MC 2035 POOR DOCUMENT

It's Your Move

to come here if you want something especially attractive in the way of men's furnishings at greatly reduced prices. It pays to take advantage of our ads. It pays in service and in money saved. This list is an evidence.

Men's Negligee Shirts regular $1.00 value for 89c.

Men's Flannel Shirts regular $1.00 value for 89c.

Men's Derby Hats regular $2.50 value for $1.98.

Men's Pants regular $2.25 value for $1.98

CORBET'S

196 Union street

Little Beauty Chats

By BLANCHE BEACON

Beauty-Destroying Habits

THERE are many pretty girls and women who, unthinkingly, of course, detract from their good looks by inelegant attitudes.

This would not be such a serious matter, if it were not for the fact that the woman who stands or sits incorrectly, cannot breathe deeply. "What of that?" I think I hear a far voice murmur, Why, I thought most women in this day and age knew that the shallow breather generally has poor health.

Your commonsense will tell you that the damsel who sits with her shoulders bowed out and her chest bowed in cannot breathe deeply, and because of this the lungs go without the necessary amount of fresh air. The result? Ill lungs, a sallow, coarse skin, eyes that know not the meaning of the word sparkle and hair that falls and falls until little bald spots spring into being. Sit up, my gentle reader! When you find your shoulders beginning to contract, take a deep breath and throw out your chest and draw in your abdomen.

It is because so many of my sisters stint their lungs of fresh air, that our sanitariums are filled with anaemic, nervous, exhausted specimens of womankind.

As you all want to be beautiful, and as you just can't be unless you possess good health, make a resolution this very day to stand and sit with the chest thrown up and out and the backbone straight as straight can be.

Another habit that should be taboo by those of you who wish to look well, is the habit so many women have of resting their chins on their chests. This may be a comfortable position for the chin, especially if it has had the bad manners to double up, but is it graceful? I think not.

No matter how well you carry yourself otherwise or how lovely your face, if you lodge your pretty chin on your chest when

you walk or sit or read or sew, the nerves in your neck will be strained and this spells wrinkles. Incidentally let me add, such a position of the chin gives you a singularly unattractive appearance. Enough has been said, I think.

Daily Hints For the Cook

EGGLESS CAKE.

Two-thirds cup sugar, 1-2 cup butter, 2-3 cup sweet milk, 2 cups flour, 2 teaspoons baking powder, 1 cup chopped raisins. Flavor with nutmeg and sprinkle sugar over top before placing in oven. Omit raisins and use for cottage pudding. Cocoanut may be substituted for raisins, too.

LOBSTER RECIPES.

A la Delmonico—Two-pound lobster, 1-4 cup butter, 3-4 tablespoon flour, 1-2 teaspoon salt, few grains cayenne, slight grating nutmeg, 1 cup thin cream, yolks 2 eggs, 2 tablespoons sherry wine. Remove lobster meat from shell and cut in small cubes. Melt butter, add flour, seasonings and cream gradually. Add lobster, and when heated, add egg yolks and wine.

Lobster a la Newburg—Two-pound lobster, 1-4 cup butter, 1-2 teaspoon salt, few grains cayenne, slight grating nutmeg, 1 tablespoon sherry, 1 tablespoon brandy, 1-3 cup thin cream, yolks 2 eggs. Remove lobster meat from shell and cut in slices. Melt butter, and lobster and cook three minutes. Add seasonings and wine, cook one minute, then add cream and yolks of eggs slightly beaten. Stir until thickened. Serve with toast or puff paste.

PILES CURED IN 6 TO 14 DAYS

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

USE THE WANT AD. WAY

AREN'T facts worth more than phrases?

Judge this, your dealer will return your money unless—

Regal Flour yields the *best quality* and the *utmost quantity* of bread per barrel; light, white loaves: flaky pastry.

You try

REGAL FLOUR

10¢

A simple food, but a nourishing food. Just the heart of sweet-corn rolled thin and toasted.

Appetizing, easily digested, good for men, women and children.

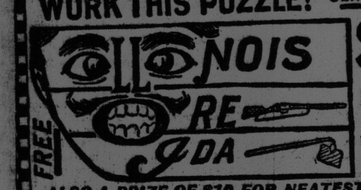
Put up in big 10c packages—always fresh.

Look for this signature

Kellogg's

CORN FLAKES

WORK THIS PUZZLE! SEND NO MONEY!!



$50. CASH PRIZE

ALSO A PRIZE OF $10 FOR NEATEST SOLUTION. Somebody who sends for particulars of this Puzzle Contest telling us WHAT THREE STATES IN THE UNITED STATES ARE REPRESENTED by the above Three Sketches, will receive a $50 GOLD WATCH or $50 IN GOLD MONEY! Try it at once. It may be you. Write the names of the States in a letter or postcard, giving your Name and Address BRITISH PREMIUM CO. Dept. 15 Montreal, Canada.

