chap as was hanging round here five years since or thereabouts? He came back this afternoon and missed his

Of Interest to Women

office window there wandered, hand-in-hand, two very youthful people, to the ideal woman. either "me and my best girl," or a very recently married pair. They stopped Out at the fair there was present to a and stared in and "she" murmured to very marked degree, the most objectit are warm personal friends of long to be found in any book on etiquette. they wandered off, still wondering.

owned the grounds. All over the who says 'Oh, gee! and 'Good Heavpalace, the pike and the grandstand ens!' at the top of her lungs, and who they swarmed, full of the happiest en- has every one on the street looking at thusiasm. One group passed, chatter- her. ing happily together. Said one of the "It makes me sick," he continued, boys, "How much have you got to "to be with a couple of girls like that,

proudly.

the first one. "Daddy give me 20 cents don't girls cultivate the low, sweet and Mother give me five. My big sister voice that Dr. Johnson says is 'such brought me in and bought me five an excellent thing in a woman? And cents' worth of peanuts." Everyone one wonders why. looked at him enviously. Happiness could go no further, and he strutted along, hands in his pockets, hat on one fair just came in "Have you had your side, the "cock of the walk."

Blessed childhood, when it takes so office. little to make you happy. Who wouldn't be a "kid" again, when a quarter would make you joyous and you were not too blase to enjoy the fair, the crowd and-the peanuts?

It was on the "Pike," and we were the same at the Orange Meat exhibit standing outside one of the tents listening to the "barker" expatiate on the tea and biscuits, bought 5 cents' worth merits of his show the "best eveh," of peanuts and there you are." when out trooped three of the girls Everyone in the office shrieked and who were showing with him.

They were certainly "tough" in ap- dinner, kid. Here, you better take a pearance and brazen in face, and a quarter and get a decent one." man in front of me muttered: "I can't understand how God Almighty can let ster, "I don't want your money. I've any of his creatures sink to a level got enough myself to buy my dinner, like that and still live. I can't under- but I've been spending it on "the cane stand it," and he turned away dis- you ring is the cane you get," the Fer-

woman does sink, she seems to sink and he went off, happy as a lark. r than a man. There fable to the effect that a man, a oman and the devil ran a race in

sin. The man was hopelessly outdistanced, but he didn't feel badly, for the of manufacture after the preliminary Such funny things and such funny devil also was far behind. Significant, people as you see at the fair! Past the is it not? It behooves a woman, thereoffice window there wandered, hand- fore, to maintain the very highest

Just last week a man wrote to me and said "Why don't you write up in your paper the girl who laughs so loud-It was Children's Day, and they ly you can hear her two blocks away,

They are the sort who criticise the "Fifteen cents," said the other supper at a party, talk about people behind their backs and make them-"Aw! I got more than that," said selves generally objectionable. Why

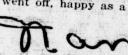
> A small boy who has been doing the dinner, sonny?" said a man in the

"Sure," said he. "Where did you get it?"

"Well, I tell you," said the boy, "I just went around to one side of the Malta Vita place and got a dish of food, then round to the other side, did had a couple of cups of cocoa and some

someone said "Pretty unsatisfactory "Not on your life," said the young-

ris wheel, and that sort of thing. I'll How is it, I wonder, that when a get a good supper when I get home,



THE ETIQUETTE OF LETTERS

letters written ten years ago would to warrant a personal line or two added

I remember not long ago of hearing a lecture on "Letter Writing as a Lost Art," in which the speaker gave examples of the dignified, respectful missive from a young girl to her mother 25 years ago, upon her election in a distant city to a responsible office in some great philanthropic society. This letter was saveral pages long begin-



EMPIRE STYLE-A girdle made of sateen

L Even the most contrary figure can cultivate a most comely form, vithout loss of comfort, by wearing E. T. Corsets. Because in E. T. Corsets there is a style made to fit the peculiarities of each kind of figure and give it the

E. T. Corsets are guaranteed your money back for any

Most all dealers sell them.



Letter writing has changed so much within a few years that the best of letters written ten years ago would no longer serve as a model for up-to-date use.

