## 21, 1895.

ly an outward mes outwardleeper work, principles by sense is the adical change s real converpass away." nversion is a alvation and

I boil potatoes ain off all the dry. Wash fork or wire light. Pour 1d a piece of whipped white lish out lightly ss creamed or lid.

sugar, threeilk, two cups together with vder, whites of g flour mixture

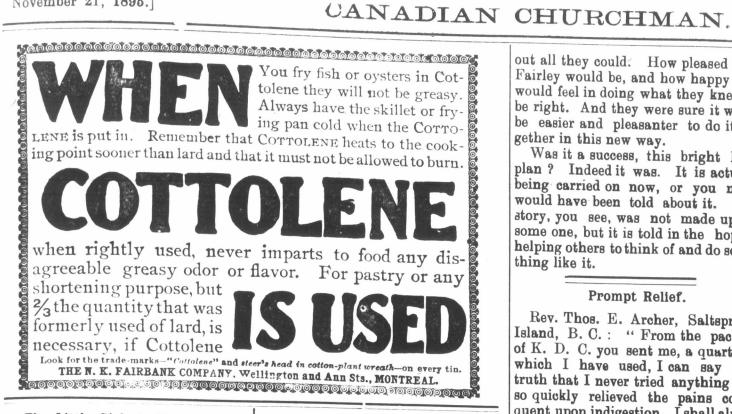
sick headache.

l until fine two eggs, 11 cups la; add the ers; frost the pped almonds. ood layer cake pint of sweet poonful of corn wo eggs, halfand chopped to a boil, and een the layers with chopped

and one-fourth thick, add two sweet blanched, onds through a o ounces flour; in a shallow tin

lf pint sweet a mortar until hree eggs with gar; mix in the

Soak one pound water severa mortar, adding ice of one lemon gar; spread this or a day or two. this icing with



The Little Girls in Block Ten.

November 21, 1895.]

"How many of you studied the lesson before coming to-day?" asked Miss Fairley, as she gathered her class of bright little girls about her. The teacher always asked this question, and marked in the class-book those who had come prepared. She thought the Sabbath lessons even more important than the week-day ones, and insisted that a record should be kept.

Somehow the scholars did not feel about this matter as Miss Fairley did. Certainly they would have been ashamed to go to day school as unprepared as they often came to Sunday school. Sometimes, hard as it is to believe, they did not even know the Golden Text, nor so much as the subject of the lesson.

"Oh, Miss Fairley, I forgot," was one regular answer to the regular question, and it was given to-day.

"I hadn't time," was another excuse, and if the truth had been told outright others would have said, "I did not want to study it. I wanted to do something else."



It is just possible that other classes might be found that do no better, but to say this to Miss Fairley would not have helped matters in the least. She was much troubled about her own little girls, and on this day she talked to them about it so seriously that as a company of them walked home together they talked it over among themselves.

It is a good sign when scholars talk over afterward what they have heard in the class, It shows that they have at least carried some of the good seed beyond the door. Sometimes idle thoughts and chatter about week-day things scatter the seed almost before the school is fairly dismissed.

"We ought to be ashamed," said Ida, as the group walked along. "We are a little ashamed," said

Bess, " let's do better." "How shall we ?" asked Alma.

"I wonder if we could help each other remember," said Grace.

" Mr. Harlow said that the meeting for studying the lesson was to come among the first things," said Bertha. "He was talking to the teachers, of course, but-but- Oh, girls, why couldn't we have a meeting all of our own, and study the lesson together ?" "Sure enough. That's just the thing, Bertha !'' exclaimed Ida. " Let's do it.

"The whole class couldn't come, and Miss Fairley couldn't, of course, when she lives so far away and is so busy." Bess suggested this in a doubtful tone.

out all they could. How pleased Miss Fairley would be, and how happy they would feel in doing what they knew to be right. And they were sure it would be easier and pleasanter to do it together in this new way.

Was it a success, this bright little plan ? Indeed it was. It is actually being carried on now, or you never would have been told about it. This story, you see, was not made up by some one, but it is told in the hope of helping others to think of and do something like it.

