

and steam. The fifth day she took breakfast and dinner below with the family, and carried her child up stairs. The eighth day she rode out two miles, paid a visit and came back. On the ninth day, I carried her through another course of medicine, and got her so far cleared that she could spit clear of her mouth for the first time after I saw her. On the tenth day, she rode the same distance; and I have no doubt that, had she been attended in the common way, she would have had the child-bed fever, broken breasts, and a poor health afterwards.

This case caused much conversation. Why so? It was the different mode of treatment, reversing every mode commonly attended to. "What shall we do?" say the people, "we shall never dare to employ a doctor again." I answer: "Call the doctor and obtain his advice, then reverse every prescription given by him in a case of child-bed. If he tells you to have a doctor, have a midwife. If he says, 'Be bled,' keep your blood for other uses. If he says, 'Keep yourself cold,' sweat yourself. If he says, 'Put cold water on your bowels,' take hot medicine inside, and a steaming stone at your feet. If he says, 'Take physic,' use warm injections. If he says, 'Starve yourself,' eat what your appetite craves." By strict observance of the foregoing anti-directions, you may enjoy your health, and save the heavy bill for the many visits of the doctor, besides saving him from the trouble of keeping you sick. This is the mode of having patent babies, so highly recommended by Dr. Robinson in his 12th lecture, who says: "Even in child-bed delivery, a matter never to be forgotten, this practice has very nearly removed the pain and punishment from the daughters of Eve, threatened to our progenitor and entailed upon her offspring. A lady of good sense, and without the least coloring of imagination, said it was easier to have five children under the operation and influence of this new practice, than one by the other management and medicine. And she had had experience in both cases, and has been supported in the evidence by every one who has followed her example."