whether I ra point bely or through absence I ra point bely or through accessing a topology of the continuence of the continuenc

THE SICK CHAMBER.

As this is apt to be the time of sick-ness in the home, it is well again to give some practical "Dont's" and ad-vice for those who nurse their loved

Don't light a slok room at night by means of a jot of gas burning low-nothing impotorishes the air scorer. Where possible use sperm candles or

Meare possible use sperm candles or taper lights.

Don't lorget to have a few coffee berlesshandy to use as a deoderisor. Tar, turpentine, or carbolic acid are also good deciderivers, and sawdust is also claimal-ko be a good discinction. These must all be dropped on a lot lid or on live ones.

Boart throw coal upon the fire, place

does must all be dropped on a hot do or on lite usals. Don't throw usal upon the fire; place bugs and lay them upon be fire, thus avoiding noise. Bout ist stale flowers remain in the lok room; notifact allow, flowers with trong odors in the room.

Don't bane the temperature of the community of the dependent of the room much over sixty degrees; seventy allowable but not advisable. Don't be unmindful of yourself if ou use the sures. To do faithful our tenths are proper food and egular hours of rest.

Don't forget that kindness and enderness are needful to successful meshing.

naving.

Don't give the patient a full gluss of water to drak from if the amount to stoudd have is limited. The thirst will be satisfied if the glass can be reased.

crained.

During the day attend to the necessaries for use during the night, so that the rest of the patient and family may, not be disturbed.

Prepare the flood in a tempting manner and take it to the patient. Don't ask what he would like

lks. Don't lean or sit upon the bed. Don't appear enxious, however great Don't appear envious, however great our anxiety. No family should be without a hot

THE WARDROBE.

With the first month of spring offi-cially introduced by the calendar it-will not be long before the cotton shirtwaist will be a very important feature in the fee wine wery-pobe. Al-ready the shirtwaist counters in the stores are centres of a struction, and states overy week their popularity will independent

with overy week their popularity will induces. The fabrics for shirtwraists this yeer are especially choice, and displayed in great variathes. South ginghams, personice and unders are shown in cool and beight time. Nearly all the colors are striped with white and helicorops, plack and withing core and will be, green, and went and many the green and will be, green to the fore each, and meet the favore of the fore each, and nee the favorite continues the most term of the favorite continues.

co agair, and use the favorite com-nations, the most expensive of the mercia and a superior of the mercia and a superior of the com-stance of the companies of the com-tage of the companies of the com-panies of the companies of the com-tage of the companies of the com-tage of the companies of the com-tage of the companies of the com-let companies of the com-tage of the com-tage of the companies of the com-tage of the com-tage of the companies of the companies of the com-tage of the companies of the companies of the com-tage of the companies of the companies of the companies of the com-tage of the companies of the

THE LITTHES

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warm water, add two bare of good
with colon to the
three ones of bords in two parts of
warm water, add two bare of good
with soap shared fine, and str all
together in a far until it is melted.
When cool it will form a belig A
tablespoonful of this will in a a
strong lather in a gainon of water, and
will be good for eleaning any porcetain-lined to see it.
It is also excellent
for washing wholess and general
flows-eleaning she personered in
trying to overcome the disket to cooling and eleaning, and by making the
work attractive and casher saved time
to devort to more pleavant pursuits.
The home-maker must study to be
with her family all side con allee must
to learn the leason of weet submission
to the inevitable.

OUTSIDE.

OUTSIDE.

OUTSIDE.

"Oh 168," says some overworked woman, "it's easy enough to addie us to get aut into the open air; but after lasting been on my fret all the foreign and the last to get aut that the foreign are to the last to get out into the open air; but after lasting been on my fret all the foreign and the last to get author to get author. It didn't have to sit down and sow every minute till time to get supper."

Very true, and the sewing you have to do is no fancy work, but coarse to mend, and endless stocking darning. But don't sit down in the kitchen to do it. It is the bounden duty of overy practical housewife to stay out of that aquartment all she can. You need a change from the atmospheric of work which must endure oven in the most well-ordered kitchen. Take your mending baskot and sewing chair and you the into yard, somowhere ur let God's blue heaven, and let the fresh it and sunshine and all the sooching influences of nature charm and rest you and make you forget awhile the holoic areas. Outdoor ale is at once a foul, and a norvine. It acts both on the meta and body.

"You country folks don't half know how to enjoy tile," say our elly friends when they come to see us. How can you stay indoors when you can got the prefer green grass to the most luxuri-ous carpets. It is a Solemn fact that our summers are short and the winer they came to see any out of the more sedantously utilize the golden hours while they task.

