

CONSTIPATION

CURED BY THE USE OF
MILBURN'S
LAXA-LIVER PILLS

Constipation is one of the most frequent, and at the same time, one of the most serious of the minor ailments to which mankind is subject, and should never be allowed to continue.

A free motion of the bowels daily should be the rule with every one who aspires to perfect health.

Mrs. Fred. Hall, 299 Hibernia Road, Montreal, Que., writes:—"Having been troubled for years with constipation and trying everything I knew of, a friend advised me to use Milburn's Laxa-Liver Pills. I used four and a half vials and I am completely cured. I can gladly recommend them to all who suffer from constipation."

Milburn's Laxa-Liver Pills are 25 cents per vial, or 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

FAT IS FATAL

Fat is fatal to Health, Comfort, Happiness and often fatal to Life.

Let me send you a trial treatment FREE OF CHARGE. You can get rid of your fat safely, surely and quickly.



What my treatment has accomplished in hundreds of cases. It will help you! Try it!

E. A. Richards, Mayor of Holly Hill, Fla., says: "Your treatment cured me permanently, it has been two years since I stopped taking it and have not gained a pound."

Rev. Mary Kimball, 119 So. Jackson St., Janesville, Wis., says: "Have tested and proven the merits of your reduction remedies, none of my garments fit me; they seem made for another woman."

SPECIAL FREE OFFER I have had such wonderful success with my method of reducing superfluous fat that I have decided to offer for a limited time—free trial treatments. Hundreds of testimonials on file show that my treatment takes off fat at the rate of 5 to 7 pounds a week and what is more, that the fat does not return when the treatment is finished. No person is so fat but what it will have the desired effect, no matter where the excess fat is located—stomach, bust, hips, cheeks, neck—it will quickly vanish without starving, exercising or in any way interfering with your customary habits. My treatment is endorsed by physicians, because of its easy, natural elimination of abnormal flesh and its beneficial effect on the whole system. Perfectly harmless; easy and quick results. Rheumatism, Asthma, Kidney and Heart Troubles leave as fat is reduced. Don't take my word for this; I will prove it at my own expense. Write to-day for free trial treatment and illustrated booklet on the subject; it costs you nothing. Address Dr. J. Spillenger, Dept. 1307E, 41 West 25th St., New York City.



BUST and HIPS

Every woman who attempts to make a dress or shirt waist immediately discovers how difficult it is to obtain a good fit by the usual "trying-on" method, with herself for the model and a looking-glass with which to see how it fits at the back.

HALL-BORCHERT PERFECTION ADJUSTABLE DRESS FORMS

do away with all discomforts and disappointments in fitting and render the work of dress-making at once easy and satisfactory. This form can be adjusted to fifty different shapes and sizes, bust raised or lowered; also made longer and shorter at the waist line and form raised or lowered to suit any desired skirt length. Very easily adjusted, cannot get out of order and will last a life-time. Write for illustrated booklet containing complete line of dress forms with prices. Hall-Borchert Dress Form Co. of Canada, Ltd., Dept. R, 70-76 Pearl St., Toronto, Canada.

ing them to-day's sunlight, not last year's bottled moonshine. Yours, for the West, the Home and the Monthly "Prescott."

Here's a Chance, Bachelors.

Russell, Man.

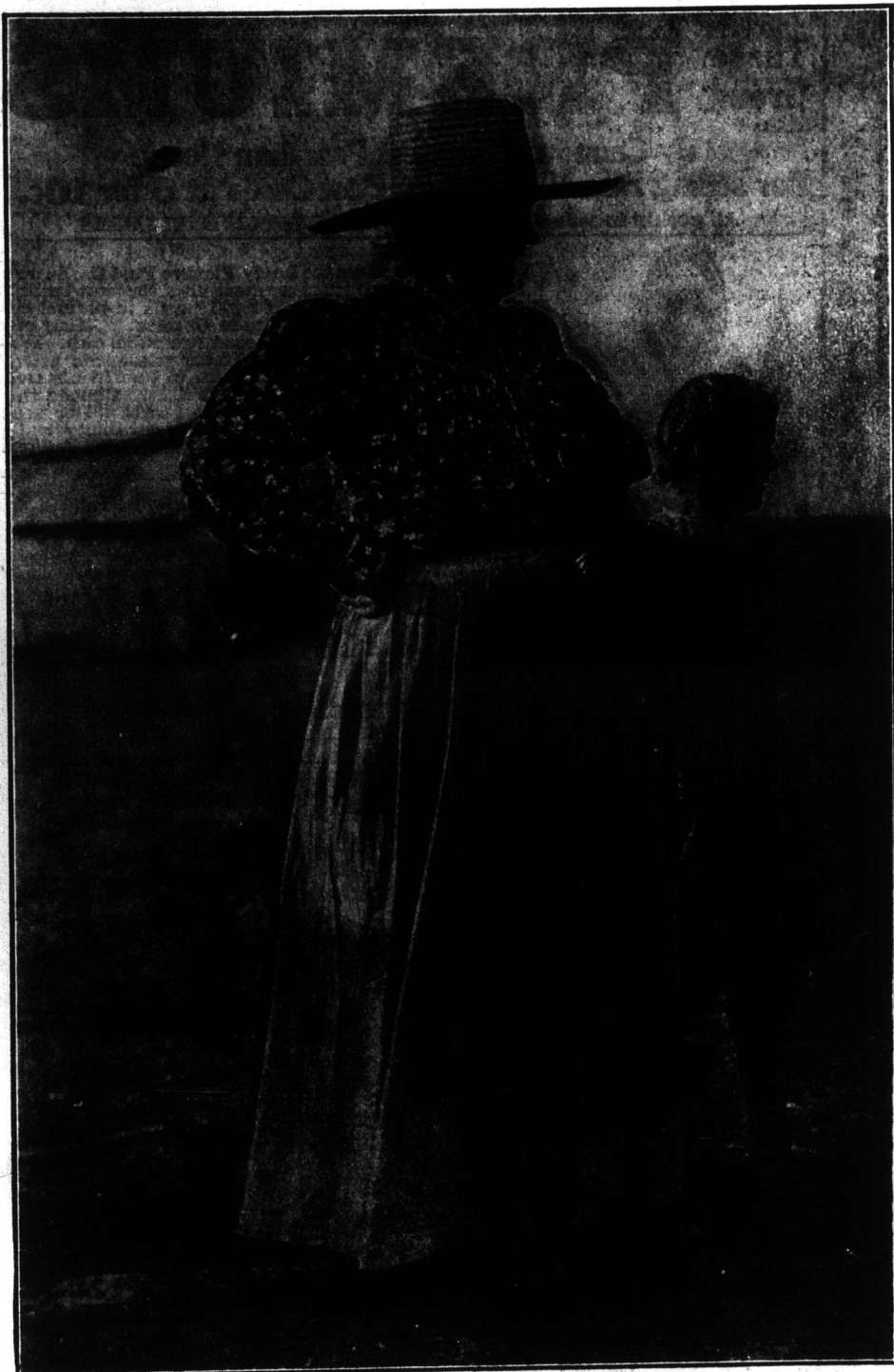
Sir.—Being very much impressed by your interesting paper, especially the corresponding columns, we take great pleasure in anticipating a small space therein. As we read these correspondence pages, we wonder why it is that a young man in Vancouver will write to a girl in Quebec or Ontario. Are there no girls in Vancouver? or are they just like us, who want to correspond merely to help pass the time away. But we don't believe in making love matches when neither parties have seen each other. We sincerely hope that this will not keep the boys from writing to us,

