

SHE WAS ALARMED ABOUT SON, HE SAYS

Wm. Morrow Was in Bad Health All Summer—Tanlac Overcame Troubles

"I have never been a hand to recommend a medicine but I will have to make an exception of Tanlac because it has accomplished so much for my son," said Mrs. Caroline Morrow of 13 Allison avenue, Toronto. "For several years," she continued, "William has been subject to frequent attacks of rheumatism and during the past summer he suffered a great deal. He complained of his joints aching and hurting and his knees and feet, especially, would swell and pain terribly. Sometimes his knees hurt so he could hardly bear for the liniments we were using to be applied. Along with the rheumatism, he seemed to be in general bad health. He complained of being tired and never seemed to feel right. Nothing seemed to give him more than a little temporary relief and I was beginning to feel alarmed at the way the rheumatism was affecting him."

"I never felt much interest in what I read about Tanlac, but the boy was suffering a great deal and thinking it might help him I got him to try it. He has taken only two bottles so far but I can see a wonderful change in him already. Tanlac has relieved him of rheumatism entirely. He never complains now at all and all his swelling has disappeared from his knees, feet and ankles completely. He has a fine appetite, eats heartily and never complains of that tired, drowsy feeling any more. In fact, he's like a different person and I am so well pleased with Tanlac that I am recommending to everyone as a good, honest medicine."

Tanlac is sold in Brantford by Milton H. Robertson & Co., Ltd., in Par's by Apps Ltd., and in Mt. Vernon by A. Yeomans, and in Middleport by William Peddie.

U. S. SPEEDS FOOD FOR THE ALLIES

Fast Freight Trains Bear Supplies From the Middle West

By Courier Leased Wire.
New York, Jan. 31.—Fast freight trains loaded with food and other supplies for the Entente Allies, started from the middle west for New York and other Atlantic seaboard points to-day under orders, issued as a war measure, by A. H. Smith, regional director of railroads. This action was taken, it is said, upon urgent representations by the British, French and Italian Governments as to the food situation abroad.

The new system provides for the loading of a large number of ships at railroad piers in New York harbor as soon as the trains arrive. According to Mr. Smith, valuable time will be saved under the plan. The solid trains will run on a sixty hour schedule between St. Louis and Chicago and New York. Under the previous arrangement, it took from eight days to two weeks to get such freight here from the middle west.

One hundred locomotives have

Grocery Specials

Fine selected Corn Flakes, 13c or 2 packages for 25c
Wellington Salmon "Special" per tin 15c
Golden Net Salmon, per tin 18c or 2 tins for 35c
Buckwheat Flour, Cream of Wheat, Corn meal all 10c a lb.
Tapioca and Sago, per lb. . 20c
Rice, 15c a lb. or 2 lbs. for 25c
Rolled Oats, per lb. 8c
Just arrived a full line of all Jams, Marmalades, Etc.

Butler's Cash Grocery

271 COLBORNE ST.
Opp. A. Spence and Sons. Mfrs.
Open Evenings.

been ordered transferred from other parts of the country, to the eastern roads to help expedite the movement. Enough railroad piers here will be taken over in the next 24 hours to provide for the loading of twenty-five ships at one time, according to the present plans.

On account of unprecedented ice conditions in the harbor and delays caused by numerous snow storms, the freight congestion here has caused considerable apprehension. More than 25,000 carloads of freight for the allies and the United States were piled up at docks two weeks ago.

INDIFFERENCE BY LEADERS TOWARD FISH MOVEMENT

Campaign For Increasing Fish Consumption Is Thus Hampered
By Courier Leased Wire.
Ottawa, Jan. 31.—The campaign for increasing consumption of fish in Canada is being seriously hampered in many places by the indifference or lack of enthusiasm on the part of dealers. The food controller said to-day that under the arrangements made by this office to assist in prompt distribution of Atlantic fish to markets in eastern and central Canada, the public should be able to secure an ample supply at reasonable prices. If the retail dealers were doing their part, he added that fish merchants would have no difficulty in obtaining moderately priced Atlantic fish if they would take the trouble to order supplies from licensed wholesale dealers.