FREE! THESE SIX MAGNIFICENT PRESENTS (10 Pieces) FREE!

GIRLS—Here is the chance of your life. Write us to-day—quick and in a few days you can have all these magnificent presents without spending a single cent. Just see what you get: This big, handsome, all steel, folding Doll Carriage, richly enamelled and made like a real $10.00 baby carriage—the handsomest Princess Doll you have ever seen, a real Parisian lady, nearly 18 inches tall and dressed in the newest style from hat to shoes complete—a magnificent solid metal gold-enamelled doll-bed with canopy top, bedspread, mattress and all, and the cutest little French Bisc baby doll all ready to dress up and take for a ride. Then we give you this magnificent solid gold shell ring set with three sparkling jewels, and the dainty 7-piece Doll's Fairy Kitchen Set. It is great. Last but not least, every girl who wins these ten beautiful gifts can also get this magnificent sterling silver chatelaine watch as a free extra present without selling any goods to secure it.

Girls! It is easy. We want every person in the land to try our newest and greatest perfume, the famous "Parisian Hearts of Flowers," so write to-day and agree to sell only 20 of our big 10-cent size among your friends. They are so handsome and delicious that they just go like hot cakes. Sight of the loveliest odors—White Rose, Lily of the Valley, Jasmine, French Carnation, Wood Violet, Heliotrope, etc. Everybody wants them, and our big 10c. size will perfume more articles and last longer than a dollar's worth of ordinary perfume. It is easy to sell them; No money in advance. Simply sell the perfumes, return our $6.00 and all these magnificent presents, exactly as represented, are yours. We are bound to introduce this famous perfume no matter how much it costs us and we will arrange to stand payment of all express charges on your presents right to your nearest station. Don't miss this chance. Write at once to

NATIONAL PRODUCTS LIMITED Dept. N 16 TORONTO, ONT. 40

WOMEN CURED AT HOME

Women's disorders always yield from the very beginning of the treatment to the mild, but effective action of Orange Lily. Within two or three days after commencing its use the improvement becomes noticeable, and this improvement continues until the patient is completely cured. Orange Lily is an applied or local treatment, and acts directly on the womanly organs, removing the congestion, toning and strengthening the nerves, and restoring perfect circulation in the diseased parts. In order to convince all suffering women of the value of this remedy, I will send a 25-cent box, enough for ten days' treatment, absolutely FREE to each lady sending me her address. MRS. FRANCES E. CURRAH, Windsor, Ont.

For Sale by Leading Druggists Everywhere.

ALL-CANADA FIGHT AGAINST WHITE PLAGUE

Programme of Annual Meeting of Dominion Association For Prevention of Tuberculosis

Under the patronage of Field Marshall, His Royal Highness, The Governor-General, who has graciously consented to attend the first session, the thirteenth annual meeting of the Canadian Association for the Prevention of Tuberculosis, will be held in the association hall, Ottawa, on Wednesday and Thursday, 12th and 13th March, beginning on Wednesday at 10 a. m.

The provisional programme is as follows: Wednesday, March 12—9.15 a.m., executive council meeting; 10 a.m., opening of convention; address of welcome by his worship, Mayor Ellis; executive report, presented by Geo. D. Porter; M. B. reports from delegates; president's address: Hon. Adam Beck; address by Hon. Martin Burrell, minister of agriculture; "What the Daughters of the Empire are doing towards the Prevention of Tuberculosis." Mrs. Albert E. Gooderham, Regent of the Imperial Order of the Daughters of the Empire; 3 p.m., formal opening of the new Ottawa sanitorium (The Gift of Hon. Geo. H. Perley); 8.30 a.m., "How the Municipality may best deal with Tuberculosis." Dr. Chas. O. Hastings, Medical Health Officer."

Some newer features of this Anti-Tuberculosis campaign. Dr. A. J. Richer, Ste. Agathe, Que.

Thursday, March 13, 10 a.m., "Tuberculosis in Childhood." Dr. J. H. Elliott, Toronto; "Tuberculin in Dispensary Treatment." Dr. E. S. Harding, Montreal; "The Tuberculosis Problem in Ontario." Dr. J. W. S. McCullough, Chief Health Officer of Ontario.

JUST THE MEDICINE FOR THE BABY

Baby's Own Tablets are just the medicine for little ones. They sweeten the stomach and regulate the bowels, thus breaking up colds, curing colic, expelling worms and making teething easy. Concerning them Mrs. E. J. Ayer, Westmoreland Point, N. B., writes: "I have been using Baby's Own Tablets some time and find them just the medicine baby needs." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A MESSAGE FOR THOSE WHO SUFFER

Mrs. E. J. Talbot Tells Them to Find a Cure in Dodd's Kidney Pills

She Has Rheumatism, Lumbago And Neuralgia And Found The Remedy She Was Looking For in Dodd's Kidney Pills

Hamilton, Ont., March 7—(Special)—"I know there are a lot of people who suffer and do not know what will cure them. Dodd's Kidney Pills will."

