



Costs no more than ordinary Teas, but

in the cup you find the difference, because you are at once delighted with the smooth strength and delicious flavor of Red Rose Tea, so different from other teas.

You will find a new pleasure in tea when you try Red Rose. Just order a package today.

# RED ROSE TEA

"IS GOOD TEA"

Your Grocer will recommend it.

## "THE MESSAGE"

BY LOUIS TRACY  
Author of  
"THE WINGS OF THE MORNING"  
"THE WHEELS OF FORTUNE"

"Oh, I am not to be frightened by that," she cried, with a pout that was reminiscent of the school-girl period. He laughed, but suppressed the quip that might have afforded some hidden satisfaction.

"Gourd and document are much of a muchness," he said carelessly. The parchment curled with unexpected speed, and caught his fingers in an uncanny grip. Without thinking what he was doing, he shook it off as though it were a scorpion. Then, flushing a little, he seized it, and stuffed it into a pocket. Miss Dane missed no item of this play-act. But she, too, could exercise the art of self-repression, and left unuttered the words that her heart dictated. Being a methodical person, she gathered the pins and replaced them in the hussif. She had just finished when Warden returned.

"You don't mean to say—" he began, but checked himself. After all, if he harped on the subject there was some risk that the girls' intuition might read a good deal of the truth into what she had seen and heard during the past half-hour. So he changed a protest into a compliment.

"Economy is the greatest of the domestic virtues. Now, a more man would have waited until one of those pins stuck into his foot as he was crossing the deck for his morning dip—and then he would say things. By the way, Peter believes the breeze is freshening. Would you care for a short cruise?"

A delightful color suffused the girl's face. "I feel like hitting my eye-brows at my own behavior," she said, "but I must admit that I should enjoy it immensely. Please bring me back here before six o'clock. I wish to go on board the Sans Souci the moment Mrs. Baumgartner arrives."

In response to Warden's summons, Peter and Chris appeared on deck. The Nancy cast off from her buoy, her canvas leaped to the embrace of the wind, and soon she was slipping through the water at a spanking pace in the direction of Portsmouth and the anchored fleet, for the cutter could move when her sails filled.

Thenceforth the talk was nautical. Peter entertained them with details of the warships or the yachts competing in the various races. Once, by chance, the conversation veered close to West Africa, when Warden gave a vivid

description of the sensations of the novice who makes his first landing in a surf-boat. But Peter soon brought them back to the British Isles by his reminiscences of boarding salt-stained gale off Lundy. No unpleasant incident marred a perfect afternoon, until tea was served, and the cutter ran to her moorings.

The guardian Gorgon of the Sans Souci watched their return, and it was evident that his solitary vigil was still unbroken. About half-past six, when a swarm of yachts were beating up the roads on the turn of the tide, the yacht owner and his wife, the Nancy, and a lady and gentleman on the gangway. They were alone. The watchman helped them to reach the deck, a financial transaction took place between him and the gentleman, the latter disappeared instantly, and the watchman descended the ladder with the evident intention of entering the launch.

But he hesitated and pointed to the Nancy, whereupon the lady, to whom he was speaking, looked fixedly at the cutter and her occupants. "That is Mrs. Baumgartner, I am sure," said Evelyn eagerly. "Will you take me across in the dinghy at once? Then, if necessary, I can reach Portsmouth easily this evening, as I shall have gained an hour."

She gave no heed to the astounding fact that if these people were really the yacht owner and his wife, they were absolutely alone on the vessel. Warden, unwilling to arouse distrust in her mind, bade Peter draw the dinghy alongside.

"Good-bye," he said, extending his hand frankly. "The world is small and we shall meet again. Remember, you have promised to write, and in the meantime, do not forget that if the Nancy or her crew can offer you any service we are within hailing distance."

"You are not leaving Coves tonight, then?"

"No. Tomorrow, if the wind serves, we go east to Brighton and Dover, and perhaps as far north as Cromer. After that, to Holland. But no matter where I am, I manage to secure my letters."

Evelyn gave his hand a grateful little pressure. She was not insensible to the tact that sent Peter as escort. "You have been exceedingly good and kind to me," she said. "I shall

## THE WOMAN'S CORNER

CHEERIES IN YOUR HAIR! SURE!  
THEY'RE AS LARGE AS YOUR EARS



Take the trimmings off your hat and put them in your hair. You'll be in style. Everything but the accessories of the chateauc style is being worn in the coiffure. Fruit is one of the most popular themes for hair dressing. Peaches and cherries are favorites. The cherries are about as large as your ears; in fact, they match up with the peaches in size. Cherry and peach leaves are intermingled with the fruit.