In the friendly relations existing between the writer and receiver may be such as to warrant a personal line or two added in a postscript. One must remember that a business letter is not always a server minute feet into the home, just so does holiday-making become more a toil than a pleasure—at any rate for the wife. Inthe feet into the home, just so does holiday-making become more a toil than the writer and receiver may be such as the hardest time of the year, for unless servant is left at home and all the additional labor of minding the small folk every minute of the day devolves upon no longer serve as a model for up-to-date use,

I remember not long ago of hearing private affair. It is often passed over the mother.

To a lawyer or counselor to be judged, Apart from this, the best month of holiday-making being August, the family in

some great philanthropic society. This letter was several pages long, beginning, "My darling, my admirable mother," and ending with terms equally as dignified and respectful.

The second letter, the letter of today, may be to some minds odious by comparison, but it certainly was in harmony with the times. The nature of the occurrence calling forth congratulations from mother to daughter was exactly the same, but this time the letter was as brief and as uncommenced to the contain nothing but the business. The father and mother and children must all father and mother and mother by the memory of the weary toil each holiday has involved, the question, should not enter into such a correspondent to the possibly can. Her own personality should not enter into such a correspondent to the possibly can. Her own personality should not enter into such a correspondent to the possibly can. Her own personality should not enter into such a correspondent to the possibly can. Her own personality should not enter into such a correspondent to the possibly can. Her own personality should not enter into such a correspondent to the possibly can. Her own personality should husbands and wives take their holidays together. By-and-bye, when all the joy and noveleant the joy and noveleant to the possibly can. Her own personality should not enter into such a correspondent with the girl who really wrote that letter is should not expect any receiver knows that the girl who really wrote that letter is should not expect any receiver knows that the girl who really wrote that letter is should not expect any receiver knows that the girl who really wrote that letter is should not expect any receiver knows the possibly can. The mother

changed the style. No one—at least, scarcely any one—will write on a typewriter the soul-stirring thought, because such extravagant phrases become ridiculous after passing through the girl and the machine. Even if one types her own letters, the effect upon the receiver is almost the same.

I don't believe that any lover, no matter how full of sentiment, could bring himself to write an impassioned epistle to his dear one on a typewriter. The business letter should be a busi
The business letter should be a busi
Mason's house party in—

Dear, Dear Marion:

You are so much in my thoughts lately that I want to reach out and touch you. Where are you and what are you doing? Are you well? Are you happy—with limitation, of course? I want to hear something of you. There's little at this end. I've stayed too long here for my own good, and before the next hot wave strikes us I hope to be at the old place in the mountains. Ethel will go with me, although she dreads it—so dull up there, you know for a girl of her years. But later I shall let her go with sister Mary to Mrs.

Mason's house party in—

Selves, need no chronicling where children are concerned.

By making these arrangements, the mother gets a real holiday, for though she has the small folk to supervise she has no man with the burden of idleness on his hands to console and amuse. Few men realize what a terrible trial they prove to a wife on a holiday. Yet the little will go with me, although she dreads it—so dull up there, you know for a girl of her years. But later I shall let her go with sister Mary to Mrs.

Mason's house party in—

Mason's house party in —

Selves, need no chronicling where chil-dren are concerned.

By making these arrangements, the mother gets a real holiday, for though she has the small folk to supervise she has no man with the burden of idleness on his hands to console and amuse. Few betty exactions they impose are little with the prove to a wife on a holiday. Yet the little what a terrible trial they prove to a wife on a holiday. Yet the Mason's house party in -

Have you heard about Jennie Munroe's engagement to J. S.? My, how fast our daughters are coming on.
These peaceful scraps of news are all I have. I rather hope it's the same with you. Any way, don't leave me out any longer. Your loving KATE."

You see this letter tells all that is "doing" in but few words, and still conveys the warn message of a love and wife alike. Have you heard about Jennie Munconveys the warn message of a love and friendship that will continue to the end, we hope.

The next letter is a reply to an invitation to become a member of a committee, and is a model of its kind, for it contains just the right touch of bus.

it contains just the right touch of busness and pleasant friendliness com-

> No. 907 Seward avenue, June 10th.