Mr. Thompson advises consumers to demand from their dealers cod, haddock, herring, skate, hake, pollock and other moderately priced fish and to insist upon the merchants ordering supplies. With the co-operation of the public and the trade, he said, the per capita consumption of fish in Canada would easily be doubled, thus increasing considerably the supply of Canadian meat available for shipment to the soldiers.

No business is bigger than the man who runs it. The tradesman who says "trade is dead" often is himself no live one.

BLIND GIRL WRITES POEM

The following poem is written by Miss Winifred Davison, a pupil of the O. S. B., in memory of the late, C. B. Wickens, former assistant principal of the school, who died last summer.

In Memory of Mr. Wickens.
Like rivers which glide through the valley
Refreshing the trees and the flowers
His life glided peacefully onward
Improving and cheering the hours.

For He who gave sight to the sightless
Had sent him to brighten our way,
And hearts which had drooped in the shadow
Were brought to the regions of day.

For forty long years did he labour,
Employing his every resource
To smooth out the pathway of knowledge
For those who should follow its course.

And those who have heard his mild teachings
Will ever deep gratitude feel
For lessons so simple and childlike,
Which yet so much wisdom reveal.

How great was the sum of his knowledge,
Yet how unassuming he was,
All day after day, he devoted
His talents and time to our cause.

He saw all the good in his pupils,
Left others to search for the ill;
He lived, not for self, but for others
Submitting himself to God's will.

And thus, in the midst of his duties
He peacefully passed to his rest—
His labour of love was accomplished
And many through him had been blest.

And though we are lonely without him,
In fancy we hear his kind voice;
It bids us be true to his teaching,
And meet him where all shall rejoice.

And though he has gone from our circle
To serve in a happier sphere,
O Lord let the lessons he gave us
Bear fruit in our humble lives here.

(Pupil of the Ontario School for the Blind.)
WINIFRED DAVISON

KEEP LITTLE ONE WELL IN WINTER

Winter is a dangerous season for the little ones. The days are so changeable—one bright, the next cold and stormy, that the mother is afraid to take the children out for the fresh air and exercise they need so much. In consequence they are often cooped up in overheated, badly ventilated rooms and are soon seized with colds or grippe. What is needed to keep the little ones well is Baby's Own Tablets. They will regulate the stomach and bowels and drive out colds and by their use the baby will be able to get over the winter season in perfect safety. The Tablets are sold by medicine dealers or by mail at 25 cents a box, from The Dr. Williams' Medicine Co., Brockville, Ont.

SUNDAY SCHOOL

Lesson 5.—First Quarter, February 3, 1918.

THE INTERNATIONAL SERIES

Text of Lesson, Mark 2:23 to 3:5—Memory Verses, Ex. 29:8-11—Gold-Text, Mark 2:28—Commentary Prepared by Rev. D. M. Stearns.

Taking up the verses between last week's lesson and this one, we note Christ was ever teaching the people, for he was truly the Great Teacher, and it is written, "Who teacheth like him? And we may well pray, 'That which I see not, teach thou me' (Job 34:32, 38:22). Before he went away he said that he would send the Holy Spirit, who would teach us all things (John 14:26), and he did, and we may rely upon him as ever in us to guide us into all truth.

When he called Levi, or Matthew, to follow him, he promptly did so, having no doubt heard and received his teaching. He then made Jesus a feast in his home (Luke 5:29), and invited many of his publican friends and other sinners, as well as those who were already disciples of Jesus. This brought sneers and scoffing from the self-righteous scribes and Pharisees, who were above associating with such people, and led Jesus to say that he came not to call self-righteous people, but sinners to repentance. He does not want worship or sacrifice from saved people, for they that are in the flesh cannot please God, but he is ready to have mercy upon all who come to him. Compare Matt. 9:13 and Hos. 6:6, and see Rom. 8:3. We can only say to people who are good enough in their own estimation that while we are sorry for them, we never heard of a Saviour for them.

