

TEMPERANCE A PHYSIOLOGICAL NECESSITY.—In like manner the influence of all drugs which affect the nervous system must be in the direction of disintegration. The healthy mind stands in clear and normal relations with Nature. It feels pain as pain. It feels action as pleasure. The drug which conceals pain or gives false pleasure when pleasure does not exist, forces a lie upon the nervous system. The drug which disposes to reverie rather than to work, which makes us feel well when we are not well, destroys the sanity of life. All stimulants, narcotics, tonics, which affect the nervous system in whatever way, reduce the truthfulness of sensation, thought, and action. Toward insanity all such influences lead; and their effect, slight though it be, is of the same nature as mania. The man who would see clearly, think truthfully, and act effectively, must avoid them all. Emergency aside, he cannot safely force upon his nervous system even the smallest falsehood. And here lies the one great unanswerable argument for total abstinence; not abstinence from alcohol alone, but from all nerve poisons and emotional excesses.—*From The Evolution of the Mind, by David S. Jordan, in Appletons' Popular Science Monthly for February.*

Post-Card Dots.

1. WHAT is the Licence fee in Quebec Province? (T.)
\$60.00.

2. WAS there ever a set of teeth made for a lower animal? (R.F.)
Somewhere we read of a set made for a horse. Lots of donkeys, who should have had their teeth filled, wear them. At the Kennel Show in London, England, a little aged dog was exhibited, wearing a full upper and lower set made for him by his owner, a dentist. They are quite as useful as ornamental.

3. WANTED—a convenient way of keeping carbolic acid, etc., on the bracket. (M. A.)

Fill a wide-mouthed, flat-bottomed bottle with cotton-wool. Saturate it with as much of any solution you use. Dip in a pellet, and you can get all you want without fear of spilling. If the bottle upsets, nothing spills.

4. WHO suggested quills for tooth-picks? (B. W. D.)
Martial.—See Lib. XIV., Epgr. 22.

5. WHO was the first to scarify the gums for difficult dentition?
Ambrose Paré. His first experiment was upon his own son.