

important matter in our study of the housewife as of every other living person. For it is especially in the emotional disturbance that the origin of much of nervousness is to be found, and that on what may be called the physical basis of emotion.

What can emotion produce that is pathological, detrimental to well-being? We may start with the grossest, simplest manifestations. It may entirely upset digestion, as in the vomiting of disgust and excitement. Or, in lesser measure, it may completely destroy the appetite, as occurs when a disturbing emotion arises at mealtime. This is probably brought about by the checking of the gastric secretions. (Cannon's work; Pavlow's work.)

It may check the secretion of milk in the nursing mother, or it may change the quality of the milk so that it almost poisons the infant. It may cause the bladder and bowels to be evacuated, or it may prevent their evacuation.

It may so change the supply of blood in the body as to leave the head without sufficient quantity and thus bring about a fainting spell; *i.e.* may absolutely deprive the victim