worth of vital enduring good looks, as worth usining in the scale with polished manners and social talent, not an end at all, but a very clever means toward making life pleasant. But you want a good complexion as you want your boots clean, and faulty features mended as you want your coat to set well. When all women are good looking there will be very little vanity left in the world.

It is just at the turn of the season you want to secure good health and a clear skin for the twelvemonth.

Chiefly avoid taking colds in March and April winds These thawy, moist days one feels the chill more than in midwinter with dry air near zero I can't begin to tell you the harm done by the slight colds, congestions and checks of perspiration which nobody thinks of Especially do these account for the stray pimples, the rashes, the vexatious stye in the eye, and, must we say it?—the boils which girls have as well as their brothers. It is a mercy when these disorders pass off with so slight though annoying effects as a boil or two, or a breaking out. Youth throws these things off and thinks no more of them. But the old girls, ranging from thirty-five to fifty, married and unmarried, find these checks of circulation a more serious matter. These retentions of secretion, these minor congestions which leave at first only a feeling of w[illegible] are the cause of fibroids and tumors with their history of horror.

We have got to go back to the old practice of hot vapor baths and fumigations by which the Middle Ages made up for the want of surgery by preventing the need of it. We are behind the Romans and the Norsemen in this provision for health.—*New York Herald.*

THE SONG OF THE SHIRT.

Forty per cent. off rebates.

WITH fingers weary and worn,
With eyelids heavy and red,
A woman sits at a tasked machine,
With hi' tasked needle and thread.

TAX! TAX! TAX!

In poverty she must pay
A tax upon everything she buys
From her wages day by day.

TAX' TAX! TAX'

With the holy growing thin,
But the Welshmen out in the Western mine
Are taking out the tin!
Mean and gusset and band,
Till her hands can work no more;
Let the tin plate lords may drink champagne,
As she falls a gone the floor!

Work! Work! Work!

With the comforts of life aloof,
But a higher rent for the higher tax
On the tin upon the roof.
It's tax! to be alone
Along with the jasper Tack,
Or sewing woman who pays a tax
On unprotected work

With fingers weary and worn,
She presses her aching head;
While the portly lords in tax upon
Machine and needles and thread.
And she leaves a little sigh
That is silent and soft, but deep,
Also that men have no power to tax,
Also that prices should be so high,
And woolen men so cheap."

—*Joseph Daniel Muller.*

A JAPANESE scientist has discovered a new method of distilling alcoholic liquors, and claims to be able to make whiskey twice as strong and twice as cheap as is now done without deterioration of quality.

HOW came the streets and lanes of our city to be crowded with the "submerged tenth" of paupers, harlots and vagabonds? Because Mammon, as landlord, has robbed them of their own common lands to create estates for himself, driven them desperately into the towns to compete against one another for the smallest wage which Mammon, as capitalist, will grant them You may set up a patent social factory for converting the raw material of pauperism, vagabondage and harlotry into competent, orderly, and moral men and women, but while you are busy on this, the Mammon which has found the means for your factory does not and will not cease to be as busy as ever in his own factory, turning up a hundred fold denser mass of new paupers, new vagabonds, and new harlots. *Rev. Thomas Hancock*

CLIPPINGS FROM THE WORLD'S ADVANCE THOUGHT

A NEW YORK church is to be [illegible] established in Philadelphia One of the fundamental principles of the Church will be that life is sacred, and that therefore the shedding of blood, even thought to be for the sake of providing food for the human race, is wrong

Mankind are wondering what is beyond this world, and if man may ever be discovered by which they can traverse distances between this and other planets The Mental Spiritual Era evolved means whereby men were enabled to travel over and know the world So the Celestial Era will evolve means by which men will travel and know the universe

FLOWERS are used in a more refined state Without the coarser the finer could not be The Divine Humanity that will occupy this earth in its generations to come will be a step from the present humanity, just as we are an evolution from the crude savage of past ages One of the most detrimental teachings of sectarian creeds is the idea that God gives gifts instead of evolving them

