

## WHAT IS YOUR OPINION—

### OF THE AGE WHEN WOMAN IS AT HER BEST?

This Article Views the Question From a Variety of Standpoints.

When is woman most attractive? The most obvious answer to this question is: "It all depends upon the man." To one man a woman—some particular woman—could never be attractive. She does not appeal to him. To another she is the one woman in the world.

If it were not so, mating would be a difficult problem. "For the life of me I can't see what John sees in that girl!" What a common remark! Yet the fact is he saw enough in her to marry her, and she seems perfectly satisfied. That is enough for John, and it ought to be enough for his friends.

#### Through Life's Stages.

But that is not quite the answer to our question. Taking woman as woman, as an entity, a sex, an idealization if you like, at what age, or in what situation, does she show at the best and highest? Is it when she is just blossoming into ripe womanhood, before her heart is lost and won? Is it when she is betrothed to the man she loves? Is it when she is a happy young bride? Is it when she has tasted the sacramental cup of motherhood? Is it when she has a growing family around her, and is the centre and soul of her home life? Is it when she is the idealized mother of young men and women who have scattered all over the wide world, and look back to her as the ideal woman? Is it when her hair is silvered and she sits with her grandchildren on her knees? I wonder!

That each of these stages of womanhood has its charms needs little argument. But which has most? A woman is often very sweet and appealing in her days of courtship, when she is preparing her "bottom drawer" and looking wistfully into the future.

But she is very mature. Her appeal is mainly to the man of her choice. The other men pass her by. She is "just a girl."

#### Charm Lasts Longest.

I have heard men declare that a woman is at her best round about the age of forty. There is something in it. Some of the most beautiful and charming women of history and romance reached the zenith of their power and attractiveness, not at one and twenty, but at one and forty. A delicate compliment from a mature woman has far more value in the ears of a man than the same compliment from the lips of a woman half her age.

It is probably a matter of mind development. The woman of forty knows life. She sees things in their right relationship. She has compared and measured, and her opinion is worth having.

But the woman who can keep her influence and charm when her hair is grey, and when the subtle attraction of youth is no longer hers, scores a great triumph. Yet one has seen such women the centre of attraction when young girls have been left in the cold.

Thus we come back to the fact that, after all, everything depends upon the woman. There was never a truer saying than that beauty is only skin deep. Beauty is a bad stayer in the race of life, but charm lasts to the end.

#### Not a Matter of Marriage.

"But," says someone, "the most attractive woman at every stage of life I ever met never married." No, she was that old maid, that spinster lady, who was everybody's friend, the solace of the sad, the comfort of the sick, the comrade of the lonely, the helper and friend of everybody who needed her—the general mother!

For, believe me, one does not need to be a mother to be motherly. A woman is often more attractive mothering somebody else's child than the mother herself, for the sense of motherhood is fibrous, and if it is not by the rearing of a dozen children; and many a woman who will never know the joy of motherhood possesses all its sweetness and grace.

But that sweet picture of "Princess Pat" comes back to me. Yes, woman is most attractive—to everybody, and not only to the man she loves and who loves her—when, Madonna-like, she bends with moist eyes adoring the face of her first-born.

#### Friendship.

A simple gift in need, a smile, kind words, a look, or sigh. Are priceless rubies all the while. Bright stars in friendship's sky. Their memory lingers thro' the years Till at some future time, They bring forth fruit, those smiles, those tears, That make God's earth sublime.

A remarkable bird found in Mexico is the bee-martin, which has a trick of ruffling up the feathers on the top of its head into the exact semblance of a beautiful flower. When a bee comes along to sip honey from the supposed flower it is snapped up by the bird.

## DIGESTIVE TROUBLES CAUSE DISTRESS

But They Are Nearly Always Due to Thin, Watery Blood.

Do not think that because your stomach is easily upset you are the victim of some serious malady. One of the most common predisposing causes of indigestion is anaemia, or thin, watery blood. In fact it has become generally recognized that healthy activity of the stomach is impossible unless the blood is rich and red.