Then came up the question of fasting, on which the Pharisees counted so much, which led the Lord Jesus to speak of himself as the Bridegroom, and his disciples as the children of the bride-chamber, saying that they would have occasion to fast in his absence, but not while he was with them. These Pharisees were patchwork people, trying to put something new upon something old, but such is not the Lord's method, for our old sinful natures are thoroughly corrupt and can never be improved or made any better. There must be a new nature by a new birth from above—Jesus Christ received into our hearts and given full control, while the old must be subdued, put off, reckoned dead. Not reformation but regeneration. If God is in Christ, he is a new creation, in no sense indebted to the flesh or having anything to do with it.

The Pharisees prided themselves upon their doings, their fasts and feasts, and religious observances, their long prayers in public places, their commendation from men, while in God's sight who reads the heart, they were hypocrites, whitened sepulchres, a generation of vipers (Matt. 23:5-7, 14, 25, 27, 28, 33). That which the Lord had given for the benefit of his people that he might reveal himself unto them, the Sabbath day, the Passover and other feasts, they had appropriated, perverted, and taken credit to themselves for being so religious. We, as sinners, cannot give God anything, or do anything to please him, until we have first received from him the mercy and forgiveness he is ready to bestow, the eternal redemption purchased and provided for us at such infinite cost. Salvation is only by grace and wholly unmerited on our part (Rom. 3:24). The Sabbath was made for man that the Lord of the Sabbath might specially on that day, when man ceases from his own works, reveal himself, and bless us (27, 28). It is lawful to do well on the Sabbath days (Matt. 12:12), and all acts of necessity and mercy are surely in order. His disciples were hungry and he justified their plucking corn by the story of David and his men when they were hungry. Healing the man's withered hand was an act of mercy at any time. If you will notice the many times they found fault with him for doing good on the Sabbath day you can readily see what a religious idol they had made it, and worshiped it and not God. Again and again it is written that because of his disregard of their idol they determined to kill him (3:6). Doctor Weston has said that it is often a surprise when one's attention is first called to the fact, that the immediate occasion of the determination by the Jewish rulers to put Christ to death was his relation to their Sabbath. The Sabbath might be called the Jewish national flag, and in it they claimed a peculiar relation to God as their creator and redeemer, but in reality they knew him not, and through deceit refused to know him (Jer. 9:3-6). Concerning the keeping of the Sabbath, I know no more clear and simple instruction than Isa. 58:13. "Turn away thy foot from the Sabbath, from doing thy pleasure on any holy day—call the Sabbath a delight, the holy of the Lord and honorable; and honor him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words." As to the day of the week, we keep the first day rather than the seventh, because the Lord Jesus rose from the dead on the first day and repeatedly appeared to his disciples on that day, and believers are a resurrection people, who are by faith risen with Christ and seated with him in heaven. In this connection see Col. 2:16.

AIRPLANE COLLISION.
By Courier Leased Wire.
Fort Worth, Texas, Jan. 29.—

You Pay Less Here

Saturday

You Pay Less Here

Cash Specials!

"CAMOUFLAGE"

The word "Camouflage" means imitation or deception and this word is not in our vocabulary. There is no camouflage in this bunch of specials. Every article is Big Value at the price quoted and exactly as represented.

Why Carry Your Bundles

in your arms when you can get a first class Bag-ket, with drop wire handles, covered with wire clasp for fastening. Made in four sizes.
Saturday Only, 20c, 25c, 30c and 35 Cents

A Bargain in Saw Bucks

Made of good clear material. Very strong, can be folded up and put away. Specially priced for.
Saturday Only, 45 Cents

You Will Need One of These

before this winter is over. A first class quality Axe Head, Michigan pattern, full polished carbon steel. Bit ground to a keen edge. Assorted weights, everyone warranted.
Saturday Only, \$1.25

Just a Few of These Left

A good size FRY PAN, triple coated pure white enamel on heavy steel; everyone guaranteed perfect. While they last.
Saturday Only, 29 Cents

A Saving in Wringers

Cannot be duplicated for the money; 11 inch solid rubber rolls, guaranteed, vulcanized to the shaft, heavy steel pressure spring, adjustable screws, double geared, hardwood frame, will fit any kind of tub.
Saturday Only, \$4.79