## ALL AROUND THE HOME

BY CYNTHIA GREY.

After making flower beds plant the variety of parsley around the edge. Everything but the accessories of the chateauc style is being worn in the coiffure. Fruit is one of the most popular themes for hair dressing. Peaches and cherries are favorites. The cherries are about as large as your ears; in fact, they match up with the peaches in size. Cherry and peach leaves are intermingled with the fruit.

Tulle or net hats that look hopelessly shabby may be made to look almost like new by steaming over boiling water. Hold a light towel around the hat afterward for five minutes, then expose it to the air. It will soon dry and look crisp.

Economical mothers make the boys' suits out of suits of grownups, after ripping, washing and pressing.

For the parts of the lawn where grass will not grow set out lily of the valley bulbs, and between them set slips of running myrtle.

When grease is spilled on silk, wash fresh sprinkle talcum on the spots and rub gently with soft linen cloth.

## DAILY MENU

### BREAKFAST.

Hyde Park Brown, Bread, Toasted, Boiled Eggs, Chocolate.

### DINNER.

Hamburg Steak, Mashed Potatoes, Salsify in Cream Sauce, Coconut Pie, Coffee.

### TEA.

Pear Preserves, Bread and Butter, Ginger Snaps, Tea.

### RECIPES.

The bread at breakfast is a culinary feat in economy, since it utilizes stale bread, and since it requires neither butter nor eggs. Take 1½ cups of stale bread, soak in 2 cups of water a few minutes. Squeeze dry and put into a bowl. Add three-quarters of a cup of molasses, 1½ cups each of graham flour, white flour, and corn-meal, 2 teaspoonsful of salt, 2 tea-

spoonsful of cream of tartar, and 3 teaspoonsful of soda, smoothing the two latter thoroughly together. Mix to a stiff batter with 1½ cups of cold water, more or less, as the flour demands. Grease baking powder tins and half fill. Steam two hours by standing on a trivet in a pot of boiling water. These are ready to be cut in slices and toasted next morning.

To have lunch cloths and centerpiece without creases from having been folded is difficult. Either have the heavy pasteboard rolls that pictures and calendars come in or make a roll of heavy paper about twice as large around as a broom handle, and by the way, an old broom handle serves to start the roll of paper on. Have two lengths, one about a foot long for the small linen pieces and another about three feet long for the larger pieces, and roll the freshly ironed linens on these rolls and keep in linen drawers, ready for use, and it will not be necessary to iron the creases out of each piece, as is the case when they are folded.

He was surprised when Warden expressed a wish that they should eat without a light. It did not occur to him that his employer was mounting a campaign against the Baumgartners' yacht, and meant to have a clear field of vision while a shred of daylight remained.

The progress of the meal was rudely broken in by the sound of the night watchman's whistle. The woman was frequently disturbed by the rattling of propellers, his sailor's ear caught the stealthy approach of the Swinging himself upright he roared: "Where's that ugly Dutchman's acorn?" to? Quick with a light, Chris, or she'll be on top of us!"

It was the Emperor's cruiser-yacht that had suddenly upset his equanimity. Returning to Coves after conveying the yacht flotilla, she was now fully a mile away from her usual anchorage. But the Nancy was safe enough. The imperial yacht stopped at a distance of three cables' length, reversed her engines, let go an anchor and ran up to the chain hawser when the first rattle of its first rush had ceased.

Chris lost no time in producing a lantern, and his father lunged it in its proper place.

"It is just our luck if we was run down," Warden heard him mutter. "That nigger's phiz we shipped today is enough to sink any decent craft, blow me, if it ain't!"

Warden, whose vigil had not relaxed for an instant, saw that someone was boistering a masthead light on the Sans Souci. Her starboard light followed, and soon the yellow eyes of a row of closed ports stared at him solemnly across the intervening water. As the principal living-rooms of such a vessel must certainly be the deck saloons, he was more than ever puzzled by the eccentric behavior of her owners. Every other yacht in the roadstead was brilliantly illuminated. The Sans Souci alone seemed to court secrecy.

As the principal living-rooms of such a vessel must certainly be the deck saloons, he was more than ever puzzled by the eccentric behavior of her owners. Every other yacht in the roadstead was brilliantly illuminated. The Sans Souci alone seemed to court secrecy.