## Prompt Relief.

Rev. Thos. E. Archer, Saltsprings Island, B. C. : " From the package of K. D. C. you sent me, a quarter of which I have used, I can say with truth that I never tried anything that so quickly relieved the pains consequent upon indigestion. I shall always be pleased to recommend your cure to all and every person inclined to dyspepsia."

If you doubt the great merits of K. D. C., send for a free sample. K. D. C. Co., Ltd., New Glasgow, N. S., and 127 State street, Boston, Mass.

## A Word for the Boys.

"If you want to be a sailor the first thing you must learn is to do what the captain tells you,'' said an old seaman to a ship's boy. "I know that very well," replied the boy. " If the captain tells you to jump overboard you must jump at once," continued the wise old quarter-master. "But I cannot swim : I should drown," said the boy. "That's none of your business, my boy," was the reply ; "that's the captain's business. Yours is to jump overboard That was when he orders you to." the old rule of the sea, and it made men-brave and dutiful men-of the boys. It is the true rule of our lives toward God—to do our duty, and leave the result to Him.

Do not dally with rheumatism. Get rid of it at once by purifying the blood with Hood's Sarsaparilla. Be sure to get Hood's

The Gurgoyle and the Statue. A PARABLE STORY.



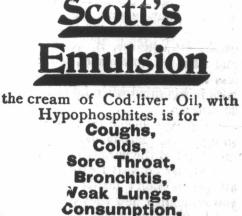
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ats of sweet milk, ough sifted flour veli-beaten yolks s, and, just before ng powder, beatminutes. Bake

or two chickens, one take all the he skin, and chop resser be at hand 1 as a crock or pan was steamed in, t, skim as much le, and add one nd mix all thorld.

t generally known ry strong purifyrater may be purispoonful of powme the impurities om of the vessel, sh and clear.

> Prit werk

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Overworked men and women, the nervous, weak and do something, even without Miss debilitated, will find in the Fairley." Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Me., says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

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"But five of us live in 'Block Ten,' and we could come together once a week," said Alma. "If five studied, perhaps the rest would, and we might

" If we had a kind of a teacher's meeting, who'd be teacher?"

"We could take turns."

"Let's have two teachers. One couldn't ask questions enough."

"You could come to my house. I live in the middle of the block."

This invitation came from Alma, after the others had brought forward various suggestions without waiting for an answer to any of them.

Once fairly before them, the new plan seemed wonderfully interesting. Finally it was all arranged. The five girls in Block Ten, fronting on Ellis street, were to meet with Alma on Fridays at a convenient time, and stay an hour. In the beginning, Grace and Alma were to be the teachers and the rest would be a sort of class. The two

teachers were to think out questions and plans of learning the lesson, and as with straddling splay feet, dragon's were friends, and into the ear of the they all agreed to study hard and find tail, and horribly contorted visage with statue the gurgoyle poured out all its

"It's horribly windy," said the gurgoyle.

"But very sunny," answered the statue.

"You're all very well," grumbled the gurgoyle ; " you are sheltered in that niche of yours, and the sun is full on you. I get all the winds and disagreeables.'

"Yet you have a fine prospect," the statue reminded him gently.

"Viewed upside down," snapped the gurgoyle.

The speakers were part of the ornamentation of an old, old church, which had fallen into a sad state of decay and dilapidation. Of late, men had been busy with its restoration ; while the ancient character of the place was reverently preserved.

Then it was that the statue and the gurgoyle, parts of the ancient building, awoke as from a long sleep. The statue, which represented some forgotten bishop in mitre and cope, was restored to its niche, while an overgrowth of nal ugliness.

It was ugly enough in all conscience,

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ever-open mouth, it seemed perpetually trying to get away from the church ; and so in its apparent fright and haste moss was cleared from the gurgoyle, it served as a foil to the bishop, who which showed once more in its origi- stood there as if calmly waiting and watching.

Yet, strange as it seems, the two