

Your Party Invitations

Personality is revealed in the use of good stationery.

"The paper that's good to write upon"

FRENCH ORGANDIE WRITING PAPER

MRS. BUDGE SO WEAK COULD HARDLY STAND

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health

River Desert, Que.—"I used to have a severe pain in my side. I would be unable to walk fast and could not stand for any length of time to do my ironing or washing, but I would have to lie down to get relief from the pain. I had this for about two years, then a friend told me to try Lydia E. Pinkham's Vegetable Compound as she had had good results. I certainly got good results from it, too, as the last time I had a sore side was last May and I have not had it since. I am also glad of having good nursing for my baby, and I think it is your medicine that helped me in this way."—Mrs. L. V. BUDGE, River Desert, Quebec.

If you are suffering from the tortures of a displacement, irregularities, backache, headaches, nervousness, or a pain in the side, you should lose no time in trying Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write for it to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario. This book contains valuable information that every woman should know.

A Good Medicine For Springtime

Do Not Use Harsh Purgatives—A Tonic is All You Need.

Not sick but not feeling quite well. That is the way most people feel in the spring. Easily tired, appetite fickle, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order—that the indoor life of winter has left its mark upon you and may easily develop into more serious trouble.

Do not dose yourself with purgatives, as many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you that this is true. What you need in the spring is a tonic that will enrich the blood and build up the nerves. Dr. Williams' Pink Pills do this speedily, safely and surely. Every dose of this medicine helps to enrich the blood, which cleans the skin, strengthens the appetite and makes tired, depressed men, women and children bright, active and strong. Mr. Henry R. Robinson, Cruikshank, Sask., says:—"My blood was out of order and I was nervous and run down. I got a supply of Dr. Williams' Pink Pills and after taking them for a while they fully restored my health. I am now feeling fine and have no hesitation in recommending these pills to all who are feeling unwell."

You can get these pills through any dealer in medicine, or by mail, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"TOAST"

What an Appetizing Sound that word has—

"TOAST"

TASTES GOOD
SMELLS GOOD
MEETS EVERY TEST

Of Whole Digestible Food.

OUR BREAD IS MADE TO GIVE YOU THE BEST FOOD.

TRY IT AND TOAST IT!

F. H. Lovell

BAKERY & CONFECTIONS

CHOP STUFF

The steel work on the new bridge which will span the Aux Sable on the provincial highway east of Thedford has been completed.

Thamesville Oddfellows made a start last Thursday on the celebration of the 50th anniversary of the institution of the local lodge by having the degree team on the Western City Lodge No. 93 of Chatham present and exemplify the third degree.

The Bothwell Council has been notified that if they do not pay Mr. Murray, architect, of London, balance due for the plans and specifications, contracted for when the town hall was built eight years ago, that legal proceedings will be instituted forthwith. The council claims through the non-fulfilment of said contract extra expense was incurred and are therefore deducting said amount from the aggregate.

Falling between the motor-car and trailer of a Hydro Electric double train near the Detroit street curve, Sandwich, early Tuesday morning, Conductor Francis Charles Logan, 359 Pelissier street, Windsor, was fatally injured and died in the Hotel Dieu slightly more than an hour later. Both legs were severed, his skull badly crushed and his body mangled almost beyond recognition.

The death occurred in Victoria Hospital, London on Tuesday, March 18th, of William Shaw, eldest son of Mrs. Mary Shaw of Forest, in his 20th year. Deceased went to London and underwent an operation which resulted in death. The remains were brought to Forest on Tuesday evening, and the funeral was held on Thursday afternoon at Beechwood cemetery.

The Dundas local Board of Health are taking a very serious view of the danger to the health of the community because of the contaminated well water. At a special meeting of the local Board held last week Dr. Bertman, M. O. H., reported that since the meeting of the Board held on February 8th, he had samples of water from a number of different wells analysed the result showing that 80% of the wells were contaminated and the water unfit for domestic use.

Forty-nine head of cattle were disposed of at the Huron County Breeders' sale in Wingham Thursday at an average of \$81.25. Perth, Wellington and Bruce breeders consigned a few of the cattle, and the sale was handled by Auctioneers Amos of Guelph and Klopp of Zurich. The highest priced female, Miss Ramsden of Springbank, consigned by Albert Etherington of Usborne, brought \$165. The highest price bull, Scarlet Velvet, consigned by Harry Smith of Hay, sold for \$132.50.

What the surgical staff describe as one of the most remarkable operations ever performed was successfully carried out at Nottingham General Hospital. A Mechanic was holding a pair of red hot tongs over two feet long when a huge hammer, driven by motor and weighing a couple on tons, struck the tongs and drove them right through his body. He was immediately taken to the hospital, where an operation was performed. The tongs which had remained in his body, were extracted without injury to any vital organ. The man is expected to recover.