## FASHIONS

Long pendant earrings of jewels or jet are worn with evening costumes. Hairdressings are marked by simplicity.

The fashionable boy's head covering is a round felt hat of grey or tan. The pleated skirt with pleats stitched down considerably below the hips, is seen in large numbers.

The coats which are most favored are those with long revers and fastening with one or two buttons. The most notable feature about the new skirts is the narrow cut about the ankles, which style is rapidly gaining favor.

Large-buttoned and flapped side pockets are frequently seen on suits of shepherd's check and novelty weaves.

Black hats, almost devoid of trimming, are popular for evening wear.

Beard fringes, matching the costume, are seen on smart gowns. Small hats are high style, especially the round turban.

## CYNTHIA GREY'S CORRESPONDENTS

Dear Miss Grey: Is it improper for a girl of 20 to get her escort after the theatre to a rathskeller?

A.—Yes, unless she is chaperoned by an older woman.

Dear Miss Grey: What will be a suitable present for a young man graduate?

A.—A knitted silk tie, with arts and crafts tie pin, or a handsome book.

Dear Miss Grey: I am receiving the attentions of a man 34. I am 20. Do you think this difference would count against our future happiness, if we marry?

A.—Certainly not if you love each other, and are well matched mentally and physically.

Dear Miss Grey: Please tell me the rule for construction of limericks. Whence came the name?

A.—"Limerick" is a coined word meaning "luncheon verse." The first, second and fifth lines, which rhyme, are three feet and the third and fourth, which rhyme with each other, are two feet. Thus:

There was a young girl named Marie,  
Who ate a cherry bounce at sea.

She went to the rail,  
Looking pensive and pale.

"How a cherry bounce bounces!" said she.

## HOW TO WALK WELL

There is nothing that takes away the beauty of womanly charm like a plodding, stooped, awkward carriage, and for this affliction there is absolutely no excuse unless the victim is in a state of ill-health or has reached the mark of age. While dancing and physical culture may not be within the possibilities, there is always within the woman herself a fair chance of correcting such a hideously unbecoming habit. With the head erect and back the chest up high and the hips back, she will have the regal pose of a self-respecting soul.

Awkwardness is an unnatural physical condition, the same as crossed legs, and by the way, an old broom handle serves to start the roll of paper on. Have two lengths, one about a foot long for the small linen pieces and another about three feet long for the larger pieces, and roll the freshly ironed linens on these rolls and keep in linen drawers, ready for use, and it will not be necessary to iron the creases out of each piece, as is the case when they are folded.

## CARE OF TABLE LINEN

To have lunch cloths and centerpiece without creases from having been folded is difficult. Either have the heavy pasteboard rolls that pictures and calendars come in or make a roll of heavy paper about twice as large around as a broom handle, and by the way, an old broom handle serves to start the roll of paper on. Have two lengths, one about a foot long for the small linen pieces and another about three feet long for the larger pieces, and roll the freshly ironed linens on these rolls and keep in linen drawers, ready for use, and it will not be necessary to iron the creases out of each piece, as is the case when they are folded.

At an easy, natural carriage gives strength and endurance. The woman who is bent and stooped tires easily for her bones and muscles are not working at best advantage.

the dinghy alongside and stepping into it.

"Goin' ashore, sir?" cried the surprised Peter.

They kept early hours on board, and Warden's usual habit was to be asleep by 9:30 when the cutter was at her moorings.

"No, I mean to pay a call. Got a match?"

"No need thank you, sir," I am bound for the Sans Souci and I may be back in five minutes.

He lit a cigar cast off and rowed himself leisurely toward the vessel which had filled so large a space in his thoughts ever since he met Evelyn Dane in the street outside the steamer pier. His intent was to ask for her, to refuse to go away unless he spoke to her, and when she appeared, as his well-ordered senses told him, would surely be the case, to frame some idle excuse for the liberty he had taken. She had talked of returning to Portsmouth that evening, and it might serve if he expressed his willingness to carry her imaginary baggage from the quay to the railway station. She was shrewd and tactful. She was anxious for her welfare, and it would not embarrass her to state whether or not his services were needed.

