

THE EVENING TIMES-STAR, ST. JOHN, N. B., WEDNESDAY, MAY 28, 1924

Social Notes Of Interest

Mrs. John Keer, who was in the General Public Hospital undergoing a slight operation, has returned to her rooms at 119 Princess street, much improved in health.

Mrs. Michael P. Lane announces the engagement of her eldest daughter, Ethel Mary Lane, to Mr. David McCrossin, of this city, the marriage to take place June 18 at the Cathedral of the Immaculate Conception.

Miss Jean Lordly, who is one of the brides-elect of the season, was a guest of honor yesterday afternoon at a delightful tea given by Mrs. T. E. Powers. Today the club to which Miss Lordly belongs will hold a pleasant event at the home of Miss Myrtle Wright, Pampene, where they will spend the day. Those who will be present are Miss Lordly, Miss Elsie Henderson, Miss Gertrude Sullivan, Miss Olive Lamb, Miss Hazel Peters, Miss Myrtle Downey and Miss Lena Jones, of Moncton, who has been in the city this winter.

A new camera and projecting machine for moving pictures give the appearance of depth to the picture, instead of the present flatness.

THEY LACE IN FRONT

Gossard Corsets

are comfortable and improve the appearance of the figure. They help retain the youthful lines.

WEAR GOSSARD BRASSIERES

The Popularity

"SALADA"

TEA 1889

has been earned on merit only. One trial will convince you.

LIBERAL WOMEN MEET IN OTTAWA

Organization For the Dominion is Object of Assembly

Ottawa, May 27—Representatives of women's Liberal organizations from all parts of Canada will meet in Ottawa on June 5 for the purpose of organizing on a permanent basis the provisional committee created a year ago. The committee will encourage the organization of local clubs throughout Canada and urge these clubs to form district and provincial associations with a view to the ultimate formation of a National Federation of Women's Liberal Clubs.

Right Hon. W. L. Mackenzie King will address the representatives of the various clubs at a luncheon on June 5. The permanent officers of the committee will be elected and prominent Liberal women will address the meeting. Some of the subjects to be discussed are:

"Liberal principles as applied to city ridings," "Preparations for campaigning with special reference to public speaking," "The value of publicity," "The needs of the west," "Women voters in Quebec," "How to assist a candidate," "Farm women

and politics," "Liberal clubs for farm women," and "What Liberalism needs."

TO ADDRESS COUNCIL.

The announcement was made by Hon. Dr. W. F. Roberts yesterday that Dr. Gordon Bates, of Toronto, secretary of the Canadian Council of Social Hygiene, had consented to remain in St. John until Thursday evening in order that he might address the meeting of the St. John Social Hygiene Council that night. More than 50 of the city's active organizations have been asked to send representatives to this meeting at which the local work in St. John will be organized.

FIND 30 NEED CARE.

Thirty-five children arrived at the Health Centre yesterday to take the medical examination necessary before they could be received as applicants for attendance at the summer camp for undernourished children. The examination was conducted under the supervision of Dr. H. A. Farris in the clinic room of the Society for the Prevention of Tuberculosis and 30 of the children were passed as requiring the care, which they would receive at the camp.

ENJOYED WHIST.

The Last Car Club met on Tuesday evening at the home of Mr. and Mrs. Britcher at the Ferns and enjoyed their weekly whist play. The winners were Mr. Olton and Mr. Bailey; consolation Mr. Trindle and Mr. Brindley.

The first painting of which there is any record was on the walls of Egyptian sepulchres.

HEY, MOVE OVER AND GIMME SOME FROSTING



Every dog has his birthday, as well as his day, but few pups get the party that Magnet Johnny Boy, age 4 months, is here shown enjoying. Magnet with a Boston-terrier playmate is shown reaching the taster's stage of the party at which he was guest of honor, given by his mistress, Mrs. E. W. Frankel (right), New York.

Be Sure Child's Milk Is Clean

(By DR. S. J. CRUMBINE.)

We are constantly urging our children to drink milk, but not infrequently when doing so we are actually urging them to drink so much poison.

The American Child Health Association is making a health audit in 84 cities and already has found that fully three-fourths of the milk supply of the nation is distributed without regulation.

Particles of dirt and disease-breeding bacteria are often contained in the fluid. Very often epidemics of illness result from such milk.

Milk, in order to be nourishing, must be clean.

Consult the local health officer or public health nurse before selecting your milk dealer. If there is no health officer or nurse in your town, at least be certain yourself that your dairyman is clean and that his cows have been tested for tuberculosis.

Buy only bottled milk if possible. Dipped milk is often dirty and deficient in cream.

If you buy from your neighbor and furnish your own containers, be careful to boil them and keep them clean. Do not permit the use of milk containers for any other purpose.

Take milk into the house as soon as it is delivered, and place it in the refrigerator or in cold water immediately. Bacteria increase rapidly in milk which stands in the sun or warms up, and such milk will sour quickly.

Keep milk in the original bottle until the moment of serving. Milk which has been poured from the bottle should not be returned to it.

If you have a cow be sure she is healthy, and have her tested for tuberculosis by a competent veterinarian. If she has tuberculosis have her killed, under supervision of the state veterinarian's office. The state will pay you for the cow.

Keep the cow clean and wash your hands well before milking.



DR. S. J. CRUMBINE.

Do not use your milk utensils or jars for any other purpose.