My Dear Mrs. Jones:

July 12, 1904. Mr. James Mason Blair, Rochester, the countenance of the party of the second part. A smile or two more or

Dear Sir—We wrote you on June 23 less, never hurts anyone. The post-with reference to changes regarding your manuscript. We should like to remind you that, if we issue the book in the fall, it will need to be taken up at an early date, and to ask if you cannot give this matter your attention of up-to-date letter writing consists in being concise, clear as to meaning.

Dear Sir—We wrote you on June 23 less, never hurts anyone. The post-script in this case conveyed a pertingent, but brief message. It was: "Come, get a move on."

In the fact that she desires to be skin by going over it gently but brisk-beautiful is found sufficient excuse for ly with the brush and a goodly supply of twarm water and a pure neutral soap, after which she rinses her complexion in cold salt water, dries it gently with a bit of old linen and applies creme marquise or orange flower as he set his foot on the line, and I

friends just the same.

The postscript was there, however, and caused a smile to show itself on Dear Sir-We wrote you on June 23 less, never hurts anyone. The post-



Fond Mamma-Yes, my darling, those little boys next door have no father or mother, and no kind Aunt Jane. Wouldn't you like to give them someto get out here, on his way south, and return to the Junction to retrieve an 'Archie (with great enthusiasm)—Oh, yes, mamma; let's give then Aunt there.
A feeling of satisfaction stole over

THE VACATIONS OF THE MARRIED

For the first two or three years of wedded life the holiday problem does not preerica; in England a spoon is used. With all remembrance of Clatworth.

As he crossed the line to the the years in their flight bring the advent

lations from mother to daughter was exactly the same, but this time the letter was as brief and as uncommenced as a telegram. It read, "Bully for you, Ma. I knew you would get there, Julie," This shows the difference between yesterday and today — but good form strikes a happy medium.

According to the latest fiat of good form, all letters whether of business or personal matters, must be fairly brief. No one has time, nor inclination, nowadays to wade through pages of personal items which are of no interest to any but the writer. And then, the typewritten letter has completely changed the style. No one — at least, scarcely any one — will write on a scarcely any one of the letters actual to sample and at the scarcely and to sentiment and to the scarcely any in a type— write by real people to real people to real people to real people of today.

These are examples of smart letters between the real people of today.

These are examples of smart letters between the real people of today.

These are examples of smart letters between the real people of today.

These are examples of smart letters between the first place, the first place the signific

perchance does not improve her own tem-

Lever's Y-Z (Wise Head) Disinfectant Soap Powder dusted in the bath, softens

the water and disinfects.

Low Rates to the West Via Great

MANNERS AT TABLE : WITH ILLUSTRATIONS

Hosters and Her Invited

Ice Cream is eaten with a fork in Am- level of prosperity, had nearly effaced sent itself. Whenever the husband has all deference to English custom, a very his annual leave from the office, both safe rule is, eat nothing with a spoon the up platform, odds and ends of rem A hostess does not press a guest to eat more, nor assure her that there is an abundant supply; it were invidious for her to doubt it. Where considerations old church, embowered in trees. of health do not forbid it, it is courteous

to partake a little of every course.

No guest passes a plate or offers to serve anything unless requested to do so.

To detect oneself in a solecism is, as toward the carriage he was suddenly toward the carria a rule, as mortifying a thing as can happen. Under such circumstances, men and women behave very differently and so betray themselves, in the sequel more than they do in the act. A young woman with an undue amount

of country-girl ignorance and lack of experience was invited to luncheon at the face with astonished and uneasy recognition, and, as the traveler took over his brake, was looking him full in in cups. The girl thought it was tea and recognition, and, as the traveler took asked the maid for sugar. Before she put it in the bouillon, the hostess by in the sun-burned features, the dark, menacing eyes, the strong, brown hand whose elbow the young woman was sitthat seemed to twitch toward him, he ing, said: remembered everything.

"That, my dear, is bouillon."
"Yes, I know," retorted the guest, "but
I always take sugar in mine." As a matter of fact, she had never traveler had interfered with their taken bouillon in any way and had not the remotest idea what it was, and she made her mistake all the more glaring by not following the plan which indicates breeding—simplicity.