He was nearing the yacht when the red and green eyes of a launch gleamed from the water, and he was obliged to take measure of his direction. There was no other vessel exactly in line with the Sans Souci, and he thought struck him that this might be the messenger of the gods in so far as they busied themselves with Miss Dane's affairs. There was no harm in waiting a few minutes, so he altered the dinghy's course in such wise that the launch, if he were actually bound for the yacht, must pass quite closely, though he, to all outward seeming, was in no way concerned with its destination. His guess was justified.

While the messenger was still fifty yards distant, the quick pulsation of her engines slackened. She drew near and the figure of a sailor with a boat-hook in his hands was silhouetted against the bright strip of sky in the northwest. She passed, and it demanded all Arthur Warden's cool nerve to maintain a steady pull at the oars and smoke the cigar of British complacency when he saw Miguel Figuera and three men of the tribe of Oku seated in the cushioned space aft.

It has been seen that, in holiday mood, he was a creature of impulse, nor did he lack the audacity of prompt decision when it was called for. He showed both qualities now by hauling

astonished her mistress by calling "Potatoes, cabbage, apples—hurray!" just like the huckster who drove his wagon down the street every morning.

Polly liked company, and she was never so happy as when the children would play in the yard near her little girl so much that Polly was given a larger slice of apple than usual as a reward.

You may be sure that pleased the

## THE LAST RESORT

When all else failed, the Doctors Said, "try Fruit-a-tives"

And "Fruit-a-tives" cured Mrs. Cadieux

Plantagenet, Ont., Jan. 31, 1910.

"About March 1, 1909, I was taken deathly sick with stomach trouble, backache and general breakdown. I failed from 125 pounds down to 80 pounds, was confined to bed for eight weeks, and was unable to eat or keep anything on my stomach, vomiting nearly all the time. I expected to die, and took many remedies as well as employing different physicians. The doctors said they could do nothing for me and, as a last resort, one of the doctors told me to try Fruit-a-tives—if they would not cure me, nothing would."



Mrs. Laurent Cadieux.

My husband bought "Fruit-a-tives" from Mr. Arthur Rolan, merchant, of Plantagenet, and I started taking them at once, and inside of ten days, I was able to leave my bed. My stomach got strong and I could eat and retain my food. I gained rapidly and soon had my usual good health back again, and today I weigh as much as ever, 125 pounds.

MODE LAURENT CADIEUX.

Even the doctors are recommending "Fruit-a-tives." They realize now that these wonderful fruit juice tablets will positively cure all stomach troubles, indigestion and dyspepsia—and they are using "Fruit-a-tives" in their practice.

Few people realize the vital importance of keeping their blood pure. Impure blood is the chief cause of stomach trouble, because it is from the blood that the stomach obtains the fluid which digests food. When the blood is laden with impurities, the dissolving fluid (or Gastric Juice) will be impure. These impurities may come from a congested liver, from constipation, from weak kidneys, from an inactive skin, or from all four. Naturally, the ordinary "digestive powders" and "pepsin tablets" will not cure the trouble, because they only help to dissolve the food—they do not get to the seat of the trouble. "Fruit-a-tives" is the greatest remedy ever discovered for all forms of indigestion, dyspepsia and other stomach disorders, because "Fruit-a-tives" is unequalled as a blood-purifying medicine. "Fruit-a-tives" acts directly on the liver, regulates the bowels, strengthens the kidneys, stimulates the skin, and thus rids the whole system of all impurities. "Fruit-a-tives" will positively cure you of any kind of indigestion. "Fruit-a-tives" is sold by all dealers at 50c a box, 6 for \$2.50 or trial size, 25c. If you are unable to obtain "Fruit-a-tives" conveniently, do not accept substitutes but send to "Fruit-a-tives," Limited, Ottawa, and the regular size packages will be mailed you, postpaid, on receipt of price.

## IN WOMAN'S WORLD

Twenty-one-year-old Fraulien von Gunser is the first woman in Germany to pass the examination to be an apothecary. While England has several women apothecaries, this is the first instance of a woman being one in Germany.

Miss Anna F. Ries has served as the city physician and quarantine officer of Ogden, Utah, since Feb. 1 with great credit. Eighteen men physicians signed a petition against her appointment, but she has stood to her guns with a steady nerve. She rode one night standing on the front of a cow catcher over a mile to hunt a man suspected of smallpox.

Eighteen-year-old Lois Gould, of Sioux City, Iowa, has been awarded the National Municipal League's first prize for an essay by a high school student on "The Municipal Problem in America." Students all over the country competed in the contest.