Dr. Williams' Pink Pills have been found most valuable in cases of indigestion, nervous dyspepsia and stomach weakness, just because they are a blood builder and nerve tonic. The rich, red blood they make not only imparts a healthy digestion, but carries color to the cheeks and lips and gives vigor to the muscles. One important point to remember is that Dr. Williams' Pink Pills contain no harmful drugs or opiates and are thus to be preferred to preparations that merely stimulate for a time. Before you begin worrying unnecessarily about your state of health, try the tonic treatment of Dr. Williams' Pink Pills.

You will be surprised to see how rapidly your appetite returns and your whole debilitated system revives, as the new, rich blood courses through your body. Here is the statement of one person among thousands who have used Dr. Williams' Pink Pills to their great advantage. Mrs. A. Veniot, Homford, N.S., says: "For about two years I was a great sufferer from indigestion, which seemed to carry with it a complication of other troubles. Every meal I took brought with it misery, as it was followed by pain, and sometimes nausea and vomiting. At other times gas would form in the stomach to such an extent that my heart would palpitate at an alarming rate. These conditions brought on extreme nervousness and irritability, and I found my general health so much affected that the least exertion would tire me, and I slept but poorly. I had been doctoring for several months with no result beyond slight temporary relief, when I was advised by a friend to try Dr. Williams' Pink Pills. I decided to follow this advice, and got a half dozen boxes. Good results began to show from this treatment, and the further continued use of the pills have made me a well woman. I can cheerfully recommend Dr. Williams' Pink Pills to similar sufferers."

You can procure Dr. Williams' Pink Pills through any dealer in medicine or they will be sent you by mail at 50 cents a box or six boxes for \$2.50 by writing direct to The Dr. Williams' Medicine Co., Brockville, Ont.

#### Diseases of Bees.

Bee diseases are of two kinds: Diseases of the adult bee, which happily, in Canada, have so far been of a transient nature because no effective treatment is known; and diseases of the brood, of which there are three, American foul-brood, European foul-brood, and Sacbrood.

Since each of these three diseases is treated differently, and since the first two cause great loss when neglected, it is important that every beekeeper should be able to recognize and distinguish them so as to treat the serious ones effectively and without delay.

The diseases affect the larva or worm stage of the bee. In American foul-brood, the larva, just after capping, becomes a coffee-colored mass which is so tenacious or viscid that it will rope out sometimes to a length of several inches if a toothpick be inserted into the cell and withdrawn, and it has an unpleasant glue-like odor. The mass dries down to a scale that adheres tightly to the lower wall of the cell. The capping of the cell containing the affected larva is usually discolored; it is often irregularly perforated, or it may be removed altogether.

In European foul-brood, most of the larva are stricken before they are capped over. They lose their shape and collapse at the bottom of the cell, appearing as if they had been melted and turning to a light straw or gray color. The decayed brood has a slightly sour smell to which is sometimes added a strong odor of putrefaction. The mass ropes out either not at all or but little, and the dried scale is easily detached.

In Sacbrood, the full grown larva lies stretched out on its back in the cell, discolored, but with skin and shape intact. The juices of the larva are watery and contain curd-like particles.

American foul-brood is treated by shaking the bees into a clean hive containing frames fitted with foundation without any of the honey, and taking away the combs of brood and honey which contain the spores of the disease. The bees must not be allowed access to the honey unless it has been boiled for an hour, although it is fit for human use. The combs may be rendered into wax. The hive should be disinfected by scorching.

#### AUTO SPARE PARTS

For most makes and models of cars. Your old broken or worn-out parts replaced. Write or wire us describing what you want. We will ship the largest and most complete stock in Canada of slightly used or new parts and automobile equipment. We ship C.O.D. anywhere in Canada. Satisfaction or refund in full our motto. Shaw's Auto Salvage Part Supply, 222-224 Dundas St. W., Toronto, Ont.

## FOR THE SUMMER WARDROBE



Nos. 9474-9145. Size 16 requires 2 1/2 yds. 54 ins. wide.

9474—Misses' Suit-Coat (two styles of sleeve). Price, 30 cents. In 3 sizes, 16 to 20 years. Size 16 requires 1 1/2 yds. 54 ins. wide; lining, 1 1/2 yds. 36 ins. wide.

