

# Library and Laboratory

## BOOK REVIEWS

"Lippincott's New Medical Dictionary," "The Essentials of Food," "Aids to the Analysis of Foods and Drugs," "Aids to Bacteriology," "Makers of Man," "Old Age Deferred," "The Fourth Physician," "First Aid Charts," "What a Young Boy Ought to Know," "What a Young Man Ought to Know," "What a Young Husband Ought to Know," "What a Man of 45 Ought to Know," "What a Young Girl Ought to Know," "What a Young Woman Ought to Know," "What a Young Wife Ought to Know," "What a Woman of 45 Ought to Know."

### "Lippincott's New Medical Dictionary."

Lippincott's New Medical Dictionary is beautifully bound in flexible leather, with thumb index and fully illustrated. Its value is corroborated by the demand for a reprint edition, and a new edition in less than a year from the date of its original issue. In this new edition over 5,000 additions and changes have been made in the index, seventy-one new illustrations have been added, and about 500 new words have been inserted, many of which appear for the first time in any dictionary. The author's aim is to furnish the medical student, the practitioner of medicine, the laboratory worker, and whoever else has occasion to use a medical dictionary with a single volume of moderate compass and at a reasonable price, which shall attain the ideals of the user in regard to thoroughness, accuracy, perspective and proportion; and this aim has been fully accomplished.

Condensation has been attained by the omission of unessentials, and in addition words having a same etomological element are usually grouped together; otherwise the arrangement of words throughout is strictly alphabetical. The etomologies are adequately attended to, and in the orthography the author has rightly leaned somewhat to conservatism. A good feature of the work is the cross references.—*Lippincott's New Medical Dictionary. A vocabulary of the terms used in medicine, dentistry, veterinary medicine and allied science, with their pronunciation, etomology and signification, including much collateral information of a descriptive character. By Henry W. Cattell, A.M. (Laf.), M.D. (U. of P.), Editor of International Clinics, Fellow of the College of Physicians*

*of Philadelphia, etc. Freely illustrated with figures in the text...Second edition. Philadelphia and London: J. B. Lippincott Company; Canadian agent, Mr. Chas. Roberts, 608 Lindsay Bldg., Montreal.*

### "The Essentials of Food."

Written in simple language and appealing to the medical profession and laity alike, "The Essentials of Food" is a useful little work. It is intended to be a correct summary of present day knowledge regarding foods.

The author points out that there are five words signifying nutrients, and considers his subjects under classes so indicated, viz.: water, proteids, starches, fats and minerals. Dr. Stewart acknowledges his debt and the debt of all who have investigated the question of foods, to Professor William Crittenden, Director of the Scientific School of Physiology in Yale University; and he believes that it is to the credit of vegetarians that they have amply shown that much less flesh food is an advantage to the health of man, and quotes Dr. Pavey, a distinguished author and physician of the past generation in saying, among other things, that were it not for the temptation to exceed, induced by the refinement of the culinary art, the physician's aid would be much more rarely required. The little book is fully indexed and well printed.—*The Essentials of Food. By Donald Stewart, M.D., London: John Bale Sons and Danielson, Limited, Oxford House, 83-91 Gt. Titchfield St., Oxford St., W., 1911. Price 3/6 net.*

### "Aids to the Analysis of Food and Drugs."

This is a volume in the Student's Aid