Mr. Ninion Houston, well known horse breeder, is in a critical condition at his home on the fourth concession of Camden township, near Dresden, as a result of a kick in the head by a horse, Saturday afternoon. The accident occurred when Houston was watering horses in his stable. It is thought that one of the animals became restive, and that he was kicked when attempting to pacify it. The man was found unconscious, and remained in that condition until Sunday morning. Mr. Houston who is seventy years old, is well known in the show rings of the province.

Mrs. Mary Mann, wife of the late Charles Mann and daughter of the late Bary and Isaac Thrower, one of the pioneer families of Adelaide, passed away at her home, 119 Huron Street, Sault Ste. Marie, Ont., on Sunday morning, March 9, in her 76th year. She had been in failing health for the past year, but confined to her bed for only a few days before her death which was due to heart trouble. She leaves behind to mourn her loss one daughter, Mrs. Chas. Tancock, of the Soo, and two sons, Victor of the Soo, and Ira, of Lansing, Mich; and three sisters and three brothers; Mrs. McLennan and Mrs. Grummitt, of the Soo, and Mrs. J. W. Downer, of Petrolia; David Thrower, of Watford; Albert, of Adelaide, and Jacob, of Strathroy.

This charm you can keep

Youthful radiance of complexion! Millions of women have learned this simple way

The fresh softness, the radiance of youthful skin need not be lost as the years accumulate. Clever women guard this charm—keep it!—today.

This simple method does that for millions of women. Now you may use it—and keep that school-girl complexion.

You need only do this

Cleanse the skin regularly, authorities say, to keep your complexion lovely, radiant, youthful.

But beware of harsh cleansing methods. They injure skin.

Wash thoroughly with Palmolive Soap—each night before retiring. Rub the creamy, foamy lather well into the tiny pores. Rinse—and repeat the washing. Then rinse again.

Then—if skin is dry—apply a little cold cream. That is all. Skin so cared for is not injured by cosmetics, by wind and sun, or by dirt.

The simple, correct way

You cannot find a more effective



tive beauty treatment. Because Palmolive Soap is blended of rare palm and olive oils—famous for mild but thorough cleansing qualities since the days of Cleopatra. And it is inexpensive.

Be sure you get Palmolive—which is never sold unwrapped. All dealers have it. For just one week try this simple method and watch results. You will be astonished, delighted!

Use Palmolive for the bath, too. Thousands do—it is so economical.

Volume and efficiency produce 25c quality for 10c



MADE IN CANADA

THE PALMOLIVE COMPANY OF CANADA, LIMITED

Winnipeg Toronto Montreal

Palm and olive oils—nothing else—give nature's green color to Palmolive Soap.

2401

BOTTLE ON LONG CRUISE

Liverpool, March 18.—When the liner Regina was four days out from Montreal a woman passenger from Minneapolis threw overboard a message in a bottle giving her address and requesting the finder to communicate with her. Two months later

the note was picked up in Strill Bay, Wigtownshire coast, by Miss Agnes Rennie, High Aucheneil, who wrote to the address. The bottle had drifted 1,200 miles in 28 days.

The worms that infest children from their birth are of two kinds, those that find lodgement in the

stomach and those that are found in the intestines. The latter are the most destructive, as they cling to the walls of the intestines and if not interfered with work havoc there. Miller's Worm Powders dislodge both kinds and while expelling them from the system serve to repair the damage they have caused.



You Can Do Wonders With a Little Paint

Perhaps there is just one room in your home that strikes a discordant note. Perhaps you would like to redecorate your entire house. But whether you do one room or many, you will be delighted with the finish and economy of Lowe Brothers' "High Standard" Paints and Varnishes.

Mellotone Flat Wall Paint

Is one of the products on which Lowe Brothers built their reputation. It is beautiful—very easy to apply and can be washed with SOAP and WATER. Mellotone is undoubtedly the most popular Wall Paint sold. One gallon covers approximately 900 square feet (2 coats, 450 square feet) and covers solidly, which is one of the reasons why it is so economical. Color Cards and Booklets free.

Neptunite Varnishes

Have just recently been placed on the market. They will withstand heat, ice, steam, ammonia, and the hammer test. They will not scar or show heel marks. Hot dishes rested upon a surface finished entirely with Neptunite will not mar the polished finish. They are very rich in effect and above all, ECONOMICAL. Come in for your copy of the Neptunite Nudger.

Lowe Brothers
PAINTS & VARNISHES

Are sold exclusively at this store. We have a complete assortment of Linduro Enamels for Interior and Exterior Woodwork, Furniture, etc., as well as "Vernicol" Varnish Stains, "Auto-Gloss" Finishes, "High Standard" Liquid Paints. Color Cards, Booklets and suggestions are your for the asking—FREE.

W. L. McCrae

BRIGHTEN UP NOW FOR "OLD HOME WEEK." SEE US NOW.