A Special Bargain

in mixed wire nails, from 1 to 4 inches all kinds and sizes, assorted.
Saturday Only, 6 lbs for 25c

A Good Corn Sheller

is the Iron King, self adjusting; shells clean and does not crack the corn, nicely finished; capacity about 8 bushels per hour.
Saturday Only, \$2.25

Machinists Hammers

We have them in all sizes, but here is one weight about 3-4 lb. forged crucible steel; hardened and oil tempered, polished head and pin; regulation length handle.
Saturday Only, 42 Cents

A Cutlery Bargain

The well known Nevada Silver Tea spoons, made of the same material through and through, no plating to wear off; standard size.
Saturday Only, 69c Dozen

When You Are Going

on that sleigh load make yourself heard with one of these Cow Bells, made of bell-tone metal, copper finish.
Saturday Only 45 Cents

A Special in Coffee Pots

full nickel plated, copper bottom; capacity about 4 pints black enamelled wood handle.
Saturday Only, 79 Cents

A Carpenter's Special

in Zig Zag Rules, 5 ft. yellow; strictly first quality, guaranteed accurate; riveted joints; reinforced, graduated in 16ths.
Saturday Only, 42 Cents

Repair Your Own Shoes

and save money. The Economical Shoe Kit will do it, consisting of 1 heavy Standard, 3 lasts, 1 each men's and boys' and misses'; 1 hammer, 1 knife, 1 handled peg awl; 1 pkg. nails, full directions.
Saturday Only, 79 Cents

A Handy Little Kitchen Saw

12 inches overall tempered steel blade, cuts bone, metal, etc., wire handle.
Saturday Only, 21 Cents

Reduce Your Coal Bills

with Kozy Weather Strip, made of good heavy felt 9 feet long, 7-8 in. wide 1-8 inch thick.
Saturday Only, 18 Cents

Repair Your Tinware

MAGIC SOLDERING. Graniteware, Enamelware, Aluminum, Copper, in fact, any kind of metal with Magic Soldering. Mends without heat, 100 mends in a tube; so simple a child can do it.
Saturday Only, 25 Cents

A Snap in Vacuum Bottles

Standard size, keeps liquids hot for 30 hours and cold for 72 hours; black Japanned finish, nickel plated, screw top.
Saturday Only, \$1.39

YOU SAVE MONEY BY DEALING AT The Big Cash Hardware Store

84 DALHOUSIE STREET. T. A. Squire) PHONE 480

THE SAFEST MATCHES IN THE WORLD Also the Cheapest Are EDDY'S CHEMICALLY SELF-EXTINGUISHING Silent 500's

Safest because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished. Cheapest, because there are more perfect matches to the sized box than in any other box on the market. War time economy and your own good sense, will urge the necessity of buying none but EDDY'S MATCHES.

Inspector, London. CHAS. E. H. FISHER, Mail Service Branch, Ottawa, Jan. 25th, 1918. Postoffice Inspector,uary 25th, 1918.

Directory First!

WHEN you call a telephone number from memory or when you guess at it you are apt to be wrong.

¶ The mind has a trick of transposing figures—instead of "1263" you are quite likely to say "1623."