9145—Misses' Two-Piece Skirt (suitable for small women; in two pieces). Price, 20 cents. In 3 sizes, 16 to 20 years. Size 16 requires 1 1/2 yds. 54 ins. wide. Width, 1 1/2 yds.

Nos. 9472-9145. Size 16 requires 2 1/2 yds. 54 ins. wide; collar, 1 yd. 27 ins. wide; vest, 3/4 yd. 18 ins. wide; ruffled vesting, 3/4 yd. 18 ins. wide.

9472—Misses' Suit-Coat (body and sleeves in one). Price, 30 cents. In 3 sizes, 16 to 20 years. Size 16 requires 1 1/2 yds. 54 ins. wide; collar, 1 yd. 27 ins. wide.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

#### Two Good Cat Stories.

The Spectator of London lately printed a number of stories in praise of the cat, and of the growing child—have to be constantly guarded as to their health. Upon the good health of the little one largely depends his strength and usefulness in after years. Baby's Own Tablets are the ideal home medicine for children of all ages. They are a gentle but thorough laxative which are absolutely guaranteed to be free from opiates or other harmful drugs, and which may be given to the youngest child with perfect safety and beneficial results. Through their action on the bowels and stomach they banish constipation and indigestion; break up colds and simple fevers and make itching easy. Mothers, you can make your little ones well and keep them well by just keeping a box of the Tablets at hand and by giving an occasional dose to the baby to keep his little bowels regular and his stomach sweet. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

#### Get Out of That Groove.

Are you feeling quite a failure, are you beaten in the strife? Are you finding more of sadness than of gladness in your life? Are you thinking it were better to cease struggling and give in? For your circumstances make it very plain you cannot win? If you'd not give in and stumble, if you'd laugh at dull despair, if you'd snap your fingers in the face of soul-destroying care, You must alter all your tactics, you must make another move. You must run on other lines, and you must get out of that groove.

While your brain is strong and active and your body fit for toil, You must work well in the right way, or you'll all your chances spoil; You must find the proper channels for your energy and strength If you would climb to greater heights and win success at length.

For you cannot empty oceans by just toiling with a spoon, Or win "a place within the sun" by crying for the moon; You'll win through if you make a change and obstacles remove, If you go on other lines, and if you get out of that groove.

Write to Templeton's RAZ-MAH CAPSULES, 142 King St. W., Toronto. Sold by reliable druggists everywhere for \$1.64 a box.

Many doctors prescribe them. Write to Templeton, 142 King St. W., Toronto, for free sample. Sold by reliable druggists everywhere for \$1.64 a box.

Beautiful Cannibals.

According to travellers who have lived among them, some of the most beautiful women in the world are to be found among the natives of the Cannibal Islands, South Pacific.

The men are tall and massive, while the women are beautifully formed and very graceful, their skin being tawny like that of a white man who has been deeply tanned by the sun.

Here is a description of one of them given by Mr. Frederick O'Brien, a distinguished traveller, who spent twelve months among the cannibals.

"Vanquished Often" was, perhaps, thirteen, with a grace of carriage, a beauty and perfection of feature, a rich coloring no canvas could depict. Her skin was of warm olive hue, with lips cherry red, in the cheeks, and the lips cherry red. Her eyes were dark brown, large, molting, childishly introspective. Her hands were shapely, and her little bare feet, arched, rosy-nailed were like flowers in the sand. She wore the simplest of white cotton tunics, and there were flamboyant flowers in the shining dark hair that tumbled to her waist.

Nudity is commonplace among these islanders at the bathing beach. To their minds modesty has nothing whatever to do with clothes. And it is at the beach that most of the courting is done. A youth finds a girl to his liking, and takes her home to his mother. If mother gives her consent a wedding follows; if not, the youth goes to the beach for another girl. They are plentiful, and, as far as charms are concerned, there is little to choose between them.