After sterilization put your pails, cans, jars, bottles in a sunny place, where dust and flies cannot reach them.

Strain your milk, if you like, but always boil the straining cloths every time they are used. The best strained is a layer of sterile absorbent cotton between two layers of gauze; but any clean white cloth which has been boiled is satisfactory.

ORGANIZING BABY BRANCH.

The inauguration of a baby branch in the St. John W. C. T. U. was progressing satisfactorily Mrs. E. Ellison, superintendent, reported at yesterday's meeting of the W. C. T. U. when she told of several names having already been placed on the roll. Mrs. Hope Thomson, president, was in the chair. Mrs. Duval led the prayer service. Mrs. Mary Seymour reported on her visits to the jail. Mrs. George Colwell gave her report as delegate to the Borer Jubilee convention in Calais.

DALHOUSIE WANTS TRAIN PUT BACK

Delegation Will Interview C. N. R. Officials—Police Chief Named

Dalhousie, May 27—At a recent meeting of the Dalhousie Town Council Mayor Montgomery presiding, the usual committees were appointed for the year. These committees included: Finance, by-laws, fire, streets and public property, poor, police, water and light, weights of coal, surveys of wood and surveys of logs.

A special committee was appointed to go to Moncton to present before the C. N. R. authorities the case of the traveling public and of the town, in the matter of the recent change in the C. N. R. time table which deprives the people of the shiretown making connection on the branch railway with the morning accommodation train.

Theodore St. Onge has been appointed chief of police for the town of Dalhousie in place of J. W. Brown.

STILLS SEIZED IN RICHIBUCTO

Chatham, May 27—Two stills were seized in the Parish of Richibucto and the owners, Joseph Blanchard and John A. Donahue, were arrested, Wednesday, last, by an excise officer assisted by Inspector Quartermain, of Newcastle. The accused were taken to the Richibucto jail and on Thursday were taken before Magistrate Ferguson at Rexton and fined \$200 each and costs. Lacking the funds they were given the option of six months in jail.

A Little Ventilation
C. W. M. writes of a Scottish mother who said to her seven-year-old: "It's time ye were abed, child; ye've been yawning for some time."
"I wanna yawning, mother," replied the child, "I was an' a'rin' oot my mouth."

SISTER MARY'S KITCHEN A Daily Menu For The Stout and Thin EAT AND-- Lose Weight—Gain Weight

One-half grapefruit, 1 poached egg on 1 cup spinach, 1 large fig stuffed with 8 almonds blanched and shredded, 2 lamb chops, 4 tablespoons string beans, 1 cup shredded cabbage, 2 thin pieces crisp whole wheat toast, 1 thin slice gluten bread, 1 gluten roll, 1 pint skimmed milk.
Total calories, 1185. Protein 243; fat, 370; carbohydrate, 572. Iron, .0244 gram.

Would you believe that two innocent tablespoonsful of lemon juice would add 138 calories of carbohydrate to your menu? They will, for I planned a treat for you and then had to retract after figuring.

Stew dry figs until tender in water to cover. Do not sweeten. Drain and fill with chopped nuts and serve with a little of the liquor in which they were cooked.

The spinach is cooked in its own juice, finely chopped and seasoned with salt and pepper. Form into a nest-like shape and drop a poached egg in the hollow.

The cabbage is seasoned with salt and pepper. Form into a nest-like shape and drop a poached egg in the hollow.

The beans should be served for the reducing diet before seasoning with butter for the rest of the family.

One-half grapefruit with 1 tablespoon sugar, 1 large mashed potato cake, 2 slices broiled bacon diced in ½ cup white sauce on toast, 1 poached egg on 1 cup spinach with 1 tablespoon melted butter, 2 large stuffed figs with 2 tablespoons whipped cream, 1 cup cream of corn soup with 1 tablespoon whipped cream, ½ cup well buttered popcorn, 2 tablespoons diced potatoes in 4 tablespoons cream sauce, 2 lamb chops, 1 medium sized sweet potato (baked), 4 tablespoons string beans in 4 tablespoons cream, ½ cup shredded

cabbage with 1 tablespoon chopped nuts and 2 tablespoons oil mayonnaise, 2 bran muffins, 1 cinnamon roll, 2 dinner rolls, 4 tablespoons butter, 2 tablespoons lemon ice folded into 2 tablespoons whipped cream with 2 tablespoons hot thick maple sirup poured over the whole, 1 pint whole milk.
Total calories, 4324. Protein, 416; fat, 2285; carbohydrate, 2023. Iron, .0284 gram.

Remember that much depends on your height and occupation when figuring the required number of calories. If you are active in outdoor sports (including housecleaning), you will need all of these fat calories even if you are short in stature. But if you are leading an inactive life with just enough outdoor exercise to keep you fit my suggestion is to decrease the whipped cream.

These figs are stuffed with English walnuts and raisins chopped and moistened with some of the fig juice.

ST. ROSE'S SOCIETY IS NAME CHOSEN

"St. Rose's Society" was the name chosen by the men of the congregation of St. Rose's church for the new organization recently formed. The society met last night for the first time since the organization meeting a short while ago and adopted the constitution which was drawn up by a specially appointed committee. The meeting was held in St. Rose's hall with a good attendance. It was decided to canvass the Parish for members. The regular date of meeting was fixed for the second Tuesday of every month.

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