These are the words of Mrs. E. J. Talbot who resides at 293 Wellington street north, this city. And Mrs. Talbot speaks out of her own experience.

"Last July I was very sick," Mrs. Talbot continues. "My heart bothered me, my limbs were heavy, and I had a dragging sensation across the loins. Rheumatism, lumbago and neuralgia added to my sufferings, and the doctor I called in did not help me much.

"I finally decided to try Dodd's Kidney Pills. I have used seven boxes and I am so much stronger and better that I feel I must recommend them to others."

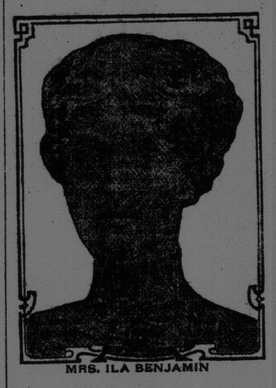
Mrs. Talbot's complication of troubles all came from sick kidneys. That's why Dodd's Kidney Pills cured them. For Dodd's Kidney Pills are no cure-all. They simply cure kidney disease of any kind. They never fail to do that.

St. Stephen Scots Cadets

The St. Stephen's Scotch cadets carried out a programme of drills and exercises at their drill room last night and supper was served. Following this, a short programme of speeches and musical numbers was carried out. This year the organization has practically started anew and the cadets are now under the following officers: Instructor Vail, Captain Manford Brown; first lieutenant, Frank Hunter; second lieutenant, Robert Flewelling; sergeants, Wilfred Outhouse, Ronald Capson, Harold Brown, Royden Boyer; corporals, Kenneth Brown, James Gaulton, Harold Boyer, Russel Body; lance corporals, James Baur, Thomas McKee, Randolph Fish and Douglas Allen.

The prize fish at the Befast food fair was a cod weighing 70 pounds and measuring, when caught, five feet. It was caught in Penobscot Bay by Captain Thomas of the sloop Augusta A.

"STOPPED MY COUGH AND GAVE ME HEALTH"



MRS. ILA BENJAMIN

Says Mrs. Ila Benjamin who calls it "The grandest medicine ever made." It cured her of a cold when her doctor could give her no relief and built up her weak run-down system after years of poor health.

"It is with great pleasure I write to tell you what I think of Duffy's Pure Malt Whiskey. I sincerely believe it is the grandest medicine ever made. It relived me of a cough that my Doctor could not stop. I had been in poor health three years. I took lots of medicine, but none of it seemed to do me any good, till I heard of Duffy's Pure Malt Whiskey and got three bottles and took it. Now I am better and I tell everyone how it helped me."—Mrs. Ila Benjamin, Woodhull, N. Y.

Duffy's Pure Malt Whiskey

has brought during the past half century the blessings of health to thousands of the overworked, delicate and sickly. It overcomes all weakening, wasting and rundown conditions of the body, brain and muscle, and is wonderfully effective for all throat, lung and stomach troubles.

BE SURE YOU GET DUFFY'S

Sold in SEALED BOTTLE. ONLY by druggists, dealers and hotels. Write our doctors for advice—absolutely free—with valuable illustrated medical booklet.

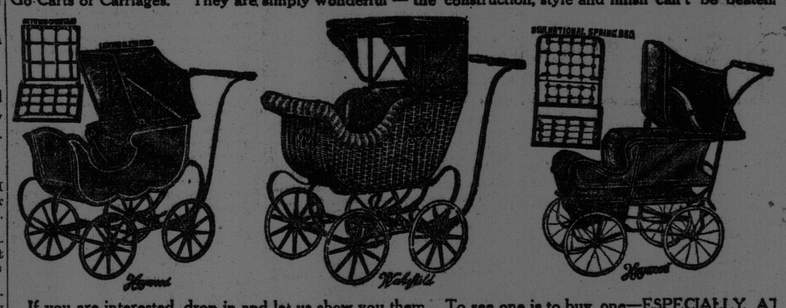
The Duffy Malt Whiskey Co., Rochester, N. Y.

ABSOLUTELY PURE & UNADULTERATED TRADE MARK

The Canadian Drug Co., Ltd., Local Distributors.

Your Baby Needs One Of These Famous Spring Bed Carriages

The greatest delight your baby will have will be when riding in one of our easy running Spring Bed Go-Carts or Carriages. They are simply wonderful — the construction, style and finish can't be beaten.



If you are interested, drop in and let us show you them. To see one is to buy one—ESPECIALLY AT THE PRICES THEY ARE MARKED.