Abraham Lincoln had an experience not entirely dissimilar to that of the young woman in coestion. At a dinner party at which he was present there was a saddle of mutton. When the butter

a saddle of mutton. When the butler passed a glass of jelly Lincoln took it and ate its contents. Another glass was passed from diner to diner and each took a spoonful. Lincoln observed this, and, with a characteristic laugh, said: 'I seem to have taken more than my

There was no apology and no embarrassment. A particularly fastidious woman who was present said afterward that the daring to risk a fight, for the discarded sad looking and rather awkward frontiersman was, by nature, a better gentlegan than any one she had ever met, even in places where men were supposed to be gentlemen as a matter of course One of the fundamental rules to observe is the manner of sitting down at the table.

Serve is the manner of sitting down at the table.

Serve is the manner of sitting down at the contempt to t

In a certain recent book a young girl writes to her mother: "I am sure you make a mistake in what you told me, that make a mistake in what you told me, that all well-bred people behave nicely at din-ner, and sit up, because they don't a bit. Lots of them put their elbows on the table, and nearly all sit anywhere on Do not sit on the edge of the chair, nor sidewise. Nor should the back rest continually on the back of the chair. An easy upright position is the proper one. The feet should rest on the floor, and sit far enough away from the plate to be able to use the knife and fork without

awkwardness. awkwardness.

"It is worse than a crime; it is illbred," the society woman will tell you about this careless manner of sitting. Nothing points out the ill-bred woman more quickly than the position she takes when she sits down to table.—Buffalo Courier

A Satisfactory Pile Remedy Will cure the conditions causing the Try Dr. Hamilton's Pills of Mandrake and Butternut; their fre-quent use prevents piles. No case ever

known where the use of Dr. Hamilton's Pills failed. Athletics and Consumption.

My Dear Mrs, Jones:

It would be a real pleasure to work in the work of the wo with you, and if you think me sufficiently definite under the circumstances you may count upon me. Faithfully yours.

In wit, as nature, what affects our hearts fully yours.

In wit, as nature, what affects our hearts fully yours.

In wit, as nature, what affects our hearts fully yours.

In wit, as nature, what affects our hearts fully yours.

Is not th' exactness of peculiar parts; "Tis not the lip or eye we beauty call, and here is a business letter which all.

And here is a business letter which to the station master at the Junction to the stoker of the Clatsworth train.

"He seems to have gone queer—says he must get home for a bit, and he'll be larger proportion of scar-material useless for breathing when it does get well—Everybody's Magazine with a significant pause."

Someone contraction of the contr

A LOOSE ENGINE.

changes at once. In this case the writer of the letter and the one who receives it are warm personal friends of long standing, but even so, it was not really necessary to add the friendly post
LINDA HULL LARNED.

sweet way into a woman's heart, making her life beautiful and filling it with to be found in any book on etiquette.

LINDA HULL LARNED.

sweet way into a woman's heart, making her life beautiful and filling it with to be found in any book on etiquette.

She know who 'twas. And I wouldn't tell her. You'd best tell her yourself. She has consideration for her neighbors, patience with little children and about you, and she'd be glad when the thoughtfulness for the feeble and aged.

She know that certain rules of regular hygiene must be carefully follow- brutes with kindness. There is some- time. keep the various digestive organs in good temper, avoiding the luscious pastry bits that create a yellow, sallow her inferiors. She does not expect her skin and dull, listless eyes. She eats cook to be of the same intelligence as herself. So she can overlook an occaplenty of fine fresh fruit, and she herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. So she can overlook an occaple of the same intelligence as herself. drinks a great deal of pure water, sional failing in one less fortunately which helps to clear and cleanse and satuated in life, beautify the skin.