MANY of the best writers of the age do not wield the influence they should, because they spread their ideas out too much, or express too many ideas in one article There is so much to read now adays that very few will take time to read a long article, and the ones that do not read them are the very ones that we want to read them We need progressive ideas simply expressed in the fewest words

THE ancient Egyptians were versed in the action of the occult forces of nature by which the laws of gravitation were suspended Thus they were enabled to move, with but little labor, the great monoliths and stones of which the pyramids were constructed This forgotten knowledge will be again acquired in the New Age, and even more fully than before The faith that can remove mountains is again growing in humanity

"ALL but two blast furnaces in Mahoning valley, Ohio, have shut down owing to increased railroad rates and the high price of coke Ten thousand men are idle If all mines and railroads were in danger of forfeiting their charters whenever they seek to take advantage of the public we would hear less of such proceedings as the above. The price of any public necessity should always be [illegible] and no deviations allowed.

WORLDS do not revolve in *empty* space There is no more empty space in the universe than there is in the veins of the body, through which the corpuscles of the blood course in their circulation through the system. As atoms supports atom, so world supports world The spaces between the material worlds are teeming with worlds of a more ethereal character. Worlds, like human beings, are dependent upon each other. Everything in the universe sustains and is sustained by something else When we realize our independence and how all things in the universe must co-operate to produce a harmonious creation, we will have the Brotherhood of Man.

EIGHT HOUR LEAGUE

ANSWERS RECEIVED TO QUESTIONS PUT TO PARLIAMENTARY CANDIDATES.

THE Eight Hour League of Canada sends, for the benefit of those interested, answers from two parliamentary candidates on an important question. Out of eight communications sent to the Toronto and East York contestants only two answered by letter, one in the *World*, another was excused by illness (!), and the remainder have not shown any attempt to reply, viz. Mowat, Denison, Mackenzie and Kerr

The answers are as follows, addressed to G F Tinmas, secretary of the League

FROM ALEX WHELER.

"In answer to your letter, asking me if in the event of my being elected to the Commons if I would vote for a bill making eight hour a legal day's work, I will answer, 'Yes, *I will*,' trusting that this will be satisfactory to your League"

FROM EDMUND CHATSWORTH, JR.

"Your letter of the 24th only came to my hands this morning, having been delivered to Mr. Neville, my agent, and as he was out of town nothing was done about it until this morning, when he returned. Therefore, I did not get an opportunity of speaking about it at the nomination. I am certainly in favor of the eight hour movement for workingmen and will give my support to any proper legislation which is brought forward in that direction, and which appears to receive the support of the workingmen. It does not occur to me that it will be wise for me to make any reference to this in the public press as it would seem merely like an election promise to catch the vote of the workingmen, but I will refer to it at the meeting where I speak to-night, and will advocate the eight hour movement."

HENRY ANN WILMOT, of Sodalia, Mo., is one hundred and six years old, weighs 280 lbs and was a slave to George Home, a brother of Daniel Home.

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FROM ALLAN HOBLEY, ESQ., Inspector, Peel

I have examined the little book of Arithmetical Problems, and can give it an unqualified endorsement. The questions are carefully graded and are specially adapted to the needs of our ungraded schools, who have not always the time to devote to the preparation of exercises upon the various subjects of the school curriculum. The questions are not confined to the form of propositions; but their statement is so clear, that having the true conception of the problem to be dealt with, the pupil himself, and in this important feature has been made independently as an educational exercise. I heartily recommend the book to all teachers wishing to economize time and labor in their preparation for ordinary school work.

FROM T. TOWLEY, ESQ., Teacher, Member County Board of Examiners, Haldimand.

I have examined with care the Practical Problems in Arithmetic for First, Second and Third Classes, by Mr. White, Public School Teacher, Hamilton. The different subjects are treated in a clear and logical manner, and the book is well adapted to the use of teachers, and for examining his inspectors. A special feature is the grading of that principles which have been more or less hitherto indiscriminately made use of in the solution of problems which are at their turn something like principles, so that the whole work may be used as an elementary course. It is a great boon to Teachers.

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