J. Marcus - 30 Dock Street

La Diva NON-RUSTABLE CORSET

Before and after your 30th birthday —watch your figure—

Today's fashions enhance the necessity of skilful corseting to disguise where art is helping nature,—for the styles prescribe a natural seeming figure, an almost corsetless effect, and this result is most successfully attained by this year's models of the famous D. & A. and La Diva Corsets.

D. & A. and La Diva Corsets, thanks to absence of duty and splendid manufacturing facilities sell at from $1.00 to $3.00 less per pair than imported ones and being made specially for Canadian Women they give more comfort and longer wear. There is a model for every figure. Our catalogue—sent free on request—will help you to choose the best for yours.

DOMINION CORSET CO., - - QUEBEC. 14-23

No. 609—La Diva Reducing—shown in cut gives both comfort and style to full figures. The price is $3.00 and $3.50, and no better corset is offered at any price.

SHIPPING

ALMANAC FOR ST JOHN, MARCH 8.

	A.M.		P.M.
High Tide	—	Low Tide	6.21
Sun Rises	6.54	Sun Sets	6.16

The time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday.

Str Cape Breton, 1,109, Kemp, Louisburg, Starr, with coal.

Sailed Yesterday.

Str Empress of Ireland, Forster, Liverpool via Halifax.

Str Pomeranian, McDonald, London and Havre via Halifax.

Str Louisburg, Newman, Louisburg.

CANADIAN PORTS.

Halifax, March 6—Ard, str Manchester Corporation, Manchester for St John.

Halifax, March 7—Ard, strs Manchester Corporation, Manchester; Manchester Shipper, St John.

BRITISH PORTS.

Prawle Point, March 5—Passed, str Manchester Spinner, Musgrave, New Orleans for Rotterdam.

Lizard, March 7—Passed, str Shenandoah, St. John and Halifax.

Liverpool, March 7—Sld, strs Empress of Britain, Halifax and St John; Grampian, do.

FOREIGN PORTS.

Delaware Breakwater, March 5—Passed out, str Manchester Merchant, for Manchester.

Pascagoula, Miss, March 5—Cld, sch J L Nelson, Publicover, Kingston.

Penascola, March 5—Cld, sch Lord of Avon, Calbarien, Cuba.

New York, March 7—Sld, sch Otokio, Lunenburg; str Nanna, Liverpool (N S.)

Boothbay Harbor, March 7—Sld, sch Henry A Chamberlain, St John.

To Improve Expression as Well as Complexion

(From Beauty's Mirror).

No face is really beautiful that lacks expression. Do you realize that continual use of powders and creams tends to spoil pliancy of skin and elasticity of expression? Why not quit cosmetics and use something better, which won't clog the pores or make the skin either dry or pasty. Ordinary mercolized wax acts quite differently from any cosmetic. It wonderfully improves the complexion, giving it life and expression. By gradually, harmlessly peeling off the thin veil of outer surface skin, it brings to view a pure, soft, spotless complexion, delicately beautiful and youthful. Every druggist has this wax; it is seldom more than one ounce is needed. It is spread on nightly like cold cream and washed off mornings. In a week or two the transformation is complete.

Wrinkles do not of course enhance the expression. Neither do the pasty things many use to eradicate them. A treatment free from all objection is made by dissolving 1 oz. powdered saxolite in 1-2-pt. witch hazel; use as a wash lotion. This soon removes even the most obstinate wrinkles.

When shaking heavy rugs hold by the sides. If possible spread them wrong side up on the grass and beat to dislodge the dirt, then brush off and hang up to air.

The SPIRELLA CORSET

modish, comfortable, scientifically Made to measure, Fitted by a trained Corsetiere. Accentuates graceful lines subdues irregularities

The Spirella Boning

is flexible, supportive will not take a permanent bend; is guaranteed not to break or rust for one year.

An expert, fitter will upon request demonstrate the Spirella Corset and Spirella Boning in your home, without charge or obligation on your part. Appointments to your convenience

MRS. ALGUIRE

66 Sydney St., 'Phone 668-11

Read the Spirella advertisements in Ladies' Home Journal, Delineator, Designer, New Idea and Vogue.

Spirella Boning

USE THE WANT AD. WAY

QUICK THINKING.

An instance of that valuable quality, presence of mind, comes from South Africa.

A German shoemaker left the gas turned on in his shop one night, and upon arriving in the morning struck a match to light it. There was a terrific explosion and the shoemaker was blown out through the door, almost to the middle of the street.

A passer-by rushed to his assistance, and after helping him to rise, inquired if he was injured. The little German gazed in at his place of business, which was now burning quite briskly, and said:—"No, I ain't hurt. But I got out shust in time, eh?"—Belfast News.

Only One "BROMO QUININE," that is Laxative Bromo Quinine Cures a Cold in One Day, Grip in 2 Days E. W. Grove on box. 25c