> even bristles, and she cleanses away from his insidious little afflictions. So Extractor. It's painless, doesn't burn, all dust and grime and sebaceous matter that adhere to the surface of the her.—Chicago Record-Herald.

worth again after five years! Curious

that chance should have obliged him

mportant package he had left behind

him at the difference between his past

and present self. In those old days,

cessitated a fortnight's sojourn at this

dead-alive village, he had been of lit-

en his chance had come and h

tle account either in his own or any

had taken it. Five years of rough-andtumble life in every quarter of the

globe, with a success at the end of it

that landed him high and dry on the

As he crossed the line to the strip of

geranium-bordered gravel that formed iniscences began to piece themselves in

kaleidoscopic fashion through his brain.

There was the stretch of dusty road

that led to the pond and the mill

across the fields rose the tower of the

arrested by a face that brought back vividly, like a bolt from the blue, the

The engine driver, leaning a little

There had been a quarrel between

this man and himself over a girl-Eppie, the village belle. The young

courting, had captured Eppie's truant

fancy with his affection of superiority

and town ways, and, after persuading

her to throw the other over, had played fast and loose with her himself.

It had been a fortnight's interlude of mock sentiment and passion to him, life time of love and desperate grief to

her. When he said good-bye to her in the mill lane, and she realized that he

had failed her, she gave one bitter cry, and, in answer to it, someone had run across the adjoining field, had leaped

the intervening hedge, and had struck him down with one swift, savage blow

He had picked himself up and gone

And now for the first time they were

For an instant both were silent; then

The driver's furious gaze flickered,

and the traveler intuitively looked past

door, a woman, young and comely, stood with a child in her arms.

The blazing sunlight shone full on

their faces, glinting in the gold of their

hair, enhancing the clear white and red

of their cheeks; they looked the embod-

iment of spring and summer, of child-

hood's and womanhood's health, men-

And, looking back into the driver's

eyes, the traveler read the intolerable suspicion and jealous fear that flashed

into them, and understood what had

happened in those five years. His mo-

ment of revenge had come: he had neither waited for it nor counted on it,

out he would take advantage of it to

next train. Then I can have a talk with

Eppie about old times." And he de-

hammer on the brake, and he seemed

as if he would leap from the engine

with a significant pause.

tal and physical, in its perfection,

the engine, across the station yard to a patch of green, where at a cottage

contemptuous smile, said

the engine driver said, hoarsely, "What

lover was mad with jealousy.

face to face again.

"How's Eppie?"

with

unpleasant experience of his

other world.

most

career.

when his commercial traveling had ne-

This not only implies that the firm intends to publish the book, but reminds the author to make the required changes at once. In this case the writer of the letters as these, together with of the letter and the one who receives.

As for the letters of acknowledgment for favors or courtesies of any kind, a mention of the especial favor is necessary with the hearty, wholeshed the expression of thanks for same. Such letters as these, together with of the letter and the one who receives.

As for the letters of acknowledgment for favors or courtesies of any kind, a mention of the especial favor is necessary with the hearty, wholeshed the hearthstone she treats him as lowered his voice. "He was cut fight in there, and the one who receives of the letters of any kind, a mention of the especial favor is necessary with the hearty, wholeshed true beauty is far cheerfully as she can, and since he souled expression of thanks for same. Such letters as these, together with letters of condolence or congratulation, of the letters of any kind, a mention of the especial favor is necessary with the hearty, whole-side her hearthstone she treats him as lowered his voice. "He was cut fight in there, and the one whore with letters of condolence or congratulation, of the letters and the one who receives as these, together with letters of condolence or congratulation. Those who cry find trouble ever with them, for he loves tears and dotes on know who 'twas. And I wouldn't tell her yourself. She

looks. She eats such things as best cared for or forgotten. My Lady Love- ta-e door.

beautify the skin.

At night there is a little facial tubbing that is never neglected. She plies the correct complexion brush of firm, Lastly, she has a horror of the "mid-

train somehow, so he went across to the Parcels Office and put his bag in, and stopped there along of me. It might have been a couple of minutes at an early date, and to ask it you cannot give this matter your attention soon, as we judge there will be much being concise, clear as to meaning, courteous and always impersonal for soon and always impersonal for business letters. Kindly, communication of manufacture after the preliminary plans are made. Very truly yours, Jones & Co., F. W. D.