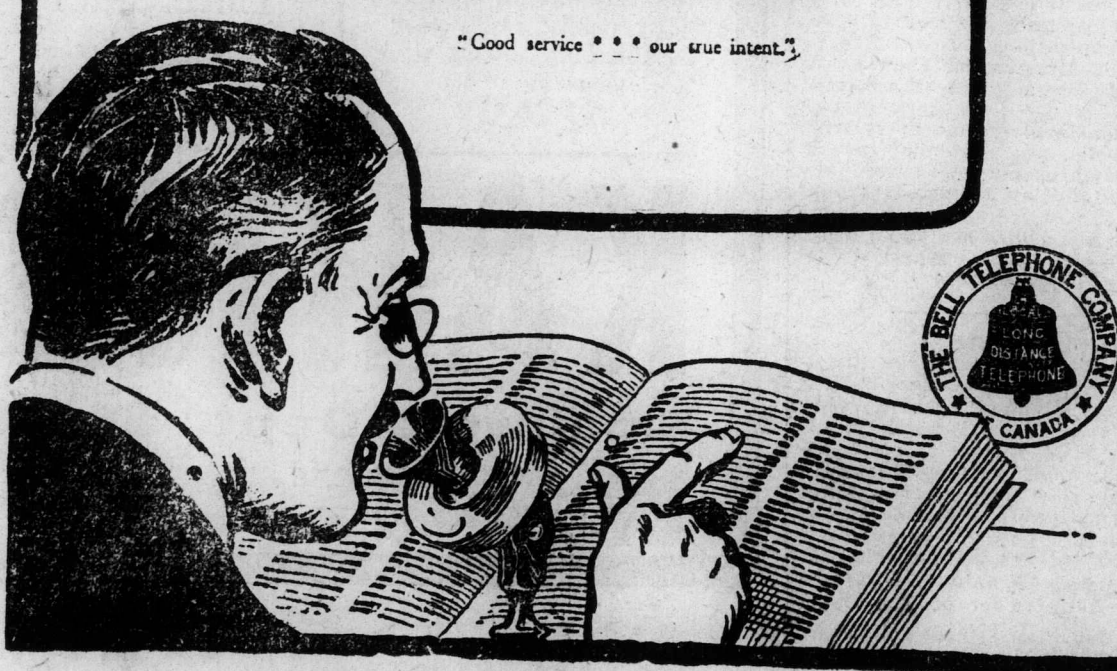
¶ Also, telephone numbers, firm names, etc., are frequently changed.

¶ And when you thus ask for the wrong number, you waste your own time, the operator's, and the time of the person called through your error.

¶ Directory first is a good principle. In the end it saves time and temper to first consult the latest issue of the telephone book.

The Bell Telephone Co. of Canada

"Good service" — our true intent."



WIL

Champion Shows

Unless Jess for a bout with will not have ready the idea unbeatable has tent that a chaf husky rival we laughed out of ridiculous for Willard's anxious posed bout with to six rounds anything else to sion that he ca is remarkable to get by as for being forced to in the ring inste for granted that possible opponen would be a fac If Willard is little bit, why one minute rou called upon for invited to box the benefit of the two rounds of the limit Willard more than thas the circus. Offer not even a full m never did any le merely leaned while the vetera delivered his tasp ion.

Not Fl Who ever hear champion insisti lasted about for How long would maintained his p always insisted same ancient spe rounds limited to Why, even an ave never had gloves fore in his life co that.

Willard never vlete. Like all ab there is a weak sp In Willard's case is poor. He never speed for any len has admitted that Shortly after the tuc out Soldier Kea tacular fashion he arrange a match Smith, who at the leading white ho the writer to hel match, at the same fact that the did not take him s "Well, why don't like you did in the Kearns? If you sh the speed you wou cognition."

"Why, I couldn't lard replied. 'I d it would be all off afford to get 'g' That was how he had nothing to gain. It is no won six rounds as his th has a title, to lo practical argument years.

Monroe Boos George Monroe, nng a boxing club, is one of those who Fulton would be a Willard. Monroe Johnson's seconds at he has a good line Monroe's opinion, F able to stand off to pieces with his le the latter was leant to block the blows.

There is not so u felt in Fulton, how present silence is a thing to the feeling right man for the t

NOSE CLOGGED A COLD ON

Apply Cream in Open Up Air! Ah! What relief! Y trils open right up, d your head air clear and freely. No more l mucous discharge, head struggling for breath, or catarrh legs! Don't stay stuffed up bottle of Ely's Cream druggist now. Apply fragrant, antiseptic trils, let it penetrate the passage of the head; the swollen, inflamed m giving you instant relief. Balm is just what ever tarrh sufferer has been just splendid!

It'd almos

IT A FIN FINANCIAL COMPANY IN-LAW A TH MOVIE SELF LOSE