#### What Happened.

A young man who was asked to spend Christmas with a maiden aunt in the country, having large expectations from that quarter, had to regard the invitation as a command performance. His aunt filled his plate with turkey and accessories, and then heaped up another plate with Christmas pudding of the dreadnought brand. Fortunately the old lady was called from the room for a moment and the pudding went through the window into the garden. Some minutes later the maid entered, wearing a look of constipation. "Pleasant, mum," she said, "three of our ducks is sunk."

#### The Victim.

The lesson was about the Prodigal Son, and the Sunday-school teacher was dwelling on the character of the elder brother.

"But amid all the rejoicing," he said, "there was one to whom the preparation of the feast brought no joy, to whom the Prodigal's return gave no pleasure, but only bitterness; one who had no wish to attend it. Now, can any one of you tell me who this was?"

There was a breathless silence. Then from a dozen sympathetic scholars came the chorus:—"Please, sir, it was the fatted calf."

It casts a light on Russian affairs to know that there is no word for "efficiency" in the Russian language. Although some nations exaggerate the importance of efficiency until it becomes a mania, Germany, for example,—the lack of the idea in Russian speech is reflected in most Russian activities.

#### "SYRUP OF FIGS"

#### CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California Syrup of Figs" only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it child's name on each bottle. Mother! You must say "California." ED. 7. ISSUE No. 19—20.

## ASTHMA

If you have Asthma, don't imagine that you must always suffer untold misery. Relief quick, sure and safe is guaranteed in even the worst cases by using

## TEMPLETON'S RAZ-MAH CAPSULES

We are so certain of results we will send you a free sample of these capsules, confident that you will find them all we have claimed. Write to Templeton's, 142 King St. W., Toronto. Sold by reliable druggists everywhere for \$1.64 a box.

## TEMPLETON'S RHEUMATIC CAPSULES

For fifteen years the standard specific for Rheumatism, Neuritis, Gout, Sciatica, Lumbago, Neuralgia.

Many doctors prescribe them. Write to Templeton, 142 King St. W., Toronto, for free sample. Sold by reliable druggists everywhere for \$1.64 a box.

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## 25 MILLIONS!

"Cascarets" is biggest selling Laxative-Cathartic for Liver and Bowels

Twenty-five million boxes of Cascarets were sold last year to folks who wanted relief without injury from Constipation, Biliousness, Indigestion, Gases, Colds and Sick Headache. Cascarets work while you sleep, removing the toxins, poisons and sour, indigestible waste without griping or inconvenience. Cascarets regulate by strengthening the bowel muscles. They never weaken or shock the liver like calomel or harsh pills. Cascarets cost so little too.

## Wise Men Say—

That the best way out of a difficulty is through it. That it pays to do a job better than seems necessary.

That loose spending is liable to land one in a tight corner.

That the less a person knows the more certain he is that he is right.

That worry is the mental "flu." Better clear the worries out of your mind and disinfest it with a few drops of cheerfulness.

## Spanish Flu

Claims Many Victims in Canada and should be guarded against.

## Minard's Liniment

Is a Great Preventative, being one of the oldest remedies used. Minard's Liniment has cured thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day, for sale by all druggists and general dealers.

MINARD'S LINIMENT CO., LIMITED, Yarmouth, N.S.

Let the wealthy and great Roll in splendor and state, I envy them not, I declare it; I eat my own lamb, My chickens and ham, I shear my own fleece and I wear it; I have lawns, I have bowers, I have fruits, I have flowers, The lark is my morning alarm;

So, jolly boys, now, Here's God speed the plough, Long life and success to the farmer, From the Old English.

Who wants an enemy, let him lend some money.

The crooked stick is at the farther end of the wood.

## BITS OF HUMOR

FROM HERE & THERE

Didn't See the Joke.

"Well," said Snuggs, "many dogs have more sense than their masters."

"Yes," chimed in Craggs: "I have a dog like that myself."

And yet he couldn't understand why they laughed.

Jimmie Knew.

A teacher was instructing a class in English and called on a small boy named Jimmy Brown.

"James," she said, "write on the board 'Richard can ride the mule if he wants to.'"

"Now," continued the teacher when Jimmy had finished writing, "can you find a better form for that sentence?"

