

private interviews). The displaying of layettes and distribution of patterns aided much in this work.

- (4) The principles of nursing a case of communicable disease, explaining what the city does to safeguard us by its pasteurization of milk, filtration and chlorination of water, adequate sewerage disposal, etc.
- (5) I had a daily tooth-brush drill for the children. An average number was about forty-five. Those who regularly attended drill received their tooth-brush before returning home.

The children of each party had a course of from four to five lectures.

Subjects:-

- Cleanliness,
- Care of the teeth,
- Diet,
- Communicable Disease.

I tried to co-operate in every way possible with the other workers by helping with picnics, hikes, sports, concerts, etc.

All through the summer I continually reminded the campers that this was to be but the beginning of their relations with the General Health League. I invited them to attend the Mothers' Meetings to be held in the fall and gave a copy of "Health in the Home" to each of them.

With regard to the value and possibilities of health work done in Summer Camps, I would say that I consider the work well worth while, with unlimited possibilities. The type of camp such as that of the Old Brewery Mission is, I consider, ideal, made up as it is of a mixed group of mothers and children. I find the young mother with her first child and the young ante-natals the most teachable. Children from six to eleven years of age are very interested in health. Children older than these should be grouped separately.

I would recommend that there be but one nurse in camp, her duties to include both the bedside and educational work. I am firmly convinced that the bedside work still continues to be the main channel through which educational work can be done.

I would suggest:-

- (1) That tooth-brush drill be carried out near the dining-room.
- (2) That the wash-house be equipped with a stove for heating bath-water. The tubs should be kept here and numbered according to dormitories or tents. Half the number of mothers could be taken at a time and there should be a regular hour for bathing. The nurse should always supervise this.
- (3) That bottles of boiled water be given out as regularly as the milk bottles. The milk bottles should always be heated for the mothers.
- (4) That the babies be weighed at the arrival and departure of each party. A Baby Contest on Regatta Day, each baby to be marked on a 100% basis - 50% for the baby that is nearest perfect physically; 50% on the answers the mothers give to a questionnaire.