F. W. D.

By taking her morning bath, she begins the day right. She gets the drowsiness out of her eyes, brings the carnation color to her carnation color to her carnation of knowing that being concise, clear as to meaning, courteous and always impersonal for business letters. Kindly, communicative, interesting and fairly brief in letters between friends.

F. W. D.

By taking her morning bath, she plies creme marquise or orange flower skin food so no roughness or scaliness will result.

My Lady Lovely never goes out and lassos troubles and brings them home with her. If trouble comes and sits beside her hearthstone she treats him as lowered his voice. "He was out field in the cound set the gently with a bit of old linen and applies creme marquise or orange flower skin food so no roughness or scaliness will result.

My Lady Lovely never goes out and lassos troubles and brings them home with her. If trouble comes and sits beside her hearthstone she treats him as lowered his voice. "He was out field in the cound set to meaning.

By taking her morning bath, she plies creme marquise or orange flower skin food so no roughness or scaliness will result.

My Lady Lovely never goes out and lassos troubles and brings them home with her. If trouble comes and sits beside her hearthstone she treats him as lowered his voice. "He was out field in the cound sate was looking over his shoulder she has the set his food on the line, and I should the set has been as the set his food on the line, and I should the set has been as the set his food on the line as he set his

> She knows that certain rules of reg- She loves animals and treats dumb main glad to see you before you ed if a woman would be well and strong thing lamentably wrong with the wo- The engine-driver, shaking like a healthy and blessed with fair man who permits animals to be un- leaf, went across the green to the cot-

> > Corns Kill Pleasure

No fun in walking with corns. To cure in 24 hours, apply Putnam's Corn only Putnam's, it's the best.

Startling.

The coming of the Archbishop of Canterbury recalled to a party of cler-gymen at the See House the other day the similar occasion a third of a cen-The little station at Clatworth had wakened from its usual noontide siestator for the advent of the important trains of the day—one from Anderford Juncof the day—one from Anderford June- and be back in time for her." And he

tion, bringing passengers from the honder from retion, bringing passengers from the honder the driver had made his he gave the bellboy some lessons in English etiquette, among other things Dr. H. C. Potter, now bishop, had permote country towns, conveying those way to the "goods" just starting for instructing the lad that when the who desired to catch the up train at Clatworth. It seemed an eternity to bishop, answering his knock, asked, the junction for Waterloo.

A man who had alighted from the and he stumbled out of the van like a boy, my lord." him until his cottage came in sight, "Who is there?" he should reply, "The down train looked around him with a man who has had too much strong All went smoothly until the bellboy drink; but the porter laid a detaining called the bishop the morning after

hand on him and pointed toward the his arrival. waiting room, round the door of which "Who's there?" called out the sleepy a group of people clustered, peering and ecclesiastic. "What's up?" said the driver, husk- fused lad shouted out: The answer roused him, for the con-"You remember that commercial Times. "The Lord, my boy."-New York

Are you trying to make bricks without straw? Build up your body with food that nourishes but a part of its elements?

A building is built of individual stones or bricks, but mortar or cement is a very necessary part of the building to hold the stones and bricks together. Just imagine what would happen to a building if the contractor, thinking to improve its looks, left out the mortar and cement. This is what the miller does when he makes white flour-he leaves out very essential elements in the building of the human body, for the sake of making his product please the eye: The golden outer coating of the wheat would spoil the spotless whiteness of the flour, so they throw it out and with it the nitrates and phosphates which build muscle and brain, and leave practically nothing but the fat- and heat-producing starch.

When you eat

SHREDDED WHOLE WHEAT BISCUIT AND TRISCUIT

you get the whole of the wheat—every element that

the body and brain need for thorough nourishment. Each Shredded Whole Wheat Biscuit contains over seven hundred inches of individual shreds, which are rendered light and porous by the process of shredding. The pores readily receive the saliva during the process of mastication, and in the second step of digestion the porous shreds are quickly saturated with the gastric juices of the stomach.

Thus digestion is attended with natural results. Triscuit is a delicious, light wafer containing no yeast, fats or chemicals. Takes the place of bread or crackers and makes ideal toast.

Make Triscuit your daily bread.



Send for "The Vital Question Cook Book" free The Natural Food Company, Toronto, Canada