skate and go to dances about once a year, as one foot is a Methodist and the other a Presbyterian. We three girls are all sweet eighteen and would like if some of you boys and girls would answer this so as not to discourage us at the beginning. "Cinderella," "Rosebud" and "Jolly Girl."

Times Are Changed.

Meskanow, Sask., July 15, 1910

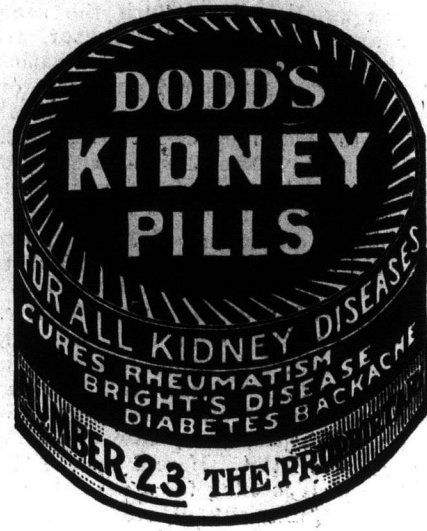
Sir.—We have taken the W. H. M. for nearly ten years and like it very much. I enjoy reading the correspondence pages and find some of the letters very interesting. I do not approve of writing with a view to matrimony, but think it a pleasant pastime and a very good way of learning more about different parts of the globe. I am a



A Typical German Settler's Wife.

as we will certainly answer all letters or post cards received, and photos too, if they like. Now look bright, you "western bachelors," and see if one of these don't suit your tastes. Cinderella comes first as she is a jolly good cook. Now, that's what you boys are after. She has light brown hair, blue eyes, a good complexion, is 5 ft. 6 ins. tall, and weighs 110 lbs. She can play the piano, sing, dance, play cards and skate. Rosebud comes second. She has dark hair, blue eyes and the sweetest little mouth you ever saw. She is 5 ft. 3 ins. tall, weighs 103 lbs. She plays the piano, sings, skates and dances. Jolly Girl is last but not least, and I certainly am jolly. The man that I marry will certainly never die from lonesomeness. I have dark brown hair, dark eyes, fair complexion and rosy cheeks, not bad looking, and would exchange photos with any. I am 5 ft. 4 ins. tall and weigh 115 lbs. I can keep house, play cards,

farmer's daughter and think there is no place like the farm. I have lived in different towns and cities, but prefer the farm any day. When first we moved on the farm we had no neighbors nearer than eight miles, but now have plenty, and can always manage to have a good time. My father came to the country from the East when you could count the white people between Winnipeg and Prince Albert; before there were any railroads in the West and the travelling had to be done by stage in summer and either stage or dog train in winter, when the country was full of buffaloes and Indians. If anybody would like to write I could tell them quite a lot about the country in the early days. My father was through the rebellion as he was a Hudson Bay Company man and had charge of different posts throughout the West and in B.C. I will close now, with all good wishes for your paper. I am "Daddy's Girl."



The Great English
Remedy
GRASSHOPPER
OINTMENT and PILLS

TRY IT
IF YOU HAVE A BAD LEG

a Poisoned Hand, Abscess, Tumor, Piles, Glandular Swelling, Eczema, Blocked and Inflamed Veins, Synovitis, Bunions, Ringworm or Diseased Bone, I can cure you. I do not say perhaps, but I will. Because others have failed it is no reason I should. You may have attended Hospitals and been advised to submit to amputation, but do not, for I can cure you. Send at once to the Drug Stores for a box of Grasshopper Ointment and Pills, which are a certain cure for Bad Legs, etc. See the Trade Mark of a "Grasshopper" on a green label.—Prepared by ALBERT & Co., Albert House, 73 Farringdon Street, London, England (copyright). Wholesale Agents. The National Drug & Chemical Co. of Canada.

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