Mrs. Frank Boon has been elected president of the Martindale Club of Philadelphia, each member of which walks at least five miles a day regardless of weather conditions. Probably the last medal awarded to anyone for bravery before his death was the one King Edward gave to Hannah Hugill, a 15-year-old girl, in 1891, in saving her mother from a fire by holding her up by the hair and pulling her out of the flames.

Mrs. Asher Richardson, who has been appointed general passenger agent of the Asherton Railroad of Texas, is said to be the first woman to hold such an office. The road is 35 miles long. She is a very capable woman, and in her new position it is claimed that she will more than make good.

Miss Ann Townsend, Marion McKellar, and Mrs. Keith Trash, three society women of New York City, will fast for seventeen days in an effort to prove that it will benefit their health. They have undertaken to eat nothing for three days, and then live on a milk diet for two weeks.

Lady Muir Mackenzie, wife of the senior member of the Governor's council, is said to be the moving spirit of

## HOW TO WATER WINDOW PLANTS

This question, which comes to my desk many times, is one which even a florist cannot answer exactly. Some plants require more water than others, and in rooms which are kept warmer than others more water is required on all plants. Just when and just how plants must be watered can only be learned by individual experience. The knowledge comes naturally by witnessing the growth of the plant.

Success depends largely upon good rich soil and careful watering, always remembering it is better to water too little than too much.

Plants which are in overwatered rooms may be restored by placing in a closed room where there is a steam heating plant. Ten drops of carbolic acid in a pint of water poured over the plants will kill insects. Be cautious with the acid.

There is a great deal of common sense in this little old poem. Read it, you flower lovers.

"Learn to what elements your flowers belong,  
What is their constitution, weak or strong.  
Be their physicians, careful of their lives,  
And see that every species daily thrives.  
These love much air, these on much heat rely,  
These without much moisture droop and die,  
Supply the wants of each, and they will pay  
For all your care through each succeeding day."

## PLAYTIME STORIES

Copyright, 1910, by N. E. A.

### CLEVER POLLY.

Polly was a parrot who lived in a big apartment house, and on all the nice days during the summer Polly sat in her wire cage on the back porch. Like most parrots, she quickly learned to imitate people, and one day quite



astonished her mistress by calling "Potatoes, cabbage, apples—hurray!" just like the huckster who drove his wagon down the street every morning.

Polly liked company, and she was never so happy as when the children would play in the yard near her little girl so much that Polly was given a larger slice of apple than usual as a reward.

You may be sure that pleased the

"Nora," and so she had imitated them. One of the children, Nora, often brought Polly a bit of cracker or apple, and the bird would put down her green and yellow head to have Nora "scratch."

One day Nora was busy doing some tasks for her mother when she suddenly heard her name called. But none of the children who were playing in the yard had called her. Again when all the children had gone, she heard someone call. Thinking someone was playing a joke, she stood in a corner of the porch to see whom the call might be.

Then what do you suppose, she discovered? Polly! That clever bird had heard the children call her favorite

### HELPLESS LITTLE BABIES

Ask any mother who has used Baby's Own Tablets, and she will tell you they are the best thing in the world for curing stomach and bowel troubles, and making teething easy. This is the highest praise a medicine can get. And we give you the guarantee of a Government analyst that this medicine is absolutely safe. No other medicine intended for young children give mothers such a guarantee. Mrs. Robert Mient, Hotham, Ont., says: "I cannot tell you how much good Baby's Own Tablets have done my baby. I am sorry I did not know about them earlier." Sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams Medicine Company, Brockville, Ont.

Don't let your Cough reach the danger stage use Shiloh's Cure now—it banishes Coughs—Cures Throat troubles

Some people who contract a cold are prone to say "It's not serious, I'll let it wear off." That's an unsafe attitude to take—

GET SHILOH'S CURE IN TIME  
One of the children goes about coughing—"Oh, Willie is pretty strong, I'll keep him home a day or so and the cough will go." Perhaps it will. Perhaps it won't.

USE SHILOH'S CURE NOW  
Yes—this asthma doesn't give me much rest and I've tried nearly everything." Friend says: "My father cured me of asthma thirty years ago with Shiloh's Cure—"

START SHILOH'S CURE TO-DAY  
Baby is croupy, whooping cough developing—"What can we get that we can rely on to cut that dangerous, choking phlegm?"

THE FAMILY FRIEND FOR 40 YEARS—SHILOH'S CURE

At All Druggists 25¢

It Cures