SHE COOKED THE DINNER.

He set at the dinner table,
With a discontented frown;
The potatoes and steak were underdoes.
And the bread was baked too brown;
The ple was too sour, the pudding too

The ple was too sour, the present, byreet, had the beel was much too fat; The sour so grousy, too, and salt. "Twas hardly fit for the cat. "I wish you could eat the bread and ple The seen my mother make, They are something like, and 'twould do you good."

They are something like, and do you good the silce of he cake."
Said the smiling wife, "I'll improve

do you good Just look at the siloo of he cake." Said the smiling wife, "I'll Improve with age. Just now I'm but a beginner; But your mother has come to visit us, And today she cooked the dinner."

the we love. Why not will fortune so well as with it for the child? The greatest fortune any mother can be stood on her child is a healthy body for a happy mind, and with this great for the child if she will. The child's stock child if she will. The child's stock of health is what the mother supplies. The week and worried woman lass a very slender stock of health to bestow on

week and worried woman has a very slender stock of health to bestow on the baby.

Dr. Pierce's Tavorite Prescription makes mothers healthy and happy. It does away with the misery of morating sickness. It strengthens the nerves, gives the body a feeling of buoyancy, nakes the mind cheerful, gives vigor and elasticity to the organs peculiarly feminine, and baby's advent to the world is free from langer and painless, "My first two babies were sillison, and anthred serry thing but death," white since he was three moratine and the sillism of the sillism and the sillism and

GUMBER AND ACTOR FOR APARE, 1990

the connected to the Property Department of the Cartaina State of make creating the content of the Cartaina State of make creating for the Cartaina State of make creating one of the Cartaina State of make creating of the Cartain State of make creating of the Cartain State of the Cartain of the Cartain State of the Carta

where are the time? There is no one found to return to give glory to God but this stranger." (6) And if we reck a reason beyond the Macker's example, is it not right that we should exknow fedge as the author of our very being, and of everything that we have. God from whom we received them all? and manaters of men it would seen I' we could ludge by the language than nothing is more common than gratitude. People thank one anoth or profusely, even wene refusing a service; a worldly politenzes invente a thousand gracious ways of expressing gratitude; men readily, may greed il; accept gifts, and, thank God, those are often generously given; yet, how fow, after all, are noble enough to be grateful in the true sense ocen to their follow men on whom they feel themelves dependent? Fower still have the nobility to be truly grateful to God, that or say, as the Spanish phrase pute it, when someone thanks another; "No thanks to me; thank God." Now and fien comes a solemn message from the head of the State building the people set, apart a day for hoiding services of thanksgiving, but invariably the thanksgiving is proclaimed for benefits which are ascribed to the success of the State administration or to the institutions and enterprise of the preciple, and the benefits for which men are asked to be grateful are the material good things of this world to the precipile, and the benefits for which men are asked to be grateful are the material good things of the world to the precipile, and the benefits for which men are asked to be grateful are the material good things of the world to the obsertion and thanksgiving. The Pharisee and his race are not exinct, and men still presume to mock God by thanking Him-that they are not as other men. Too many of them take his gifts, and affect to Ignore their source' others make an outward show of thanking Him. For the very fear of being considered ungrateful. How few study the gifts of God, and stop to reflect "that every creature of God is good, and nothing to be rejected that is received w

it makes us first acknowledge, then make much of the gift, and, above all, keep it in mind. It is the memory of awors received, or rather of our hene-factors, which prompts us to praise them. and when opportune its others know of sheir goodness to us. Love of our benicators, and inspire mus so mily to treat them with honor and reverence, and inspire mus uot only to treat them with honor and reverence but also to confer on them even far greatized, and inspire us uot only to treat them with honor and reverence of on us. Thus gratitude is not, as some have cyulcally described it hunkings for favors to come for it is of such a hope that the Scripture says; 'the hope of the unthankful shall melt away as the winter's least shall run off as approfitable watter. Nor is gratitude the mere eagerness may spring from a deshe to orlion of obligations. Thus gratitude accepts with simplicity, and, while it be rid of obligations. Thus gratitude accepts with simplicity, and, while it remain his deliver as some of the procession of the gift, it also makes us appreciate in gift, it also makes us appreciate in the obligation when the procession of for the control of th

the truly grateful is interminable, and the truly grateful is giad it should be so.