"Yes, ma'am, I think I can," was the prompt answer. "Richard can ride the mule if the mule wants him to."

Careless of Him.

Mrs. Jones' mirth was so pronounced that it attracted the attention of her husband.

"What are you laughing at?" he asked.

"Maud's letter. She writes that they had foggy weather all the way across."

"No," but she adds that the captain must have neglected to take out clearing papers."

## MONEY ORDERS.

The safe way to send money by mail is by Dominion Express Money Order.

Caxton issued Asop's Fables, the first book to be printed with numbered leaves, March 26, 1484.

Minard's Liniment for sale everywhere

Buy thrift stamps.

Since 1870

SHILOH

30 DROPS COUGHS

Amos's Plaster Dog Remedies

DOG DISEASES

and How to Feed

Mailed Free to any Address by the Author.

W. Clay Glover Co., Inc., 115 West 51st Street, New York, U.S.A.

Cuticura

SOAP

and Cuticura Ointment

The pore-cleansing, purifying and softening properties of this wonderful skin soap, using plenty of hot water and soap, best applied with the hands, which it softens wonderfully and the soothing and healing properties of Cuticura Ointment for redness and roughness, pimples and dandruff, if any, will prove a revelation to those who use them for the first time.

See 25c. Ointment 25c. and 50c. Sold throughout the Dominion, Canadian Depot: Empire Ltd., St. Paul St., Montreal. Cuticura Soap shows without use.

ONLY TABLETS MARKED

"BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"

The name "Bayer" on Aspirin is like 14 Karat on gold. It positively identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over nineteen years and now made in Canada.

Always buy an unbroken package of a few cents. Larger "Bayer" packages.

There is only one Aspirin—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocarbonyl-diethyl-ester of salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

## Classified Advertisements.

AGENTS WANTED. AGENTS WANTED THROUGHOUT Ontario to sell Stranisky's Fuel Vaporizer for Ford cars. Guaranteed to save 25 to 50 per cent. gasolene. Andrew Hastie, Jr., Elmwood, Ontario.

FERTILIZER. STEVEN'S COMPLETE FERTILIZER will pay you. George Stevens, Peterborough, Ontario.

FARM LAND FOR SALE. ALP SECTION FARM LAND. Virgin soil, surrounding land under cultivation, near Battleford, Sask. Chas. H. Ross, 18 Rutherford Ave., Hamilton.

FOR SALE. WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,000. Write us for \$1,200 on quick sale. Box 64, Wilcox Publishing Co., Ltd., Toronto.

LADIES WANTED. LADIES WANTED TO DO PLAIN and light sewing at home, whole or spare time; good pay, work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

SCHOOL TEACHERS—MAKE REAL money in spare time—send post card to Ralpacor Publishing Co., 4 Columbia, Toronto.

SOFT ELM WANTED. SOFT ELM WANTED, 3 IN. AND thicker, shipped green from saw. Do not sell until you communicate with us. Keenan Bros. Limited, Owen Sound, Ont.

MISCELLANEOUS. CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Underneath a new chair for children is a music box that plays when a child is seated.

Ask for Minard's and take no other.

In Canada there are 4,100 cheese factories, creameries, cream factories, condensaries, and milk product plants.

Mabel: "The first time George proposed I didn't accept him." Rose: "I know that, dear. You weren't there."

GIRLS! A MASS OF WAVY, GLEAMY BEAUTIFUL HAIR

Let "Danderine" save and glorify your hair

In a few moments you can transform your plain, dull, flat hair. You can have it abundant, soft, glossy and full of life. Just get at any drug or toilet counter a small bottle of "Danderine" for a few cents. This moistens a soft cloth with the Danderine and draw this through your hair, taking one small strand at a time. Instantly, yes, immediately, you have doubled the beauty of your hair. It will be a mass, so soft, lustrous, fluffy, and so easy to do up. All dust, dirt and excessive oil is removed.

Let Danderine put more life, color, vigor and brightness in your hair. This stimulating tonic will freshen your scalp, check dandruff and falling hair, and help your hair to grow long, thick, strong and beautiful.

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