Nothing can incite us more to the love and practice of this virtue than the baseness of nigratiud. "A blighting wind." St. Augustine calls it; more unkind than the chilling blasts of winter, since the control of the contr

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PS ARK MANG AND BOLD ONLY BY THE SINGER MANUFACTURING CO.

cian war gang was critainly audactous it was especially audactous it was especially audactous to claim in doing so, to speek in the interests of the Catholics of the Britain-The Catholics of the Empire and of Great Fritain are, by a majority of live to one heatile to the outrage upon national siches that is now being wrought by British arms in South Aridon. The Obsertatore Remen is far more closely the exponent of Catholic online within the Empire than are the "Tablet," or that purfous "Catholic" newpaper "The Weekly Rezister." It is satisfactory, three-fore, that Cardinal Rampolic's lotter in licator no ascent to the design to muzic interface and the countries when the critical world in denouncing an oditous or produced in these countries. They will pray, too, that it may be peace though the violent of the interest in these countries. They will pray, too, that it may be peace though the violent of the Empire will deny that he is the bost friend of the Empire who hopes for such a result.

ANSWER TO THE MAN WITH THE pattern and cost for us all. It readbut to consider the gifts, their beauty, townets and usefulus and usefulus and it control to the billines of the standard and the present to combit them on us and that is more, operating in them so as the effect through them want is best for our spiratual and temporal welfare. It is difficult them want is best for our spiratual and temporal welfare. It is difficult them want is best for our spiratual and temporal welfare. It is difficult them want to a doubt and to the standard them at them at their true worth, gifted on a doubt and both, all the treasures of difficult want is the standard to consider the multitude of creatures made for our benefit, and study how each contributes something which is indispensable for our existence, or at least lightly condensus to our welfare, and the minerals of the soil, the brute, vegetable and finaminate reactions, and the wonderful way in which should be successful to the spiritual world, and value, as best we may the digital to the spiritual world, and value, as best we may the digital and power of the human soul and the may contain the successful to the spiritual world, and value, as best we may the digital and power of the human soul and the may contain the successful the successful to the spiritual world, and value, as best we may the digital to any plantard the successful ANSWER TO THE MAN WITH THE While o'er his hoe, the untaught toller who in your freighted rinapsedies betaink
Ye have Creation splans unmystilled,
Yen your held eyes from blur or priceblown flame
And look again into the plantid face,
Say, does that downward gaze meet
sight less fair
Than if he reveiled upon heaped gold?
Then if he reveiled upon heaped gold?
The story in the gless and field flowers
writ
Tells leveller than the checked and
margined sheet
That balanced each gain with brother's loss.
The mould is fairer seroll than books
we know,
Ye grlove that he conserteth not

EXCHANGES.

Freemaks Journal.

The attempt of the Catholic Union of Great Britan, through its Presidents, this Duke of Norlolk, to Initialization, the Comercation Formers and Research Common State All Research Common State Co ould be very

Come here we who riddle out earth's

Ye grieve that he consorteth with knigs?

Who "pillard the blue firmament with light,"

Made it a palace roof for such as

Mode it a paince roof for much as hid.

Lament not that book-lore is not for him;

He known the science of the stirring seeds.

Poens.
And reads in autumn's sheaf-bound alchemy. alohemy.

The carth and all its fullness is the Lord's

Its touch can hover soil nor stuitiff;

And sooner will the 4-**

ers spring
To the firm upright of a conscious

power,
Than souls o'eram'rolled with mire of
doubt had wrong
Transant the falth they scorn, the
hope and love
This are the nation's heritage, to soming men
the state of the processit's store of
the state foots have and love's profession.

Knowing God's love and love's redemp-tion suhemo.

Than Plato's or the Pythagoroan

an Platos or the Pythagoroan mage erching through the Attle myths the Unknown God.

ye who would be masters in all lands.

O, ye who would be masters in all leads,
Lay down, your fretting pomp and panoply,
To learn true greatness, noblest he who thinks
Most nobly, if the powant, simple soul,
Is harbor for the tides, that nature biserves
Of deep, love-orested thoughts of God, what counts
The channelled running of your studied phrase
Though spoken learnedly in gifted tongue?
Whithwinds blow not from whited yest field

tongue?
?Whirwinds blow not from whited
rest field
But from the lair, where reason's untrium-of light.
Dies down to passion's smouldering,
and kept fire.
Ant toller with the lose, if like thy

mato
mato
And countryman, at chime of Angolus
Thy heart lifts up from 'abor field
the praise
Thou are true poet, pensant though

Thou art true power.
thy garb,
Lhoouth thy contour— for thy
conscious soul
Translates the hymn of nature for
thy God.
—S. B., in the Beston Pilot.

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